

Tuesday, 21 April 2026

1
2 (9.59 am)
3 **THE CHAIR:** Yes, Ms Langdale.
4 **MS LANGDALE:** Good morning. May I call Dr Malik, please.
5 **DR KHURAM FRAZ MALIK (sworn)**
6 **Questioned by MS LANGDALE**
7 **MS LANGDALE:** Dr Malik, you have prepared a statement for
8 the Inquiry dated 11 December 2025.
9 **A.** Yes.
10 **Q.** Subject to a date correction in paragraph 45, which you
11 brought to my attention earlier, can you confirm the
12 contents are true and accurate as far as you're
13 concerned?
14 **A.** That's right.
15 **Q.** You set out your professional background and
16 qualifications in your witness statement. Can you tell
17 us what those are?
18 **A.** I hold MBBS, which is Bachelor of Medicine and Bachelor
19 of Surgery. I completed that in --
20 **Q.** You might need to speak up a bit.
21 **A.** Okay.
22 **Q.** And probably a bit slower.
23 **A.** I completed that in 2001. I completed a post-graduate
24 Diploma in Mental Health Studies from Nottingham
25 University in 2011, and I am a member of the Royal

1

1 conducted before the ones I'm going to ask you about
2 later?
3 **A.** I can't give you in exact numbers, but it will be in the
4 thousands.
5 **Q.** As a general psychiatrist in Nottinghamshire, when do
6 you make referrals to forensic services? What are the
7 criteria?
8 **A.** In the community, first of all, the patient's age, the
9 patient needs to be between 18 and 65; the second thing
10 is the need to have a mental disorder; and the third one
11 is the offending history, and I think they look at GBH
12 or GBH equivalent, you know, wounding with intent sort
13 of, you know --
14 **Q.** So a serious criminal offence?
15 **A.** Similar --
16 **Q.** A conviction, it has to be a conviction?
17 **A.** Yeah. But in reality, if you're worried about risks,
18 you can, you know, request an assessment.
19 **Q.** Have you ever done that, where there might not have been
20 a conviction or not a conviction for GBH and something
21 similar, and you've still referred?
22 **A.** My experience, forensic threshold is very high. So
23 normally they are for 40 years, so one is that they
24 might do advice and consultation just based on the
25 referral. The second thing they might do is that they

3

1 College.
2 **Q.** You started working as a Specialty Registrar in
3 psychiatry in 2008, 2012; is that right?
4 **A.** Yeah.
5 **Q.** From 2012 to 2013, a Specialty Doctor in General Adult
6 Psychiatry for Nottingham Health Foundation Trust; is
7 that right?
8 **A.** That's right.
9 **Q.** And you undertook specialist registrar training in
10 General Adult Psychiatry under the East Midlands Deanery
11 from August 2014 to 2017, for the first two years
12 working in Mansfield as a Specialist Registrar.
13 **A.** That's right.
14 **Q.** You achieved your Certificate of Completion of Training
15 in August 2017 and have since worked as a Consultant
16 Psychiatrist at NHFT in General Adult Psychiatry and
17 remain in this role.
18 **A.** That's true.
19 **Q.** At the relevant time, you were involved in conducting
20 Mental Health Act assessments and had been working as
21 a Consultant Psychiatrist at NHFT for three years when
22 you saw VC.
23 **A.** That's right.
24 **Q.** Roughly, you tell us you did about six to eight a week.
25 How many Mental Health Act assessments would you have

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1 might assess the person and then they'll advise you.
2 The third thing they will do is that --
3 **Q.** How would they assess them? They would see them?
4 **A.** See them. They would see them jointly, and thirdly --
5 **Q.** With you, jointly with you?
6 **A.** Jointly with you, and then they will offer their advice.
7 The third thing is that they might do a joint
8 working, and the fourth level is where they will do the
9 case management, so they will be dealing with it mainly
10 so the community team doesn't need to be involved. So,
11 yeah.
12 **Q.** As a Consultant Psychiatrist, have you found, in
13 Nottinghamshire, where you have sought that advice or
14 assistance from forensics, you've been able to get it,
15 or has there been a problem with that? I don't want
16 details of any patients.
17 **A.** I have been able to get it a couple of times and there
18 was a time before, before Covid, you know, we used to
19 have this single point of access meeting in my patch,
20 where we used to have a CPN from the forensic who used
21 to come once a week. So we used to have a single point
22 of access where we'd have people from different
23 disciplines, and forensics were part of that and I found
24 that very helpful, you know, then they can advise if
25 they think that they need to take that referral back or

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1 if they need to look into the PNC, you know. But that
 2 only continued for a couple of years and then it
 3 stopped.
 4 Q. Why did it stop?
 5 A. I can't recall, but I think it might be due to the
 6 pressures of the work, you know. But it was really
 7 helpful for us.
 8 Q. Why was it helpful?
 9 A. I think they being there in the single point of access
 10 meeting, and where we have got people, you know, we are
 11 worried about, you know, risks. You know, if we need
 12 more information, that can be sometimes very hard to
 13 get, you know, the (*unclear*) details and things like
 14 that and I think it was very helpful for us to get more
 15 details about somebody's offending history. And second
 16 thing is that that advice and if they think that they
 17 need to be jointly assessed, at least, they have
 18 assessed and then, you know, made a decision whether it
 19 is for them or not.
 20 Q. Are they better able to get further information?
 21 A. Yes -- (*overspeaking*) --
 22 Q. You said it was helpful for them to get further
 23 information. Why was that information that you could
 24 not get as general psychiatrist?
 25 A. It's not easy, you know.

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1 an advanced clinical practitioner. So if we needed any
 2 information, we used to ask him and he used to get it
 3 for us. So that worked for us, you know.
 4 Q. So is it about having the right processes, a single
 5 point of contact, for example, someone who knew the
 6 system?
 7 A. Yeah.
 8 Q. Get up a liaison?
 9 A. Yeah.
 10 Q. Do you think your forensic service colleagues have that
 11 more established because they're doing it more often?
 12 A. They were more established, yeah.
 13 Q. But there's no reason why, in general psychiatry, that
 14 couldn't become established as well, where you're seeing
 15 patients in the circumstances you've described?
 16 A. I think there is often reluctance to share the
 17 information.
 18 Q. Sorry, say that again?
 19 A. There is often reluctance to share the information.
 20 Q. With you as general psychiatrists?
 21 A. Yeah, yeah.
 22 Q. Do you think that's different with forensic
 23 psychiatrists, as far as organisations are concerned, or
 24 you don't know?
 25 A. I can't say that.

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1 Q. What's not easy, working with agencies to get
 2 information from them?
 3 A. I think they are more -- I think they do this on a daily
 4 basis, you know, day in, day out. So I think most of
 5 their work is related to offending. That's the
 6 predominant, you know, work they do.
 7 Before us, you know, it's getting the -- suppose
 8 somebody is in a prison setting and we receive
 9 a referral from, you know, somebody has been discharged
 10 from prison and they want us to see the person in the
 11 outpatient clinic, so their referral will come with very
 12 minimum information, so it wouldn't tell us, you know,
 13 why this person has been in prison, what was the
 14 offence, how long they have been. So with that
 15 information, it's hard for us to, you know, to decide
 16 where to go forward with the person.
 17 So then you are trying to contact the prison and
 18 trying to speak to the right person and trying to get
 19 information, it's not that easy and straightforward.
 20 It's time consuming.
 21 Q. What are the barriers to them sharing it with you?
 22 A. Um --
 23 Q. As far as you're aware?
 24 A. I think in our team we had -- luckily we had somebody
 25 who previously worked in prison, yeah? So he was

6

1 Q. So just to finish on that topic, the situation you were
 2 in pre-Covid you found helpful, where in effect you had
 3 someone from forensic services regularly assisting and
 4 discussing cases with you.
 5 A. That's right.
 6 Q. Would that assist you and colleagues in general
 7 psychiatry in assessing risk, risk assessment, because
 8 that's obviously what forensics do all the time, don't
 9 they?
 10 A. Sorry, could you please repeat the --
 11 Q. Would that assist you, in practice, having that as an
 12 ongoing arrangement as it was before with someone from
 13 forensics helping or discussing your caseload?
 14 A. I think if there is more provision in the community
 15 about the threshold, that will be helpful, you know, if
 16 there's somebody we are concerned about and we think
 17 that they're going to benefit from forensic assessment,
 18 that will be helpful.
 19 Q. You set out the role of the registered medical
 20 practitioner in your statement and indeed the role of
 21 everybody conducting a Mental Health Act assessment.
 22 Can you just tell us that? What do you do in a Mental
 23 Health Act assessment, how many doctors are there, who
 24 else is usually with you?
 25 A. So the AMHP receives the referral, and he coordinates

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1 the assessment, so depending on, you know, if it is
 2 during the daytime or if it is out of hours, you know.
 3 If it is out of hours, the AMHP will first -- obviously
 4 he needs two doctors for the assessment, so out of hours
 5 they will normally call the on-call registrar, and after
 6 arranging a time with on-call registrar they will
 7 contact the second doctor. The second doctor could be,
 8 you know, it could be another registrar; it could be a
 9 section 12 GP; it could be a section 12 doctor who might
 10 be working in the private sector or might be working for
 11 a neighbouring trust, you know, something like that.

12 So at that time, CT team had an arrangement with the
 13 NEMS doctor, so that's an out-of-hours GP service. So
 14 out of hours they used to call the GPs, you know, the GP
 15 on the rota for that assessment. So they need to
 16 arrange two doctors and in addition to that, they need
 17 to contact the Crisis Team. Because the Crisis Team at
 18 that time they were attending their assessment for the
 19 purpose of the gatekeeping.

20 Q. What does gatekeeping mean?

21 A. Gatekeeping means that Crisis, they manage the flow of
 22 beds. So it is an intensive home treatment team and
 23 they are alternated to hospital admission. So basically
 24 they are sitting in the assessment and they, they are
 25 trying to establish: can this person be safely and

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1 disagree amongst them about detention?
 2 A. How it works is that four doctors are independent of
 3 each other, and AMHP is independent as well. Yeah? So
 4 everybody does their assessment, yeah? And when we are
 5 doing the assessment, so we're look into the considering
 6 the least restrictive principle, you know, look at the
 7 alternatives to detention, can this person be safely
 8 managed in the community, yeah? So if doctors -- so for
 9 somebody to be admitted to hospital, AMHP needs two
 10 medical recommendation, yeah, either as an individual
 11 medical recommendation or joint medical recommendation,
 12 so he needs recommendation from both doctors.

13 So once those recommendations have been done and
 14 then AMHP needs to be satisfied that the criteria for
 15 the detention has been met, and then AMHP will make the
 16 application.

17 So it's three of us needs to be in agreement, you
 18 know, for somebody to be detained. But before we make
 19 a decision about detention, we'll look at the
 20 alternative, viable options which can be done safely.

21 So that's where the Crisis Team comes, you know, so
 22 if the decision is that this person can be safely
 23 treated in the community and then Crisis will provide
 24 the home treatment.

25 Q. You, I think, tell us you had a two-day training course

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1 effectively be treated in the community or does he need
 2 to come into hospital? So they need to make that
 3 decision, yeah, and if they --

4 Q. They need to?

5 A. Make that decision if the person can be managed safely
 6 in the community. Yeah? Or does he need to come into
 7 the hospital? That's the decision they make, you know.

8 Q. They make that decision? What are the doctors doing,
 9 then; aren't they making the decision around the Mental
 10 Health Act assessment and detention?

11 A. I will come to that, but their role is for the
 12 gatekeeping whether this person -- obviously when we're
 13 doing assessment, we're looking into the least
 14 restrictive alternatives as well, so one alternative is
 15 home treatment. So they'll look into that if the person
 16 can be safely and effectively managed in the community
 17 at their home, or do they need to -- because any
 18 admission needs to go through Crisis, so they are the
 19 gatekeepers. So yeah.

20 Q. But in terms of the assessment itself, two doctors,
 21 someone from Crisis, gatekeeping role --

22 A. Yeah.

23 Q. The AMHP --

24 A. Yeah.

25 Q. -- is it collective decision-making or can those people

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1 in November 2012 before receiving Section 12 approval in
 2 June 2013. It's a long time ago now, but what
 3 information were you being provided with on that
 4 training course for two days? Was it around the Mental
 5 Health Act codes, guidance, generally?

6 A. It's all about the mental health. Mental health Code of
 7 Practice and --

8 Q. Do you find yourself going to the Code of Practice? Do
 9 you look at it on a practical day-to-day basis when you
 10 need to?

11 A. We do.

12 Q. Can we have it on the screen, DHSC0000007, page 23, and
 13 if we have pages 23 and 24. You've referred twice now
 14 to the least restrictive option, and indeed it's set out
 15 at page 23 and also 24 if we can have that alongside it,
 16 please.

17 So we'd see at 1.2:

18 "Where it is possible to treat a patient safely and
 19 lawfully without detaining them under the Act, the
 20 patient should not be detained."

21 In your practice, do you expressly consider this
 22 principle at the point of assessing detention? Do you
 23 do that generally.

24 A. We do.

25 Q. And what factors are relevant for least restrictive

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1 option, we see them here, but what things do you, in
2 practice, consider at that point?
3 **A.** Obviously you want to have minimum restrictions, isn't
4 it, so inpatient is a restrictive environment. So you
5 are looking at alternatives, you know: can this patient
6 be safely managed, either as an informal patient or can
7 he be managed in the home treatment? So the most least
8 restrictive out of the three will be home treatment so,
9 you know, just maximising independence, you know, and
10 seeing that can this person be treated in the home
11 safely, and if the answer is no then you will look into
12 admission.

13 **Q.** When Dr Gandhi was interviewed about the assessment in
14 relation to VC, in 2025 -- and he'll give his evidence
15 about what he did say or remember in due course -- he is
16 recorded to have stated that the team of professionals
17 considered the research evidence that shows
18 over-representation of young black males in detention,
19 and recalls that Anna Palmer was able to persuade us
20 that CRT could provide a safe and reasonable alternative
21 of supervised medication.

22 Do you remember, in respect of VC and discussing his
23 detention, or not, whether representation of young black
24 males in detention was discussed between you?

25 **A.** I don't remember this conversation happening.

13

1 **A.** I'm not sure but maybe it's down to the resources,
2 finances.

3 **Q.** And priorities?

4 **A.** *(The witness nodded).*

5 **Q.** If you go to page 98, please, of the Mental Health Act
6 Code of Practice, we see a reference to the Mental
7 Capacity Act. Same document, page 98. It's
8 DHSC0000007, page 98.

9 And we can have, please, 98 and 99 alongside each
10 other. This is reference to the Mental Capacity Act:

11 "A person must be assumed to have capacity unless it
12 is established that they lack capacity."

13 What do you understand by that, Dr Malik? How do
14 you approach this issue of capacity?

15 **A.** I think I could say everyone is viewed to have capacity
16 unless it's proven otherwise.

17 **Q.** You might have to go a bit slower, sorry.

18 **A.** Sorry, sorry.

19 **Q.** Everybody.

20 **A.** Everybody is assumed to have capacity unless it's proven
21 otherwise. So if you have got, you know, during your
22 assessment, if you've got concerns that somebody might
23 be lacking capacity, then you will assess that. Yeah.

24 **Q.** And when you do assess them, how do you do that?

25 Perhaps it's helpful to have page 94 and 95 on the

15

1 **Q.** Has that kind of conversation happened? You say it's
2 relevant to you to think about least restrictive option.
3 Would that be --

4 **A.** I think when we are making decision, we do that based on
5 the clinical presentation. So we don't, you know, take
6 this into account. And as far as I'm aware of, based on
7 my review of the notes, looking at Dr Gandhi's entry --

8 **Q.** We'll go to that soon.

9 **A.** Yeah, and the AMHP report and the crisis, there's no
10 mention of, and I don't think this happened.

11 **Q.** You don't think the discussion happened or it didn't
12 influence the decision-making either way?

13 **A.** The discussion did not happen and it didn't influence
14 the decision.

15 **Q.** If we look on the screen, "Efficiency and equity" under
16 the "Guiding principles", there's reference to services:
17 "... the quality of commissioning and provision of
18 mental healthcare services are of high quality and given
19 equal priority to physical health and social care
20 services."

21 Do you think mental health services are given equal
22 priority to physical health and social care services, in
23 your experience?

24 **A.** I don't think so.

25 **Q.** Why do you think that is?

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1 screen, where we see at 13.20, what to do when a person
2 is unable to make a decision for themselves. Sorry,
3 page 99 and 100. *(Pause)*

4 It'll come up in a moment, Dr Malik. Lots of
5 different numbers at the bottom of it.

6 So we see there 99, please, and 100 next to it if we
7 can. We see there:

8 "A person is 'unable to make a decision for
9 themselves' if they're unable to do any one of the
10 following".

11 So how do you assess what's set out there?

12 **A.** I think we try to see is the person able to understand
13 the information regarding the decision. Is he able to,
14 you know, retain the information? Is the person able to
15 use or aware of the information, and the fourth bit is
16 that is he able to communicate the same back to you? So
17 if he lacks any one of these on these four, that means
18 he lacks the capacity. But if you want to look at the
19 Code of Practice, you know, they talk about stage 1 and
20 stage 2 or a diagnostic test as a functional test, you
21 know, the impairment of -- disturbance of the mind or
22 brain, you know, yeah.

23 **Q.** How often do you find it to be the case that a person
24 lacks capacity in respect of understanding and weighing
25 the benefit of treatment?

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1 A. If people are acutely unwell, you know, people who are
 2 psychotic, you know, people that's really depressed, you
 3 know, people manic, you know, so it's quite common, you
 4 know.
 5 Q. What do you do then?
 6 A. It varies from person to person, you know. Yeah.
 7 Q. What do you do? What are your powers or your response
 8 if someone lacks capacity, doesn't understand how
 9 medication is going to benefit them, what do you do
 10 next, in terms of achieving that medication, if you
 11 think it's the right thing?
 12 A. So what setting are we talking about?
 13 Q. Community setting.
 14 A. Community setting, yeah. So if somebody -- are we
 15 talking about in relevance to this assessment?
 16 Q. No, no, I'll come to the assessment soon.
 17 A. Okay, so obviously it depends a lot on the factors, you
 18 know, it depends about somebody's insight, yeah? That's
 19 very important. It depends on, you know, your
 20 therapeutic relationship or therapeutic alliance with
 21 the patient, it depends on, you know --
 22 Q. Are they different concepts, therapeutic relationship
 23 and therapeutic alliance?
 24 A. Same thing, yeah. And what sort of support network they
 25 have got. So ideally, you would like to involve the

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1 provide a lot of information, collateral information, it
 2 is a reliable informing source. They can share with us
 3 if they've got any concerns, if somebody's getting
 4 unwell, if there's any change in risks, you know, if
 5 they're not taking their medication. Any concerns, you
 6 know. So it's really helpful.
 7 Q. Page 115 of the Code of Practice: "Factors to consider -
 8 protection of others", and we see at page 115, at 14.10:
 9 "In considering whether detention is necessary for
 10 the protection of other people, the factors to consider
 11 are the nature of the risk to other people arising from
 12 the patient's mental disorder, the likelihood that harm
 13 will result and the severity of any potential harm,
 14 taking into account:
 15 "that it is not always possible to differentiate
 16 risk of harm to the patient from the risk of harm to
 17 others".
 18 How do you assess protection of others when making
 19 a decision to detain or not?
 20 A. I think I will start that when I received the call from
 21 the AMHP, so they will provide me the available
 22 information they had. Then I will look at the patient's
 23 electronic records, and that I will be focusing
 24 predominantly -- I will look on other things as well,
 25 but my main focus regarding risk will be looking at

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1 patient in the decision making, yeah? But in this case,
 2 if somebody lacks capacity and if they need to be
 3 treated and if they are accepting, so it will be
 4 non-capacitous complying patient, you know. So if
 5 somebody is refusing, then it's another issue, you know.
 6 Q. If they lack insight, even if they're not refusing, how
 7 can you be confident that they're going to take
 8 medication?
 9 A. So they're lacking insight -- sorry, what was the second
 10 bit?
 11 Q. They're lacking insight, but they tell you they'll take
 12 medication, but they might not believe they're ill and
 13 need the medication, so how do you work that one out?
 14 A. I think you can try to ensure that somebody can monitor
 15 their compliance, if they are accepting. So we tend to
 16 ask if someone is living with a family, if family can
 17 ensure that the person is taking, and if somebody is
 18 under Crisis Team, then they will go and observe patient
 19 taking, and --
 20 Q. Sorry, go on.
 21 A. That's fine.
 22 Q. What level of protective factor is living with a family
 23 member or a family member being present when someone is
 24 very ill?
 25 A. It does play a very crucial role, yeah. So they can

18

1 previous risk assessment, looking at forensic history,
 2 any previous involvement with the police, any previous
 3 convictions. I will know more about the substance
 4 misuse history, I will be interested in past psychiatric
 5 history, just to look at previous admissions, what's the
 6 trend like? Is it informal admission or formal? And
 7 what were the circumstances leading to admission, and
 8 what treatment did they receive? Were there any
 9 incidents during their admission like, you know,
 10 medication non-concordance, absconsion, you know, any
 11 seclusions or any risk to others.

12 So I will start from before I will assess the person
 13 trying to gather as much information as possible, and in
 14 addition to that, then it depends where the person is.
 15 So if I am assessing somebody in the custody, so when we
 16 go to the custody we normally do an introduction, so
 17 they take our names down, and then we ask them about
 18 what happened, why this person is here. And the next
 19 question is that where is it safe to see him? Yeah? So
 20 if we are concerned about somebody is very violent or
 21 aggressive, we wouldn't go into the cell, we will see
 22 him through the hatch from outside.

23 Then the next thing is that we might see him in the
 24 cell with the door open, but if somebody is settled,
 25 calm, and there are no concerns, then we'll see them in

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1 the interview room. So throughout this process, so risk
2 is an ongoing process, risk is dynamic, so we are
3 assessing the time we receive the referral, and then
4 obviously we are going to assess the person. We'll take
5 the history. We will, if there is an incident, we will
6 explore. We would want to know about the incident,
7 we'll do their mental state, and we'll ask the person
8 and try to get some collateral information, you know,
9 from any reliable sources, you know. That's how it will
10 be done, you know.

11 **Q.** Do you think detaining someone to prevent them
12 committing aggressive or violent acts against others can
13 be in their best interests? It's another factor that
14 it's in their best interests that they don't commit
15 criminal offences? Would that be a relevant factor for
16 you?

17 **A.** Yes. But it depends on the whole -- a lot of other
18 things, you know.

19 **Q.** Can we have page 116 up alongside this one, please,
20 Amanda. "Alternatives to detention under the Act",
21 Dr Malik. We see at page 115, 14.11:

22 "Informal admission to hospital based on that
23 person's consent ..."

24 You referred to that earlier. Do you use informal
25 admission for a day or two where necessary, just to take

21

1 **Q.** We see on page 7 "Tips for psychiatrists":

2 "Find out all you can to be prepared for the
3 assessment."

4 Four bullet points up from the bottom:

5 "Learn to formulate risk."

6 What does "Learn to formulate risk" refer to?

7 **A.** I think there has been a lot of emphasis, you know, over
8 the years that, you know, instead of categorising the
9 risks, you know, do a formulation, it's more helpful and
10 trying to understand, you know, risks better, you know,
11 and to have a risk management plan, you know. So that's
12 what they're talking about, you know.

13 **Q.** Do you think it's important to do that? Do you see the
14 wisdom in that, learning to formulate risk within
15 psychiatry, risk to others, risk to the patient?

16 **A.** I do agree. But sometimes it's not possible to do this
17 in an emergency setting or in a one-off, you know;
18 sometimes you need more information. Sometimes, you
19 know, our psychologists within the team will do that
20 after seeing patient over two or three occasions, you
21 know.

22 **Q.** If we go to pages 8 and 9 on the screen, please,
23 "General principles" of risk assessment, third bullet
24 point on page 8 refers to:

25 "Preparation is crucial ... clinicians should try to

23

1 the crisis or the acute nature of the event away, or is
2 it informal admission not used for those purposes?

3 **A.** Not for a day or two. If somebody is in crisis and
4 everything, that it can be the managed, we have got
5 something called Crisis House. So these are managed by
6 the Crisis Team and if I remember, they can only have
7 five people, you know, at a time and people can only
8 stay for seven days, you know.

9 **Q.** What's the benefit of them being in a house or with
10 a host family that's referred to in the guidance?

11 **A.** Do you mean in the Crisis House?

12 **Q.** Yes, yes, what's the benefit rather than going back
13 alone, so you're not being detained but you are
14 somewhere with other people?

15 **A.** I think if it was felt that, you know, the patient is in
16 crisis and can't be managed in the community and he does
17 not really need to come into a psychiatric ward, you
18 know, and he will benefit from the short stay, you know.

19 **Q.** Then you would use it?

20 **A.** Yeah.

21 **Q.** That can come down, please. Can we go to some Royal
22 College of Psychiatrists guidance now around assessment
23 and management of risk to others. NHFT0015099. Are you
24 familiar, presumably, Dr Malik, with this guidance?

25 **A.** Yes.

22

1 gather information from as many reliable sources as
2 possible."

3 **A.** Yeah.

4 **Q.** Then if we go to page 9, "Mental state", what do you do
5 during a mental state examination? How would you go
6 about it? Again, I'm not asking about the specific one,
7 but what do you do, what's important?

8 **A.** I think it's -- we start with, you know, somebody's
9 appearance and behaviour, and we'll do it in more of
10 a structured way, you know. So it's then we look at
11 somebody's speech, you know, assess their mood,
12 thoughts, you know, perception, you know, orientation to
13 time in person, then there is the insight. So that's
14 how we do it, in that order.

15 **Q.** If we go to page 10, please, "Risk formulation". 8 and
16 9 can come off the screen. Page 10 and page 11 at the
17 same time, if we can.

18 This sets out risk formulation, relevant questions:
19 How serious is the risk? How immediate is it? "Is the
20 risk specific or general?" How volatile is it? "What
21 are the signs of increasing risk?" "Which specific
22 treatment and which management plan can best reduce the
23 risk?"

24 Is that series of questions accurate, good practice?

25 **A.** (No audible answer given).

24

1 Q. And we see general principles:
 2 "A clinician, having identified a risk of dangerous
 3 behaviour, has a responsibility to take action with
 4 a view to ensuring risk is reduced and managed
 5 effectively."
 6 Do you agree with that.
 7 A. Yes.
 8 Q. Is it always the case that there are management plans or
 9 care plans following Mental Health Act assessments?
 10 A. Care plan?
 11 Q. Yes, care plan, management plan, safety plan, whatever
 12 you want to call it; something to reduce these risks,
 13 mitigate them safely.
 14 A. I don't know how to answer it. It depends. We have got
 15 Crisis Team most of the time for gatekeeping. There
 16 might be occasional times when they're busy, they can't
 17 do it. So normally when they attend these, they do
 18 a risk assessment, and care plan is included in that,
 19 you know.
 20 Q. Because in your area of expertise --
 21 A. Yeah.
 22 Q. -- you don't just have obligations to the patient, do
 23 you, you have obligations to the wider public the people
 24 that you don't know --
 25 A. *(The witness nodded)*.

25

1 Q. -- you've referred to least restrictive practice.
 2 A. Yeah.
 3 Q. Do you think risk to others, risks of violence to others
 4 is appropriately weighed in the balance by psychiatrists
 5 such as yourself, making these assessments?
 6 A. Yes.
 7 Q. Why do you say yes? You seem confident about that. Are
 8 you confident about that?
 9 A. I think, if you're saying that somebody is posing risk
 10 to others, so the Act doesn't say just about the risk to
 11 self; Act is very clear about risk to self and risk to
 12 others. So we take that into consideration.
 13 Q. With the information you have, do you think that
 14 psychiatrists often need more information than they have
 15 got when making risk assessments?
 16 A. I think the more information you have got, the better it
 17 is. But sometimes you have to work on what's available
 18 in the emergency settings, you know.
 19 Q. That can come off the screen, please. I'm going to turn
 20 now to the assessments you undertook of VC, and you were
 21 involved in two Mental Health Act assessments, weren't
 22 you?
 23 A. That's right.
 24 Q. The first and the second one. The first one, you tell
 25 us at paragraph 45, based on your "usual practice acting

27

1 Q. -- but the impact of your decisions one way or another
 2 may be felt?
 3 A. Yeah.
 4 Q. How do you take that into account when you're looking at
 5 risk and management plans?
 6 A. I think you do the -- based on the available information
 7 and what's in front of you, you know. So it's -- it
 8 all -- obviously you take everything into account. And
 9 when you're doing assessment, risk is an essential part
 10 of the assessment. But it's how much information you
 11 have got, what do you see at the time, you know. And
 12 based on your assessment, you want to make the right
 13 decision, you know, what do you think at the time? It's
 14 because if you see that this is not just one person
 15 doing the assessment, Mental Health Act assessments,
 16 there are four people from three different disciplines;
 17 you've got two doctors who are Section 12 approved;
 18 you've got an AMHP who has got a social worker
 19 background; and you've got a senior clinician from the
 20 Crisis Team. So it is like a multi-disciplinary, you
 21 know, four people.
 22 Q. In terms of making the right decision, the Inquiry has
 23 heard evidence about the patient autonomy, the concept
 24 of patient independence --
 25 A. Yeah, yeah.

26

1 as a second doctor, I would have been aware of the
 2 patient's background pertaining to the arrest before
 3 conducting the [Mental Health Act assessment] ..."
 4 And we know that he was recorded to have been
 5 responsible for criminal damage, and kicking a door.
 6 Did you ever see a picture of that door or a photo of
 7 that door or have it in your mind what that was?
 8 A. I think we had very limited information. Like you said,
 9 all the information we had at the time was that there
 10 was a call for a burglary, they found VC who lives in
 11 a block of flats, and it's for alleged criminal damage,
 12 for kicking a door. That's all the information we had
 13 at the time.
 14 Q. Who got that information? Which of you spoke to
 15 a police officer?
 16 A. Obviously I can't recall, this incident happened
 17 six years back.
 18 Q. Just to be clear, you're doing everything from records
 19 now?
 20 A. On the records, yeah. So I can tell you what my normal
 21 practice is, but apart from that, normally we look on
 22 the patient electronic records. So by this time he had
 23 already been seen by Liaison and Diversion, so we will
 24 have been aware of the information. And normally,
 25 Liaison and Diversion, they take information directly

28

1 from the police, they will have received a referral.
 2 And -- but when we do come to the custody, we
 3 normally speak to the officer on the desk, because we
 4 need to make sure the safety. We don't know, so we have
 5 to ask them "Why is this person here? How has he been
 6 and where is it safe to see him?" So it's -- I think
 7 looking at, there are times, even when we're seeing
 8 people in the medical room, we'll ask the officer to
 9 either stay in the room with us, or stay outside the
 10 room. I can't see any evidence of that.

11 Q. No, no, you didn't do that here.

12 A. No, we didn't do that here.

13 Q. Let's have a look, please, at NGPF0000072, page 1. This
 14 is a photograph of the door that had been kicked in.
 15 You didn't see that. Have a look at it now. You can
 16 see the handle has been taken off the door, by the looks
 17 of it, the door, hasn't it? And a number of items of
 18 post, and we know no one was in this premise (*sic*).

19 A. Yeah.

20 Q. Were those two factors brought to your attention, first
 21 of all the degree of force that that would have
 22 required, we see splintered wood, we see the handle's
 23 not there. Did you understand what force was required
 24 for that or not? Would you have asked about that?

25 A. I think if we had more information, we would have

29

1 A. That's right.

2 Q. When you say the Custody Sergeant, usually there's
 3 a conversation between one of you, is that who you
 4 normally speak to to get further information if it's
 5 you?

