

# Action Plan in response to the PPO Report into the death of Mark Waterman on 7 October 2025 at HMP Swansea

Rec No	Recommendation	Accepted / Not accepted	Response Action Taken / Planned	Responsible Owner and Organisation	Target Date
1	The Head of Healthcare should review how the GP service manages abnormal blood markers in the context of unintentional weight loss.	Accepted	<p>At the Doctors Meeting on 18/03/26 there will be a facilitated discussion in relation to: Policies regarding abnormal blood markers and unexplained weight loss that are primarily focused on the early detection of underlying diseases, particularly cancer, malabsorption, or chronic inflammation. NICE (National Institute for Health and Care Excellence) guidelines (NG12) dictate that unexplained weight loss, especially when combined with abnormal blood markers (such as raised inflammatory markers or anaemia), warrants urgent investigation.</p> <p>At the next Doctors Meeting (18/03/26) there will be a discussion in relation to ensuring baseline weights recorded on SystemOne are reviewed when abnormal blood results are reviewed on SystemOne. The below diagnostic protocol will be</p>	Healthcare Lead, Swansea Bay University Health Board	April 2026



			reviewed and developed to incorporate these requirements. It was/will be shared with staff.		
2	The Head of Healthcare should establish a formal dietetic referral pathway for any prisoner experiencing unintentional weight loss.	Accepted	<p>There is an established referral pathway with Swansea University Health Board.</p> <p>A meeting was held on 11/03/2026 between the healthcare Lead and Dietetic service Lead to review the pathway It was agreed that staff would be reminded of the requirements of the pathway.</p> <p>An email has been sent to all healthcare staff and Doctors on 16 March 2026 reminding of the referral pathway.</p>	Healthcare Lead, Swansea Bay University Health Board	Completed March 2026

