

Recovery Champions

is a proactive group of trained mentors who:

- Provide support and advice relating to substance misuse
- Run non-judgemental peer support groups
- Act as positive role models
- Signpost to healthy living activities
- Help with workbooks & Sentence Plan goal setting
- Support family visitors
- Prenoxad (Naxalone) training and kits provided to visitors in Family Pathways





The Sapphire Community Forum welcomes visitors to HMP Oakwood's unique Peer-Led Initiatives and Team Overview Posters.

The Director and SMT encourage and sponsor each one personally.





















R.I.G



These Initiatives allow residents to feel a real sense of worth, of purpose and direction on what is often a very challenging journey.

The Sapphire Forum celebrates and champions the success and commitment of these highly valued teams.





The Sapphire Community Forum

is a Representative Body of 40 residents that:

- Functions to improve the lives of all the Community through
 Teams and Joint Ventures
- Sponsors ideas and proposals for positive change for all
- Raises issues, concerns, challenges wrongs and mediates and facilitates
- Fosters partnerships and positive mind-sets, and champions:

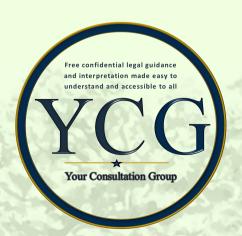




Your Consultation Group (YCG)

is a Support Team that brings clarity and understanding by:

- Offering guidance and interpretation of prison law to residents and staff
- Working with the Criminal Cases Review Commission, as a legal advocate
- Reducing frustration, anger, and confrontation by eliminating incorrect or misleading information
- Ensuring resident input is a central part of policy review
- YCG is supported by the Prison Reform Trust





L.I.F.T.

is a proactive group of trained mental health awareness mentors who:

- Offer a peer mentoring and support service to residents who are in crisis
- Work to reduce instances of loneliness, depression, and isolation among residents
- Help to reduce the number of residents on ACCTs, as well as encouraging closure of existing ACCTs
- Encourage a holistic approach to mental and physical health and wellbeing
- Provide effective intervention to reduce self-harm and suicide





Frog Prince

is a charitable print service that was created from a small grant given under the "Millionaire Maker" programme and it:

- Sells a selection of over 600 cards, as well as personalised mugs,
 t-shirts, bookmarks, teddies, and more.
- Serves as a print-shop for Peer-Led Initiatives, placing brands onto clothing
- Offers a small range of food items, including cakes and sweets and for purchase
- Provides affordable, bespoke items, so a resident's family and friends receive personalised, cherished and memorable gifts from loved ones
- To date Frog Prince has raised over <u>£10,000.00</u> for the HELP Appeal





Peace & Community Engagement (PACE)

is an Intervention Team that engages residents to:

- Create a safe environment to live and work
- Strive for peaceful co-existence and harmony at Oakwood
- To engender meaningful co-operation between staff and residents in all areas, particularly in conflict resolution
- Highlight possible areas of friction and challenge anti-social behaviour
- Mentor those with challenging attitudes
- De-escalate violent actions and confrontation
- To provide early interventions, and take proactive steps in securing resolution





Project Unite

Was launched in 2015 to provide knowledge, help and support to residents by:

- Building better relationships between residents and staff
- Resolving day to day complaints and problems relating to discrimination
- Eliminating prejudicial perceptions of Muslim residents
- Visiting each House Block weekly to liaise with SMT and residents
- Offering classes and courses for residents, to encourage personal development
- Assisting Basic and vulnerable residents who are deemed to be at risk of being oppressed, becoming an oppressor; or being radicalised



'Bridging Differences and Changing Perception'



The Cordial Group

was created to reduce isolation within the community and:

- Supports residents who have little or no contact with the outside world
- Holds weekly meetings, offering bingo, quizzes, crafts, games, and more
- Helps isolated residents to meet others who are in a similar situation
- Encourages residents to share experiences and offer peer support
- Invites guest speakers, offering residents a chance to engage with new initiatives





H.A.S Line

(Health Advisory Service telephone line)

is a project designed to improve healthcare delivery, and:

- Provides an information and help line for residents; a peer to peer user initiative
- Manages the booking, cancellation and notification of appointments
- Facilitates service-user involvement, representation and consultation
- Offers auxiliary services, such as glasses repair
- Provides the Healthcare Team with administrative support
- Engenders personal responsibility and increased health awareness
- Works to reduce the "Did Not Attend" (DNA) rate for services "This dedicated service is independent of bias and highly valued by prisoners"

H.A.S Line



R.A.L.P.H Line

(Resettlement Advice Line & Prisoner Helpdesk)

is a resettlement advice line and prisoner helpdesk:

R.A.L.P.H is a support service that focuses on:

 Providing information, guidance and assistance to residents via the 7 Pathways:

Accommodation Employment, Training and Education

Finance Mental and Physical Health

Substance Misuse Children and Families of Residents

Attitudes, Thinking and Behaviour

- Support for Resettlement, from induction onwards—through custody to the community.
- Active personalised support both over the telephone and in person via dedicated mentors
- Supporting rehabilitation and reducing re-offending





B.I.G

The Basic Interventions Group

was formed to help those who are on Basic Status and:

- Works with the most challenging residents to address risk taking behaviours
- Offers a range of interventions to help individuals engage in effective progress
- Engages residents, using restorative activities
- Is a central part of the Chestnut and Willow Basic Prisoner Wings
- Facilitates mediation to reduce offending behaviour
- Is the winner of the Redemption and Justice Award 2015

B.I.G



ASPIRE

is a Career Planning and Development Service that:

- Provides a dedicated career guidance and planning service for residents at HMP Oakwood
- Assists residents with internal work placement
- Assists residents in choosing appropriate learning and skills courses in line with their career plan
- Provides a professional CV writing service and pre-release employment support service
- Train residents interested in working within the Information,
 Advice and Guidance sector upon release
- Assist with self employment and Business Start-Up
- Develop and deliver bespoke courses based on resident demand





CICS Store

is a peer-led service that facilitates the Oakwood Decency Agenda and:

- Provides a supply service for all in-room kit
- Supplies residents with a daily ordering and delivery service
- Encourages responsibility and accountability towards prison kit
- Alleviates anxiety and manages expectations of residents,
 especially newly arrived
- Dedicated Reps are available daily to respond to urgent needs





Veterans in Custody

Supporting those who served their country

- Provide an understanding ear to Veterans in Custody
- Support those with Mental Health needs
- Stand by those affected by PTSD
- Regular check-ins and social events
- Mediate between Veterans and Staff
- Extra gym sessions
- Help with resettlement opportunities