6 A. It's not one of us. Normally we go together. When we
 7 get there, we wait for the others to come, and then we
 8 go as a team, we introduce ourselves. And then whoever
 9 is the officer on the desk, so we'll be having the
 10 conversation, yeah.

11 Q. We see the recording here, Liaison and Diversion record:

12 "Prior to this referral he was seen by custody
 13 healthcare, following this he was sent to ED in order to
 14 rule out organic causes to his presentation,
 15 I understand that he had bloods taken there which came
 16 back clear of substances." (*As read*)

17 You didn't have -- we refer to the EMIS records on
 18 23 May. You didn't have any other records than this,
 19 did you?

20 A. No.

21 Q. What did you think that was referring to, bloods taken,
 22 came back clear of substances?

23 A. I think my understanding is that, reading the notes,
 24 that after this arrest, you know, on the night of 24th,
 25 you know, after midnight, after the arrest he was sent

31

1 definitely explored it, and we would have challenged
 2 him, as well.

3 Q. When you say challenged him, challenged him about what?

4 A. I think ideally you want to try to ask the patient about
 5 the incident, what happened, you know. So you want to
 6 know from the patient and what the patient tells you,
 7 and sometimes the patient is not coming forward and
 8 you've got the information, then you need to try to, in
 9 that context I'm saying, yeah.

10 Q. It doesn't appear in the documents, that we know from
 11 the officer he continued to try to pull back and so she
 12 had handcuffed him, restrained him. So he kicked in
 13 this door, and had been restrained. Would you have
 14 recorded that if you had those pieces of information?

15 A. It's relevant information, it's important information.

16 Q. Why is it important?

17 A. If somebody has been restrained, that means he's acutely
 18 disturbed. So it's relevant to know.

19 Q. That can come down, please, and can we have NHFT0000168,
 20 page 1. You say your usual practice would be to look at
 21 the medical records, and we've got here the RiO records,
 22 setting out at the top, Liaison and Diversion Service,
 23 police called to a burglary in progress, DP located at
 24 a block of flats, DP resides in one of the flats. Is
 25 that the information, in essence, that you had?

30

1 to -- he was seen by the -- because what happened is
 2 that, in the custody, the Liaison and Diversion only
 3 works from eight until eight during the day. So he
 4 would have been seen at nighttime by the healthcare
 5 practitioner and they would have sent him to QMC due to
 6 concerns about this being physical health related. And
 7 he's been seen and had bloods done. That was my
 8 understanding.

9 Q. He's recorded here:

10 "... delayed in his responses, sometimes forgetting
 11 what has been asked of him, appears distracted, eyes
 12 dancing around - appears to be responding to internal
 13 stimuli, when eventually he did response gave a rational
 14 response. Asked directly about voices, more obvious
 15 responding and eventually said no but I was under the
 16 impression he wanted to tell me otherwise."

17 So that's the L&D, Mr Lloyd's record. When you read
 18 that, you say you read this before you assess the
 19 person, what did you assess from that or consider from
 20 that?

21 A. To me it appears he's presenting with psychotic
 22 symptoms.

23 Q. Further down in the note:

24 "Telephone call from Dr Malik
 25 "requesting community card for Zopiclone and

32

1 Olanzapine ..."

2 Did you request that or did Dr Gandhi request that?

3 A. I did that. I was trying to be helpful to make sure

4 that because the Crisis Team were planning to go and see

5 him in the evening the same day, and I just wanted to

6 make sure somebody has done a community card and meds

7 are ready for him to be --

8 Q. Where would the medicines be ready for him?

9 A. So the Crisis Team are based at Highbury, Bullwell in

10 Nottingham. So it's -- and the doctor would have

11 completed a medication card, and they would have sourced

12 the medication for it to be ready on time for somebody

13 to deliver and observe him when taking it. So I did

14 that. It's definitely me calling the on-call doctor.

15 Q. Can we have, please, NHFT0000168, page 2. And this is

16 Dr Gandhi's note of the assessment, and we see

17 four paragraphs down:

18 "[VC] is seen in the medical room ... dressed

19 casually and had [a] face mask."

20 What was the impact of face mask on the assessment?

21 A. I think it was quite difficult time in a sense, you

22 know, when we were only just coming off the restriction

23 and, you know, it was just, you know, lockdown, and

24 I think it's -- you struggle to read somebody's facial

25 expression, you know, if somebody has got a face mask

33

1 other disciplines, not everybody makes, it's only one

2 entry. That's how it happens, it's a standard practice.

3 Q. The note says:

4 "... it was quite clear that [VC] was very

5 distracted and guarded [and] ... struggled with his

6 attention and ... questions [had to be repeated a]

7 number of times."

8 A. Yeah.

9 Q. So did that complement your initial assessment of what

10 had been observed earlier by Mr Lloyd, in the RIO notes?

11 A. Yes.

12 Q. You asked him about his background and he told you he

13 was born in Africa, raised in Portugal. When he was 16

14 he moved to the UK; gave you the occupation of his

15 mother; said his father was retired; one younger brother

16 and younger sister. So he gave you familial

17 information, and one of you telephoned, didn't you, his

18 mother?

19 A. Yes, there was afterwards, yeah.

20 Q. Very important to get information from his family at

21 that point, wasn't it?

22 A. It was.

23 Q. Again, can you remember now, having refreshed your

24 memory from the documents, what information you got from

25 his mother?

1 on. But sometimes, you know, it doesn't help if you're

2 trying to establish a therapeutic relationship with, you

3 know, somebody who is paranoid, you know. People like

4 to see who they are talking to, you know.

5 Q. Using this note, can you tell us what questions you

6 asked and what questions Dr Gandhi asked?

7 A. I can't tell you.

8 Q. Not attributing each, what between you did you ask --

9 A. I think what normally happen is that it's the AMHP does

10 the introduction, and explain the role and purpose of

11 the assessment, and then normally one of the medics take

12 the lead, yeah.

13 Q. He's taken the note. Does that mean you might have

14 taken the lead? You haven't done a note for either

15 assessment, have you?

16 A. No.

17 Q. Is there a reason for that? Why don't you do any notes?

18 A. I will explain that. Dr Gandhi was on call for the

19 south side covering where the assessment happened, and

20 as a part of the on-call duty, one of the duties is the

21 on-call to conduct a Mental Health Act assessment and

22 complete the relevant documentation after that.

23 So both doctors don't need to make an entry. It's

24 like, you know, you've got a ward round and the ward is

25 an MDT, you've got consultants, reg, junior, people from

34

1 A. I think his mother mentioned that, you know, over

2 a period of a week she has noticed a change in his

3 behaviour. I think we specifically asked about --

4 whoever did the call specifically asked about she denied

5 him having any past history of mental health

6 difficulties, she denied VC having any history of risk

7 to self or others, and denied any history of violence

8 and aggression. So that's what we were told, you know.

9 I don't think Mum shared anything more than that.

10 Q. Were you aware that she had asked the police whether

11 they could keep him at the police station until she

12 could get there? She was five hours away, wasn't she,

13 and she came to Nottingham and wanted to be there?

14 A. I wasn't aware. Normally these conversations, AMHP,

15 they do, normally call the family or the carers after

16 the assessment. We don't do that.

17 Q. You set out earlier it's a crucial role, and here you

18 had a mother, not a mental health, but a nurse, asking

19 to be there before he was released from custody, and we

20 know the next day she was saying he should be detained,

21 right? So that was where she was coming from.

22 A. *(The witness nodded)*.

23 Q. Wasn't it relevant, even if you hadn't made the call, to

24 ask what's her view? Does she want to see him? Does

25 she want to be here?

1 A. It would have been helpful to -- why she wanted that,
 2 what were her concerns, you know.
 3 Q. I think the concerns were clear, weren't they, she had
 4 said, "I'm five hours away" and it was obvious she was
 5 coming to Nottingham?
 6 A. To Nottingham, yeah.
 7 Q. Did you, as group of practitioners, consider the
 8 significance of that, that it was important she should
 9 be there --
 10 A. We weren't aware of this conversation.
 11 Q. You weren't aware of the call?
 12 A. No, this call wasn't done by us. So what I'm trying to
 13 say is that after the assessment, I went to make a phone
 14 call to the on-call doctor to make arrangements for the
 15 medication. So this call would have been done by the --
 16 in normal practice when an assessment is done, after
 17 that AMHP normally calls the patient and let them know
 18 the outcome of this. So this would have been when he's
 19 explaining the outcome to the mum.
 20 So I don't think anybody, even the Crisis Team or
 21 the other doctor, might have been aware of this. That's
 22 my understanding.
 23 Q. Wouldn't it have been really important to, pending your
 24 decision, get the information, even if it meant you took
 25 the decision a bit later, find out what she had to say

37

1 her mother who was screaming in pain."
 2 So you knew in the property he was living, he was
 3 hearing that in an adjacent property; hearing his mother
 4 scream? That's what he was describing to you, as
 5 professionals.
 6 A. That's right.
 7 Q. "When questioned about hearing voices he initially
 8 denied but then described hearing two voices talking to
 9 each other (third person hallucination)."
 10 What's the significance of it being a third person
 11 hallucination?
 12 A. The third person is saying that they are talking about
 13 him, referring to him, you know. So it's --
 14 Q. One of you asked him about:
 15 "... thought insertion, broadcasting or withdrawal
 16 .."
 17 Do you know what those questions were about? They
 18 were directed at paranoia, presumably.
 19 A. Yeah, these are delusions of, you know, control, you
 20 know, so formal authorities trying to explore, you know,
 21 sometimes people can feel like, you know, somebody is
 22 interfering with their thoughts, putting thoughts or
 23 taking thoughts away or thoughts being broadcast, you
 24 know. So I think what we were trying to do is we were
 25 trying to elicit other psychotic symptoms, you know.

39

1 before you made it?
 2 A. I think they might be two separate calls, you know. So
 3 it might be one call, obviously one call to try to find
 4 the information, yeah? To gather more information, and
 5 once we have made the decision, because -- and then he
 6 would have called again, you know. That's my
 7 understanding.
 8 Q. You set out, or it is set out in this report, halfway
 9 down:
 10 "When questioned about what happened last night.
 11 [VC] ... was confused but then told us ... [he'd] heard
 12 someone screaming and went to investigate. On further
 13 questioning he revealed he heard his mother screaming
 14 and people were screaming telling him that his mother
 15 was being raped and she was in pain."
 16 So any notion of it being about a burglary, you knew
 17 at this point this wasn't about a burglary --
 18 A. No.
 19 Q. -- and theft, this was --
 20 A. This was his mental health. He was not well.
 21 Q. Yeah.
 22 "[VC] stated earlier in the evening his mother had
 23 texted him and told him she wanted to visit him but he
 24 told her not to travel. [VC] could not tell who these
 25 people were who were screaming and how they knew it was

38

1 Q. Did you find them?
 2 A. I think later on, I think towards the end then he become
 3 a bit more guarded, you know, so I think he engaged
 4 reasonably okay, you know.
 5 Q. Well, he started talking about being observed and
 6 bugged.
 7 A. Yeah, and then his -- yeah, from there on, you know, he
 8 became more guarded, you know.
 9 Q. "[He] acknowledged he [hadn't] ... slept for a week ..."
 10 That's a long time, isn't it?
 11 A. Yeah, he -- yeah.
 12 Q. "He described being stressed due to coursework and
 13 upcoming exam."
 14 A. That's right.
 15 Q. Again, you don't remember that, you're just taking that
 16 from the record?
 17 A. The information, yeah.
 18 Q. It's recorded:
 19 "[He] had limited insight into his current
 20 presentation ... described his mood to be fine but he
 21 was guarded and ambivalent."
 22 I mean, it clearly wasn't fine, was it? He had
 23 being tearful, he was hearing voices, hadn't slept for
 24 a week?
 25 A. That's right.

40

1 Q. The conclusion in the next paragraph:
 2 "Even though we were asking him questions he
 3 appeared to be muddled and struggled to concentrate ...
 4 speech low in volume with numerous pauses ... described
 5 his mood to be okay but appeared very bewildered."
 6 It's recorded:
 7 "... he lacked capacity to consent for
 8 treatment[s]."
 9 Why did he lack capacity to consent for treatment,
 10 if it's not obvious?
 11 A. It's clearly documented that he lacked capacity to
 12 consent to treatment.
 13 Q. Would that be a conversation between you? It's an
 14 important finding, isn't it?
 15 A. It would have been picked up during the conversation,
 16 yeah.
 17 Q. When you say picked up on the conversation --
 18 A. When you're trying to -- obviously when you're trying to
 19 talk about the medication, so you're trying to explain,
 20 you know, what's this medication for? You know, what
 21 are the side effects? You know, so in a way you are
 22 assessing the capacity when you're having those
 23 conversations, you know. So during those, it would have
 24 been picked, you know ...
 25 Q. We see the history here recorded from his mother, and

41

1 A. I can't recall, you know.
 2 Q. But do you agree, referring to "least restrictive option
 3 needs to be offered", however it was discussed, you
 4 don't remember, but it looks as though that was
 5 something --
 6 A. I think it's in reference to the Code of Practice in
 7 considering the least restrictive principle, you know,
 8 I think it's talking about we considered both the
 9 options and the patient was considered as well in
 10 community, you know, and taking -- based on the
 11 available information, his presentation and, you know,
 12 least restrictive principle it was decided, you know.
 13 That's my interpretation here.
 14 Q. Here we have: "He was consenting to home treatment". So
 15 a direct contradiction to the lacking capacity to
 16 consent for treatment; do you see?
 17 A. I think my understanding is that, as you know, the
 18 capacity is decision-specific and time specific. So my
 19 reading of this is that Dr Gandhi is talking about here
 20 two different things. So when he's talking about the
 21 capacity to consent to treatment, generally with doctor,
 22 we talk about the consent to medication. So he's
 23 referring to olanzapine above, and down below, he is
 24 saying that he agrees that he's unwell and in his
 25 health, you know, and so he's consenting -- he's

43

1 that's where it's set out what you said earlier: no
 2 "family history of mental illness", VC having mental
 3 health issues, or VC "having mental health issues in the
 4 past."
 5 A. Yeah.
 6 Q. And noticed change in his behaviour. This doesn't
 7 record that she wanted to come and was coming?
 8 A. No, I think what happened was that -- I think what my
 9 understanding in reading the notes is that when we went
 10 there, we didn't have VC's mother's number, you know,
 11 because it wasn't known to the services. So I think we
 12 have seen him, and then we wanted more information. So
 13 we went to the Custody Sergeant and we got the number,
 14 and I think that's when we called. So this is
 15 a conversation trying to gather more information, and
 16 then there would have been another call after the
 17 decision and outcome to let her know about the outcome.
 18 Q. "Impression:
 19 "First Episode psychosis due to sleep deprivation
 20 and stressors.
 21 "Following the review the team agreed that least
 22 restrictive option needs to be offered ..."
 23 That does suggest the least restrictive as a concept
 24 or an option was discussed in the meeting, even if you
 25 don't remember how.

42

1 consenting to seeing the Crisis Team, so they're two
 2 different things. I'm sure Dr Gandhi will be the best
 3 person to further elaborate and the Crisis Team will be
 4 able to -- and that's my reading, the capacity for two
 5 different things here. So he lacked capacity to consent
 6 to olanzapine, but he had capacity to consent to see the
 7 Crisis Team.
 8 Q. So what was your understanding, then, what was going to
 9 happen to him when he left?
 10 A. Okay, so Crisis offered that they normally see people
 11 once daily. When people go on the red RAG, normally see
 12 them on once daily. They can see them more than once,
 13 but that's how normally they will see, once daily.
 14 So this said they can see him twice daily, they're
 15 going to monitor him, observe taking medication, and
 16 they are planning to visit him the same day. So based
 17 at that time, you know, based on the available
 18 information, I think it felt an appropriate and a safe
 19 plan to do that, you know. It's -- there are
 20 alternative to hospital admission, and what they were
 21 offering, it seemed quite a robust, you know, plan, so
 22 that's what --
 23 Q. He was going to go back to the same place, wasn't he, as
 24 where he had just --
 25 A. Yeah.

44

1 Q. -- committed the offence --
 2 A. Yeah.
 3 Q. -- and where he was hearing voices --
 4 A. Yeah --
 5 Q. -- that were distressing him?
 6 A. -- yeah.
 7 Q. Why did you have any reason to believe that if he went
 8 back there the same wouldn't happen again?
 9 A. I think the information we had that he's not been well
 10 for a week, and in that week there has been only one
 11 incident. That's all the information we had. So by the
 12 time we assessed him, he has already been in the cell
 13 for 14, 15 hours. There hasn't been any further
 14 incidents, and --
 15 Q. Well, he's not in the house where he's hearing the
 16 voices, is he?
 17 A. Yeah, but the Crisis Team were planning to go and see
 18 him the same day, and observe medication, and provide
 19 twice daily. And if they would have felt that, you
 20 know, that they can't manage him safely, if there is any
 21 further incidents or any further deterioration in his
 22 mental health or escalation of risks, they would have
 23 considered admission.
 24 Q. You knew he was living on his own, did you?
 25 A. Yeah, we were aware of that.

45

1 was even talking about, you know, I think I have read
 2 somewhere that he mentioned about some of his
 3 experiences being abnormal and he wanted help.
 4 So he had some insight. It wasn't like, you know,
 5 he had no insight at all. So he had some insight, he
 6 was willing to see the Crisis Team and he was willing to
 7 take medication and, I think, based on the available
 8 information and, you know, after discussion amongst four
 9 of us, it was felt at the time that, you know, it's the
 10 right decision.
 11 Q. But in terms -- irrespective of insight, in terms of
 12 risk assessment to others, you were required to
 13 understand what had happened and what the triggers were
 14 for it happening, and the risk that he posed going back,
 15 weren't you? That's what the guidance suggests is
 16 necessary, formulate the risk, look at the triggers,
 17 what's happened, how are you going to stop it happening
 18 again?
 19 A. Yeah, so we tried to identify that, you know, he's not
 20 well, he's experiencing psychotic symptoms, and he is
 21 acting in response to this. And the treatment would
 22 have been to treat his psychotic symptoms and that would
 23 have mitigated the risks, you know.
 24 Q. The scenario of violence or, however it was described at
 25 that stage, criminal damage, the scenario was him being

47

1 Q. So who was going to tell you if there was any escalation
 2 of risk or if he was doing badly when he got home?
 3 A. He did mention Mum coming, you know, I think, during the
 4 interview, his mum was coming. Something like that.
 5 Q. You said earlier that you didn't know that, otherwise
 6 you might have waited. Could you have waited if you
 7 knew Mum was coming?
 8 A. He mentioned about -- obviously I can't recall all the
 9 conversation, but he did mention that he received a text
 10 from his mum in the evening, and Mum said that she
 11 wanted to visit him, but he told Mum not to come. So
 12 that's he's talking about the day before.
 13 Q. Yeah, that's the day before. So that didn't give you
 14 any reassurance that she was going to come; your
 15 evidence earlier was that you didn't know she was going
 16 to come or wanted to come.
 17 A. I don't remember, I don't recall it.
 18 Q. But it's significant, isn't it? You need scaffolding
 19 around somebody in this situation if they're going to be
 20 in the community and there was none for him when he went
 21 back to Brook Court?
 22 A. I think at the time he had some insight. He was talking
 23 about that, he's -- he started talking about some of his
 24 difficulties, you know, feeling stressed, not sleeping,
 25 he acknowledged that he's not well, he needed help. He

46

1 adjacent to somebody and hearing, in neighbour's flat,
 2 his mother being harmed.
 3 A. *(The witness nodded)*.
 4 Q. That was the scenario given to you.
 5 A. Yeah.
 6 Q. Was it necessary to consider whether that specific
 7 scenario, that unique risk, was something that you
 8 needed to manage?
 9 A. To be honest with you I can't recall what we considered
 10 at the time. It happened six years back, you know.
 11 Q. That can come down, please, and can we have NOCC0000044,
 12 page 1. It's the AMHP report which you've read
 13 subsequently. You say you wouldn't have read it at the
 14 time. And we see medical psychiatric history. We'll
 15 hear from the author of the document at another time.
 16 If we see there:
 17 "No previous mental or physical health issues
 18 "First presentation".
 19 If we go over the page, page 2 at the bottom:
 20 "[VC] ... seemed to struggle to follow the thread of
 21 conversation -- it would often take him a number of
 22 seconds to respond to a question."
 23 If we go to page 3, please:
 24 "When asked about ... voices, [second paragraph]
 25 [he] said [he'd] ... been hearing them for a few days

48

1 now."
 2 Your colleague asked:
 3 "... whether [VC] feels he is being watched in his
 4 apartment -- whether he feels there may be cameras or
 5 microphones listening and watching him. [VC] asked how
 6 we know this in a defensive manner."
 7 So he was exhibiting signs of paranoia, wasn't he?
 8 A. *(The witness nodded).*
 9 Q. Sorry, you nod. It doesn't get picked up if you nod.
 10 A. That's right, sorry.
 11 Q. "When asked, [VC] was unable to pinpoint any social
 12 stressors."
 13 Dr Gandhi's notes refer to his university studies
 14 but here no social stressors.
 15 A. I think it talked about, if I read the Dr Gandhi's
 16 entry, he was talking about the stress of exams and
 17 coursework, you know. Yeah.
 18 Q. He gave you permission to contact his mother.
 19 "[VC] said ... his experiences were abnormal and he
 20 would like help with them."
 21 You referred to that with insight, he would like
 22 help.
 23 It's very important at a moment that patient wants
 24 help to give that help, isn't it?
 25 A. That's right.

49

1 tell you about the first one.
 2 Q. So you can't remember any discussion about the trigger,
 3 how any risk was going to be managed --
 4 A. I think it was clear that he was unwell. He obviously
 5 was presenting with psychotic symptoms, and he was
 6 hearing these distressing voices, you know, and he was
 7 acting in response to those beliefs, you know. There's
 8 no question about that. But what I'm saying is that
 9 I don't remember what was discussed, you know. Yeah.
 10 Q. It looks as though Benjamin Williams, if we go to
 11 page 5, has recorded the risks as follows, and you'll no
 12 doubt set those out, but:
 13 "Risk to Self: Further [mental health] ...
 14 deterioration. Likelihood: high ...
 15 "Risk to Others: Aggression to neighbours -- broke
 16 into neighbour's flat. Likelihood: med[ium] --
 17 severity; high".
 18 And in his statement he says he thinks it should
 19 have been high because he'd already done this; it says
 20 "medium" here.
 21 It must have been appreciated as a group that he had
 22 already done this: been aggressive and broken into
 23 a neighbour's flat even though no one was in that flat,
 24 fortunately.
 25 A. I think if we go -- if we look at the medical records,

51

1 Q. While they're engaging?
 2 A. That's right.
 3 Q. "It was agreed ... [VC's] experiencing a psychotic
 4 episode. What was unclear was what the risk factors
 5 were."
 6 Do you agree with that: that as group, you didn't
 7 grapple with the risk factors and what might happen
 8 again, the formulation?
 9 A. All I can say is that I was part of the assessment, and
 10 when the risks were discussed and considered, I would
 11 have been part of the discussion, but I don't recall,
 12 you know, all those discussions we had.
 13 Q. If we go to page 4, please. We see "no history of
 14 [mental health] ... issues in the past" in the bottom
 15 box.
 16 "[VC] agreed ... he needs help ..."
 17 "Risk deemed low enough for Home Treatment to be
 18 explored."
 19 What was the risk?
 20 A. I can't recall what were the risks identified during the
 21 first assessment.
 22 Q. You can't recall. So you don't remember --
 23 A. I can't --
 24 Q. -- being consideration --
 25 A. I can tell you about the second assessment but I can't

50

1 the RIO, if we look at Dr Gandhi's entry.
 2 Q. The first entry that we went to?
 3 A. Yeah.
 4 Q. Would you like to have a look at that?
 5 A. Dr Gandhi clearly documented that he denied any thoughts
 6 of harming to self or harming others. This report, it's
 7 not done by AMHP in presence of us. So this is AMHP,
 8 they do it in their own time and we don't receive a copy
 9 of this assessment.
 10 Q. No, but you'd agree that that's obviously what Benjamin
 11 Williams, having been present at the same assessment,
 12 concluded, and so there may have been discussion about
 13 these matters.
 14 A. I would have been part of the discussion but what I'm
 15 trying to say to you is that this is not my normal
 16 practice, to categorise risk. So Benjamin might be the
 17 best person to reply to that, because if you look at
 18 Dr Gandhi's entry there is no mention of, you know,
 19 anything like that. For --
 20 Q. So you don't remember -- and I will ask Dr Gandhi --
 21 discussing risk or risk formulation at all.
 22 A. I don't recall the conversation, no.
 23 Q. If we go to page 7 of this document, please:
 24 "[VC] could not understand information given to him
 25 regards possible care a[nd] treatment. He lacked

52

1 insight into his mental health issues, believing them to
 2 be real.
 3 "However, it is in [VC's] best interest to pursue
 4 home treatment at this time."
 5 You'd agree he did need further assessment, didn't
 6 he?
 7 A. Definitely, yeah.
 8 Q. The best place for that would have been an assessment in
 9 hospital, wouldn't it?
 10 A. I think at the time, based on the available information
 11 and assessment, it was felt that community is
 12 inappropriate.
 13 Q. We know, of course, and you now know, that he was
 14 released from custody at 19:18 hours, and a 999 call was
 15 made at 20:29 hours, so, allowing for him to get back
 16 from Bridewell Custody Suite to Brook Court, about an
 17 hour later?
 18 A. That's right.
 19 Q. He tried again and did gain entry into someone's flat,
 20 leading to somebody jumping out of a first-floor window.
 21 You did the second assessment, didn't you? How serious
 22 did you think that was from the victim's perspective?
 23 A. It was a serious incident.
 24 Q. Did you know the extent of injury to the victim?
 25 A. No.

53

1 like we do normally, when you go to the station, but
 2 I can't remember.
 3 Q. When something like that has happened, in other words he
 4 was released and then this serious incident happens
 5 straight away -- or event -- is there a requirement
 6 within the Trust to report that in some way, either as
 7 a serious incident or through a Datix, or in some way so
 8 that that can be assessed within the Trust?
 9 A. The Trust has got an incident reporting system. Yeah.
 10 Q. Did you report this: that effectively somebody who had
 11 been discharged for home treatment went on to commit
 12 a similar offence?
 13 A. So I assessed him the following day. This incident
 14 happened approximately 20 hours before, and we had no
 15 firsthand information -- (*overspeaking*) --
 16 Q. Oh, you didn't know it had happened within an hour of
 17 you releasing him earlier?
 18 A. No.
 19 Q. When did you find that out?
 20 A. Well, I think what I'm trying to say is that we didn't
 21 have the firsthand information. There were a lot of
 22 people involved before us, you know ... so street
 23 triage, you know, Crisis Team, Liaison and Diversion,
 24 you know. Before we assessed him on the next day in the
 25 afternoon around quarter to four.

55

1 Q. That can come down, please. And if we can have
 2 NHFT0000168, page 3. Again, we assume, if it was your
 3 practice, did you read the RIO notes?
 4 A. I would have.
 5 Q. Yeah. If we look at the fourth box down:
 6 "Caller reporting ... there was a male trying to
 7 smash the door ... saying that the person inside is in
 8 danger.
 9 "... female neighbour whose door VC has damaged was
 10 in the shower ... reported to be [in fear] for her life
 11 ... jumped from a first-floor window, currently in the
 12 back of the ambulance complaining of lower back pain,
 13 plan[ned] to transport to QMC".
 14 "Complaining of lower back pain" is how that's
 15 described. Did you see anything else other than that to
 16 describe that event?
 17 A. No.
 18 Q. Did you ask any questions about that event?
 19 A. Questions from whom?
 20 Q. VC, when you saw him in the next assessment.
 21 A. We tried to ask VC about the incident, he couldn't tell
 22 us much.
 23 Q. What about the police, did you ask the police about the
 24 incident?
 25 A. I can't remember. We would have discussed as normally,

54

1 Q. If we go to page 4 of these notes: "Telephone call from
 2 Elena Cullen AMHP about attending", we see there was no
 3 gatekeeper role at that next assessment, was there,
 4 because it was understood he would not be going home --
 5 A. That's right.
 6 Q. -- or using home treatment services. If we go to
 7 page 5, Dr Sadraei does the notes of this assessment,
 8 doesn't she?
 9 A. She was on call that day.
 10 Q. Yeah. So with the assistance of that, can you tell us
 11 about that mental health examination, state examination,
 12 and what decision was made?
 13 A. There was a very minimal engagement from VC, you know.
 14 He came across as very unwell, you know. He was taking
 15 very long time, you know, to reply back. There were
 16 long, very long pauses, you know. It's -- to some of
 17 the questions he shouldn't answer. So I think to me
 18 he -- degenerated significantly as comparing to the day
 19 before, it was like, you know.
 20 Q. Well, he still hadn't had any medication, had he?
 21 A. Yeah, yeah, so if I'm comparing obviously have seen him
 22 the day before and he engaged reasonably well, then, you
 23 know, we were there at least more than an hour, you
 24 know, in the first assessment, but this assessment, you
 25 know, it's a very limited assessment and he came across

56

1 as very unwell, having no insight at all, and he
 2 couldn't tell us exactly what happened about the
 3 incident.
 4 **Q.** He needed medication on the first occasion when you saw
 5 him, didn't he?
 6 **A.** Yeah, he needed to be treated yeah.
 7 **Q.** He needed to be treated. So should he have had --
 8 **A.** Yeah, he needed to be assessed as well and treated.
 9 **Q.** Yeah, assessed and treated. So should he have had
 10 medication before he went anywhere?
 11 **A.** There is no such provision for medication to be given in
 12 the police custody. They don't give anti-psychotics
 13 there or anything like that, and this is -- we don't
 14 carry any FP10s or prescription pads, you know. So
 15 that's not how we normally -- normal practice is, you
 16 know.
 17 **Q.** Could he have been accompanied to his home if that was
 18 your decision, and observed to take medication before he
 19 was left alone? Was that another option?
 20 **A.** I don't know. That ... normally when somebody is with
 21 Crisis Team, then it's their decision. How often --
 22 once a referral gets accepted by them, then it's their
 23 decision how often they want to see somebody, and what
 24 they want, if they want to observe medication or is
 25 there any things they need to put in place, you know.

57

1 of local inpatient capacity pressures over the last year
 2 and whether such issues affected their decisions about
 3 the admission, treatment and discharge of patients."
 4 So this was a survey opened between 3 February to 2
 5 March 2025: "Response rate was 6.3% (1,012 members
 6 ..."
 7 Not as much as --
 8 **A.** A small number.
 9 **Q.** A really small number. Why is that, do you think?
 10 That's a surprisingly low number, one might say.
 11 **A.** I'm not sure, you know.
 12 **Q.** Did you fill it in, out of interest?
 13 **A.** No.
 14 **Q.** If we look at page 4:
 15 "A substantial proportion of respondents describe
 16 pressure coming from insufficient and unsuitable local
 17 inpatient provision. Many respondents reported concern
 18 and pressure from bed management teams - [and]
 19 "A substantial proportion of members reported a lack
 20 of cohesion with external partners ..."
 21 Have you ever felt pressure to not admit a patient
 22 or to discharge a patient early because of service
 23 constraints?
 24 **A.** I personally never have made any decision like that. So
 25 we normally go with the -- if we assess somebody, just

59

1 It's their decision. But if we have identifiable
 2 request, you know.
 3 **Q.** You've said more than once that it's their decision,
 4 Annette Palmer will give her own evidence, but in her
 5 statement to the Inquiry she has said:
 6 "While I can voice my opinion as to whether somebody
 7 should receive treatment at home, it is not my job to
 8 persuade them [doctors] of my view. The decision as to
 9 whether to admit someone to the hospital is the decision
 10 of the AMHP and the medical doctors." (As read)
 11 That's right, isn't it?
 12 **A.** Yeah, I think what I was referring to was if somebody is
 13 under a Crisis Team, if he needs any ongoing, yeah, so
 14 in the assessment when we do the assessment, to detain
 15 and audit on somebody, it's the decision of the two
 16 doctors and the AMHP.
 17 **Q.** That can come down, please. Can we have, please,
 18 RLIT0000031, page 1. Not to do with VC's case,
 19 Dr Malik, because it's clear you didn't make enquiries
 20 of beds or anything like that in relation to the first
 21 assessment, but this is Royal College of Psychiatrists
 22 membership survey on local capacity, February to
 23 March 2025. And we see from page 2:
 24 "... survey ... sent to [Royal College
 25 of Psychiatrists] membership to gather their experience

60

1 the clinical decision, if they need to come in, we will
 2 do a recommendation, and then people go on the bed list.
 3 So sometimes we have got 15, 18, 20 people waiting on
 4 the bed and that might take sometimes days, weeks.
 5 **Q.** Days, weeks?
 6 **A.** It can be -- it can take days up to a week, you know.
 7 So depending on, you know, sometimes there is nationally
 8 no bed, you know. So it has been times where we have to
 9 send people to Scotland and to other parts of the
 10 country.
 11 **Q.** So you find them a bed elsewhere, but it's not about
 12 keeping them in the community when they're not safe to
 13 be there? Or is it that, please tell us?
 14 **A.** People go on the bed list and if there's no bed, then
 15 they remain, if they are in acute hospital, they will
 16 remain there, which is not ideal. And if they're in
 17 a care home or even if they're in the community in their
 18 homes, they remain there, and Crisis Team will remain
 19 involved and they will provide, you know, intensive home
 20 treatment during that time.
 21 **Q.** Have you had the experience of not being able to admit
 22 a patient or delays in admitting a patient when they
 23 have been sectioned because there were no beds
 24 available?
 25 **A.** It does happen quite a lot. We have -- so sorry, can

60

1 you --

2 Q. Yeah, when you've sectioned somebody.

3 A. Yeah, there are times when we have done the section and

4 there is no bed and people go on the bed list. So

5 I might --

6 Q. But you would follow the correct principles of making

7 the section --

8 A. Yeah, yeah.

9 Q. -- saying he needed to be sectioned.

10 A. Yeah.

11 Q. So it's not as though you'd alter your decision; you'd

12 make the decision but then it would be a question of

13 finding the beds.

14 A. Yeah. So it will be a decision, you know, on the pure

15 clinical -- you know, somebody's presentation risks, you

16 know, if somebody needs -- can't be managed safely in

17 the community we'll do a recommendation.

18 MS LANGDALE: Thank you. Those are my questions, Chair.

19 THE CHAIR: Yes, Mr Moloney. Thank you.

20 **Questioned by MR MOLONEY**

21 MR MOLONEY: Dr Malik, can I clarify, is it right that your

22 account of your dealings with VC in May 2020 is based on

23 the records and you have no independent recollection of

24 these events?

25 A. That's right.

61

1 A. That's right.

2 Q. Have you seen this document before, which is a record --

3 A. No.

4 Q. No. So this is a -- as you can see, it's an

5 East Midlands Ambulance Service document, and it refers

6 to an admission of VC about 24 hours before the incident

7 that you were dealing with, just after midnight in the

8 morning of the 23 May 2020. And we, if we look at the

9 "History of Presenting Complaint", it says:

10 "Chief Complaint ... Chest Pain ... Developed L[eft]

11 sided chest pain at rest."

12 Then we see underneath:

13 "IMPRESSIONS

14 "... acute behavioural disturbance ... mental health

15 [et cetera] chest pain and hearing mumbling."

16 And then if we go over the page, please, we can see

17 under "PAST MEDICAL HISTORY":

18 "P[atien]t admits to having mental health problems

19 in past but would not say what. Not currently medicated

20 for anything on questioning."

21 So this is a day before the incident and he's

22 obviously released from the hospital, having gone to A&E

23 in the ambulance, that ambulance having been called to

24 deal with the problems that he was suffering with.

25 Now, I just want to ask you, as it were,

63

1 Q. Thank you. So can I just ask you couple of general

2 questions, hoping not to have to test your memory.

3 Firstly, in relation to your Section 12 approval,

4 did you become Section 12 approved in 2013?

5 A. That's right.

6 Q. As a doctor, do you have to refresh your Section 12

7 approval on a period --

8 A. Every five years.

9 Q. Every five years, and you --

10 A. So I would have done, in 2018 and then again in my next

11 is due in January next year, so it's every -- if I don't

12 do that I can't continue with my job. So I have to do

13 that.

14 Q. It's a legal requirement to --

15 A. To --

16 Q. Or a professional and regulatory requirement.

17 A. For me to work as a consultant, as an RC, I need to have

18 the AC status. So yeah, we do that every five years.

19 Q. Thank you, Dr Malik. May I ask you, please, to look at

20 a document which is EMAS0000002. This was mentioned to

21 you, I don't think you've looked at it. I just want to

22 ask you to clarify if I could, Dr Malik, a couple of

23 details in relation to this.

24 Now you, of course, saw VC in the early part of

25 24 May of 2020.

62

1 a hypothetical question --

2 A. That's fine.

3 Q. -- because you haven't seen this document. If you had

4 known that he had spoken of mental health problems in

5 the past, but was not prepared to speak about them,

6 would you have wanted to know more about that?

7 A. That's right, yeah.

8 Q. If the problems had been of a longstanding nature,

9 because of course that comment is not in any way clear

10 in terms of parameters --

11 A. *(The witness nodded)*.

12 Q. -- nor indeed nature or seriousness, but if the problem

13 had been of a longstanding nature, let's say, just even

14 back into 2019, as one definition of longstanding, would

15 that have been relevant to whether he would be admitted

16 to hospital?

17 A. I don't think that would have made any difference to

18 admission, so it's relevant information, so it's

19 important to know, but I think the decision would have

20 been based on the clinical presentation and the

21 assessment at the time, you know.

22 Q. Okay. So in any event, even if you had seen that, then

23 the assessment would have been made, as it were, in that

24 moment in time.

25 Can I ask you about prescription of olanzapine. Is

64

1 it -- is the prescription of medication as part of
 2 a Mental Health Act assessment something that doesn't
 3 happen very often?
 4 A. It doesn't happen very often, and if I'm going as
 5 a second doctor, I wouldn't normally do any prescribing,
 6 but we need to remember that there are occasions and
 7 there are times when, although Dr Gandhi is doing
 8 a Mental Health Act assessment, but he is on-call
 9 registrar as well, so he is asking Home Treatment to see
 10 the patient. So this is a bank holiday weekend, you
 11 know, so it's 25th May was bank holiday. So if he
 12 wouldn't have started the medication, you know, that
 13 would have further delayed, you know.
 14 So as an on-call, you can prescribe somebody, there
 15 is no restriction on you that -- if I give you
 16 an example. If I'm a community RC and I've got
 17 a patient under my care and I go and do an assessment
 18 for that person, and if I feel that this person can be
 19 safely effectively managed in the community by changing
 20 his medication, then I will do that.
 21 Q. Yes. And in fact, I mean doctors can prescribe in the
 22 police station, can't they?
 23 A. When you say prescribe, what do you mean by that?
 24 Q. So prescribe medication whilst in the police station.
 25 Is there a bar on doctors prescribing medication in the

65

1 like to start slow and go slow, you know. There is no
 2 right or wrong, you know.
 3 Q. So the -- I think perhaps to try and rephrase that
 4 question --
 5 A. Sorry.
 6 Q. -- olanzapine, if somebody -- because VC was displaying
 7 psychotic symptoms --
 8 A. Yeah.
 9 Q. -- when you examined him, wasn't he?
 10 A. That's right.
 11 Q. Olanzapine doesn't provide an instant cure to psychotic
 12 symptoms all the time, does it?
 13 A. If we treat it, it will. If he takes it consistently.
 14 So obviously you started on a small dose --
 15 Q. I'm sorry, it's me not being clear, Dr Malik.
 16 A. Okay.
 17 Q. Yes, if somebody takes olanzapine consistently, then of
 18 course it can be an effective treatment of psychotic
 19 symptoms.
 20 A. Yeah, yeah.
 21 Q. But in terms of somebody displaying psychotic symptoms
 22 in the way you've witnessed --
 23 A. Yeah.
 24 Q. -- then olanzapine does not guarantee, as it were, an
 25 instant cure of taking those psychotic symptoms away

67

1 police station and then actually providing medication,
 2 if necessary, in the police station, anticipating
 3 release?
 4 A. Okay. We, first of all we don't carry any prescription
 5 pads with us. The second thing is that, as far as my
 6 understanding, is that antipsychotic medication is not
 7 something which is topped up in police custody.
 8 Q. Right.
 9 A. I never came across in my 20 years, you know, somebody
 10 being given medication, antipsychotic medication, in
 11 police custody.
 12 Q. So it's a question of practicality rather than any bar
 13 on doctors prescribing?
 14 A. Yeah.
 15 Q. Yeah. Now VC was prescribed olanzapine --
 16 A. *(The witness nodded)*.
 17 Q. -- and a relatively low dose, 2.5 milligrams. Does
 18 olanzapine take time to control acute symptoms of
 19 psychosis?
 20 A. Olanzapine is an effective medication. It's --
 21 regarding the dose, you know, it's -- because it
 22 would -- he was an antipsychotic naive. By that I mean
 23 is that he's never been on antipsychotic medication, you
 24 know. So sometimes people -- it varies from the
 25 practitioner to practitioner, you know, some people will

66

1 within a couple of hours, for example.
 2 A. Yeah, it's not a couple of hours but we need to
 3 understand that at that time we were not clear about the
 4 nature of his, his, his -- you know, mental disorder,
 5 and he was feeling stressed, there was lack of sleep.
 6 These things can, can affect, you know, people can
 7 present with psychotic symptoms and if you try to focus
 8 on that sometimes we give people some medication to
 9 address sleep and some people recover very quickly, you
 10 know, from that. So it varies from person to person.
 11 Q. So, as you say, you were not clear about the nature of
 12 his mental disorder at that time, and so some people
 13 recover very quickly from that, it varies from person to
 14 person.
 15 A. Yeah.
 16 Q. But of course for some people, then dosages have to be
 17 changed of olanzapine --
 18 A. Yeah.
 19 Q. -- to ensure that it becomes effective, and alternative
 20 medication tried.
 21 A. *(The witness nodded)*.
 22 Q. But you felt it was appropriate for Dr Gandhi to
 23 prescribe antipsychotic medication following this
 24 assessment.
 25 A. He was presenting with psychotic symptoms, that needs to

68

1 be treated, and -- yeah.

2 **Q.** Just as one point of clarification, you proceeded on the

3 basis that VC's bloods had been taken at the hospital,

4 didn't you?

5 **A.** That's right.

6 **Q.** Yeah, and you've said that in response. Were you sure

7 about that, and are you sure about that, Dr Malik?

8 **A.** I think we looked at the records, and we -- he was seen

9 by a mental health practitioner, Liaison and Diversion,

10 and we had no reason to doubt, you know. So he

11 documented so we -- yeah.

12 **Q.** Can I just ask you to look at one of the records that

13 you may have seen, because of course, when you came to

14 the police station, you look at the custody record,

15 wouldn't you, to see what had been going on?

16 Can we look at the custody records, please? It's

17 NGPF0000077. If we could go to page 7 of this, please.

18 And if we there look at "Medical", and this is

19 24 May 2020 at 04:01. We can see there:

20 "Detainee has now returned from hospital, PACE clock

21 to restart, PER form is returned and reviewed by the

22 Custody Officer. Any medication information that has

23 been provided by the hospital on release will be shared

24 with the HCP and the Custody Officer will consult with

25 the HCP reference fitness to detain/interview. Any

69

1 place. Did you not think that there was every chance he

2 could do exactly the same thing?

3 **A.** You can't predict somebody's, you know, trajectory of

4 the illness or somebody is going to, you know. It's --

5 Crisis Team is an intensive Home Treatment Team and they

6 see people like this, you know, day in, day out and

7 successfully treat it as well.

8 So it was based on the, you know, available

9 information and assessment that that was the right thing

10 to do. So it's -- sometimes if people are under stress

11 like I mentioned, with sleep, they might be better in

12 a few days, you know. So we don't know the nature of

13 his illness at that time, it's only been one-week

14 history.

15 **MR MOLONEY:** Yes. Thank you very much, Dr Malik.

16 **THE CHAIR:** Yes, Ms Benyounes.

17 **Questioned by MS BENYOUNES**

18 **MS BENYOUNES:** Good morning, Dr Malik. I ask questions on

19 behalf of the survivors. I'm going to cover three

20 topics, and the first relates to information that was

21 known and available at the time of the first Mental

22 Health Act assessment.

23 You've stated that as part of the assessment

24 process, it was important to get as much information as

25 possible, and you say that you had limited information

71

1 medication provided by the hospital will also be

2 reviewed by Custody Officer/HCP.

3 "DP has not had blood taken but seen by the senior

4 consultant stated that his actions maybe more mental

5 health."

6 Did you see that?

7 **A.** We don't have any access to custody records --

8 **Q.** You don't?

9 **A.** -- so these are not shared with us.

10 **Q.** Okay. But in any event, VC was not given any olanzapine

11 at the police station and it was going to be given to

12 him by the Crisis Team --

13 **A.** Indeed.

14 **Q.** -- later on, is your understanding.

15 **A.** That's my understanding, yeah.

16 **Q.** But he was arrested again for doing pretty much exactly

17 the same thing before the Crisis Team could get to him.

18 Yes?

19 **A.** Yes, that's right.

20 **Q.** Just in terms of the admission, he was presenting with

21 psychotic symptoms at the police station, he'd not been

22 well for a week. There was no indication that he was

23 going to get better in the next few hours, was there?

24 And he wasn't receiving any medication at the police

25 station, and he was going back to exactly the same

70

1 about the alleged offending that had brought VC into

2 custody.

3 **A.** That's right.

4 **Q.** You've been shown the photograph of the damage to the

5 door of flat 12 and you said you hadn't seen that at the

6 time of your assessment, and you said that if you'd had

7 more information you would have explored that directly

8 with VC.

9 **A.** Well, we would have considered and taken into account

10 and explored, yeah.

11 **Q.** Yes. You've also said that you weren't aware that at

12 the time of the police arrival, VC was trying to push

13 his way into a flat, resulting in the police officer

14 restraining and handcuffing him. In fact, this was

15 a different flat to the one that he forcefully attempted

16 to enter and cause damage on the photograph. This was

17 entering flat 11, so another neighbouring property, and

18 that was occupied. You weren't aware of that at the

19 time of your assessment.

20 **A.** *(The witness shook his head).*

21 **Q.** When the police arrived, the occupant from flat 11 was

22 preventing VC from entering. Again, you weren't aware

23 of that.

24 **A.** We were not aware of that.

25 **Q.** Were you aware that the occupant of flat 11 raised

72

1 concerns with the police that VC may try and gain entry
 2 or cause further issues for them if he was to be
 3 released?
 4 A. We were not aware of this.
 5 Q. Do you agree that this information was highly relevant
 6 to the assessment of risk, of VC's risk to others?
 7 A. It is important information, it's relevant.
 8 Q. But it's also relevant, isn't it, to the detention and
 9 the criteria under Section 2, specifically the
 10 protection of other persons; do you agree?
 11 A. I agree, yeah.
 12 Q. And you said that this was one incident, but in fact VC
 13 had attempted to access two neighbouring properties
 14 during that incident; he was actively trying to access
 15 one such property at the time of the police attendance,
 16 requiring restraint, and there were the concerns of the
 17 occupants of that flat.
 18 Do you agree you should have had that information in
 19 order to properly assess VC's risk to others?
 20 A. It should have been very helpful.
 21 Q. Now VC in fact was not detained following this
 22 assessment and we know he was discharged from police
 23 custody, and he was taken back to Brook Court. And you
 24 were aware that shortly afterwards he forcefully broke
 25 into a third property, and that caused the occupant,

73

1 these conversations were done by social workers so he
 2 might be the best person to clarify.
 3 Q. But can I be clear, you said it wasn't available
 4 information at the time that you assessed VC?
 5 A. Which information, sorry, are we talking about?
 6 Q. The information that VC's mother had indicated that she
 7 was going to travel; that wasn't available at the time
 8 of your assessment?
 9 A. I think --
 10 Q. Or can you simply not recall?
 11 A. I can't recall.
 12 Q. Do you agree that had the team been aware of that
 13 information, and that she was going to travel, albeit
 14 maybe taking some hours, there then would have been
 15 consideration about discharge potentially to an
 16 alternative address?
 17 A. We will have considered. We would have looked into
 18 that.
 19 Q. You would have looked into that?
 20 A. If somebody is raising concerns and she would like for
 21 us to wait here -- and I'll give you an example, we're
 22 assessing somebody on a 136 or we have done the decision
 23 and that, for whatever reason, you know, they can't go
 24 and if they need to stay a bit, we can make those sort
 25 of arrangements. But I don't know how feasible is that,

75

1 Even, to jump from the window and she sustained serious
 2 fractures to her spine.
 3 Now can I be clear, you became aware of that because
 4 you were involved in the second Mental Health Act
 5 assessment.
 6 A. I became aware of the -- I wasn't aware of the injuries,
 7 so -- I wasn't aware of the injuries.
 8 Q. No.
 9 A. No.
 10 Q. But you were aware of the circumstances and the fact
 11 that this was another neighbouring property.
 12 A. That's right, yeah.
 13 Q. Do you agree that the knowledge of VC's actions in
 14 respect of the two flats and the concerns of the
 15 occupants of the one flat, that would have been at the
 16 forefront of the assessing team in the first Mental
 17 Health Act assessment?
 18 A. We would have considered and explored that.
 19 Q. In respect of the risk and the safety of the discharge,
 20 from custody back to Brook Court, you say that, after
 21 the assessment, it was then that you learnt that VC's
 22 mother was indicating she was going to travel from
 23 Wales; is that correct?
 24 A. I don't exactly recall. So I never had any direct
 25 conversations with VC's mother. So I understand that

74

1 you know, in the custody when somebody has been, you
 2 know, being interviewed and fit to release. I don't
 3 know how it works.
 4 Q. Because it's not just a question of her wanting to be
 5 involved, it's a question of considering the safety of a
 6 return to the property?
 7 A. It's relevant, yeah.
 8 Q. She'd indicated her intention to travel some hours, but
 9 you simply weren't aware --
 10 A. I wasn't aware of that, no.
 11 Q. -- whether that was brought to the assessing team's
 12 attention?
 13 A. I don't think assessing team were aware of.
 14 Q. Moving on to the second area, this is the communication
 15 and particularly communication with the Custody
 16 Sergeant. You didn't make any notes yourself. You've
 17 referred to -- and you've been referred to Dr Gandhi's
 18 entry on RIO, and also taken to the AMHP report
 19 completed by Ben Williams.
 20 Is it right that you simply don't have the
 21 recollection now, so you can't challenge what's stated
 22 and recorded in these documents?
 23 A. I'm purely relying on the medical records.
 24 Q. You've talked about your usual practice and you said
 25 that when attending Bridewell, the custody suite, you

76

1 would go together, the team, the other attendees of the
 2 assessment, and speak to the Custody Sergeant,
 3 effectively introducing yourself, checking where it's
 4 safe to undertake the assessment?
 5 **A.** That's the -- we can't start the assessment without
 6 that. So they take our names down, they check our ID,
 7 and obviously when people are arrested and we need to
 8 make sure that first of all they want to know about the
 9 incident, why somebody has been arrested, how they have
 10 been since they have been here, and where is it safe for
 11 us to see?

12 So we would like to interview people in an
 13 appropriate manner, so I really try to take them in
 14 a medical room, but we need the information from the
 15 custody, where is it safe to assess the person? So this
 16 can -- sorry -- so this conversation could have
 17 happened. Without that, we wouldn't have taken him to
 18 an interview room.

19 **Q.** But that's an opportunity to gain information from the
 20 police?

21 **A.** Yeah.

22 **Q.** What led to somebody coming into custody, but also how
 23 they presented during custody?

24 **A.** *(The witness nodded).*

25 **Q.** Now, within the records that you've been taken to, it's

77

1 impact on VC's time in custody? What was communicated?

2 **A.** I think normally, in normal circumstances, we will tell
 3 them what we think and is the outcome, so we wouldn't go
 4 into --

5 **Q.** Do you recall, or do you --

6 **A.** I don't recall. I don't recall. I'm just saying
 7 normally we tell them this is the decision and this is
 8 the outcome and this is what is going to happen, you
 9 know, unless they ask us any specific question, then we
 10 will provide that information.

11 **Q.** Because we know that VC was interviewed before he was
 12 released under investigation, and you've described that
 13 the plan for treatment, the medication, that was only to
 14 commence later when the Crisis Team visited. Was that
 15 something that you would expect to have been
 16 communicated to the Custody Sergeant?

17 **A.** I'm not sure, you know, normally we would tell them what
 18 the plan is, you know.

19 **Q.** Because it's relevant, isn't it --

20 **A.** Yeah.

21 **Q.** -- if medication is not going to commence, but a suspect
 22 is going to be interviewed?

23 **A.** Yeah, it --

24 **THE CHAIR:** Ms Benyounes, you've had ten minutes. You have
 25 had more than ten minutes, in fact.

79

1 already been read to you that -- it's recorded that VC
 2 found it difficult to understand and retain information?

3 **A.** *(The witness nodded).*

4 **Q.** He struggled to follow conversations, required repeating
 5 of questions and information, and it's recorded that he
 6 lacked insight and capacity to consent to treatment.
 7 How did all of that impact on VC's fitness to detain and
 8 fitness to interview? Is that something that the team
 9 considered?

10 **A.** This is not something we consider. It's police
 11 decision. And I would disagree with the -- about the
 12 insight.

13 **Q.** Sorry, you disagree about that?

14 **A.** Disagree with the lack of insight. So he had some
 15 insight. So it's very clearly documented that he had
 16 limited insight. So by that, my interpretation is that
 17 he's got partial insight or some insight, you know? So
 18 he's aware of difficulties.

19 **Q.** Because it's recorded in the AMHP report that the
 20 Custody Sergeant was informed as to the outcome of the
 21 assessment, and that VC wasn't going to be detained but
 22 he was going to have visits from the Crisis Team.

23 What was communicated to the Custody Sergeant about
 24 the findings, the difficulty in understanding, the
 25 struggling to follow conversations, how that would

78

1 **MS BENYOUNES:** I'm sorry, Chair. Would you permit me to ask
 2 just two more questions, please?

3 **THE CHAIR:** How long are they going to take because we need
 4 to take a break.

5 **MS BENYOUNES:** One is a minute, and then a final question,
 6 please.

7 **THE CHAIR:** Right.

8 **MS BENYOUNES:** Given that it was recorded during the
 9 assessment about the failure to -- the difficulties,
 10 struggling to follow conversations, the repeating of
 11 questions, how was it concluded that it was suitable for
 12 VC, and he was going to be able to engage and follow and
 13 comply with the home treatment plan?

14 **A.** It wasn't like that for the assessment, so there were
 15 times when he struggled and there were times when he
 16 engaged, you know. So we would have taken that into
 17 consideration.

18 **Q.** Just finally, the third topic, the question of incident
 19 reporting. You didn't complete a report. I think it's
 20 Ulysses, the system.

21 **A.** Ulysses, we used that, yeah.

22 **Q.** Do you agree that there was an obligation on you, it's
 23 not just simply from trust policy, but with your own
 24 professional obligations, there's guidance that requires
 25 you to be open and honest and raise concerns?

80

1 A. I can't recall, because, like I said, I didn't have the
2 firsthand information. I assessed VC 20 hours
3 afterwards. So following the first assessment, he was
4 already under the Crisis Team, and when the incident
5 happened, there has been a lot of other people involved,
6 and we assumed that, you know, the incident had been
7 filled, you know, by the community --

8 Q. Somebody else had completed the Ulysses form?

9 A. Honestly, I don't recall what happened six years back,
10 but yeah, I -- so I assessed him with the on-call SPR
11 and the social worker after 20 hours after the incident.

12 MS BENYOUNES: Thank you very much. Thank you, Chair.

13 THE CHAIR: I think we're going to have to take a break
14 before any further questions. So if we come back at
15 12.00.

16 (11.44 am)

17 (A short break).

18 (11.59 am)

19 THE CHAIR: Yes, Mr Straw.

20 Questioned by MR STRAW

21 MR STRAW: Dr Malik, I represent VC's family. Do you
22 remember earlier you were taken to the custody record
23 for 24 May 2020?

24 A. (No audible answer given).

25 Q. There was an entry in that timed 4.01 am, on 24 May,

81

1 A. That's right.

2 Q. Correct. Do you see halfway down the page there it
3 says:

4 "Prior to this referral [VC] was seen by Custody
5 Healthcare and following this was sent to ED ..."

6 Is that the emergency department?

7 A. That's right.

8 Q. "... in order to rule out organic causes to his
9 presentation, I understand that he had bloods taken
10 there which came back clear of substances."

11 So was it your understanding that after being in
12 police custody he was taken to the emergency department?

13 A. (The witness nodded).

14 Q. He had his bloods taken there --

15 A. That would have been our understanding, yeah.

16 Q. And that came back clear of illicit substances.

17 A. They don't do normally check for illicit substances in
18 the blood, so we know that.

19 Q. But it came back clear of substances?

20 A. They don't normally do that so I would have been aware
21 of this information, yeah.

22 Q. I see. Thank you very much. Over the next page please,
23 page 2. This is the note you were taken to earlier.
24 Now one of the entries that has already been read to you
25 from that page was -- it says:

83

1 noting that VC had not that his bloods taken. Do you
2 recall being taken to that?

3 A. Could you please repeat that?

4 Q. Yeah. Do you recall being taken by Mr Moloney to a
5 custody record which was timed 4.01 am, and it said that
6 VC's bloods had not been taken at that point?

7 A. We were not shown any custody records. This doesn't
8 normally happen, so they don't --

9 Q. I'm sorry, do you remember just a little earlier this
10 morning, you were shown a custody record by
11 Mr Moloney --

12 A. Yeah.

13 Q. -- that was timed at 4.01 am and it said "bloods not
14 taken"?

15 A. Sorry, I didn't hear your question, what you're trying
16 to ask.

17 Q. Starting off with the fact that you were shown that by
18 Mr Moloney, I'd like to come, please, to the RIO notes,
19 and can we have that up on screen, please. It's
20 NHFT0000168, page 1. And this is the first entry in
21 this again you were referred to earlier, and do you see
22 it's timed at the top there 9.54 am?

23 A. That's right.

24 Q. So that's about six hours after the custody record
25 entry.

82

1 "When questioned about what happened last night...
2 [VC] told us that he heard his mother screaming and
3 people were screaming telling him that his mother was
4 being raped and she was in pain."

5 Was it your impression that he genuinely thought
6 those experiences were real?

7 A. Yes.

8 Q. So he genuinely thought his mother was screaming and
9 being raped in the flat that he then broke into?

10 A. He was concerned about his mum, and when we asked him to
11 give us mum's number and he asked is his mum okay? So
12 yeah.

13 Q. And that's what caused him to break into the flat.

14 A. Yeah.

15 Q. Similarly, you've taken him to the entry where he
16 stated:

17 "... earlier in the evening his mother had texted
18 him and told him she wanted to visit him but he told her
19 not to travel."

20 A. That's right.

21 Q. Again, was it your impression that he was paranoid about
22 her safety if she travelled?

23 A. I'm not sure. Because obviously we were in the Covid as
24 well, but that could be a possibility as well, you know.

25 Q. Moving on to the second assessment, could you have up on

84

1 screen, please, a different document. It's NHFT0000004,
 2 and page 7 of that, please.
 3 Yes, so do you see your name here is at the top,
 4 Dr Malik?
 5 **A.** That's right.
 6 **Q.** And could you go over the page, please, to the next
 7 page. There's a note here dated 25 May. Is that your
 8 note?
 9 **A.** That's mine.
 10 **Q.** Towards the bottom of the page, you say this:
 11 "He has been arrested on two occasions in the last
 12 36hrs ... acting in response to hallucinatory
 13 experiences. He believes he could hear his mum
 14 screaming, in pain and in danger ..." et cetera.
 15 Was it your understanding that his hallucinatory
 16 experiences on the second occasion, so the second
 17 break-in, were similar to the first, so he could hear
 18 his mum screaming and so on?
 19 **A.** That's right.
 20 **Q.** Again, that's what led him to break into the flat.
 21 **A.** He was acting in response to his psychotic beliefs.
 22 **Q.** Finally, you've mentioned earlier that there were some
 23 signs or symptoms of paranoia, and it may be obvious,
 24 but I'd like to explain why.
 25 So firstly you mention that he was distracted and

85

1 patient, the person, under the Act. So we need to make
 2 a decision whether this person needs to be admitted or
 3 needs to be treated in the community. So that's the
 4 decision we as a team need to -- under the Act, needs to
 5 determine.
 6 Once we have decided that, normally we go back to
 7 the custody of sergeant, and will let them know, we
 8 might say that we have detained this person, we've done
 9 a medical recommendation, or, from our point of view,
 10 we've done the assessment and this person we're going to
 11 ask the Crisis Team to home treating. So we'll let them
 12 know the outcome, and they normally do a record on their
 13 system.
 14 **Q.** So I understand you let them know the outcome, but I was
 15 just probing whether it might be useful, whether before,
 16 during, or potentially just before the determination of
 17 the assessment, to have a more detailed discussion from
 18 the officer or officers who might be able to give you
 19 more detail of the precipitating event?
 20 **A.** So normally what happens is that we go and do the
 21 introduction at the beginning, and the officer on the
 22 desk normally -- it is normally very busy when you go to
 23 Bridewell, they might be booking somebody in, and they
 24 might be, you know, releasing somebody and you're
 25 waiting there in the corner, you know, for a while. But

87

1 there were long pauses. Now, are those signs of
 2 psychosis?
 3 **A.** When people are hearing voices, so they would be
 4 distracted, you know. So that's quite obvious. So
 5 these are the observations we see quite common in people
 6 when they're psychotic, yeah.
 7 **Q.** Similarly, you noted he was guarded and suspicious. Is
 8 that a sign of psychosis because it indicates paranoia,
 9 or --
 10 **A.** That's right.
 11 **MR STRAW:** Okay. All right. Thank you very much.
 12 **THE CHAIR:** Thank you. Yes, Mr Beggs.
 13 **Questioned by MR BEGGS**
 14 **MR BEGGS:** Just one matter, Dr Malik, for me, acting for
 15 Nottinghamshire Police. Could you be shown paragraph 74
 16 of your statement which is WITN0355001, page 18. If you
 17 look at 74, you say -- this is in the context of the
 18 first assessment, but it could apply equally to the
 19 second -- you say:
 20 "Following the assessment, a discussion is usually
 21 held with all practitioners involved, including the AMHP
 22 and the Crisis Team, before a final decision is made."
 23 Just pausing there, what about a discussion with the
 24 relevant police officer or officers?
 25 **A.** I think once -- obviously we are there to assess the

86

1 you normally -- we don't proceed before asking those
 2 informations, you know. So we enquired them, and in
 3 this case, I think after the assessment, Ben -- I think
 4 Ben has documented in the AMHP report that we went back
 5 to the custody officer in charge and we wanted to know
 6 more about the incident and we did ask and we were told
 7 that there was no one else involved in the incident.
 8 **Q.** Can I suggest that the benefits of speaking to the
 9 police at any stage during the assessment process will
 10 be a two-way process. In other words, they can tell you
 11 more detail, that's obvious, isn't it?
 12 **A.** Yeah.
 13 **Q.** But also, you might be able to convey to the officers
 14 some professional advice about the person you're
 15 assessing; is that fair?
 16 **A.** That's fair.
 17 **Q.** If they trouble to write that down on their records,
 18 they then have some useful psychiatric input for
 19 potentially future events; do you see that?
 20 **A.** Yeah, yeah.
 21 **MR BEGGS:** Thank you very much.
 22 **THE CHAIR:** Yes, Mr Beer.
 23 **Questioned by MR BEER**
 24 **MR BEER:** Just four topics, if I may. You were asked some
 25 questions by Ms Langdale about the information obtained

88

1 from VC's mother in the course of the first Mental
 2 Health Act assessment.
 3 A. That's right.
 4 Q. Can we see NOCC0000044, page 1. This is the first page
 5 of the AMHP report completed by Benjamin Williams in
 6 relation to the first contact --
 7 A. That's right.
 8 Q. -- that I think you as a team had with VC. Okay?
 9 A. That's right.
 10 Q. If we can go forwards to page 3, please. Can you see at
 11 the bottom it says:
 12 "[Telephone call] ... to Celeste [Calocane] ..."
 13 Yes?
 14 A. Yeah.
 15 Q. I don't think this record tells us who made the call to
 16 Mrs Calocane, correct?
 17 A. That's correct.
 18 Q. What would be the usual practice? Would it be the
 19 on-call doctor, the first Section 12? Would it be the
 20 second Section 12 doctor? Would it be the AMHP, or
 21 would it be anyone that happened to be attending from
 22 the Crisis Team?
 23 A. The normal practice is that AMHPs tend to call the
 24 family or carers prior to assessment, and they will try
 25 to collect the information. That's normally AMHP who

89

1 bottom. Thank you very much. We can see about halfway
 2 down there "History from Mother", colon. We can see
 3 that Dr Gandhi's note is set out in a sort of structured
 4 way.
 5 A. Yeah.
 6 Q. He's dealt with the mental state examination and he's
 7 now dealing with history from mother, and you can see
 8 what's recorded there. And again, that doesn't help us
 9 tell who spoke to Mrs Calocane, correct?
 10 A. No. I think it would have been, because I think we
 11 might have been able to -- when we started, we didn't
 12 have mother's number on the system because it's not
 13 known to us. He was in the custody, and after seeing
 14 him, we might have gone to the Custody Officer to get
 15 the phone number and then, you know, this call was made,
 16 you know. I don't know. It's maybe when we -- Ben or
 17 Dr Gandhi might be able to, you know, further elaborate,
 18 but it's not very clear, you know.
 19 Q. Let's not speculate from that. The record doesn't say
 20 who made the call.
 21 A. No, it doesn't say, no.
 22 Q. Okay.
 23 A. It doesn't say.
 24 Q. But, again, it doesn't record any of the things
 25 suggested to you today that Mrs Calocane is said to have

91

1 does that. And if -- depending on where the assessment
 2 is, if a family member is -- if we're seeing somebody at
 3 home then not all of us three will be there, yeah? But
 4 it's very rare for the second on-call to ring, so
 5 I don't think it's me; it's either Ben or Dr Gandhi. So
 6 it's them that would be able to answer that question.
 7 Q. I don't suppose on this occasion you can now recall who
 8 made the call?
 9 A. No, I don't know.
 10 Q. But you say the practice, it tends to be the AMHP
 11 that --
 12 A. Yeah.
 13 Q. -- that collects the information?
 14 A. Yeah.
 15 Q. In any event, is what is set out there by the AMHP, the
 16 extent of information passed to you, and upon which you
 17 and your colleagues were working to as the information
 18 provided by Mrs Calocane?
 19 A. Yeah.
 20 Q. It is. Okay. It's not recorded there that she was
 21 five hours away and wished for him to be detained until
 22 she got to Nottingham, correct?
 23 A. Yeah, it's not recorded, no.
 24 Q. Can we look, please, at NHFT0000168. Page 2, please.
 25 And the bottom half of the page, the second box from the

90

1 said, correct?
 2 A. I wasn't of, no.
 3 Q. You, in relation to this first contact with VC on
 4 24 May, you've told us that you have no notes of your
 5 own --
 6 A. Yeah.
 7 Q. -- and you're reliant on those made by the primary
 8 Section 12 doctor --
 9 A. That's right.
 10 Q. -- and by the AMHP? And I think you said that's usual
 11 practice.
 12 A. That's right.
 13 Q. By that, did you mean that's your own usual practice, or
 14 is generalised usual practice?
 15 A. So it's my experience of working in Nottingham within
 16 the neighbouring trusts and speaking to friends and
 17 colleagues in some other parts of the country. So
 18 that's my understanding.
 19 Q. So working practice within Nottingham Trust, to your
 20 knowledge, and --
 21 A. (unclear) Trust --
 22 Q. And in other Trusts as well.
 23 A. -- (overspeaking) -- I had worked with before, yeah.
 24 Q. We know that in fact you did make some notes -- you'd
 25 just been shown them -- in relation to the second

92

1 contact.

2 A. So that's the medical recommendation.

3 Q. Yes, on the form A4, the pink form.

4 A. Yeah.

5 Q. I'm not going to bring it up to show you. Is that

6 because you were recommending admission under Section 2?

7 A. So as the second doctor, we -- if the decision is to

8 detain somebody, then we'll do other individual medical

9 recommendation or a joint medical recommendation. So

10 it's yeah -- so on this, because it was a CT patient and

11 they want individual recommendations, so that's what

12 both of us did.

13 Q. But there is no obligation to fill out an equivalent

14 form when there is no recommendation to detain?

15 A. Sorry, can you just repeat that again.

16 Q. Yes, that's a convoluted question. You don't have to

17 fill out a form to say "I'm not recommending detention."

18 A. No. It's only when you detain somebody that you need to

19 fill in the form.

20 Q. Okay. Second topic, please: the information you were

21 provided with by the police about VC's behaviour and

22 conduct in the first incident.

23 You said that you, that's all four of you,

24 approached the Custody Sergeant and get information from

25 them as a collective, yes?

93

1 information, they do provide, you know.

2 Q. If you were told that VC had kicked a door in, would you

3 then start cross-examining the Custody Sergeant to say:

4 "Have you got any photographs of the door, please, so

5 that I can see the extent to which the door had been

6 kicked in and whether the lock is still present or

7 absent"?

8 A. I think if we felt that the information is relevant and

9 important then we will ask for further information.

10 We'll explore that.

11 Q. Would you expect to have been told by the Custody

12 Sergeant if there had been a need to restrain the

13 suspect?

14 A. What do you mean by that?

15 Q. Yes, if you said you ask an open question, tell us about

16 the circumstances of what's happened, both --

17 A. It is important and relevant information, so we

18 should -- they should tell us.

19 Q. So you would expect that to be volunteered.

20 A. Yeah, yeah.

21 Q. Third topic, please. It was suggested that as group,

22 the four of you had not grappled with the risk factors

23 that VC presented on the first Mental Health Act

24 assessment.

25 Can we look, please, at NOCC0000044. We're back to

95

1 A. That's our normal practise we'll do, yeah.

2 Q. You don't remember, I think, on this occasion, but is

3 that the universal practice?

4 A. That's the universal practice in that police cell.

5 Q. And so is that you all get -- all three or four of

6 you -- the same information --

7 A. That's right.

8 Q. -- at the same time?

9 A. That's right.

10 Q. You're all working off of the same information that

11 Nottingham Police can give you.

12 A. That's right.

13 Q. And help me, if you can: do you, as group, or one of

14 you, ask an open question about the circumstances of the

15 alleged criminality? Tell us what happened?

16 A. Yeah, we start with open question and then we'll go

17 into, you know, we obviously we want to know if somebody

18 has been aggressive or violent, so how they have been,

19 you know, and is it safe for us to, you know, and where

20 is it safe to see them? So -- and we sometimes might

21 ask "How has he been? Has he been eating and drinking?

22 How is he behaving?" That sort of thing, you know.

23 Q. And do you expect the police to be open and --

24 A. They are normally share with us, so they are helpful.

25 I'm not going to say that they are -- when we ask for

94

1 Mr Williams's AMHP report. This is page 1. Can we look

2 at page 4, please, and the bottom half of the page,

3 please. We looked at this briefly earlier. Under the

4 pre-printed part of the form:

5 "Reason for the above decision, incorporating

6 current risk assessment, including whether risk to self

7 or others and what type of risk."

8 This is to include, it said:

9 "... consideration of alternatives to admission,

10 whether or not the patient is admitted ..."

11 Although this is Mr Williams's document, should it

12 represent the collective view of the three of you, the

13 AMHP and the two section 12 doctors?

14 A. I don't think so.

15 Q. So this is the AMHP's view rather than the --

16 A. That's AMHP's view, yeah.

17 Q. Do you nonetheless have a discussion as to the risk

18 assessment that this form asks the AMHP to complete? Do

19 the three of you talk about the risk?

20 A. Normally, as part of the assessment, we talk about the

21 risks, and if I'm saying that somebody is high risk,

22 there's no way I'm going to send somebody home. So we

23 would discuss the presentation and the risk, and then

24 the doctor goes and he does his entry, and AMHP does in

25 his own time, you know, and ...

96

1 Q. Can we look, please, at NHFT0000168, page 3, please.
 2 Halfway down the page with the heading "Crisis Team".
 3 Thank you. If we just scroll up a little bit, please,
 4 and just get the date and time. Thank you. We can see
 5 this is Annette Palmer's entry at 9.50 pm. So she was
 6 the member of the Crisis Team.
 7 A. That's right, yeah.
 8 Q. You remember it was part of the plan that the Crisis
 9 Team was to follow up?
 10 A. That's right.
 11 Q. You'll see that she has recorded:
 12 "I went to [VC's] address to deliver medication and
 13 observe him taking it."
 14 Was that part of the plan?
 15 A. That was part of the plan for the team to visit in the
 16 evening and observe him taking medication, and then
 17 (*unclear*) same day.
 18 Q. We can see, given the timing, that when she goes round
 19 to deliver his medication and observe him taking it, she
 20 couldn't make contact. We now know he had been arrested
 21 in relation to the second incident and therefore wasn't
 22 present.
 23 But that was part of the plan, as you understood it:
 24 (a) that the Crisis Team would visit; and (b) they would
 25 observe VC taking his medication?

97

1 Q. Can you tell us firstly, please, about your background,
 2 your training, your qualifications and your experience?
 3 A. So I completed my undergraduate medical degree from
 4 India, and I worked in A&E in India in Bangalore and
 5 then moved to the UK, and then I accompanied -- then
 6 I became a member of the Royal College and I also done
 7 Diploma in Psychiatric from Nottingham University.
 8 Whilst training from 2026 to 2011, I've worked in
 9 various different specialties, within the psychiatry.
 10 Q. You became approved under Section 12(2) of the Mental
 11 Health Act as having specialist experience in diagnosis
 12 and treatment of mental disorders, and you have full
 13 registration with the GMC and are licensed to practice
 14 with the GMC, and since 2016, in addition to your
 15 consultant post, you've worked as a locum hire
 16 specialist trainee in Nottingham; is that right?
 17 A. That's correct.
 18 Q. You have undertaken numerous Mental Health Act
 19 assessments in various settings such as police stations,
 20 136 suites, places of safety, et cetera, and by the time
 21 that you conducted the assessment in respect of VC that
 22 we're going to ask you about you estimate you'd have
 23 undertaken over 2,400 assessments; is that right?
 24 A. That's correct.
 25 Q. You -- did you hear the evidence of your colleague

99

1 A. That's right.
 2 Q. Lastly, the fourth topic, the RCP survey on the effect
 3 of bed capacity on admission decisions. Was your
 4 admission decision and that of your colleagues, on the
 5 first occasion you came into contact with VC, affected
 6 in any way by bed capacity, or was it made on the basis
 7 of VC's clinical presentation?
 8 A. The decision was based on the clinical presentation and
 9 available information at the time.
 10 Q. But you never got to the stage of enquiring about bed
 11 capacity; is that right?
 12 A. That's right.
 13 MR BEER: Thank you very much.
 14 THE CHAIR: Thank you.
 15 Yes, thank you. I've got no further questions.
 16 Thank you.
 17 MS LANGDALE: May I call the next witness, please,
 18 Dr Gandhi. May Dr Gandhi be sworn?
 19 DR RAHUL SUSHIL GANDHI (*affirmed*)
 20 Questioned by MS LANGDALE
 21 MS LANGDALE: Dr Gandhi, you have provided a witness
 22 statement dated 1 December 2025 to the Inquiry. Can you
 23 confirm the contents are true and accurate as far as
 24 you're concerned?
 25 A. Yes, please.

98

1 beforehand?
 2 A. No, I haven't heard.
 3 Q. Okay. But as with him, you tell us you're largely
 4 relying on notes in respect of this assessment --
 5 A. Yeah.
 6 Q. -- because you don't have an independent recollection --
 7 A. No, that's true.
 8 Q. -- later on.
 9 Can we first, briefly then, have a look at the
 10 Mental Health Act Codes and some of the guiding
 11 principles and while that's being placed on the screen,
 12 please, DHSC0000007, page 23, do you look at the Codes
 13 in practice --
 14 A. Yeah.
 15 Q. Regularly?
 16 A. We do --
 17 Q. Regularly, occasionally?
 18 A. If there are conflicts or if we're not sure, this is the
 19 manual we go back to because it's the guiding principle
 20 and --
 21 Q. Do you find the language straightforward in terms of
 22 looking at this rather than looking at the Act, for
 23 example?
 24 A. -- (*overspeaking*) -- it as much as simple as possible,
 25 but obviously there is the AMHP, whose role is also to

100

1 kind of make sure that he is able to make us understand
2 if there is any concerns or we are not sure about that,
3 then we can go and talk to them, and do that, so -- but
4 yeah.

5 Q. Can we have a look then, please, with page 23 and 24 on
6 the screen, at the overarching principles referred to,
7 and the first is the "Least restrictive option and
8 maximising independence".

9 If we can have 24, please, next to it. Which states
10 at 1.2:

11 "Where it is possible to treat a patient safely and
12 lawfully without detaining them under the Act, the
13 patient should not be detained."

14 Can you tell us what your understanding is of "least
15 restrictive practice", and the significance of this?

16 A. I think my understanding of the least restrictive
17 practice is, is basically goes from, first of all,
18 knowing whether the person or the patient has a mental
19 disorder or impairment of mind, and also looking through
20 that, the risks, what is available at the time or what
21 we know, and what is the best option available in making
22 sure that we go by the guided principle, but also
23 whether it can be safely and lawfully done. And that is
24 the whole idea of least restrictive option when we look
25 at it.

101

1 to admit if the community treatment plan failed."

2 First of all, do you remember saying that?

3 A. I don't have the full memory of it, because it was last
4 year when the interview happened.

5 Q. But you don't dispute that you would have said that.

6 A. I don't dispute, but I would like to make kind of come
7 back to that, because if you look at the four kind of --
8 the five questions I was asked --

9 Q. Do you want -- shall we put this on the screen?

10 A. Yes, please, if you don't mind, because I want to
11 clarify because this document doesn't seem to reflect
12 what has happened on the day and --

13 Q. Okay let's have NHFT0004927, 27, page 2. If we go to
14 page 2, it's in the box, the penultimate box:

15 "RG states that the team of professionals ..."

16 Do you see that?

17 A. Yeah. What I was trying to get was to the context -- to
18 the question what was posed on that day, what the
19 interview was actually for. If you look at those
20 questions, if you want me, I can re-read through them,
21 if that's all right.

22 Q. The questions here?

23 A. Not here. So how did this document come to produce? If
24 that's what I'm trying to say. If I --

25 Q. Let's not worry too much about the document. You can go

103

1 Q. So it's a guiding principle, as you say --

2 A. Yeah.

3 Q. -- it's important to do what can safely and lawfully be
4 done.

5 A. *(The witness nodded)*.

6 Q. So you don't feel wedded to that option or that
7 principle without consideration of other factors; is
8 that right?

9 A. Yes, that's right.

10 Q. You were interviewed by the Deputy Medical Director at
11 the Trust on 13 June 2025, and I think you've told us
12 that you had notes in relation to the case only the day
13 before, didn't you?

14 A. Yeah.

15 Q. When interviewed, you were noted to have stated that in
16 the case of VC, in considering the admission, or no
17 admission, that we're going to be looking at shortly,
18 you stated that:

19 "... the team of professionals considered the
20 research evidence that shows over representation of
21 young black males in detention ..."

22 And you record that:

23 "[Annette] Palmer was able to persuade us that CRT
24 could provide a safe and reasonable alternative of
25 supervised medication and 2 visits/day. With the option

102

1 back to that if we need to, it's really that question:

2 do you remember being asked what was the rationale for
3 not detaining him? That's the question on the left.

4 A. Yeah.

5 Q. Was that a question that was put to you?

6 A. I don't think that was a question put to me. And that's
7 why I said I have the set of five questions which were
8 specifically asked.

9 So this was an interview. I was told that the Trust
10 response in terms of they have received complaint and
11 concerns, and they were trying to investigate the
12 concerns, and they had a set of five questions, and
13 I had to answer those questions.

14 Q. In the Teams meeting you answered that.

15 A. Yes, in the Teams meeting.

16 Q. So what was the question where you were asked that this
17 topic came up? Can you remember?

18 A. That's why I wanted to come -- to kind of come to there.

19 Q. Tell me the question, then.

20 A. So the first question was confirmation of the knowledge
21 that each medical practitioner had in relation to VC's
22 previous sectioning event. So the --

23 Q. Don't answer it again, but that was the question.

24 A. That was the question.

25 Q. And the second one?

104

1 A. The second one was a summary of the event that occurred
 2 during each sectioning event involving the treatment and
 3 medication provided to VC.
 4 Q. Understood.
 5 A. Confirmation of whether or not capacity assessment was
 6 carried out or considered to determine VC's capacity to
 7 consent.
 8 Q. Yes.
 9 A. Was consideration ever given to the potential of drug
 10 induced psychosis?
 11 Q. Yes.
 12 A. What were the Calocane family made aware of in relation
 13 to the diagnosis? So these were the questions which
 14 were posed to me.
 15 Q. Yes, and somewhere, answering one of those, did you say
 16 anything of this nature?
 17 A. So I might have said, this is not verbatim, this is
 18 not -- so she has compiled this document after the
 19 interview.
 20 Q. Yes, understood.
 21 A. Basically, during the interview, after answering those
 22 questions, I was sitting there and reflecting, as a good
 23 kind of medical practice, in terms of looking at what
 24 happened on that day. So I had my notes, which was
 25 a skeleton of what happened and what is documented, and

105

1 A. Yes, and that was five years after the incident.
 2 Q. So you have no distinct memory at all.
 3 A. No.
 4 Q. As a reflective practitioner, you were saying, "We do
 5 think about that kind of data"?
 6 A. Yeah.
 7 Q. What about -- has the -- the reference here to Anna
 8 Palmer able to persuade us that CRT could provide a safe
 9 and reasonable alternative --
 10 A. Yeah.
 11 Q. -- home crisis visits?
 12 A. Yeah. So this is again going from my experience in the
 13 past when working with Crisis Team, sometimes they're
 14 able to kind of say, "We can provide you a safe
 15 treatment plan". Because sometimes I might not agree
 16 with them, and again, this is again coming from the
 17 context of my experiences of working with the Crisis
 18 Team or kind of having situations where Crisis Team have
 19 said, "You know what, we can provide you this, why don't
 20 you give a try?"

21 Because what their job is trying to say, you know,
 22 why don't -- we are a team, as somebody who can offer an
 23 alternative to hospital, they are as good as a hospital
 24 sometimes because they're able to go down twice a day
 25 and do the treatment and provide the adherence, look at

107

1 I was just hypothesising, was there any things we
 2 thought along these lines at that moment in time? So
 3 that was I was trying to convey the message. But the
 4 document doesn't come across in that manner.

5 Clearly, from -- I should hold hand up and say
 6 I should have looked at it properly before I signed off,
 7 to say in terms of this reflects what happened on that
 8 day.

9 So what I was trying to do was reflect on what was
 10 the thinking at that time. So as a doctor, you know, or
 11 as a patient when we interact, there are cognitive
 12 biases and sometimes some biases come in the way because
 13 we are aware of research evidence, we are aware of a lot
 14 of things. I work within perinatal services, so I'm
 15 very much up to date with MBRRACE report where they talk
 16 about health inequalities. So those things are in the
 17 background of my head, whether I like it or not like it.

18 And I was just trying to, that day, I was trying to
 19 reflect and kind of come to kind of build up the day
 20 which I have no memory about, and I made it quite clear,
 21 but this has not been reflected in the notes, as well,
 22 that whatever I'm talking here, it's from my notes
 23 rather than from my memory of that day, that event, and
 24 that's --

25 Q. So you were interviewed in 2025 about this.

106

1 the engagement, risk assess. So they keep doing.

2 So this is again from my past experience of whether
 3 the Crisis Team could have done that and that is where
 4 I'm kind of -- this is what I'm saying, these are all
 5 hypotheses, there's nothing to reflect in my notes, my
 6 clinical notes, which are from 2020, to say these things
 7 have happened.

8 Q. Understood, and you're not, however, this note has
 9 recorded, criticising anyone from persuading you about
 10 it. You say --

11 A. Not at all. I think that's perhaps a wrong word or
 12 strong word to use, "persuade", because she can't
 13 persuade me because I'm --

14 Q. You're the doctor, you're deciding about the detention,
 15 aren't you? -- (*overspeaking*) --

16 A. -- and the Act tells me is I need to make my independent
 17 decision. So how many of people there are, we all have
 18 to come to an independent decision. Nobody is forcing
 19 you to make any decision. You have to come to the
 20 decision based on what you have seen, what you've kind
 21 of recorded, and then agree with the whole -- the
 22 professionals sitting there.

23 It's a multidisciplinary working, and you might have
 24 disagreement, but obviously you need to come to a kind
 25 of conclusion of what is the best for the patient,

108

1 because the patient is the heart of this thing, and we
 2 need to kind of decide that and that's where the thing
 3 is.
 4 So she's a Band 7 nurse, she's got expertise working
 5 with the Crisis Team, but she can't tell me what I can
 6 do and can't do. I have to make my independent
 7 decision. So that's what I'm trying to say is, is it
 8 doesn't correlate with me, so sorry for repeating
 9 myself.
 10 Q. You haven't repeated yourself. That can go down, thank
 11 you.
 12 Can we have, please, back on the screen DHSC0000007,
 13 page 23. We were just looking at the least restrictive
 14 option and maximising independence, and you've explained
 15 the relevance of that to your practice. And your
 16 evidence is that in the end it's the clinical analysis
 17 of each patient that informs your decision, or makes
 18 your decision.
 19 A. Yes, right.
 20 Q. Can we have page 23, please, "Efficiency and equity".
 21 Reference here in the Code to guiding principles that:
 22 "... mental health services are of high quality and
 23 are given equal priority to physical health and social
 24 care services."
 25 In your view, does that happen?

109

1 practice, or my understanding, in my day-to-day
 2 practice, every day I assess capacity, because I work
 3 with a group of people who are vulnerable and sometimes
 4 we have to kind of make decisions in their best
 5 interests and involve the family.
 6 So I do outpatient clinics, I do ward rounds, and
 7 whenever I do Mental Health Act assessment, that kind of
 8 forms a part of my day-to-day practice. That's what
 9 I tend to do.
 10 Because it's very important. Sometimes it guides
 11 the process, sometimes, you know, it helps me understand
 12 what the patients are able to understand and what can
 13 I kind of, you know, talk or how difficult conversations
 14 we can have. So ...
 15 Q. Do you think detaining someone to prevent them
 16 committing aggressive or violent acts against others can
 17 be ever in their best interests or not? Where you're
 18 concerned someone is going to commit criminal offences.
 19 A. I'm sorry, I didn't get --
 20 Q. Best interests. You referred to best interests. Would
 21 the best interests of the patient not to commit criminal
 22 offences be a factor for you or not, a relevant factor?
 23 A. Is there a mental disorder there?
 24 Q. Yeah, a mental disorder.
 25 A. Okay. So if there is a mental disorder, I would rely on

111

1 A. It does.
 2 Q. Why do you -- (*overspeaking*) --
 3 A. As far as I'm aware, sorry.
 4 Q. As far as you're aware?
 5 A. Yeah.
 6 Q. Do you struggle with resources or have lack of resources
 7 in your work, or experience?
 8 A. So I'm a bit away from general psychiatrist. I do work
 9 my on-call rota but I work within perinatal services and
 10 I am one of the clinical leads within the East Midlands,
 11 and I've never had issues with getting beds or resources
 12 to kind of get the help and support for what the patient
 13 need. That's my understanding -- (*overspeaking*) --
 14 Q. In perinatal services?
 15 A. Yeah, that's my understanding.
 16 Q. Can we go to page 99, please, and the Mental Capacity
 17 Act definition of "lack of capacity".
 18 A. Yeah.
 19 Q. We see, if we can have page 99 and 100 on the screen,
 20 13.20, 13.21 sets out when a person is unable to make
 21 a decision for themselves.
 22 How routinely in Mental Health Act assessments did
 23 you make assessments of capacity, or do you make
 24 assessments of capacity?
 25 A. Okay. So I just want to correct you there. From my

110

1 the Mental Health Act to give me that power, because
 2 that will give a safeguard to the patient and the staff.
 3 If he has got a mental disorder and if there is a risk
 4 to other people, then obviously there is the criteria
 5 for an assessment met. And I would give that safeguard,
 6 because the patient has a safeguard who can appeal
 7 against that Section. The staff on the ward, I'm not
 8 putting them at risk, because there isn't any safeguard
 9 to keep him informal, and if the need to use utilise, if
 10 that person if you're saying is dangerous and becomes
 11 risk to the staff on the ward, they need a safeguard to
 12 make sure that, you know, they're able to utilise
 13 de-escalation techniques, either verbal or chemical
 14 de-escalation. So that's my understanding.
 15 Q. And if we go, please, to page 115 and 116, within the
 16 Code there's guidance in respect of "Factors to
 17 consider -- protection of others".
 18 We see at page 115 at 14.10. We can have 116 next
 19 to it. We see at 14.10, Dr Gandhi:
 20 "In considering whether detention is necessary for
 21 the protection of other people, the factors to consider
 22 are the nature of the risk to other people arising from
 23 the patient's mental disorder, the likelihood that harm
 24 will result and the severity of any potential harm,
 25 taking into account:

112

1 "... it is not always possible to differentiate risk
2 of harm to the patient from the risk of harm to others".
3 And, two bullet points down:
4 "the willingness and ability of those who live with
5 the patient and those who provide care and support to
6 the patient to cope with and manage the risk".

7 When considering protection of others, and whether
8 to detain or not detain under the Mental Health Act, how
9 important is it to look at the available support within
10 the community setting for a patient?

11 A. I think it's very important part of the Mental Health
12 Act process because what you're trying to do is work
13 with your patients, and their carers or family, to look
14 at what is -- what is the problem at the moment? What
15 are the risks? And how do we solve those issues, in
16 terms of the diagnosis, if they're suffering from
17 a relapse or if they're having any difficulty with their
18 mental health, what treatment is needed? What can I put
19 in place? And is that safe? And if the carers are on
20 board do they know kind of how they've coped with it
21 before?

22 So yes, to coin in short (*sic*) I would kind of
23 consider what available option there in the community,
24 and look at what is mitigating those risks and, if they
25 can't, then is the hospital an only option at this

113

1 he can respond to emergencies or advise and kind of go
2 to Mental Health Act assessment.

3 So there is an on-call AMHP or the Approved Mental
4 Health Professional on duty every day, 24 hours a day.
5 So if somebody requests a Mental Health Act assessment,
6 it could be from community, police station, inpatient,
7 medical wards, surgical wards, or 136 suites which are
8 place of safety. So they would contact the AMHP, the
9 Approved Mental Health Professional, to say, "We are
10 requesting for a Mental Health Act". So that is the
11 point where the AMHP will take all the information.

12 Once the AMHP has got all the information, he will
13 contact the person whoever is on call to say, "I have
14 this situation, I would like you to attend". Agree on
15 a time and a date to kind of -- time to agree to come
16 and do the statement.

17 It's his job, then, to find another doctor who could
18 be his -- the patient's own GP, or could be a Section 12
19 approved doctor, or who's got previous acquaintance with
20 the patient, and he'll try to get the doctor to come for
21 the assessment. And obviously, the Crisis Team are
22 there to offer any kind of -- offer to say whether they
23 would be able to support in any shape or form in the
24 community, whether if plans are made for a thing.

25 Because if -- I'm just going back, because if we

115

1 moment in time? Even if it's a hospital, whether
2 informal, could be looked into rather than --

3 Q. So it's important to gather information --

4 A. Yes.

5 Q. -- that's reasonably necessary --

6 A. Yes.

7 Q. -- to inform protective factors --

8 A. (*The witness nodded*).

9 Q. -- safety plans, care plans, whatever you want to call
10 them, making it safe for the patient and the people
11 around them.

12 A. Yes.

13 Q. That can come down. Can we have your note, Dr Gandhi,
14 which is NHFT0000168, page 2. This is the assessment
15 the Inquiry has asked you to give evidence about. Can
16 you just tell us the role of the different practitioners
17 who were there: yourself, Dr Malik, the AMHP, and
18 Annette Palmer? We've touched on it before but just
19 tell us what everybody's role in the situation was?

20 A. Yes, so this is out of hours, looking at the date and
21 time. It's out of hours. So obviously for the Trust,
22 they have to provide a Section 12 doctor, normally there
23 are three tiers of people. So the resident doctor who
24 is at the hospital and the local SPR, or called
25 specialist registrar, who is based in the community so

114

1 decided at the assessment that Crisis Team can do the
2 job, we have to call them and do a referral and
3 everything to stop that process kind of becoming
4 cumbersome process. So they normally sit in the
5 assessment so that they can --

6 Q. Facilitate that?

7 A. Facilitate that, yeah.

8 So the role of the on-call doctor is, again, as
9 a Section 12 mental Code of Practice is to be
10 independent assessor and provide that independent
11 assessment, and tell the -- under the Section 12, they
12 have got the experience and expertise to diagnosis
13 mental illness and the treatment of mental illness, and
14 Section 12 doctor who comes as a second doctor, again,
15 he's independent and again, under the Code of Practice
16 is able to make the decision differently and he has got
17 specialist knowledge and experience to diagnose and
18 treat the mental illness.

19 Obviously, the AMHP is the one from the Act point of
20 view. He's the one who pollinates the whole process,
21 coordinates to make sure he's got all the information,
22 from the referral, from other sources, and making sure
23 that, you know, he's got anything on the social care
24 records, all the information from the police, or whoever
25 has referred him.

116

1 Q. So they gather the information --
 2 A. They gather all the information.
 3 Q. -- that underpins it?
 4 A. Yeah.
 5 Q. You mentioned the police. In this assessment, did you
 6 speak to the police directly yourself, either the
 7 Custody Sergeant or anyone else from the police?
 8 A. So in my normal practice, because -- again, I'm going to
 9 be reflecting a lot to my normal practice, because I've
 10 been in the police station many a time, so I know
 11 exactly -- the normal practice is to talk to the
 12 sergeant on duty or on the desk to kind of find out why
 13 this person has been brought in.
 14 Q. Would you all do that together or --
 15 A. Yeah.
 16 Q. -- all four of you together?
 17 A. Yeah, because I'll give you a bit more complex thing
 18 because in the Bridewell, to get into the sergeant's
 19 desk, it might take from ten minutes to half an hour
 20 because we don't have ID cards to get in. We have to
 21 wait outside, ring the bell, we are let in. Normally
 22 what we do or my usual practice is wait in the car park
 23 for everybody to arrive, because once you go in, there's
 24 no place for you to sit or stand. So we normally wait,
 25 and then go in, go straight to the sergeant and

117

1 Q. Did you make one of those or was it the AMHPs that made
 2 those?
 3 A. I can't remember if it was me or the AMHP, generally it
 4 would be in the same room so I don't want to claim
 5 I made it. So it either could have been AMHP or myself,
 6 and we normally put the family on the speakerphone so --
 7 Q. Everyone can hear.
 8 A. -- everybody in the room can hear at the same time
 9 rather than the AMHP telling us what exactly heard or
 10 whether, you know, he's interpreted whatever they have
 11 said. So we normally tend to put on speaker and ask
 12 questions, whatever questions we need to hear the
 13 conversation.
 14 Q. We see, if we look at this note, the "History from
 15 Mother", you see three-quarters of the way down.
 16 A. Yeah.
 17 Q. "She denied any family history of mental illness ...
 18 denied [VC] having any mental health issues in the past
 19 ... denied any history of risk to self or others. She
 20 has noticed for a week [VC's] behaviour has changed and
 21 [that] she has been concerned."

22 There's no reference in your summary to the fact
 23 that she had indicated that she could be in Nottingham
 24 within five hours, and wanted to be so, and that she had
 25 asked whether VC could remain in custody until she got

119

1 basically get all the information. So that's my usual
 2 practice, and, hopefully that will have happened because
 3 the Covid time, again, you would have all been waiting
 4 outside and going in.
 5 Q. So you'd all get some information about the events that
 6 had just happened --
 7 A. *(The witness nodded)*.
 8 Q. -- which were described as criminal damage.
 9 A. Yeah.
 10 Q. Did you get a description or a view of a photo of
 11 anything to see --
 12 A. No, we never --
 13 Q. -- what the extent of that was, how much force may or
 14 may not have been required?
 15 A. No. As far as my notes looks like, there isn't any
 16 mention of photo, there's no mention of any logs or
 17 anything. What we got clearly appears like, you know,
 18 that there was a criminal damage. That's what I can --
 19 I can look at my notes and tell you.
 20 Q. We're going to that in just a moment, but just in terms
 21 of gathering information, so the police information, all
 22 of you together, from the Custody Sergeant. What about
 23 VC's family? We know there's telephone calls to his
 24 mother.
 25 A. *(The witness nodded)*.

118

1 there. Were you aware of that, that she was coming to
 2 Nottingham?
 3 A. No, I was not aware of that.
 4 Q. What would be the relevance of knowing that she was
 5 coming to Nottingham for somebody who was in the mental
 6 health state that you assessed him to be in? Would it
 7 have been helpful to have her with him?
 8 A. Oh yeah, it would be helpful but you need to remember
 9 that it's a police station and families are not allowed
 10 there. So even if somebody wanted to attend, they
 11 couldn't have come in to the police station.
 12 As far as my knowledge and understanding goes, I've
 13 done many assessments in the police station, I've never
 14 been able to get any family in there or I've never seen
 15 any family. I don't think they're allowed in, to
 16 come in.
 17 Q. Have you ever had an informal admission for a short
 18 period of time, just to tide over until someone can go
 19 back to their home where there's a family member there?
 20 In other words, in this situation he was discharged
 21 home, wasn't he, where he didn't live with anyone, there
 22 was nobody there, no protective factor, that effectively
 23 in an informal admission or voluntary arrangement they
 24 can be somewhere else until it's safer to go home?
 25 A. If, trying to remember if I've ever done that, where

120

1 I've admitted somebody informally just because they
 2 haven't got anybody. I can't -- in my understanding
 3 I've never done that before.
 4 Q. Any problem with that, as far as you're concerned,
 5 resource-wise?
 6 A. I think the problem with that is you need to define
 7 of are you just taking somebody in the hospital because
 8 they haven't got anybody in the community?
 9 Q. You're managing the risk --
 10 A. Yeah.
 11 Q. -- the risk that they pose by themselves in the place
 12 where they've just caused harm?
 13 A. I'd never been -- I've never managed the risk in that
 14 form, where it's been straightforward. If you think
 15 somebody is at risk and somebody is there, then
 16 I wouldn't even send him home.
 17 Q. Let's look at the assessment, shall we, and see where
 18 you got to on that.
 19 A. Yeah.
 20 Q. So would you like to tell us, from where it begins,
 21 three paragraphs down:
 22 "[VC] was seen in the medical room."
 23 A. Yeah.
 24 Q. "... dressed casually ... had a face mask."
 25 Can you set out, using the note as an *aide-memoire*,

121

1 where I've felt -- I've talked to people through the
 2 hatch because we didn't feel that we were able to
 3 get in.
 4 Obviously, we called him in the medical room.
 5 I haven't put anything there to suggest that we were in
 6 any shape or form scared, worried for our own safety.
 7 And the whole idea was I started talking about, you
 8 know, what is he doing in the Nottingham -- because
 9 that's what he -- the background information I've
 10 written, is trying to get to understand how he has come
 11 to Nottingham, what he is doing, where did he live? And
 12 obviously talked about his background, who is in the
 13 family? You know, and then obviously we, once we kind
 14 of build that engagement to understand that person, then
 15 talk about, you know, their experiences or if there has
 16 been an incident then go straight to the incident,
 17 saying "Okay, we understand from the police that, you
 18 know, you've done this. What is your understanding of
 19 that?"
 20 Try and understand whether they are able to give us
 21 the clear account of that.
 22 Q. And we see that halfway down the page.
 23 A. Yeah.
 24 Q. You ask about the events and he, on questioning,
 25 revealed that he heard his mother screaming.

123

1 what you asked him and what your assessment was?
 2 A. So the importance of the medical room is: if I'm not
 3 feeling safe I wouldn't call anybody to the medical
 4 room. So my risk assessment has started from the moment
 5 the AMHP contacts me, because that gives me time to go
 6 through the notes on the system, collect all the
 7 available information, because the AMHP doesn't have
 8 access to the medical records. So that's my job, to
 9 make sure I look at the records. He might have previous
 10 AMHP reports, but given that this is his first
 11 presentation, he would not have any AMHP report there.
 12 So we would have start away -- straight away kind of
 13 looked at the notes, gathered all the information, and
 14 the moment we come in to the police station, then again
 15 what I'm trying to say the risk assessment starts from
 16 the word go; it's not just a separate entity on its own.
 17 We normally go to the sergeant, look at the video and
 18 the CCTV. That's my normal practice, again. We look at
 19 the CCTV, ask the sergeant how his behaviour has been,
 20 has there been any aggression? Verbal, physical? Are
 21 we safe to go and see him in the cell or are we -- can
 22 we take him to the medical room? Which is much nicer
 23 because you can sit down, have a good rapport, rather
 24 than seeing somebody in the cell or through a hatch,
 25 which I have done before in my previous assessments

122

1 A. Yeah.
 2 Q. People were screaming telling him that his mother was
 3 being raped and that she was in pain. That's what he
 4 told you.
 5 A. Yes, that's looks like --
 6 Q. What did you say, when he reported that to you?
 7 A. I can't remember the whole context, but what I was
 8 trying to do is understand his behaviour of what exactly
 9 he was trying to kick the door for, and obviously from
 10 the notes, it appears that, you know, he was hearing his
 11 mother's voice screaming.
 12 So what I was trying to do from -- that appears like
 13 I was trying to say, "Okay, you're hearing the voice, so
 14 how do you hear your mother's voice? So is it your
 15 mother whose voice you're hearing?" Then he's clarified
 16 that he's hearing two voices discussing that his mother
 17 is in that flat and somebody is harming her, and that's
 18 why, you know, he is --
 19 Q. So he hears two voices, not his mother's voice?
 20 A. Yeah.
 21 Q. But they're harming her.
 22 A. Yeah.
 23 Q. Yes, continue. Thanks.
 24 A. Then obviously, which quite clearly indicates it's
 25 abnormal experience, and it was kind of not a rational

124

1 thing that, you know, he's going and investigating, but
 2 he's investigating because what he's hearing in terms of
 3 the voice.
 4 Obviously then --
 5 Q. Why was he investigating? What was he going to do when
 6 he got in there; did you ask that?
 7 A. He was just trying to search for his mother. He denied
 8 having -- I've not put in the notes here anything, but
 9 what he was trying to investigate was whether his mother
 10 or not there. That's what he said. Because he was
 11 hearing the voice.
 12 Q. You asked about thought insertion broadcasting and
 13 withdrawal. So are you asking about any paranoia, were
 14 you?
 15 A. So what I'm applying to is a *passive (unclear)* phenomena
 16 we normally try to elicit in patients with psychosis,
 17 basically sometimes people think that their thoughts are
 18 put, inserted into their head, or their thoughts are
 19 withdrawn by some other force or some other agencies.
 20 And that's what I was trying to understand from him.
 21 But what I have written here, it looks like he didn't
 22 understand my style of questioning, most probably.
 23 Q. Why do you say that?
 24 A. I'm just trying to look at the sentence. Sorry.
 25 Q. Because he did start talking about being observed and

125

1 sleeping medication, the hypnotic zopiclone, and the
 2 second part, the core part, is the Crisis Team, the Home
 3 Treatment Team going and seeing him at home.
 4 So I'm deducting from my notes that he told me
 5 clearly, from the notes it appears, that there is
 6 something wrong with him, he wants help, and he is
 7 willing to accept the Crisis Team coming and seeing him.
 8 And I suspect the capacity to consent for olanzapine
 9 was clearly, I could not kind of -- and he could not
 10 understand that the -- why he wanted the olanzapine
 11 because he couldn't understand completely, you know,
 12 what was wrong with him.
 13 Q. You don't mention olanzapine --
 14 A. Yeah, that's why I'm deducting from that. I'm not
 15 clearly mentioned --
 16 Q. So wouldn't you have said if it was the treatment of
 17 olanzapine --
 18 A. I should have.
 19 Q. -- not consenting to medication? Do you think that was
 20 what you were referring to when you say "Lacked capacity
 21 to consent for treatment"?
 22 A. Yeah.
 23 Q. Who tried to obtain the drugs; you or Dr Malik?
 24 A. So Dr Malik -- so sometimes what happens in the Mental
 25 Health Act assessment in normal processes, we divide the

127

1 bugged, but then declined to discuss any further?
 2 A. Yeah, so when I'm talk about the withdrawal, he kept
 3 asking what I meant. That's what I'm trying to say.
 4 And then obviously I went to talk about any kind of
 5 paranoia he had and then obviously he talked about being
 6 bugged, and then he did not want to go into that
 7 discussion. So I couldn't persuade him to talk.
 8 Q. He "had limited insight", you say, "into his current
 9 presentation ... described his mood to be fine ..."
 10 Was his mood fine?
 11 A. That's what he -- objectively he's saying that he feels
 12 his mood is fine, but he appeared distracted, obviously
 13 he was ambivalent there --
 14 Q. You referred to tearful at another point as well, so he
 15 wasn't fine, was he --
 16 A. Yeah.
 17 Q. -- he was just saying that to you, and he stated he
 18 hadn't been eating well, hadn't been sleeping.
 19 You report in the next paragraph, or record:
 20 "... he lacked capacity to consent for treatment."
 21 A. (*The witness nodded*).
 22 Q. Can you explain that, please?
 23 A. Yes, I can. There are two parts to the treatment. If
 24 you look through my notes, one is about treatment with
 25 medication, that is antipsychotic olanzapine and the

126

1 work up, like contacting family or gaining information,
 2 so making sure we come -- because in the normal process
 3 or day-to-day practice, we normally meet first, share
 4 what we know from each other, kind of make sure that we
 5 know that. Then we go and kind of complete the
 6 assessment. Then come back and give our views of what
 7 we thought so far, in terms of the presentation, in
 8 terms of the risks, in terms of what would be the best
 9 way forward to manage what we have seen, and do that.
 10 So from the notes, it appears like I think I or
 11 Dr Malik would have contacted the junior doctor on the
 12 site, because we don't carry prescriptions, and we would
 13 normally ask our hospital pharmacy to dispense. So we
 14 have a community card, we can call the junior doctor on
 15 site and say, "Can you write this medication?" And
 16 authorise, put my name, or whoever is called, Dr Malik
 17 or myself, put our names on to make sure, you know, that
 18 they're doing it on behalf of us, and then the Crisis
 19 Team will send that to the pharmacy and they will
 20 dispense that medication to the Crisis Team, who can
 21 then basically go and dispense those medication.
 22 Q. We see, in the impression at the bottom, you say:
 23 "He was consenting to home treatment and
 24 prescription of Olanzapine ..."
 25 A. Yeah.

128

1 Q. So recording there to be consenting to it?
 2 A. That's what --
 3 Q. I'm just trying to unearth the contradiction with
 4 "lacked capacity" further up because on the one hand
 5 you're saying he lacked capacity and then here you're
 6 saying he was consenting to home treatment and the
 7 medication?
 8 A. Yeah.
 9 Q. There's a contradiction there, isn't there?
 10 A. It might look that way, but again what I'm just
 11 communicated there is the patient is consenting, which
 12 means that the four functional test in terms of
 13 understanding the way of communicating and in terms of
 14 retaining that information. What I've said is just he's
 15 communicated there. I've not fully done a formal
 16 capacity assessment and the functional test if you could
 17 apply and put down exactly the information in terms of
 18 what I've given, the way, part of it, the retaining part
 19 of it and communicating part of it.
 20 Q. In terms of risk factors, they're not listed there, but
 21 what would you list as the presence of risk factors at
 22 this point?
 23 A. I think I've quite, from my notes, it quite clearly
 24 appears that I've asked him about thoughts of hurting
 25 other people, and he has said no. Thoughts of hurting

129

1 and he was going straight back there without any
 2 medication when he was released?
 3 A. I think what was clear from my documentation and the
 4 notes, that there was an emerging psychotic illness.
 5 And obviously, the symptoms, in terms of what happened
 6 for him to go to the flat was because what was he
 7 experiencing. And the plan at that moment was to
 8 ameliorate those symptoms, so Crisis Team were going the
 9 same evening to take the medication, giving that
 10 medication to help with those symptoms, and that is
 11 where, in terms of we were thinking the Crisis Team
 12 would be able to see him, observe him, take that and
 13 that would help him with the sleep, that would help kind
 14 of reduce the psychotic symptoms, starting the treatment
 15 straight away.
 16 Q. Well, it wasn't straight away, was it, though, because
 17 he went home effectively by himself when he was
 18 transported there, without any treatment, with the same
 19 symptoms and, as you said, what he'd experienced earlier
 20 without medication and with those symptoms, took him
 21 into a neighbouring apartment.
 22 So was there a way, in considering the management of
 23 his risk, of making sure he wasn't on his own in that
 24 period at all until medication had been introduced and
 25 taken effect?

131

1 himself, he said no.
 2 We have also gained information from the police that
 3 was there any violence or was there any injury or
 4 anything, but they've only given us the criminal damage.
 5 We contacted the person who might know the best in
 6 terms of the person in question, and asked the person
 7 about any previous mental illnesses or any previous
 8 issues around risk to self or risk to others, and there
 9 was kind of matching in terms of her assessment and his
 10 assessment of saying he's not been sleeping for
 11 seven days, Mum reporting the similar picture of saying
 12 he's changed behaviour for a week, and we also kind of
 13 talked about not sleeping, and being stressed around
 14 exams, the course works, and wasn't eating very well.
 15 And so --
 16 Q. So they're the risk factors about him, aren't they?
 17 A. Yeah.
 18 Q. He's psychotic, he's got delusional beliefs, his mother
 19 is being harmed, sleep deprived, university.
 20 A. *(The witness nodded)*.
 21 Q. What about the scenario of violence, assessing that, or
 22 risk? In his own home, believing that's happening in
 23 neighbouring flats, was that a factor you took into
 24 account, a risk factor in the scenario of potential
 25 future violence that it had happened where he was living

130

1 A. I'm just --
 2 Q. You're in the police station. You've made the point
 3 that his mother can't be in the police station. What
 4 are the options where you consider the risk or risk to
 5 others is such that you need to mitigate it and that
 6 person shouldn't be on their own in the community? They
 7 don't live with someone, there's someone nearby, but
 8 they're not there yet. It can't be a totally unique
 9 situation this.
 10 A. The police won't keep him there because the PACE clock
 11 runs out, so they have their own system going on. We
 12 knew exactly where he's going to go, where he'll be, and
 13 the Crisis Team had quite clear plan because they liaise
 14 with the police officers, making sure that they're
 15 informed about when the patient has left so they can
 16 prepare and go and see the patient and give that
 17 medication.
 18 Q. They can't stay with him though, can they? They
 19 can't --
 20 A. Sorry?
 21 Q. -- be there for hours. They can't stay with him for
 22 hours. That's not the purpose of home crisis support,
 23 is it? They're not going to sit there with him for the
 24 next 24 hours when the medication may or may not take
 25 effect.

132

1 **A.** *(The witness nodded).*
2 **Q.** So how is that protective, the fact that they visit and
3 watch it being taken?
4 **A.** I think what we're trying to say here is if we had
5 thought that that was not a good plan, I wouldn't have
6 gone to that plan at all. From looking at my notes,
7 what was clear, that we considered all the options, and
8 we agreed on the decision that we'll send him home with
9 the medication, and the Crisis Team observing that,
10 taking him the medication, and they're going to visit
11 him twice daily to provide that support in his recovery,
12 and that was the plan at that time.
13 **MS LANGDALE:** Thank you. Those are my questions, Chair. We
14 might have time, if you'd mind a later lunch, for
15 questions now.
16 **THE CHAIR:** I think we've had quite a long morning, and I'm
17 sure that we do need a break at this stage, so we're
18 going to ask you to come back after lunch.
19 If we come back at 2.00, thank you.

20 **(1.07 pm)**

21 **(The short adjournment)**
22
23
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25

133

1 INDEX		2
		Page
3	DR KHURAM FRAZ MALIK (sworn)	1
4	Questioned by MS LANGDALE	1
5	Questioned by MR MOLONEY	61
6	Questioned by MS BENYOUNES	71
7	Questioned by MR STRAW	81
8	Questioned by MR BEGGS	86
9	Questioned by MR BEER	88
10		
11	DR RAHUL SUSHIL GANDHI (affirmed)	98
12	Questioned by MS LANGDALE	98
13		
14		
15		
16		
17		
18		
19		
20		
21		
22		
23		
24		
25		

134

MR BEER: [2] 88/24 98/13	16 [1] 35/13 18 [3] 3/9 60/3 86/16 19:18 hours [1] 53/14	65 [1] 3/9	71/22 74/4 74/17 87/1 87/4 89/2 95/23 99/11 99/18 100/10 100/22 101/12 108/16 110/17 110/22 111/7 112/1 113/8 113/12 115/2 115/5 115/10 116/19 127/25	107/1 133/18 afternoon [1] 55/25 afterwards [3] 35/19 73/24 81/3 again [32] 7/18 24/6 35/23 38/6 40/15 45/8 47/18 50/8 53/19 54/2 62/10 70/16 72/22 82/21 84/21 85/20 91/8 91/24 93/15 104/23 107/12 107/16 107/16 108/2 116/8 116/14 116/15 117/8 118/3 122/14 122/18 129/10
MR BEGGs: [2] 86/14 88/21	2	7	74 [2] 86/15 86/17	73/24 81/3
MR MOLONEY: [2] 61/21 71/15	2 visits/day [1] 102/25	9	9.50 [1] 97/5 9.54 [1] 82/22 9.59 [1] 1/2	again [32] 7/18 24/6 35/23 38/6 40/15 45/8 47/18 50/8 53/19 54/2 62/10 70/16 72/22 82/21 84/21 85/20 91/8 91/24 93/15 104/23 107/12 107/16 107/16 108/2 116/8 116/14 116/15 117/8 118/3 122/14 122/18 129/10
MR STRAW: [2] 81/21 86/11	2,400 [1] 99/23	94 [1] 15/25	95 [1] 15/25	acting [6] 27/25 47/21 51/7 85/12 85/21 86/14
MS BENYOUNES: [5] 71/18 80/1 80/5 80/8 81/12	2.00 [1] 133/19	98 [4] 15/5 15/7 15/8 15/9	99 [5] 15/9 16/3 16/6 110/16 110/19	action [1] 25/3 actions [2] 70/4 74/13
MS LANGDALE: [6] 1/4 1/7 61/18 98/17 98/21 133/13	2.5 milligrams [1] 66/17	999 [1] 53/14	A	actively [1] 73/14 acts [2] 21/12 111/16 actually [2] 66/1 103/19
THE CHAIR: [12] 1/3 61/19 71/16 79/24 80/3 80/7 81/13 81/19 86/12 88/22 98/14 133/16	20 [1] 60/3 20 hours [3] 55/14 81/2 81/11 20 years [1] 66/9 2001 [1] 1/23 2008 [1] 2/3 2011 [2] 1/25 99/8 2012 [3] 2/3 2/5 12/1 2013 [3] 2/5 12/2 62/4	A4 [1] 93/3 ability [1] 113/4 able [29] 4/14 4/17 5/20 13/19 16/12 16/13 16/14 16/16 44/4 60/21 80/12 87/18 88/13 90/6 91/11 91/17 101/1 102/23 107/8 107/14 107/24 111/12 112/12 115/23 116/16 120/14 123/2 123/20 131/12	acute [4] 22/1 60/15 63/14 66/18 acutely [2] 17/1 30/17 addition [3] 9/16 20/14 99/14 address [3] 68/9 75/16 97/12 adherence [1] 107/25 adjacent [2] 39/3 48/1 adjournment [1] 133/21 admission [23] 9/23 10/18 13/12 20/6 20/7 20/9 21/22 21/25 22/2 44/20 45/23 59/3 63/6 64/18 70/20 93/6 96/9 98/3 98/4 102/16 102/17 120/17 120/23 admissions [1] 20/5 admit [4] 58/9 59/21 60/21 103/1 admits [1] 63/18 admitted [5] 11/9 64/15 87/2 96/10 121/1 admitting [1] 60/22 Adult [3] 2/5 2/10 2/16 advanced [1] 7/1 advice [5] 3/24 4/6 4/13 5/16 88/14 advise [3] 4/1 4/24 115/1 affect [1] 68/6 affected [2] 59/2 98/5 affirmed [2] 98/19 134/11 Africa [1] 35/13 after [23] 9/5 23/20 31/24 31/25 31/25 34/22 36/15 37/13 37/16 42/16 47/8 63/7 74/20 81/11 81/11 82/24 83/11 88/3 91/13 105/18 105/21	age [1] 3/8 agencies [2] 6/1 125/19 aggression [3] 36/8 51/15 122/20 aggressive [5] 20/21 21/12 51/22 94/18 111/16 ago [1] 12/2 agree [17] 23/16 25/6 43/2 50/6 52/10 53/5 73/5 73/10 73/11 73/18 74/13 75/12 80/22 107/15 108/21 115/14 115/15 agreed [4] 42/21 50/3 50/16 133/8 agreement [1] 11/17 agrees [1] 43/24 aide [1] 121/25 aide-memoire [1] 121/25 albeit [1] 75/13 all [49] 3/8 8/8 12/6 23/2 26/8 28/9 28/12 29/21 45/11 46/8 47/5 50/9 50/12 52/21 57/1 66/4 67/12 77/8 78/7 86/11 86/21 90/3 93/23 94/5 94/5 94/10 101/17 103/2 103/21 107/2 108/4 108/11 108/17 115/11 115/12 116/21 116/24 117/2 117/14 117/16 118/1 118/3 118/5 118/21 122/6 122/13 131/24 133/6 133/7 alleged [3] 28/11 72/1 94/15 alliance [2] 17/20 17/23 allowed [2] 120/9 120/15 allowing [1] 53/15 alone [2] 22/13 57/19 along [1] 106/2 alongside [3] 12/15 15/9 21/19
'	2014 [1] 2/11 2016 [1] 99/14 2017 [2] 2/11 2/15 2018 [1] 62/10 2019 [1] 64/14 2020 [6] 61/22 62/25 63/8 69/19 81/23 108/6 2025 [7] 1/8 13/14 58/23 59/5 98/22 102/11 106/25 2026 [2] 1/1 99/8 20:29 hours [1] 53/15 21 [1] 1/1 23 [7] 12/12 12/13 12/15 100/12 101/5 109/13 109/20 23 May [1] 31/18 23 May 2020 [1] 63/8 24 [5] 12/13 12/15 81/23 101/5 101/9 24 hours [3] 63/6 115/4 132/24 24 May [3] 62/25 81/25 92/4 24 May 2020 [1] 69/19 24th [1] 31/24 25 May [1] 85/7 25th May [1] 65/11 27 [1] 103/13	abnormal [3] 47/3 49/19 124/25 about [139] above [2] 43/23 96/5 abscension [1] 20/10 absent [1] 95/7 AC [1] 62/18 accept [1] 127/7 accepted [1] 57/22 accepting [2] 18/3 18/15 access [7] 4/19 4/22 5/9 70/7 73/13 73/14 122/8 accompanied [2] 57/17 99/5 account [9] 14/6 19/14 26/4 26/8 61/22 72/9 112/25 123/21 130/24 accurate [3] 1/12 24/24 98/23 achieved [1] 2/14 achieving [1] 17/10 acknowledged [2] 40/9 46/25 acquaintance [1] 115/19 across [4] 56/14 56/25 66/9 106/4 Act [44] 2/20 2/25 8/21 8/23 10/10 12/5 12/19 15/5 15/7 15/10 21/20 25/9 26/15 27/10 27/11 27/21 28/3 34/21 65/2 65/8	74 [2] 86/15 86/17	107/1 133/18
MR BEER: [2] 88/24 98/13	19:18 hours [1] 53/14	7	74 [2] 86/15 86/17	afternoon [1] 55/25 afterwards [3] 35/19 73/24 81/3 again [32] 7/18 24/6 35/23 38/6 40/15 45/8 47/18 50/8 53/19 54/2 62/10 70/16 72/22 82/21 84/21 85/20 91/8 91/24 93/15 104/23 107/12 107/16 107/16 108/2 116/8 116/14 116/15 117/8 118/3 122/14 122/18 129/10
MR BEGGs: [2] 86/14 88/21	2	9	9.50 [1] 97/5 9.54 [1] 82/22 9.59 [1] 1/2	against [3] 21/12 111/16 112/7 age [1] 3/8 agencies [2] 6/1 125/19 aggression [3] 36/8 51/15 122/20 aggressive [5] 20/21 21/12 51/22 94/18 111/16 ago [1] 12/2 agree [17] 23/16 25/6 43/2 50/6 52/10 53/5 73/5 73/10 73/11 73/18 74/13 75/12 80/22 107/15 108/21 115/14 115/15 agreed [4] 42/21 50/3 50/16 133/8 agreement [1] 11/17 agrees [1] 43/24 aide [1] 121/25 aide-memoire [1] 121/25 albeit [1] 75/13 all [49] 3/8 8/8 12/6 23/2 26/8 28/9 28/12 29/21 45/11 46/8 47/5 50/9 50/12 52/21 57/1 66/4 67/12 77/8 78/7 86/11 86/21 90/3 93/23 94/5 94/5 94/10 101/17 103/2 103/21 107/2 108/4 108/11 108/17 115/11 115/12 116/21 116/24 117/2 117/14 117/16 118/1 118/3 118/5 118/21 122/6 122/13 131/24 133/6 133/7 alleged [3] 28/11 72/1 94/15 alliance [2] 17/20 17/23 allowed [2] 120/9 120/15 allowing [1] 53/15 alone [2] 22/13 57/19 along [1] 106/2 alongside [3] 12/15 15/9 21/19
MR MOLONEY: [2] 61/21 71/15	2 visits/day [1] 102/25	9.50 [1] 97/5 9.54 [1] 82/22 9.59 [1] 1/2	94 [1] 15/25 95 [1] 15/25 98 [4] 15/5 15/7 15/8 15/9 99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	again [32] 7/18 24/6 35/23 38/6 40/15 45/8 47/18 50/8 53/19 54/2 62/10 70/16 72/22 82/21 84/21 85/20 91/8 91/24 93/15 104/23 107/12 107/16 107/16 108/2 116/8 116/14 116/15 117/8 118/3 122/14 122/18 129/10
MR STRAW: [2] 81/21 86/11	2.00 [1] 133/19	94 [1] 15/25 95 [1] 15/25 98 [4] 15/5 15/7 15/8 15/9 99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	95 [1] 15/25 98 [4] 15/5 15/7 15/8 15/9 99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	acting [6] 27/25 47/21 51/7 85/12 85/21 86/14
MS BENYOUNES: [5] 71/18 80/1 80/5 80/8 81/12	2.5 milligrams [1] 66/17	98 [4] 15/5 15/7 15/8 15/9 99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	action [1] 25/3 actions [2] 70/4 74/13
MS LANGDALE: [6] 1/4 1/7 61/18 98/17 98/21 133/13	20 [1] 60/3 20 hours [3] 55/14 81/2 81/11 20 years [1] 66/9 2001 [1] 1/23 2008 [1] 2/3 2011 [2] 1/25 99/8 2012 [3] 2/3 2/5 12/1 2013 [3] 2/5 12/2 62/4	99 [5] 15/9 16/3 16/6 110/16 110/19 999 [1] 53/14	actively [1] 73/14 acts [2] 21/12 111/16 actually [2] 66/1 103/19	against [3] 21/12 111/16 112/7 age [1] 3/8 agencies [2] 6/1 125/19 aggression [3] 36/8 51/15 122/20 aggressive [5] 20/21 21/12 51/22 94/18 111/16 ago [1] 12/2 agree [17] 23/16 25/6 43/2 50/6 52/10 53/5 73/5 73/10 73/11 73/18 74/13 75/12 80/22 107/15 108/21 115/14 115/15 agreed [4] 42/21 50/3 50/16 133/8 agreement [1] 11/17 agrees [1] 43/24 aide [1] 121/25 aide-memoire [1] 121/25 albeit [1] 75/13 all [49] 3/8 8/8 12/6 23/2 26/8 28/9 28/12 29/21 45/11 46/8 47/5 50/9 50/12 52/21 57/1 66/4 67/12 77/8 78/7 86/11 86/21 90/3 93/23 94/5 94/5 94/10 101/17 103/2 103/21 107/2 108/4 108/11 108/17 115/11 115/12 116/21 116/24 117/2 117/14 117/16 118/1 118/3 118/5 118/21 122/6 122/13 131/24 133/6 133/7 alleged [3] 28/11 72/1 94/15 alliance [2] 17/20 17/23 allowed [2] 120/9 120/15 allowing [1] 53/15 alone [2] 22/13 57/19 along [1] 106/2 alongside [3] 12/15 15/9 21/19
THE CHAIR: [12] 1/3 61/19 71/16 79/24 80/3 80/7 81/13 81/19 86/12 88/22 98/14 133/16	2014 [1] 2/11 2016 [1] 99/14 2017 [2] 2/11 2/15 2018 [1] 62/10 2019 [1] 64/14 2020 [6] 61/22 62/25 63/8 69/19 81/23 108/6 2025 [7] 1/8 13/14 58/23 59/5 98/22 102/11 106/25 2026 [2] 1/1 99/8 20:29 hours [1] 53/15 21 [1] 1/1 23 [7] 12/12 12/13 12/15 100/12 101/5 109/13 109/20 23 May [1] 31/18 23 May 2020 [1] 63/8 24 [5] 12/13 12/15 81/23 101/5 101/9 24 hours [3] 63/6 115/4 132/24 24 May [3] 62/25 81/25 92/4 24 May 2020 [1] 69/19 24th [1] 31/24 25 May [1] 85/7 25th May [1] 65/11 27 [1] 103/13	abnormal [3] 47/3 49/19 124/25 about [139] above [2] 43/23 96/5 abscension [1] 20/10 absent [1] 95/7 AC [1] 62/18 accept [1] 127/7 accepted [1] 57/22 accepting [2] 18/3 18/15 access [7] 4/19 4/22 5/9 70/7 73/13 73/14 122/8 accompanied [2] 57/17 99/5 account [9] 14/6 19/14 26/4 26/8 61/22 72/9 112/25 123/21 130/24 accurate [3] 1/12 24/24 98/23 achieved [1] 2/14 achieving [1] 17/10 acknowledged [2] 40/9 46/25 acquaintance [1] 115/19 across [4] 56/14 56/25 66/9 106/4 Act [44] 2/20 2/25 8/21 8/23 10/10 12/5 12/19 15/5 15/7 15/10 21/20 25/9 26/15 27/10 27/11 27/21 28/3 34/21 65/2 65/8	74 [2] 86/15 86/17	107/1 133/18
'	2014 [1] 2/11 2016 [1] 99/14 2017 [2] 2/11 2/15 2018 [1] 62/10 2019 [1] 64/14 2020 [6] 61/22 62/25 63/8 69/19 81/23 108/6 2025 [7] 1/8 13/14 58/23 59/5 98/22 102/11 106/25 2026 [2] 1/1 99/8 20:29 hours [1] 53/15 21 [1] 1/1 23 [7] 12/12 12/13 12/15 100/12 101/5 109/13 109/20 23 May [1] 31/18 23 May 2020 [1] 63/8 24 [5] 12/13 12/15 81/23 101/5 101/9 24 hours [3] 63/6 115/4 132/24 24 May [3] 62/25 81/25 92/4 24 May 2020 [1] 69/19 24th [1] 31/24 25 May [1] 85/7 25th May [1] 65/11 27 [1] 103/13	abnormal [3] 47/3 49/19 124/25 about [139] above [2] 43/23 96/5 abscension [1] 20/10 absent [1] 95/7 AC [1] 62/18 accept [1] 127/7 accepted [1] 57/22 accepting [2] 18/3 18/15 access [7] 4/19 4/22 5/9 70/7 73/13 73/14 122/8 accompanied [2] 57/17 99/5 account [9] 14/6 19/14 26/4 26/8 61/22 72/9 112/25 123/21 130/24 accurate [3] 1/12 24/24 98/23 achieved [1] 2/14 achieving [1] 17/10 acknowledged [2] 40/9 46/25 acquaintance [1] 115/19 across [4] 56/14 56/25 66/9 106/4 Act [44] 2/20 2/25 8/21 8/23 10/10 12/5 12/19 15/5 15/7 15/10 21/20 25/9 26/15 27/10 27/11 27/21 28/3 34/21 65/2 65/8	74 [2] 86/15 86/17	107/1 133/18
MR BEER: [2] 88/24 98/13	19:18 hours [1] 53/14	7	74 [2] 86/15 86/17	afternoon [1] 55/25 afterwards [3] 35/19 73/24 81/3 again [32] 7/18 24/6 35/23 38/6 40/15 45/8 47/18 50/8 53/19 54/2 62/10 70/16 72/22 82/21 84/21 85/20 91/8 91/24 93/15 104/23 107/12 107/16 107/16 108/2 116/8 116/14 116/15 117/8 118/3 122/14 122/18 129/10
MR BEGGs: [2] 86/14 88/21	2	9	9.50 [1] 97/5 9.54 [1] 82/22 9.59 [1] 1/2	against [3] 21/12 111/16 112/7 age [1] 3/8 agencies [2] 6/1 125/19 aggression [3] 36/8 51/15 122/20 aggressive [5] 20/21 21/12 51/22 94/18 111/16 ago [1] 12/2 agree [17] 23/16 25/6 43/2 50/6 52/10 53/5 73/5 73/10 73/11 73/18 74/13 75/12 80/22 107/15 108/21 115/14 115/15 agreed [4] 42/21 50/3 50/16 133/8 agreement [1] 11/17 agrees [1] 43/24 aide [1] 121/25 aide-memoire [1] 121/25 albeit [1] 75/13 all [49] 3/8 8/8 12/6 23/2 26/8 28/9 28/12 29/21 45/11 46/8 47/5 50/9 50/12 52/21 57/1 66/4 67/12 77/8 78/7 86/11 86/21 90/3 93/23 94/5 94/5 94/10 101/17 103/2 103/21 107/2 108/4 108/11 108/17 115/11 115/12 116/21 116/24 117/2 117/14 117/16 118/1 118/3 118/5 118/21 122/6 122/13 131/24 133/6 133/7 alleged [3] 28/11 72/1 94/15 alliance [2] 17/20 17/23 allowed [2] 120/9 120/15 allowing [1] 53/15 alone [2] 22/13 57/19 along [1] 106/2 alongside [3] 12/15 15/9 21/19
MR MOLONEY:				

A	answered [1] 104/14	approached [1] 77/7 77/9 85/11 97/20	assess [17] 4/1 4/3
already [7] 28/23	answering [2] 105/15	arrival [1] 72/12	15/23 15/24 16/11
45/12 51/19 51/22	105/21	arrive [1] 117/23	19/18 20/12 21/4
78/1 81/4 83/24	anti [1] 57/12	arrived [1] 72/21	24/11 32/18 32/19
also [13] 12/15 70/1	anti-psychotics [1] 57/12	as [127] 1/12 1/12	59/25 73/19 77/15
72/11 73/8 76/18	anticipating [1] 66/2	2/2 2/12 2/15 2/20 3/5	86/25 108/1 111/2
77/22 88/13 99/6	antipsychotic [6]	4/12 5/24 6/23 6/23	assessed [12] 5/17
100/25 101/19 101/22	66/6 66/10 66/22	7/14 7/20 7/23 7/23	5/18 45/12 55/8 55/13
130/2 130/12	66/23 68/23 126/25	8/11 8/12 10/14 11/3	55/24 57/8 57/9 75/4
alter [1] 61/11	any [88] 4/16 7/1	11/10 13/6 14/6 14/6	81/2 81/10 120/6
alternated [1] 9/23	10/17 16/9 16/17 19/3	16/20 19/24 20/13	assessing [11] 8/7
alternative [9] 10/14	19/4 19/5 19/13 20/2	20/13 24/1 24/1 27/5	12/22 20/15 21/3
11/20 13/20 44/20	20/2 20/8 20/10 20/11	28/1 30/2 31/8 31/16	41/22 74/16 75/22
68/19 75/16 102/24	21/9 29/10 31/18	34/20 37/7 39/4 42/23	76/11 76/13 88/15
107/9 107/23	34/17 36/5 36/6 36/7	43/4 43/9 43/17 44/23	130/21
alternatives [5]	38/16 45/7 45/13	50/6 51/10 51/11	assessment [118]
10/14 11/7 13/5 21/20	45/20 45/21 46/1	51/21 54/25 55/6	3/18 8/7 8/17 8/21
96/9	46/14 49/11 51/2 51/3	56/14 56/18 57/1 57/8	8/23 9/1 9/4 9/15 9/18
although [2] 65/7	52/5 54/18 56/20	58/6 58/8 58/10 59/7	9/24 10/10 10/13
96/11	57/14 57/25 58/13	59/7 61/11 62/6 62/17	10/20 11/4 11/5 13/13
always [3] 19/15 25/8	59/24 64/9 64/17	62/17 63/4 63/25	15/22 17/15 17/16
113/1	64/22 65/5 66/4 66/12	64/14 64/23 65/1 65/4	20/1 22/22 23/3 23/23
am [10] 1/2 1/25	69/22 69/25 70/7	65/9 65/14 66/5 66/5	25/18 26/9 26/10
20/15 81/16 81/18	70/10 70/10 70/24	67/24 68/11 69/2 71/7	26/12 26/15 28/3
81/25 82/5 82/13	74/24 76/16 79/9	71/23 71/24 71/24	33/16 33/20 34/11
82/22 110/10	81/14 82/7 88/9 90/15	78/20 84/23 84/24	34/15 34/19 34/21
Amanda [1] 21/20	91/24 95/4 98/6 101/2	87/4 89/8 90/17 92/22	35/9 36/16 37/13
ambivalent [2] 40/21	106/1 108/19 112/8	93/7 93/25 94/13	37/16 47/12 50/9
126/13	112/24 113/17 115/22	95/21 96/17 96/20	50/21 50/25 52/9
ambulance [4] 54/12	115/23 118/15 118/16	97/23 98/23 98/23	52/11 53/5 53/8 53/11
63/5 63/23 63/23	119/17 119/18 119/19	99/11 99/15 99/19	53/21 54/20 56/3 56/7
ameliorate [1] 131/8	120/14 120/15 121/4	100/3 100/24 100/24	56/24 56/24 56/25
AMHP [47] 8/25 9/3	122/11 122/20 123/6	100/24 102/1 105/22	58/14 58/14 58/21
10/23 11/3 11/9 11/14	125/13 126/1 126/4	106/10 106/11 106/21	64/21 64/23 65/2 65/8
11/15 14/9 19/21	130/3 130/3 130/7	107/4 107/22 107/23	65/17 68/24 71/9
26/18 34/9 36/14	130/7 131/1 131/18	107/23 110/3 110/3	71/22 71/23 72/6
37/17 48/12 52/7 52/7	anybody [4] 37/20	110/4 110/4 116/8	72/19 73/6 73/22 74/5
56/2 58/10 58/16	121/2 121/8 122/3	116/14 118/8 118/15	74/17 74/21 75/8 77/2
76/18 78/19 86/21	anyone [4] 89/21	118/15 120/12 120/12	77/4 77/5 78/21 80/9
88/4 89/5 89/20 89/25	108/9 117/7 120/21	121/4 121/4 121/25	80/14 81/3 84/25
90/10 90/15 92/10	anything [13] 36/9	126/14 129/21 131/19	86/18 86/20 87/10
96/1 96/13 96/18	52/19 54/15 57/13	ask [38] 3/1 7/2	87/17 88/3 88/9 89/2
96/24 100/25 114/17	58/20 63/20 105/16	18/16 20/17 21/7 29/5	89/24 90/1 95/24 96/6
115/3 115/8 115/11	116/23 118/11 118/17	29/8 30/4 34/8 36/24	96/18 96/20 99/21
115/12 116/19 119/3	123/5 125/8 130/4	52/20 54/18 54/21	100/4 105/5 111/7
119/5 119/9 122/5	anywhere [1] 57/10	54/23 62/1 62/19	112/5 114/14 115/2
122/7 122/10 122/11	apart [1] 28/21	62/22 63/25 64/25	115/5 115/21 116/1
AMHP's [2] 96/15	apartment [2] 49/4	69/12 71/18 79/9 80/1	116/5 116/11 117/5
96/16	131/21	82/16 87/11 88/6	121/17 122/1 122/4
AMHPs [2] 89/23	appeal [1] 112/6	94/14 94/21 94/25	122/15 127/25 128/6
119/1	appear [1] 30/10	95/9 95/15 99/22	129/16 130/9 130/10
amongst [2] 11/1	appearance [1] 24/9	119/11 122/19 123/24	assessments [15]
47/8	appeared [3] 41/3	125/6 128/13 133/18	2/20 2/25 25/9 26/15
analysis [1] 109/16	41/5 126/12	asked [27] 29/24	27/5 27/15 27/20
Anna [2] 13/19 107/7	appears [9] 32/11	32/11 32/14 34/6 34/6	27/21 99/19 99/23
Annette [4] 58/4 97/5	32/12 32/21 118/17	35/12 36/3 36/4 36/10	110/22 110/23 110/24
102/23 114/18	124/10 124/12 127/5	39/14 48/24 49/2 49/5	120/13 122/25
another [11] 9/8 18/5	128/10 129/24	49/11 84/10 84/11	assessor [1] 116/10
21/13 26/1 42/16	application [1] 11/16	88/24 103/8 104/2	assist [2] 8/6 8/11
48/15 57/19 72/17	apply [2] 86/18	104/8 104/16 114/15	assistance [2] 4/14
74/11 115/17 126/14	129/17	119/25 122/1 125/12	56/10
answer [8] 13/11	applying [1] 125/15	129/24 130/6	assisting [1] 8/3
24/25 25/14 56/17	appreciated [1]	asking [7] 24/6 36/18	assume [1] 54/2
81/24 90/6 104/13	51/21	41/2 65/9 88/1 125/13	assumed [3] 15/11
104/23	approach [1] 15/14	126/3	15/20 81/6
		arrested [5] 70/16	at [172]

A atien [1] 63/18 attempted [2] 72/15 73/13 attend [3] 25/17 115/14 120/10 attendance [1] 73/15 attendees [1] 77/1 attending [4] 9/18 56/2 76/25 89/21 attention [4] 1/11 29/20 35/6 76/12 attributing [1] 34/8 audible [2] 24/25 81/24 audit [1] 58/15 August [2] 2/11 2/15 August 2014 [1] 2/11 August 2017 [1] 2/15 author [1] 48/15 authorise [1] 128/16 authorities [1] 39/20 autonomy [1] 26/23 available [18] 19/21 26/6 27/17 43/11 44/17 47/7 53/10 60/24 71/8 71/21 75/3 75/7 98/9 101/20 101/21 113/9 113/23 122/7 aware [36] 6/23 14/6 16/15 28/1 28/24 36/10 36/14 37/10 37/11 37/21 45/25 72/11 72/18 72/22 72/24 72/25 73/4 73/24 74/3 74/6 74/6 74/7 74/10 75/12 76/9 76/10 76/13 78/18 83/20 105/12 106/13 106/13 110/3 110/4 120/1 120/3 away [12] 22/1 36/12 37/4 39/23 55/5 67/25 90/21 110/8 122/12 122/12 131/15 131/16	26/19 28/2 35/12 99/1 106/17 123/9 123/12 badly [1] 46/2 balance [1] 27/4 Band [1] 109/4 Band 7 [1] 109/4 Bangalore [1] 99/4 bank [2] 65/10 65/11 bar [2] 65/25 66/12 barriers [1] 6/21 based [19] 3/24 14/4 14/6 21/22 26/6 26/12 27/25 33/9 43/10 44/16 44/17 47/7 53/10 61/22 64/20 71/8 98/8 108/20 114/25 basically [6] 9/23 101/17 105/21 118/1 125/17 128/21 basis [4] 6/4 12/9 69/3 98/6 be [167] be -- it [1] 60/6 became [5] 40/8 74/3 74/6 99/6 99/10 because [81] 7/11 8/7 9/17 10/17 25/20 26/14 29/3 32/1 33/4 38/5 42/11 51/19 52/17 56/4 58/19 59/22 60/23 64/3 64/9 66/21 67/6 69/13 74/3 76/4 78/19 79/11 79/19 80/3 81/1 84/23 86/8 91/10 91/12 93/6 93/10 100/6 100/19 103/3 103/7 103/10 103/11 106/12 107/15 107/21 107/24 108/12 108/13 109/1 111/2 111/10 112/1 112/6 112/8 113/12 115/25 115/25 117/8 117/9 117/17 117/18 117/20 117/23 118/2 121/1 121/7 122/5 122/7 122/23 123/2 123/8 125/2 125/10 125/25 127/11 128/2 128/12 129/4 131/6 131/16 132/10 132/13 become [3] 7/14 40/2 62/4 becomes [2] 68/19 112/10 becoming [1] 116/3 bed [12] 59/18 60/2 60/4 60/8 60/11 60/14 60/14 61/4 61/4 98/3 98/6 98/10 beds [5] 9/22 58/20 60/23 61/13 110/11 been [111] 2/20 3/19 4/14 4/15 4/17 6/9 6/13 6/14 11/13 11/15	23/7 28/1 28/4 28/23 28/24 29/5 29/14 29/16 30/13 30/17 32/4 32/7 32/11 35/10 37/1 37/15 37/18 37/21 37/23 41/15 41/24 42/16 45/9 45/10 45/12 45/13 47/22 48/25 50/11 51/19 51/21 51/22 52/11 52/12 52/14 53/8 55/11 57/17 60/8 60/23 63/23 64/8 64/13 64/15 64/20 64/23 66/23 69/3 69/15 69/23 70/21 71/13 72/4 73/20 74/15 75/12 75/14 76/1 76/17 77/9 77/10 77/10 77/25 78/1 79/15 81/5 81/6 82/6 83/15 83/20 83/24 85/11 91/10 91/11 92/25 94/18 94/18 94/21 94/21 95/5 95/11 95/12 97/20 106/21 117/10 117/13 118/3 118/14 119/5 119/21 120/7 120/14 121/13 121/14 122/19 122/20 123/16 126/18 126/18 130/10 131/24 Beer [3] 88/22 88/23 134/9 before [38] 3/1 4/18 4/18 6/7 8/12 11/18 12/1 20/12 28/2 32/18 36/19 38/1 46/12 46/13 55/14 55/22 55/24 56/19 56/22 57/10 57/18 63/2 63/6 63/21 70/17 79/11 81/14 86/22 87/15 87/16 88/1 92/23 102/13 106/6 113/21 114/18 121/3 122/25 beforehand [1] 100/1 Beggs [3] 86/12 86/13 134/8 beginning [1] 87/21 begins [1] 121/20 behalf [2] 71/19 128/18 behaving [1] 94/22 behaviour [9] 24/9 25/3 36/3 42/6 93/21 119/20 122/19 124/8 130/12 behavioural [1] 63/14 being [35] 5/9 12/3 18/23 22/9 22/13 32/6 38/15 38/16 39/10 39/23 40/5 40/12 40/23 47/3 47/25 48/2 49/3 50/24 60/21	66/10 67/15 76/2 82/2 82/4 83/11 84/4 84/9 100/11 104/2 124/3 125/25 126/5 130/13 130/19 133/3 beliefs [3] 51/7 85/21 130/18 believe [2] 18/12 45/7 believes [1] 85/13 believing [2] 53/1 130/22 bell [1] 117/21 below [1] 43/23 Ben [5] 76/19 88/3 88/4 90/5 91/16 benefit [6] 8/17 16/25 17/9 22/9 22/12 22/18 benefits [1] 88/8 Benjamin [4] 51/10 52/10 52/16 89/5 Benyounes [4] 71/16 71/17 79/24 134/6 best [17] 21/13 21/14 24/22 44/2 52/17 53/3 53/8 75/2 101/21 108/25 111/4 111/17 111/20 111/20 111/21 128/8 130/5 better [5] 5/20 23/10 27/16 70/23 71/11 between [6] 3/9 13/24 31/3 34/8 41/13 59/4 bewildered [1] 41/5 biases [2] 106/12 106/12 bit [11] 1/20 1/22 15/17 16/15 18/10 37/25 40/3 75/24 97/3 110/8 117/17 black [3] 13/18 13/23 102/21 block [2] 28/11 30/24 blood [2] 70/3 83/18 bloods [9] 31/15 31/21 32/7 69/3 82/1 82/6 82/13 83/9 83/14 board [1] 113/20 booking [1] 87/23 born [1] 35/13 both [5] 11/12 34/23 43/8 93/12 95/16 bottom [10] 16/5 23/4 48/19 50/14 85/10 89/11 90/25 91/1 96/2 128/22 box [5] 50/15 54/5 90/25 103/14 103/14 brain [1] 16/22 break [7] 80/4 81/13 81/17 84/13 85/17 85/20 133/17 break-in [1] 85/17 Bridewell [4] 53/16 76/25 87/23 117/18	briefly [2] 96/3 100/9 bring [1] 93/5 broadcast [1] 39/23 broadcasting [2] 39/15 125/12 broke [3] 51/15 73/24 84/9 broken [1] 51/22 Brook [4] 46/21 53/16 73/23 74/20 brother [1] 35/15 brought [5] 1/11 29/20 72/1 76/11 117/13 bugged [3] 40/6 126/1 126/6 build [2] 106/19 123/14 bullet [3] 23/4 23/23 113/3 Bullwell [1] 33/9 burglary [4] 28/10 30/23 38/16 38/17 busy [2] 25/16 87/22 but [128] 3/3 3/17 5/1 5/5 5/6 7/13 10/11 10/20 11/18 12/2 13/1 15/1 16/18 18/1 18/11 18/12 19/25 20/24 21/17 22/13 23/16 24/7 26/1 26/10 27/17 28/21 29/2 32/15 34/1 36/18 38/11 38/23 39/8 40/20 41/5 43/2 43/4 44/6 44/13 45/17 46/9 46/11 46/18 47/11 49/14 50/11 50/25 51/8 51/12 52/10 52/14 55/1 56/24 58/1 58/4 58/21 60/11 61/6 61/12 63/19 64/5 64/12 64/19 65/6 65/8 67/21 68/2 68/16 68/22 70/3 70/10 70/16 73/8 73/12 74/10 75/3 75/25 76/8 77/14 77/19 77/22 78/21 79/21 80/23 81/10 83/19 84/18 84/24 85/24 86/18 87/14 87/25 88/13 90/3 90/10 91/18 91/24 93/13 94/2 97/23 98/10 100/3 100/25 101/3 101/22 103/5 103/6 104/23 106/3 106/21 108/24 109/5 110/9 114/18 118/20 120/8 122/10 124/7 124/21 125/1 125/8 125/21 126/1 126/12 129/10 129/20 130/4 132/7
---	--	--	---	--

C called [8] 22/5 30/23 38/6 42/14 63/23 114/24 123/4 128/16 Caller [1] 54/6 calling [1] 33/14 calls [3] 37/17 38/2 118/23 calm [1] 20/25 Calocane [6] 89/12 89/16 90/18 91/9 91/25 105/12 came [12] 31/15 31/22 36/13 56/14 56/25 66/9 69/13 83/10 83/16 83/19 98/5 104/17 cameras [1] 49/4 can [151] can't [40] 3/3 5/5 7/25 22/16 25/16 28/16 29/10 34/7 43/1 45/20 46/8 48/9 50/20 50/22 50/23 50/25 51/2 54/25 55/2 61/16 62/12 65/22 71/3 75/11 75/23 76/21 77/5 81/1 108/12 109/5 109/6 113/25 119/3 121/2 124/7 132/3 132/8 132/18 132/19 132/21 capacitous [1] 18/4 capacity [41] 15/7 15/10 15/11 15/12 15/14 15/15 15/20 15/23 16/18 16/24 17/8 18/2 41/7 41/9 41/11 41/22 43/15 43/18 43/21 44/4 44/5 44/6 58/22 59/1 78/6 98/3 98/6 98/11 105/5 105/6 110/16 110/17 110/23 110/24 111/2 126/20 127/8 127/20 129/4 129/5 129/16 car [1] 117/22 card [4] 32/25 33/6 33/11 128/14 cards [1] 117/20 care [13] 14/19 14/22 25/9 25/10 25/11 25/18 52/25 60/17 65/17 109/24 113/5 114/9 116/23 carers [4] 36/15 89/24 113/13 113/19 carried [1] 105/6 carry [3] 57/14 66/4 128/12 case [8] 4/9 16/23 18/1 25/8 58/18 88/3 102/12 102/16 caseload [1] 8/13 cases [1] 8/4	casually [2] 33/19 121/24 categorise [1] 52/16 categorising [1] 23/8 cause [2] 72/16 73/2 caused [3] 73/25 84/13 121/12 causes [2] 31/14 83/8 CCTV [2] 122/18 122/19 Celeste [1] 89/12 cell [6] 20/21 20/24 45/12 94/4 122/21 122/24 Certificate [1] 2/14 cetera [3] 63/15 85/14 99/20 Chair [4] 61/18 80/1 81/12 133/13 challenge [1] 76/21 challenged [3] 30/1 30/3 30/3 chance [1] 71/1 change [3] 19/4 36/2 42/6 changed [3] 68/17 119/20 130/12 changing [1] 65/19 charge [1] 88/5 check [2] 77/6 83/17 checking [1] 77/3 chemical [1] 112/13 chest [3] 63/10 63/11 63/15 Chief [1] 63/10 circumstances [6] 7/15 20/7 74/10 79/2 94/14 95/16 claim [1] 119/4 clarification [1] 69/2 clarified [1] 124/15 clarify [4] 61/21 62/22 75/2 103/11 clear [23] 27/11 28/18 31/16 31/22 35/4 37/3 51/4 58/19 64/9 67/15 68/3 68/11 74/3 75/3 83/10 83/16 83/19 91/18 106/20 123/21 131/3 132/13 133/7 clearly [11] 40/22 41/11 52/5 78/15 106/5 118/17 124/24 127/5 127/9 127/15 129/23 clinic [1] 6/11 clinical [10] 7/1 14/5 60/1 61/15 64/20 98/7 98/8 108/6 109/16 110/10 clinician [2] 25/2 26/19 clinicians [1] 23/25 clinics [1] 111/6	clock [2] 69/20 132/10 Code [10] 12/6 12/8 15/6 16/19 19/7 43/6 109/21 112/16 116/9 116/15 codes [3] 12/5 100/10 100/12 cognitive [1] 106/11 cohesion [1] 59/20 coin [1] 113/22 collateral [2] 19/1 21/8 colleague [2] 49/2 99/25 colleagues [5] 7/10 8/6 90/17 92/17 98/4 collect [2] 89/25 122/6 collective [3] 10/25 93/25 96/12 collects [1] 90/13 College [5] 2/1 22/22 58/21 58/24 99/6 colon [1] 91/2 come [46] 4/21 6/11 10/2 10/6 10/11 16/4 17/16 22/17 22/21 24/16 27/19 29/2 30/19 31/7 42/7 46/11 46/14 46/16 46/16 48/11 54/1 58/17 60/1 81/14 82/18 103/6 103/23 104/18 104/18 106/4 106/12 106/19 108/18 108/19 108/24 114/13 115/15 115/20 120/11 120/16 122/14 123/10 128/2 128/6 133/18 133/19 come in [1] 120/16 comes [2] 11/21 116/14 coming [14] 30/7 33/22 36/21 37/5 42/7 46/3 46/4 46/7 59/16 77/22 107/16 120/1 120/5 127/7 commence [2] 79/14 79/21 comment [1] 64/9 commissioning [1] 14/17 commit [4] 21/14 55/11 111/18 111/21 committed [1] 45/1 committing [2] 21/12 111/16 common [2] 17/3 86/5 communicate [1] 16/16 communicated [5] 78/23 79/1 79/16 129/11 129/15 communicating [2]	129/13 129/19 communication [2] 76/14 76/15 community [32] 3/8 4/10 8/14 10/1 10/6 10/16 11/8 11/23 17/13 17/14 22/16 32/25 33/6 43/10 46/20 53/11 60/12 60/17 61/17 65/16 65/19 81/7 87/3 103/1 113/10 113/23 114/25 115/6 115/24 121/8 128/14 132/6 comparing [2] 56/18 56/21 compiled [1] 105/18 complaining [2] 54/12 54/14 complaint [3] 63/9 63/10 104/10 complement [1] 35/9 complete [4] 34/22 80/19 96/18 128/5 completed [8] 1/19 1/23 1/23 33/11 76/19 81/8 89/5 99/3 completely [1] 127/11 Completion [1] 2/14 complex [1] 117/17 compliance [1] 18/15 comply [1] 80/13 complying [1] 18/4 concentrate [1] 41/3 42/23 concepts [1] 17/22 concern [1] 59/17 concerned [9] 1/13 7/23 8/16 20/20 84/10 98/24 111/18 119/21 121/4 concerns [15] 15/22 19/3 19/5 20/25 32/6 37/2 37/3 73/1 73/16 74/14 75/20 80/25 101/2 104/11 104/12 concluded [2] 52/12 80/11 conclusion [2] 41/1 108/25 concordance [1] 20/10 conduct [2] 34/21 93/22 conducted [2] 3/1 99/21 conducting [3] 2/19 8/21 28/3 confident [3] 18/7 27/7 27/8 confirm [2] 1/11 98/23 confirmation [2] 104/20 105/5	conflicts [1] 100/18 confused [1] 38/11 consent [14] 21/23 41/7 41/9 41/12 43/16 43/21 43/22 44/5 44/6 78/6 105/7 126/20 127/8 127/21 consenting [8] 43/14 43/25 44/1 127/19 128/23 129/1 129/6 129/11 consider [12] 12/21 13/2 19/7 19/10 32/19 37/7 48/6 78/10 112/17 112/21 113/23 132/4 consideration [7] 27/12 50/24 75/15 80/17 96/9 102/7 105/9 considered [13] 13/17 43/8 43/9 45/23 48/9 50/10 72/9 74/18 75/17 78/9 102/19 105/6 133/7 considering [8] 11/5 19/9 43/7 76/5 102/16 112/20 113/7 131/22 consistently [2] 67/13 67/17 constraints [1] 59/23 consult [1] 69/24 consultant [6] 2/15 2/21 4/12 62/17 70/4 99/15 consultants [1] 34/25 consultation [1] 3/24 consuming [1] 6/20 contact [12] 6/17 7/5 9/7 9/17 49/18 89/6 92/3 93/1 97/20 98/5 115/8 115/13 contacted [2] 128/11 130/5 contacting [1] 128/1 contacts [1] 122/5 contents [2] 1/12 98/23 context [5] 30/9 86/17 103/17 107/17 124/7 continue [2] 62/12 124/23 continued [2] 5/2 30/11 contradiction [3] 43/15 129/3 129/9 control [2] 39/19 66/18 conversation [14] 13/25 14/1 31/3 31/10 37/10 41/13 41/15 41/17 42/15 46/9 48/21 52/22 77/16 119/13
--	--	---	---	--

C conversations [8] 36/14 41/23 74/25 75/1 78/4 78/25 80/10 111/13 convey [2] 88/13 106/3 conviction [4] 3/16 3/16 3/20 3/20 convictions [1] 20/3 convoluted [1] 93/16 coordinates [2] 8/25 116/21 cope [1] 113/6 coped [1] 113/20 copy [1] 52/8 core [1] 127/2 corner [1] 87/25 correct [11] 61/6 74/23 83/2 89/16 89/17 90/22 91/9 92/1 99/17 99/24 110/25 correction [1] 1/10 correlate [1] 109/8 could [40] 5/23 8/10 9/7 9/8 9/8 9/9 13/20 15/15 36/11 36/12 38/24 46/6 52/24 57/17 62/22 69/17 70/17 71/2 77/16 82/3 84/24 84/25 85/6 85/13 85/17 86/15 86/18 102/24 107/8 108/3 114/2 115/6 115/17 115/18 119/5 119/23 119/25 127/9 127/9 129/16 couldn't [7] 7/14 54/21 57/2 97/20 120/11 126/7 127/11 country [2] 60/10 92/17 couple [6] 4/17 5/2 62/1 62/22 68/1 68/2 course [11] 11/25 12/4 13/15 53/13 62/24 64/9 67/18 68/16 69/13 89/1 130/14 coursework [2] 40/12 49/17 Court [4] 46/21 53/16 73/23 74/20 cover [1] 71/19 covering [1] 34/19 Covid [4] 4/18 8/2 84/23 118/3 CPN [1] 4/20 criminal [10] 3/14 21/15 28/5 28/11 47/25 111/18 111/21 118/8 118/18 130/4 criminality [1] 94/15 crisis [60] 9/17 9/17 9/21 10/18 10/21	11/21 11/23 14/9 18/18 22/1 22/3 22/5 22/6 22/11 22/16 25/15 26/20 33/4 33/9 37/20 44/1 44/3 44/7 44/10 45/17 47/6 55/23 57/21 58/13 60/18 70/12 70/17 71/5 78/22 79/14 81/4 86/22 87/11 89/22 97/2 97/6 97/8 97/24 107/11 107/13 107/17 107/18 108/3 109/5 115/21 116/1 127/2 127/7 128/18 128/20 131/8 131/11 132/13 132/22 133/9 criteria [4] 3/7 11/14 73/9 112/4 criticising [1] 108/9 cross [1] 95/3 cross-examining [1] 95/3 CRT [3] 13/20 102/23 107/8 crucial [3] 18/25 23/25 36/17 CT [2] 9/12 93/10 Cullen [1] 56/2 cumbersome [1] 116/4 cure [2] 67/11 67/25 current [3] 40/19 96/6 126/8 currently [2] 54/11 63/19 custody [50] 20/15 20/16 29/2 31/2 31/12 32/2 36/19 42/13 53/14 53/16 57/12 66/7 66/11 69/14 69/16 69/22 69/24 70/2 70/7 72/2 73/23 74/20 76/1 76/15 76/25 77/2 77/15 77/22 77/23 78/20 78/23 79/1 79/16 81/22 82/5 82/7 82/10 82/24 83/4 83/12 87/7 88/5 91/13 91/14 93/24 95/3 95/11 117/7 118/22 119/25 D daily [7] 6/3 44/11 44/12 44/13 44/14 45/19 133/11 damage [8] 28/5 28/11 47/25 72/4 72/16 118/8 118/18 130/4 damaged [1] 54/9 dancing [1] 32/12 danger [2] 54/8 85/14 dangerous [2] 25/2	112/10 data [1] 107/5 date [5] 1/10 97/4 106/15 114/20 115/15 dated [3] 1/8 85/7 98/22 Datix [1] 55/7 day [42] 6/4 6/4 11/25 12/9 12/9 21/25 22/3 32/3 33/5 36/20 44/16 45/18 46/12 46/13 55/13 55/24 56/9 56/18 56/22 63/21 71/6 71/6 97/17 102/12 102/25 103/12 103/18 105/24 106/8 106/18 106/19 106/23 107/24 111/1 111/1 111/2 111/8 111/8 115/4 115/4 128/3 128/3 days [8] 12/4 22/8 48/25 60/4 60/5 60/6 71/12 130/11 daytime [1] 9/2 de [2] 112/13 112/14 de-escalation [2] 112/13 112/14 deal [1] 63/24 dealing [3] 4/9 63/7 91/7 dealings [1] 61/22 dealt [1] 91/6 Deanery [1] 2/10 December [2] 1/8 98/22 December 2025 [1] 98/22 decide [2] 6/15 109/2 decided [3] 43/12 87/6 116/1 deciding [1] 108/14 decision [60] 5/18 10/3 10/5 10/7 10/8 10/9 10/25 11/19 11/22 14/4 14/12 14/14 16/2 16/8 16/13 18/1 19/19 26/13 26/22 37/24 37/25 38/5 42/17 43/18 47/10 56/12 57/18 57/21 57/23 58/1 58/3 58/8 58/9 58/15 59/24 60/1 61/11 61/12 61/14 64/19 75/22 78/11 79/7 86/22 87/2 87/4 93/7 96/5 98/4 98/8 108/17 108/18 108/19 108/20 109/7 109/17 109/18 110/21 116/16 133/8 decision-making [2] 10/25 14/12 decisions [4] 26/1 59/2 98/3 111/4 declined [1] 126/1	deducting [2] 127/4 127/14 deemed [1] 50/17 defensive [1] 49/6 define [1] 121/6 definitely [3] 30/1 33/14 53/7 definition [2] 64/14 110/17 degenerated [1] 56/18 degree [2] 29/21 99/3 delayed [2] 32/10 65/13 delays [1] 60/22 deliver [3] 33/13 97/12 97/19 delusional [1] 130/18 delusions [1] 39/19 denied [9] 36/4 36/6 36/7 39/8 52/5 119/17 119/18 119/19 125/7 department [2] 83/6 83/12 depending [3] 9/1 60/7 90/1 depends [7] 17/17 17/18 17/19 17/21 20/14 21/17 25/14 depressed [1] 17/2 deprivation [1] 42/19 deprived [1] 130/19 Deputy [1] 102/10 Deputy Medical [1] 102/10 describe [2] 54/16 59/15 described [10] 7/15 39/8 40/12 40/20 41/4 47/24 54/15 79/12 118/8 126/9 describing [1] 39/4 description [1] 118/10 desk [5] 29/3 31/9 87/22 117/12 117/19 detail [2] 87/19 88/11 detailed [1] 87/17 details [4] 4/16 5/13 5/15 62/23 detain [9] 19/19 58/14 69/25 78/7 93/8 93/14 93/18 113/8 113/8 detain/interview [1] 69/25 detained [9] 11/18 12/20 22/13 36/20 73/21 78/21 87/8 90/21 101/13 Detainee [1] 69/20 detaining [5] 12/19 21/11 101/12 104/3 111/15 detention [16] 10/10 11/1 11/7 11/15 11/19	12/22 13/18 13/23 13/24 19/9 21/20 73/8 93/17 102/21 108/14 112/20 deterioration [2] 45/21 51/14 determination [1] 87/16 determine [2] 87/5 105/6 Developed [1] 63/10 DHSC0000007 [4] 12/12 15/8 100/12 109/12 diagnose [1] 116/17 diagnosis [4] 99/11 105/13 113/16 116/12 diagnostic [1] 16/20 did [57] 2/24 5/4 13/15 14/13 20/8 28/6 29/23 31/19 31/21 32/13 32/19 33/2 33/2 33/3 33/13 34/8 35/9 36/4 37/7 40/1 41/9 45/7 45/24 46/3 46/9 53/5 53/19 53/21 53/22 53/24 54/3 54/15 54/18 54/23 55/10 55/19 59/12 62/4 70/6 71/1 78/7 88/6 92/13 92/24 93/12 99/25 103/23 105/15 110/22 117/5 118/10 119/1 123/11 124/6 125/6 125/25 126/6 didn't [30] 14/11 14/13 29/11 29/12 29/15 31/17 31/18 35/17 42/10 46/5 46/13 46/15 50/6 53/5 53/21 55/16 55/20 57/5 58/19 69/4 76/16 80/19 81/1 82/15 91/11 102/13 111/19 120/21 123/2 125/21 difference [1] 64/17 different [12] 4/22 7/22 16/5 17/22 26/16 43/20 44/2 44/5 72/15 85/1 99/9 114/16 differentiate [2] 19/15 113/1 differently [1] 116/16 difficult [3] 33/21 78/2 111/13 difficulties [4] 36/6 46/24 78/18 80/9 difficulty [2] 78/24 113/17 Diploma [2] 1/24 99/7 direct [2] 43/15 74/24 directed [1] 39/18 directly [4] 28/25 32/14 72/7 117/6
---	--	---	--	--

D Director [1] 102/10 disagree [4] 11/1 78/11 78/13 78/14 disagreement [1] 108/24 discharge [4] 59/3 59/22 74/19 75/15 discharged [4] 6/9 55/11 73/22 120/20 disciplinary [1] 26/20 disciplines [3] 4/23 26/16 35/1 discuss [2] 96/23 126/1 discussed [6] 13/24 42/24 43/3 50/10 51/9 54/25 discussing [5] 8/4 8/13 13/22 52/21 124/16 discussion [12] 14/11 14/13 47/8 50/11 51/2 52/12 52/14 86/20 86/23 87/17 96/17 126/7 discussions [1] 50/12 disorder [10] 3/10 19/12 68/4 68/12 101/19 111/23 111/24 111/25 112/3 112/23 disorders [1] 99/12 dispense [3] 128/13 128/20 128/21 displaying [2] 67/6 67/21 dispute [2] 103/5 103/6 distinct [1] 107/2 distracted [5] 32/11 35/5 85/25 86/4 126/12 distressing [2] 45/5 51/6 disturbance [2] 16/21 63/14 disturbed [1] 30/18 Diversity [7] 28/23 28/25 30/22 31/11 32/2 55/23 69/9 divide [1] 127/25 do [168] doctor [30] 2/5 9/7 9/7 9/9 9/13 28/1 33/10 33/14 37/14 37/21 43/21 62/6 65/5 89/19 89/20 92/8 93/7 96/24 106/10 108/14 114/22 114/23 115/17 115/19 115/20 116/8 116/14 116/14 128/11 128/14 doctors [17] 8/23 9/4 9/16 10/8 10/20 11/2	11/8 11/12 26/17 34/23 58/8 58/10 58/16 65/21 65/25 66/13 96/13 document [14] 15/7 48/15 52/23 62/20 63/2 63/5 64/3 85/1 96/11 103/11 103/23 103/25 105/18 106/4 documentation [2] 34/22 131/3 documented [6] 41/11 52/5 69/11 78/15 88/4 105/25 documents [3] 30/10 35/24 76/22 does [22] 9/20 10/1 10/6 11/4 18/25 22/16 23/6 34/9 34/13 36/24 36/24 42/23 56/7 60/25 66/17 67/12 67/24 90/1 96/24 96/24 109/25 110/1 does it [1] 67/12 doesn't [21] 4/10 17/8 27/10 30/10 34/1 42/6 49/9 56/8 65/2 65/4 67/11 82/7 91/8 91/19 91/21 91/23 91/24 103/11 106/4 109/8 122/7 doing [14] 7/11 10/8 10/13 11/5 26/9 26/15 28/18 46/2 65/7 70/16 108/1 123/8 123/11 128/18 don't [75] 4/15 7/24 8/8 13/25 14/5 14/10 14/11 14/24 21/14 25/14 25/22 25/24 29/4 34/17 34/23 36/9 36/16 37/20 40/15 42/25 43/4 46/17 46/17 50/11 50/22 51/9 52/8 52/20 52/22 57/12 57/13 57/20 62/11 62/21 64/17 66/4 70/7 70/8 71/12 74/24 75/25 76/2 76/13 76/20 79/6 79/6 81/9 82/8 83/17 83/20 88/1 89/15 90/5 90/7 90/9 91/16 93/16 94/2 96/14 100/6 102/6 103/3 103/5 103/6 103/10 104/6 104/23 107/19 107/22 117/20 119/4 120/15 127/13 128/12 132/7 done [29] 3/19 11/13 11/20 21/10 32/7 33/6 34/14 37/12 37/15 37/16 51/19 51/22 52/7 61/3 62/10 75/1 75/22 87/8 87/10 99/6 101/23 102/4 108/3	120/13 120/25 121/3 122/25 123/18 129/15 door [16] 20/24 28/5 28/6 28/7 28/12 29/14 29/16 29/17 30/13 54/7 54/9 72/5 95/2 95/4 95/5 124/9 dosages [1] 68/16 dose [3] 66/17 66/21 67/14 doubt [2] 51/12 69/10 down [26] 15/1 20/17 22/21 30/19 32/23 33/17 38/9 43/23 48/11 54/1 54/5 58/17 77/6 83/2 88/17 91/2 97/2 107/24 109/10 113/3 114/13 119/15 121/21 122/23 123/22 129/17 DP [3] 30/23 30/24 70/3 Dr [53] 1/4 1/5 1/7 13/13 14/7 15/13 16/4 21/21 22/24 32/24 33/2 33/16 34/6 34/18 43/19 44/2 49/13 49/15 52/1 52/5 52/18 52/20 56/7 58/19 61/21 62/19 62/22 65/7 67/15 68/22 69/7 71/15 71/18 76/17 81/21 85/4 86/14 90/5 91/3 91/17 98/18 98/18 98/19 98/21 112/19 114/13 114/17 127/23 127/24 128/11 128/16 134/3 134/11 Dr Gandhi [17] 13/13 33/2 34/6 34/18 43/19 44/2 52/5 52/20 65/7 68/22 90/5 91/17 98/18 98/18 98/21 112/19 114/13 Dr Gandhi's [8] 14/7 33/16 49/13 49/15 52/1 52/18 76/17 91/3 DR KHURAM [2] 1/5 134/3 Dr Malik [23] 1/4 1/7 15/13 16/4 21/21 22/24 32/24 58/19 61/21 62/19 62/22 67/15 69/7 71/15 71/18 81/21 85/4 86/14 114/17 127/23 127/24 128/11 128/16 Dr Sadraei [1] 56/7 dressed [2] 33/18 121/24 drinking [1] 94/21 drug [1] 105/9 drugs [1] 127/23 due [6] 5/5 13/15 32/5 40/12 42/19 62/11	during [17] 9/2 15/21 20/9 24/5 32/3 41/15 41/23 46/3 50/20 60/20 73/14 77/23 80/8 87/16 88/9 105/2 105/21 duties [1] 34/20 duty [3] 34/20 115/4 117/12 dynamic [1] 21/2 E each [8] 11/3 15/9 34/8 39/9 104/21 105/2 109/17 128/4 earlier [17] 1/11 21/24 35/10 36/17 38/22 42/1 46/5 46/15 55/17 81/22 82/9 82/21 83/23 84/17 85/22 96/3 131/19 early [2] 59/22 62/24 East [3] 2/10 63/5 110/10 East Midlands [3] 2/10 63/5 110/10 easy [3] 5/25 6/1 6/19 eating [3] 94/21 126/18 130/14 ED [2] 31/13 83/5 effect [4] 8/2 98/2 131/25 132/25 effective [3] 66/20 67/18 68/19 effectively [8] 10/1 10/16 25/5 55/10 65/19 77/3 120/22 131/17 effects [1] 41/21 Efficiency [2] 14/15 109/20 eft [1] 63/10 eight [3] 2/24 32/3 32/3 either [10] 11/10 13/6 14/12 29/9 34/14 55/6 90/5 112/13 117/6 119/5 elaborate [2] 44/3 91/17 electronic [2] 19/23 28/22 Elena [1] 56/2 elicit [2] 39/25 125/16 else [6] 8/24 54/15 81/8 88/7 117/7 120/24 elsewhere [1] 60/11 EMAS0000002 [1] 62/20 emergencies [1] 115/1 emergency [4] 23/17 27/18 83/6 83/12 emerging [1] 131/4	EMIS [1] 31/17 emphasis [1] 23/7 end [2] 40/2 109/16 engage [1] 80/12 engaged [3] 40/3 56/22 80/16 engagement [3] 56/13 108/1 123/14 engaging [1] 50/1 enough [1] 50/17 enquired [1] 88/2 enquiries [1] 58/19 enquiring [1] 98/10 ensure [3] 18/14 18/17 68/19 ensuring [1] 25/4 enter [1] 72/16 entering [2] 72/17 72/22 entity [1] 122/16 entries [1] 83/24 entry [16] 14/7 34/23 35/2 49/16 52/1 52/2 52/18 53/19 73/1 76/18 81/25 82/20 82/25 84/15 96/24 97/5 environment [1] 13/4 episode [2] 42/19 50/4 equal [3] 14/19 14/21 109/23 equally [1] 86/18 equity [2] 14/15 109/20 equivalent [2] 3/12 93/13 escalation [4] 45/22 46/1 112/13 112/14 essence [1] 30/25 essential [1] 26/9 establish [2] 9/25 34/2 established [4] 7/11 7/12 7/14 15/12 estimate [1] 99/22 et [3] 63/15 85/14 99/20 et cetera [3] 63/15 85/14 99/20 even [15] 18/6 29/7 36/23 37/20 37/24 41/2 42/24 47/1 51/23 60/17 64/13 64/22 114/1 120/10 121/16 evening [6] 33/5 38/22 46/10 84/17 97/16 131/9 event [12] 22/1 54/16 54/18 55/5 64/22 70/10 87/19 90/15 104/22 105/1 105/2 106/23 events [4] 61/24 88/19 118/5 123/24 eventually [2] 32/13
---	--	--	---	--

E eventually... [1] 32/15 ever [7] 3/19 28/6 59/21 105/9 111/17 120/17 120/25 every [7] 62/8 62/9 62/11 62/18 71/1 111/2 115/4 everybody [7] 8/21 11/4 15/19 15/20 35/1 117/23 119/8 everybody's [1] 114/19 everyone [2] 15/15 119/7 everything [4] 22/4 26/8 28/18 116/3 evidence [11] 13/14 13/17 26/23 29/10 46/15 58/4 99/25 102/20 106/13 109/16 114/15 exact [1] 3/3 exactly [10] 57/2 70/16 70/25 71/2 74/24 117/11 119/9 124/8 129/17 132/12 exam [1] 40/13 examination [4] 24/5 56/11 56/11 91/6 examined [1] 67/9 examining [1] 95/3 example [5] 7/5 65/16 68/1 75/21 100/23 exams [2] 49/16 130/14 exhibiting [1] 49/7 expect [4] 79/15 94/23 95/11 95/19 experience [13] 3/22 14/23 58/25 60/21 92/15 99/2 99/11 107/12 108/2 110/7 116/12 116/17 124/25 experienced [1] 131/19 experiences [7] 47/3 49/19 84/6 85/13 85/16 107/17 123/15 experiencing [3] 47/20 50/3 131/7 expertise [3] 25/20 109/4 116/12 explain [5] 34/10 34/18 41/19 85/24 126/22 explained [1] 109/14 explaining [1] 37/19 explore [3] 21/6 39/20 95/10 explored [5] 30/1 50/18 72/7 72/10 74/18	expression [1] 33/25 expressly [1] 12/21 extent [4] 53/24 90/16 95/5 118/13 external [1] 59/20 eyes [1] 32/11 F face [4] 33/19 33/20 33/25 121/24 face mask [2] 33/19 33/20 facial [1] 33/24 Facilitate [2] 116/6 116/7 fact [10] 65/21 72/14 73/12 73/21 74/10 79/25 82/17 92/24 119/22 133/2 factor [8] 18/22 21/13 21/15 111/22 111/22 120/22 130/23 130/24 factors [15] 12/25 17/17 19/7 19/10 29/20 50/4 50/7 95/22 102/7 112/16 112/21 114/7 129/20 129/21 130/16 failed [1] 103/1 failure [1] 80/9 fair [2] 88/15 88/16 familial [1] 35/16 familiar [1] 22/24 families [1] 120/9 family [22] 18/16 18/16 18/22 18/23 22/10 35/20 36/15 42/2 81/21 89/24 90/2 105/12 111/5 113/13 118/23 119/6 119/17 120/14 120/15 120/19 123/13 128/1 far [12] 1/12 6/23 7/23 14/6 66/5 98/23 110/3 110/4 118/15 120/12 121/4 128/7 father [1] 35/15 fear [1] 54/10 feasible [1] 75/25 February [2] 58/22 59/4 feel [4] 39/21 65/18 102/6 123/2 feeling [3] 46/24 68/5 122/3 feels [3] 49/3 49/4 126/11 felt [10] 22/15 26/2 44/18 45/19 47/9 53/11 59/21 68/22 95/8 123/1 female [1] 54/9 Feven [1] 74/1 few [3] 48/25 70/23 71/12	fill [4] 59/12 93/13 93/17 93/19 filled [1] 81/7 final [2] 80/5 86/22 finally [2] 80/18 85/22 finances [1] 15/2 find [11] 12/8 16/23 23/2 37/25 38/3 40/1 55/19 60/11 100/21 115/17 117/12 finding [2] 41/14 61/13 findings [1] 78/24 fine [8] 18/21 40/20 40/22 64/2 126/9 126/10 126/12 126/15 finish [1] 8/1 first [40] 2/11 3/8 9/3 27/24 27/24 29/20 42/19 48/18 50/21 51/1 52/2 53/20 54/11 56/24 57/4 58/20 66/4 71/20 71/21 74/16 77/8 81/3 82/20 85/17 86/18 89/1 89/4 89/6 89/19 92/3 93/22 95/23 98/5 100/9 101/7 101/17 103/2 104/20 122/10 128/3 first-floor [1] 54/11 firsthand [3] 55/15 55/21 81/2 firstly [3] 62/3 85/25 99/1 fit [1] 76/2 fitness [3] 69/25 78/7 78/8 five [12] 22/7 36/12 37/4 62/8 62/9 62/18 90/21 103/8 104/7 104/12 107/1 119/24 five hours [4] 36/12 37/4 90/21 119/24 five years [4] 62/8 62/9 62/18 107/1 flat [18] 48/1 51/16 51/23 51/23 53/19 72/5 72/13 72/15 72/17 72/21 72/25 73/17 74/15 84/9 84/13 85/20 124/17 131/6 flat 11 [1] 72/25 flat 12 [1] 72/5 flats [5] 28/11 30/24 30/24 74/14 130/23 floor [2] 53/20 54/11 flow [1] 9/21 focus [2] 19/25 68/7 focusing [1] 19/23 follow [7] 48/20 61/6 78/4 78/25 80/10 80/12 97/9 following [10] 16/10 25/9 31/13 42/21	55/13 68/23 73/21 81/3 83/5 86/20 follows [1] 51/11 force [4] 29/21 29/23 118/13 125/19 forcefully [2] 72/15 73/24 forcing [1] 108/18 forefront [1] 74/16 forensic [8] 3/6 3/22 4/20 7/10 7/22 8/3 8/17 20/1 forensics [4] 4/14 4/23 8/8 8/13 forgetting [1] 32/10 form [12] 69/21 81/8 93/3 93/3 93/14 93/17 93/19 96/4 96/18 115/23 121/14 123/6 formal [3] 20/6 39/20 129/15 forms [1] 111/8 formulate [4] 23/5 23/6 23/14 47/16 formulation [5] 23/9 24/15 24/18 50/8 52/21 fortunately [1] 51/24 forward [3] 6/16 30/7 128/9 forwards [1] 89/10 found [5] 4/12 4/23 8/2 28/10 78/2 Foundation [1] 2/6 four [15] 11/2 16/17 23/4 26/16 26/21 33/17 47/8 55/25 88/24 93/23 94/5 95/22 103/7 117/16 129/12 four paragraphs [1] 33/17 fourth [4] 4/8 16/15 54/5 98/2 FP10s [1] 57/14 fractures [1] 74/2 FRAZ [2] 1/5 134/3 friends [1] 92/16 front [1] 26/7 full [2] 99/12 103/3 fully [1] 129/15 functional [3] 16/20 129/12 129/16 further [19] 5/20 5/22 31/4 32/23 38/12 44/3 45/13 45/21 45/21 51/13 53/5 65/13 73/2 81/14 91/17 95/9 98/15 126/1 129/4 future [2] 88/19 130/25 G gain [3] 53/19 73/1 77/19 gained [1] 130/2	gaining [1] 128/1 Gandhi [19] 13/13 33/2 34/6 34/18 43/19 44/2 52/5 52/20 65/7 68/22 90/5 91/17 98/18 98/18 98/19 98/21 112/19 114/13 134/11 Gandhi's [8] 14/7 33/16 49/13 49/15 52/1 52/18 76/17 91/3 gatekeeper [1] 56/3 gatekeepers [1] 10/19 gatekeeping [6] 9/19 9/20 9/21 10/12 10/21 25/15 gather [8] 20/13 24/1 38/4 42/15 58/25 114/3 117/1 117/2 gathered [1] 122/13 gathering [1] 118/21 gave [4] 32/13 35/14 35/16 49/18 GBH [3] 3/11 3/12 3/20 general [13] 2/5 2/10 2/16 3/5 5/24 7/13 7/20 8/6 23/23 24/20 25/1 62/1 110/8 generalised [1] 92/14 generally [4] 12/5 12/23 43/21 119/3 genuinely [2] 84/5 84/8 get [38] 4/14 4/17 5/13 5/14 5/20 5/22 5/24 6/1 6/18 7/2 7/8 21/8 31/4 31/7 35/20 36/12 37/24 49/9 53/15 70/17 70/23 71/24 91/14 93/24 94/5 97/4 103/17 110/12 111/19 115/20 117/18 117/20 118/1 118/5 118/10 120/14 123/3 123/10 get in [1] 123/3 gets [1] 57/22 getting [3] 6/7 19/3 110/11 give [21] 3/3 13/14 46/13 49/24 57/12 58/4 65/15 68/8 75/21 84/11 87/18 94/11 107/20 112/1 112/2 112/5 114/15 117/17 123/20 128/6 132/16 given [17] 14/18 14/21 24/25 48/4 52/24 57/11 66/10 70/10 70/11 80/8 81/24 97/18 105/9 109/23 122/10 129/18 130/4
---	---	---	---	---

G gives [1] 122/5 giving [1] 131/9 GMC [2] 99/13 99/14 go [72] 6/16 10/18 14/8 15/5 15/17 18/18 18/20 20/16 20/21 22/21 23/22 24/4 24/5 24/15 31/6 31/8 33/4 44/11 44/23 45/17 48/19 48/23 50/13 51/10 51/25 52/23 55/1 56/1 56/6 59/25 60/2 60/14 61/4 63/16 65/17 67/1 69/17 75/23 77/1 79/3 85/6 87/6 87/20 87/22 89/10 94/16 100/19 101/3 101/22 103/13 103/25 107/24 109/10 110/16 112/15 115/1 117/23 117/25 117/25 120/18 120/24 122/5 122/16 122/17 122/21 123/16 126/6 128/5 128/21 131/6 132/12 132/16 goes [4] 96/24 97/18 101/17 120/12 going [59] 3/1 8/17 12/8 17/9 18/7 21/4 22/12 27/19 44/8 44/15 44/23 46/1 46/14 46/15 46/19 47/14 47/17 51/3 56/4 65/4 69/15 70/11 70/23 70/25 71/4 71/19 74/22 75/7 75/13 78/21 78/22 79/8 79/21 79/22 80/3 80/12 81/13 87/10 93/5 94/25 96/22 99/22 102/17 107/12 111/18 115/25 117/8 118/4 118/20 125/1 125/5 127/3 131/1 131/8 132/11 132/12 132/23 133/10 133/18 gone [3] 63/22 91/14 133/6 good [7] 1/4 24/24 71/18 105/22 107/23 122/23 133/5 got [46] 5/10 15/21 15/22 17/25 19/3 22/4 25/14 26/11 26/17 26/18 26/18 26/19 27/15 27/16 28/14 30/8 30/21 33/25 34/24 34/25 35/24 42/13 46/2 55/9 60/3 65/16 78/17 90/22 95/4 98/10 98/15 109/4 112/3 115/12 115/19 116/12 116/16	116/21 116/23 118/17 119/25 121/2 121/8 121/18 125/6 130/18 GP [4] 9/9 9/13 9/14 115/18 GPs [1] 9/14 graduate [1] 1/23 grapple [1] 50/7 grappled [1] 95/22 group [6] 37/7 50/6 51/21 94/13 95/21 111/3 guarantee [1] 67/24 guarded [5] 35/5 40/3 40/8 40/21 86/7 guidance [7] 12/5 22/10 22/22 22/24 47/15 80/24 112/16 guided [1] 101/22 guides [1] 111/10 guiding [5] 14/16 100/10 100/19 102/1 109/21 H had [101] 2/20 6/24 6/24 8/2 9/12 11/25 19/22 28/8 28/9 28/12 28/22 29/14 29/25 30/12 30/13 30/14 30/25 31/15 32/7 33/19 35/6 35/10 36/10 36/18 37/3 37/25 38/22 40/19 40/22 44/6 44/24 45/9 45/11 46/22 47/4 47/5 47/5 47/13 50/12 51/21 55/10 55/14 55/16 56/20 56/20 57/7 57/9 60/21 64/3 64/4 64/8 64/13 64/22 69/3 69/10 69/15 70/3 71/25 72/1 72/6 73/13 73/18 74/24 75/6 75/12 78/14 78/15 79/24 79/25 81/6 81/8 82/1 82/6 83/9 83/14 84/17 89/8 92/23 95/2 95/5 95/12 95/22 97/20 102/12 104/12 104/13 104/21 105/24 110/11 118/6 119/23 119/24 120/17 121/24 126/5 126/8 130/25 131/24 132/13 133/4 133/16 hadn't [7] 36/23 40/9 40/23 56/20 72/5 126/18 126/18 half [3] 90/25 96/2 117/19 halfway [5] 38/8 83/2 91/1 97/2 123/22 hallucination [2] 39/9 39/11 hallucinatory [2]	85/12 85/15 hand [2] 106/5 129/4 handcuffed [1] 30/12 handcuffing [1] 72/14 handle [1] 29/16 handle's [1] 29/22 happen [11] 14/13 34/9 44/9 45/8 50/7 60/25 65/3 65/4 79/8 82/8 109/25 happened [34] 14/1 14/10 14/11 20/18 28/16 30/5 32/1 34/19 38/10 42/8 47/13 47/17 48/10 55/3 55/14 55/16 57/2 77/17 81/5 81/9 84/1 89/21 94/15 95/16 103/4 103/12 105/24 105/25 106/7 108/7 118/2 118/6 130/25 131/5 happening [4] 13/25 47/14 47/17 130/22 happens [4] 35/2 55/4 87/20 127/24 hard [2] 5/12 6/15 harm [9] 19/12 19/13 19/16 19/16 112/23 112/24 113/2 113/2 121/12 harmed [2] 48/2 130/19 harming [4] 52/6 52/6 124/17 124/21 has [61] 3/16 4/15 6/9 6/13 11/15 14/1 23/7 25/3 26/18 26/22 29/5 29/16 30/17 32/11 33/6 33/25 36/2 45/10 45/12 51/11 54/9 55/3 55/9 58/5 60/8 69/20 69/22 70/3 76/1 77/9 81/5 83/24 85/11 88/4 94/18 94/21 94/21 97/11 101/18 103/12 105/18 106/21 107/7 108/8 112/3 112/6 114/15 115/12 116/16 116/25 117/13 119/20 119/20 119/21 122/4 122/19 122/20 123/10 123/15 129/25 132/15 hasn't [2] 29/17 45/13 hatch [3] 20/22 122/24 123/2 have [237] haven't [7] 34/14 64/3 100/2 109/10 121/2 121/8 123/5 having [20] 7/4 8/11 25/2 31/9 35/23 36/5 36/6 41/22 42/2 42/3	52/11 57/1 63/18 63/22 63/23 99/11 107/18 113/17 119/18 125/8 HCP [3] 69/24 69/25 70/2 he [272] he'd [5] 38/11 48/25 51/19 70/21 131/19 he'll [3] 13/14 115/20 132/12 he's [42] 30/17 32/7 32/9 32/21 34/13 37/18 43/20 43/22 43/24 43/25 43/25 45/9 45/15 45/15 46/12 46/23 46/25 47/19 47/20 63/21 66/23 78/17 78/18 91/6 91/6 116/15 116/20 116/21 116/23 119/10 124/15 124/16 125/1 125/2 125/2 126/11 129/14 130/10 130/12 130/18 130/18 132/12 head [3] 72/20 106/17 125/18 heading [1] 97/2 health [64] 1/24 2/6 2/20 2/25 8/21 8/23 10/10 12/5 12/6 12/6 14/19 14/21 14/22 15/5 25/9 26/15 27/21 28/3 32/6 34/21 36/5 36/18 38/20 42/3 42/3 43/25 45/22 48/17 50/14 51/13 53/1 56/11 63/14 63/18 64/4 65/2 65/8 69/9 70/5 71/22 74/4 74/17 89/2 95/23 99/11 99/18 100/10 106/16 109/22 109/23 110/22 111/7 112/1 113/8 113/11 113/18 115/2 115/4 115/5 115/9 115/10 119/18 120/6 127/25 healthcare [4] 14/18 31/13 32/4 83/5 hear [9] 48/15 82/15 85/13 85/17 99/25 119/7 119/8 119/12 124/14 heard [7] 26/23 38/11 38/13 84/2 100/2 119/9 123/25 hearing [18] 39/3 39/3 39/7 39/8 40/23 45/3 45/15 48/1 48/25 51/6 63/15 86/3 124/10 124/13 124/15 124/16 125/2 125/11 hears [1] 124/19 heart [1] 109/1	held [1] 86/21 help [15] 34/1 46/25 47/3 49/20 49/22 49/24 49/24 50/16 91/8 94/13 110/12 127/6 131/10 131/13 131/13 helpful [17] 4/24 5/7 5/8 5/14 5/22 8/2 8/15 8/18 15/25 19/6 23/9 33/3 37/1 73/20 94/24 120/7 120/8 helping [1] 8/13 helps [1] 111/11 her [17] 36/24 37/2 38/24 39/1 42/17 54/10 58/4 58/4 74/2 76/4 76/8 84/18 84/22 120/7 124/17 124/21 130/9 here [30] 13/1 20/18 29/5 29/11 29/12 30/21 31/11 32/9 36/17 36/25 41/25 43/13 43/14 43/19 44/5 49/14 51/20 75/21 77/10 85/3 85/7 103/22 103/23 106/22 107/7 109/21 125/8 125/21 129/5 133/4 high [7] 3/22 14/18 51/14 51/17 51/19 96/21 109/22 Highbury [1] 33/9 highly [1] 73/5 him [101] 7/2 20/19 20/22 20/23 29/6 30/2 30/3 30/3 30/12 30/12 32/5 32/11 33/5 33/7 33/8 33/13 35/12 36/5 36/11 36/24 38/14 38/23 38/23 38/23 39/13 39/13 39/14 41/2 42/12 44/9 44/14 44/15 44/16 45/5 45/12 45/18 45/20 46/11 46/20 47/25 48/21 49/5 52/24 53/15 54/20 55/13 55/17 55/24 56/21 57/5 67/9 70/12 70/17 72/14 77/17 81/10 84/3 84/10 84/13 84/15 84/18 84/18 84/18 85/20 90/21 91/14 97/13 97/16 97/19 100/3 104/3 112/9 116/25 120/6 120/7 121/16 122/1 122/21 122/22 123/4 124/2 125/20 126/7 127/3 127/6 127/7 127/12 129/24 130/16 131/6 131/12 131/12 131/13 131/20 132/10 132/18 132/21 132/23
--	--	--	--	--

H	69/20 69/23 70/1 107/23 107/23 113/25 114/1 114/24 121/7 128/13 host [1] 22/10 hour [4] 53/17 55/16 56/23 117/19 hours [28] 9/2 9/3 9/4 9/13 9/14 36/12 37/4 45/13 53/14 53/15 55/14 63/6 68/1 68/2 70/23 75/14 76/8 81/2 81/11 82/24 90/21 114/20 114/21 115/4 119/24 132/21 132/22 132/24 house [4] 22/5 22/9 22/11 45/15 how [58] 2/25 4/3 6/14 8/23 11/2 15/13 15/24 16/11 16/23 17/8 18/6 18/13 19/18 21/9 24/5 24/14 24/19 24/19 24/20 25/14 26/4 26/10 29/5 35/2 38/25 42/25 44/13 47/17 49/5 51/3 53/21 54/14 57/15 57/21 57/23 75/25 76/3 77/9 77/22 78/7 78/25 80/3 80/11 94/18 94/21 94/22 103/23 108/17 110/22 111/13 113/8 113/15 113/20 118/13 122/19 123/10 124/14 133/2 however [4] 43/3 47/24 53/3 108/8 hurting [2] 129/24 129/25 hypnotic [1] 127/1 hypotheses [1] 108/5 hypothesising [1] 106/1 hypothetical [1] 64/1 I	7/25 28/16 29/10 34/7 43/1 46/8 48/9 50/20 50/23 50/25 54/25 55/2 62/12 75/11 81/1 121/2 I clarify [1] 61/21 I completed [4] 1/19 1/23 1/23 99/3 I could [3] 15/15 62/22 127/9 I couldn't [1] 126/7 I did [2] 33/3 33/13 I didn't [3] 81/1 82/15 111/19 I do [5] 23/16 110/8 111/6 111/6 111/7 I don't [27] 4/15 13/25 14/10 14/24 25/14 36/9 37/20 46/17 46/17 51/9 57/20 62/21 64/17 74/24 75/25 76/2 76/13 89/15 90/5 90/7 90/9 91/16 103/3 103/6 104/6 119/4 120/15 I feel [1] 65/18 I found [1] 4/23 I give [1] 65/15 I go [1] 65/17 I had [2] 104/13 105/24 I have [9] 4/17 47/1 62/12 104/7 106/20 109/6 115/13 122/25 125/21 I haven't [2] 100/2 123/5 I hold [1] 1/18 I just [5] 33/5 62/1 62/21 63/25 110/25 I kind [1] 111/13 I know [1] 117/10 I like [1] 106/17 I look [1] 122/9 I made [2] 106/20 119/5 I may [1] 88/24 I mean [3] 40/22 65/21 66/22 I meant [1] 126/3 I mentioned [1] 71/11 I might [3] 61/5 105/17 107/15 I need [1] 62/17 I never [2] 66/9 74/24 I or [1] 128/10 I personally [1] 59/24 I put [1] 113/18 I read [1] 49/15 I received [1] 19/20 I remember [1] 22/6 I represent [1] 81/21 I said [2] 81/1 104/7 I see [1] 83/22	I should [3] 106/5 106/6 127/18 I signed [1] 106/6 I started [1] 123/7 I suggest [1] 88/8 I suspect [1] 127/8 I tend [1] 111/9 I think [80] 3/11 5/5 5/9 5/14 6/3 6/4 6/24 7/16 8/14 14/4 15/15 16/12 18/14 19/20 22/15 23/7 24/8 26/6 27/9 27/16 28/8 29/6 29/25 30/4 31/23 33/21 33/24 34/9 36/1 36/3 38/2 39/24 40/2 40/2 40/3 42/8 42/8 42/11 42/14 43/6 43/8 43/17 44/18 45/9 46/3 46/22 47/1 47/7 49/15 51/4 51/25 53/10 55/20 56/17 58/12 64/19 67/3 69/8 75/9 79/2 80/19 81/13 86/25 88/3 88/3 89/8 91/10 91/10 92/10 95/8 101/16 102/11 108/11 113/11 121/6 128/10 129/23 131/3 133/4 133/16 I understand [3] 31/15 74/25 87/14 I wanted [1] 104/18 I was [18] 32/15 33/3 58/12 87/14 103/8 103/17 104/9 105/22 106/1 106/3 106/9 106/18 106/18 120/3 124/7 124/12 124/13 125/20 I wasn't [5] 36/14 74/6 74/7 76/10 92/2 I went [3] 37/13 97/12 126/4 I will [9] 10/11 19/20 19/22 19/24 20/3 20/12 20/12 34/18 65/20 I work [2] 110/9 111/2 I worked [1] 99/4 I would [11] 28/1 50/10 52/14 54/4 62/10 78/11 83/20 103/6 111/25 112/5 113/22 I wouldn't [4] 65/5 121/16 122/3 133/5 I'd [3] 82/18 85/24 121/13 I'll [3] 17/16 75/21 117/17 I'm [55] 3/1 14/6 15/1 24/6 27/19 30/9 37/4 37/12 44/2 51/8 52/14 55/20 56/21 59/11	65/4 65/16 67/15 71/19 76/23 79/6 79/17 80/1 82/9 84/23 93/5 93/17 94/25 96/21 96/22 103/24 106/14 106/22 108/4 108/4 108/13 109/7 110/3 110/8 111/19 112/7 115/25 117/8 122/2 122/15 125/15 125/24 126/2 126/3 127/4 127/14 127/14 129/3 129/10 132/1 133/16 I've [21] 65/16 98/15 99/8 110/11 117/9 120/12 120/13 120/14 120/25 121/1 121/3 121/13 123/1 123/1 123/9 125/8 129/14 129/15 129/18 129/23 129/24 ID [2] 77/6 117/20 idea [2] 101/24 123/7 ideal [1] 60/16 ideally [2] 17/25 30/4 identifiable [1] 58/1 identified [2] 25/2 50/20 identify [1] 47/19 if [196] ill [2] 18/12 18/24 illicit [2] 83/16 83/17 illness [8] 42/2 71/4 71/13 116/13 116/13 116/18 119/17 131/4 illnesses [1] 130/7 immediate [1] 24/19 impact [4] 26/1 33/20 78/7 79/1 impairment [2] 16/21 101/19 importance [1] 122/2 important [20] 17/19 23/13 24/7 30/15 30/16 35/20 37/8 37/23 41/14 49/23 64/19 71/24 73/7 95/9 95/17 102/3 111/10 113/9 113/11 114/3 impression [5] 32/16 42/18 84/5 84/21 128/22 IMPRESSIONS [1] 63/13 inappropriate [1] 53/12 incident [29] 21/5 21/6 28/16 30/5 45/11 53/23 54/21 54/24 55/4 55/7 55/9 55/13 57/3 63/6 63/21 73/12 73/14 77/9 80/18 81/4 81/6 81/11 88/6 88/7 93/22 97/21 107/1 123/16 123/16
----------	--	--	---	--

I incidents [3] 20/9 45/14 45/21 include [1] 96/8 included [1] 25/18 including [2] 86/21 96/6 incorporating [1] 96/5 increasing [1] 24/21 indeed [4] 8/20 12/14 64/12 70/13 independence [4] 13/9 26/24 101/8 109/14 independent [10] 11/2 11/3 61/23 100/6 108/16 108/18 109/6 116/10 116/10 116/15 India [2] 99/4 99/4 indicated [3] 75/6 76/8 119/23 indicates [2] 86/8 124/24 indicating [1] 74/22 indication [1] 70/22 individual [3] 11/10 93/8 93/11 induced [1] 105/10 inequalities [1] 106/16 influence [2] 14/12 14/13 inform [1] 114/7 informal [9] 13/6 20/6 21/22 21/24 22/2 112/9 114/2 120/17 120/23 informally [1] 121/1 information [111] 5/12 5/20 5/23 5/23 6/2 6/12 6/15 6/19 7/2 7/17 7/19 12/3 16/13 16/14 16/15 19/1 19/1 19/22 20/13 21/8 23/18 24/1 26/6 26/10 27/13 27/14 27/16 28/8 28/9 28/12 28/14 28/24 28/25 29/25 30/8 30/14 30/15 30/15 30/25 31/4 35/17 35/20 35/24 37/24 38/4 38/4 40/17 42/12 42/15 43/11 44/18 45/9 45/11 47/8 52/24 53/10 55/15 55/21 64/18 69/22 71/9 71/20 71/24 71/25 72/7 73/5 73/7 73/18 75/4 75/5 75/6 75/13 77/14 77/19 78/2 78/5 79/10 81/2 83/21 88/25 89/25 90/13 90/16 90/17 93/20 93/24 94/6	94/10 95/1 95/8 95/9 95/17 98/9 114/3 115/11 115/12 116/21 116/24 117/1 117/2 118/1 118/5 118/21 118/21 122/7 122/13 123/9 128/1 129/14 129/17 130/2 informations [1] 88/2 informed [2] 78/20 132/15 informing [1] 19/2 informs [1] 109/17 initial [1] 35/9 initially [1] 39/7 injuries [2] 74/6 74/7 injury [2] 53/24 130/3 inpatient [4] 13/4 59/1 59/17 115/6 input [1] 88/18 Inquiry [5] 1/8 26/22 58/5 98/22 114/15 inserted [1] 125/18 insertion [2] 39/15 125/12 inside [1] 54/7 insight [22] 17/18 18/6 18/9 18/11 24/13 40/19 46/22 47/4 47/5 47/5 47/11 49/21 53/1 57/1 78/6 78/12 78/14 78/15 78/16 78/17 78/17 126/8 instant [2] 67/11 67/25 instead [1] 23/8 insufficient [1] 59/16 intensive [3] 9/22 60/19 71/5 intent [1] 3/12 intention [1] 76/8 interact [1] 106/11 interest [2] 53/3 59/12 interested [1] 20/4 interests [7] 21/13 21/14 111/5 111/17 111/20 111/20 111/21 interfering [1] 39/22 internal [1] 32/12 interpretation [2] 43/13 78/16 interpreted [1] 119/10 interview [11] 21/1 46/4 69/25 77/12 77/18 78/8 103/4 103/19 104/9 105/19 105/21 interviewed [7] 13/13 76/2 79/11 79/22 102/10 102/15 106/25 into [42] 5/1 10/2 10/6 10/13 10/15 11/5 13/11 14/6 19/14 20/21 22/17 26/4 26/8	27/12 40/19 51/16 51/22 53/1 53/19 64/14 72/1 72/9 72/13 73/25 75/17 75/19 77/22 79/4 80/16 84/9 84/13 85/20 94/17 98/5 112/25 114/2 117/18 125/18 126/6 126/8 130/23 131/21 introduce [1] 31/8 introduced [1] 131/24 introducing [1] 77/3 introduction [3] 20/16 34/10 87/21 investigate [3] 38/12 104/11 125/9 investigating [3] 125/1 125/2 125/5 investigation [1] 79/12 involve [2] 17/25 111/5 involved [10] 2/19 4/10 27/21 55/22 60/19 74/4 76/5 81/5 86/21 88/7 involvement [1] 20/2 involving [1] 105/2 irrespective [1] 47/11 is [338] is decision-specific [1] 43/18 isn't [12] 13/3 40/10 41/14 46/18 49/24 58/11 73/8 79/19 88/11 112/8 118/15 129/9 issue [2] 15/14 18/5 issues [11] 42/3 42/3 48/17 50/14 53/1 59/2 73/2 110/11 113/15 119/18 130/8 it [286] it'll [1] 16/4 it's [133] 5/25 6/7 6/15 6/19 6/20 11/17 12/2 12/6 12/14 14/1 15/1 15/7 15/16 15/20 15/25 17/3 17/11 18/5 19/6 21/13 21/14 23/9 23/13 23/16 24/8 24/10 26/7 26/10 26/13 28/11 29/6 30/15 30/15 30/18 31/4 31/6 33/10 33/14 33/24 34/9 34/23 35/1 35/2 36/17 39/13 40/18 41/6 41/10 41/11 41/13 42/1 43/6 43/8 44/19 46/18 47/9 48/12 49/23 52/6 56/16 56/25 57/21 57/22 58/1 58/3 58/15 58/19 60/11 61/11	62/11 62/14 63/4 64/18 64/18 65/11 66/12 66/20 66/21 67/15 68/2 69/16 71/4 71/10 71/13 73/7 73/8 76/4 76/5 76/7 77/3 77/25 78/1 78/5 78/10 78/15 78/19 79/19 80/19 80/22 82/19 82/22 85/1 90/4 90/5 90/5 90/6 90/20 90/23 91/12 91/16 91/18 92/15 93/10 93/18 100/19 102/1 102/3 103/14 104/1 106/22 108/23 109/16 111/10 113/11 114/1 114/3 114/21 115/17 120/9 120/24 121/14 122/16 124/24 items [1] 29/17 its [1] 122/16 itself [1] 10/20 ium [1] 51/16 J January [1] 62/11 job [6] 58/7 62/12 107/21 115/17 116/2 122/8 joint [3] 4/7 11/11 93/9 jointly [4] 4/4 4/5 4/6 5/17 jump [1] 74/1 jumped [1] 54/11 jumping [1] 53/20 June [2] 12/2 102/11 June 2013 [1] 12/2 junior [3] 34/25 128/11 128/14 just [61] 3/24 8/1 8/22 13/9 20/5 21/25 25/22 26/14 27/10 28/18 33/5 33/22 33/23 40/15 44/24 59/25 62/1 62/21 63/7 63/25 64/13 69/2 69/12 70/20 76/4 79/6 80/2 80/18 80/23 82/9 86/14 86/23 87/15 87/16 88/24 92/25 93/15 97/3 97/4 106/1 106/18 109/13 110/25 114/16 114/18 115/25 118/6 118/20 118/20 120/18 121/1 121/7 121/12 122/16 125/7 125/24 126/17 129/3 129/10 129/14 132/1 K keep [4] 36/11 108/1 112/9 132/10 keeping [1] 60/12 kept [1] 126/2	KHURAM [2] 1/5 134/3 kick [1] 124/9 kicked [4] 29/14 30/12 95/2 95/6 kicking [2] 28/5 28/12 kind [36] 14/1 101/1 103/6 103/7 104/18 105/23 106/19 106/19 107/5 107/14 107/18 108/4 108/20 108/24 109/2 110/12 111/4 111/7 111/13 113/20 113/22 115/1 115/15 115/22 116/3 117/12 122/12 123/13 124/25 126/4 127/9 128/4 128/5 130/9 130/12 131/13 knew [7] 7/5 38/16 38/25 39/2 45/24 46/7 132/12 know [277] knowing [2] 101/18 120/4 knowledge [5] 74/13 92/20 104/20 116/17 120/12 known [4] 42/11 64/4 71/21 91/13 L lack [8] 15/12 18/6 41/9 59/19 68/5 78/14 110/6 110/17 lacked [9] 41/7 41/11 44/5 52/25 78/6 126/20 127/20 129/4 129/5 lacking [4] 15/23 18/9 18/11 43/15 lacks [5] 16/17 16/18 16/24 17/8 18/2 Langdale [6] 1/3 1/6 88/25 98/20 134/4 134/12 language [1] 100/21 largely [1] 100/3 last [5] 38/10 59/1 84/1 85/11 103/3 Lastly [1] 98/2 later [8] 3/2 37/25 40/2 53/17 70/14 79/14 100/8 133/14 lawfully [4] 12/19 101/12 101/23 102/3 lead [2] 34/12 34/14 leading [2] 20/7 53/20 leads [1] 110/10 Learn [2] 23/5 23/6 learning [1] 23/14 learnt [1] 74/21 least [19] 5/17 10/13 11/6 12/14 12/25 13/7
--	--	--	--	---

L least... [13] 14/2 27/1 42/21 42/23 43/2 43/7 43/12 56/23 101/7 101/14 101/16 101/24 109/13 led [2] 77/22 85/20 left [4] 44/9 57/19 104/3 132/15 legal [1] 62/14 let [6] 37/17 42/17 87/7 87/11 87/14 117/21 let's [6] 29/13 64/13 91/19 103/13 103/25 121/17 level [2] 4/8 18/22 liaise [1] 132/13 liaison [8] 7/8 28/23 28/25 30/22 31/11 32/2 55/23 69/9 licensed [1] 99/13 life [1] 54/10 like [43] 5/13 9/11 17/25 20/6 20/9 26/20 28/8 34/3 34/24 39/21 46/4 47/4 49/20 49/21 52/4 52/19 55/1 55/3 56/19 57/13 58/20 59/24 67/1 71/6 71/11 75/20 77/12 80/14 81/1 82/18 85/24 103/6 106/17 106/17 115/14 118/15 118/17 121/20 124/5 124/12 125/21 128/1 128/10 likelihood [4] 19/12 51/14 51/16 112/23 limited [6] 28/8 40/19 56/25 71/25 78/16 126/8 lines [1] 106/2 list [4] 60/2 60/14 61/4 129/21 listed [1] 129/20 listening [1] 49/5 little [2] 82/9 97/3 live [4] 113/4 120/21 123/11 132/7 lives [1] 28/10 living [5] 18/16 18/22 39/2 45/24 130/25 Lloyd [1] 35/10 Lloyd's [1] 32/17 local [4] 58/22 59/1 59/16 114/24 located [1] 30/23 lock [1] 95/6 lockdown [1] 33/23 locum [1] 99/15 logs [1] 118/16 long [9] 6/14 12/2 40/10 56/15 56/16 56/16 80/3 86/1 133/16	longstanding [3] 64/8 64/13 64/14 look [55] 3/11 5/1 10/15 11/5 11/6 11/19 12/9 13/11 14/15 16/18 19/22 19/24 20/5 24/10 28/21 29/13 29/15 30/20 47/16 51/25 52/1 52/4 52/17 54/5 59/14 62/19 63/8 69/12 69/14 69/16 69/18 86/17 90/24 95/25 96/1 97/1 100/9 100/12 101/5 101/24 103/7 103/19 107/25 113/9 113/13 113/24 118/19 119/14 121/17 122/9 122/17 122/18 125/24 126/24 129/10 looked [8] 62/21 69/8 75/17 75/19 96/3 106/6 114/2 122/13 looking [15] 10/13 13/5 14/7 19/25 20/1 26/4 29/7 100/22 100/22 101/19 102/17 105/23 109/13 114/20 133/6 looks [6] 29/16 43/4 51/10 118/15 124/5 125/21 lot [9] 17/17 19/1 21/17 23/7 55/21 60/25 81/5 106/13 117/9 Lots [1] 16/4 low [4] 41/4 50/17 59/10 66/17 lower [2] 54/12 54/14 luckily [1] 6/24 lunch [2] 133/14 133/18 M made [22] 5/18 36/23 38/1 38/5 53/15 56/12 59/24 64/17 64/23 86/22 89/15 90/8 91/15 91/20 92/7 98/6 105/12 106/20 115/24 119/1 119/5 132/2 main [1] 19/25 mainly [1] 4/9 make [41] 3/6 10/2 10/5 10/7 10/8 11/15 11/18 16/2 16/8 26/12 29/4 33/3 33/6 34/23 37/13 37/14 58/19 61/12 75/24 76/16 77/8 87/1 92/24 97/20 101/1 101/1 103/6 108/16 108/19 109/6 110/20 110/23 110/23 111/4 112/12 116/16 116/21 119/1 122/9	128/4 128/17 makes [2] 35/1 109/17 making [16] 10/9 10/25 14/4 14/12 18/1 19/18 26/22 27/5 27/15 61/6 101/21 114/10 116/22 128/2 131/23 132/14 male [1] 54/6 males [3] 13/18 13/24 102/21 Malik [25] 1/4 1/5 1/7 15/13 16/4 21/21 22/24 32/24 58/19 61/21 62/19 62/22 67/15 69/7 71/15 71/18 81/21 85/4 86/14 114/17 127/23 127/24 128/11 128/16 134/3 manage [5] 9/21 45/20 48/8 113/6 128/9 managed [13] 10/5 10/16 11/8 13/6 13/7 22/4 22/5 22/16 25/4 51/3 61/16 65/19 121/13 management [9] 4/9 22/23 23/11 24/22 25/8 25/11 26/5 59/18 131/22 managing [1] 121/9 manic [1] 17/3 manner [3] 49/6 77/13 106/4 Mansfield [1] 2/12 manual [1] 100/19 many [7] 2/25 8/23 24/1 59/17 108/17 117/10 120/13 March [2] 58/23 59/5 March 2025 [2] 58/23 59/5 mask [4] 33/19 33/20 33/25 121/24 matching [1] 130/9 matter [1] 86/14 matters [1] 52/13 maximising [3] 13/9 101/8 109/14 may [25] 1/4 26/2 31/18 49/4 52/12 61/22 62/19 62/25 63/8 65/11 69/13 69/19 73/1 81/23 81/25 85/7 85/23 88/24 92/4 98/17 98/18 118/13 118/14 132/24 132/24 May 2020 [2] 61/22 81/23 maybe [4] 15/1 70/4 75/14 91/16 MBBS [1] 1/18	MBRRACE [1] 106/15 MDT [1] 34/25 me [25] 19/21 32/16 32/21 33/14 56/17 62/17 67/15 80/1 86/14 90/5 94/13 103/20 104/6 104/19 105/14 108/13 108/16 109/5 109/8 111/11 112/1 119/3 122/5 122/5 127/4 mean [9] 9/20 22/11 34/13 40/22 65/21 65/23 66/22 92/13 95/14 means [4] 9/21 16/17 30/17 129/12 meant [2] 37/24 126/3 med [1] 51/16 medical [29] 8/19 11/10 11/11 11/11 29/8 30/21 33/18 48/14 51/25 58/10 63/17 69/18 76/23 77/14 87/9 93/2 93/8 93/9 99/3 102/10 104/21 105/23 115/7 121/22 122/2 122/3 122/8 122/22 123/4 medicated [1] 63/19 medication [64] 13/21 17/9 17/10 18/8 18/12 18/13 19/5 20/10 33/11 33/12 37/15 41/19 41/20 43/22 44/15 45/18 47/7 56/20 57/4 57/10 57/11 57/18 57/24 65/1 65/12 65/20 65/24 65/25 66/1 66/6 66/10 66/10 66/20 66/23 68/8 68/20 68/23 69/22 70/1 70/24 79/13 79/21 97/12 97/16 97/19 97/25 102/25 105/3 126/25 127/1 127/19 128/15 128/20 128/21 129/7 131/2 131/9 131/10 131/20 131/24 132/17 132/24 133/9 133/10 Medicine [1] 1/18 medicines [1] 33/8 medics [1] 34/11 medium [1] 51/20 meds [1] 33/6 meet [1] 128/3 meeting [5] 4/19 5/10 42/24 104/14 104/15 member [7] 1/25 18/23 18/23 90/2 97/6 99/6 120/19 members [2] 59/5	59/19 membership [2] 58/22 58/25 memoire [1] 121/25 memory [6] 35/24 62/2 103/3 106/20 106/23 107/2 mental [83] 1/24 2/20 2/25 3/10 8/21 8/22 10/9 12/4 12/6 12/6 14/18 14/21 15/5 15/6 15/10 19/12 21/7 24/4 24/5 25/9 26/15 27/21 28/3 34/21 36/5 36/18 38/20 42/2 42/2 42/3 45/22 48/17 50/14 51/13 53/1 56/11 63/14 63/18 64/4 65/2 65/8 68/4 68/12 69/9 70/4 71/21 74/4 74/16 89/1 91/6 95/23 99/10 99/12 99/18 100/10 101/18 109/22 110/16 110/22 111/7 111/23 111/24 111/25 112/1 112/3 112/23 113/8 113/11 113/18 115/2 115/3 115/5 115/9 115/10 116/9 116/13 116/13 116/18 119/17 119/18 120/5 127/24 130/7 mention [8] 14/10 46/3 46/9 52/18 85/25 118/16 118/16 127/13 mentioned [8] 36/1 46/8 47/2 62/20 71/11 85/22 117/5 127/15 message [1] 106/3 met [2] 11/15 112/5 microphones [1] 49/5 Midlands [3] 2/10 63/5 110/10 midnight [2] 31/25 63/7 might [44] 1/20 3/19 3/24 3/25 4/1 4/7 5/5 9/9 9/10 15/17 15/22 18/12 20/23 25/16 34/13 37/21 38/2 38/3 46/6 50/7 52/16 59/10 60/4 61/5 71/11 75/2 87/8 87/15 87/18 87/23 87/24 88/13 91/11 91/14 91/17 94/20 105/17 107/15 108/23 117/19 122/9 129/10 130/5 133/14 milligrams [1] 66/17 mind [5] 16/21 28/7 101/19 103/10 133/14 mine [1] 85/9 minimal [1] 56/13 minimum [2] 6/12 13/3
--	--	--	--	---

M minute [1] 80/5 minutes [3] 79/24 79/25 117/19 misuse [1] 20/4 mitigate [2] 25/13 132/5 mitigated [1] 47/23 mitigating [1] 113/24 Moloney [6] 61/19 61/20 82/4 82/11 82/18 134/5 moment [10] 16/4 49/23 64/24 106/2 113/14 114/1 118/20 122/4 122/14 131/7 monitor [2] 18/14 44/15 mood [6] 24/11 40/20 41/5 126/9 126/10 126/12 more [34] 5/12 5/14 6/3 7/11 7/11 7/12 8/14 20/3 23/9 23/18 24/9 27/14 27/16 29/25 32/14 36/9 38/4 40/3 40/8 42/12 42/15 44/12 56/23 58/3 64/6 70/4 72/7 79/25 80/2 87/17 87/19 88/6 88/11 117/17 morning [5] 1/4 63/8 71/18 82/10 133/16 most [4] 6/4 13/7 25/15 125/22 mother [33] 35/15 35/18 35/25 36/1 36/18 38/13 38/14 38/22 39/1 39/3 41/25 48/2 49/18 74/22 74/25 75/6 84/2 84/3 84/8 84/17 89/1 91/2 91/7 118/24 119/15 123/25 124/2 124/15 124/16 125/7 125/9 130/18 132/3 mother's [5] 42/10 91/12 124/11 124/14 124/19 moved [2] 35/14 99/5 Moving [2] 76/14 84/25 Mr [19] 32/17 35/10 61/19 61/20 81/19 81/20 82/4 82/11 82/18 86/12 86/13 88/22 88/23 96/1 96/11 134/5 134/7 134/8 134/9 Mr Beer [3] 88/22 88/23 134/9 Mr Beggs [3] 86/12 86/13 134/8 Mr Lloyd [1] 35/10 Mr Lloyd's [1] 32/17	MR MOLONEY [5] 61/20 82/4 82/11 82/18 134/5 Mr Straw [3] 81/19 81/20 134/7 Mr Williams's [2] 96/1 96/11 Mrs [4] 89/16 90/18 91/9 91/25 Mrs Calocane [4] 89/16 90/18 91/9 91/25 Ms [10] 1/3 1/6 71/16 71/17 79/24 88/25 98/20 134/4 134/6 134/12 Ms Benyounes [4] 71/16 71/17 79/24 134/6 Ms Langdale [6] 1/3 1/6 88/25 98/20 134/4 134/12 much [18] 20/13 26/10 54/22 59/7 70/16 71/15 71/24 81/12 83/22 86/11 88/21 91/1 98/13 100/24 103/25 106/15 118/13 122/22 muddled [1] 41/3 multi [1] 26/20 multidisciplinary [1] 108/23 mum [13] 36/9 37/19 46/3 46/4 46/7 46/10 46/10 46/11 84/10 84/11 85/13 85/18 130/11 mum's [1] 84/11 mumbling [1] 63/15 must [2] 15/11 51/21 my [70] 1/11 3/22 4/19 14/7 19/25 28/20 31/23 32/7 37/22 38/6 42/8 43/13 43/17 43/18 44/4 52/15 58/6 58/7 58/8 61/18 62/10 62/12 65/17 66/5 66/9 70/15 78/16 92/15 92/18 99/3 101/16 105/24 106/17 106/22 106/23 107/12 107/17 108/2 108/5 108/5 108/16 109/6 110/9 110/13 110/15 110/25 111/1 111/1 111/8 112/14 117/8 117/9 117/22 118/1 118/15 118/19 120/12 121/2 122/4 122/8 122/18 122/25 125/22 126/24 127/4 128/16 129/23 131/3 133/6 133/13 myself [3] 109/9 119/5 128/17	N naive [1] 66/22 name [2] 85/3 128/16 names [3] 20/17 77/6 128/17 nationally [1] 60/7 nature [10] 19/11 22/1 64/8 64/12 64/13 68/4 68/11 71/12 105/16 112/22 nd [1] 52/25 nearby [1] 132/7 necessary [7] 19/9 21/25 47/16 48/6 66/2 112/20 114/5 ned [1] 54/13 need [50] 1/20 3/10 4/10 4/25 5/1 5/11 5/17 9/15 9/16 10/1 10/2 10/4 10/6 10/17 12/10 18/2 18/13 22/17 23/18 27/14 29/4 30/8 34/23 46/18 53/5 57/25 60/1 62/17 65/6 68/2 75/24 77/7 77/14 80/3 87/1 87/4 93/18 95/12 104/1 108/16 108/24 109/2 110/13 112/9 112/11 119/12 120/8 121/6 132/5 133/17 needed [9] 7/1 46/25 48/8 57/4 57/6 57/7 57/8 61/9 113/18 needs [16] 3/9 9/4 10/18 11/9 11/12 11/14 11/17 42/22 43/3 50/16 58/13 61/16 68/25 87/2 87/3 87/4 neighbour [1] 54/9 neighbour's [3] 48/1 51/16 51/23 neighbouring [7] 9/11 72/17 73/13 74/11 92/16 130/23 131/21 neighbours [1] 51/15 NEMS [1] 9/13 network [1] 17/24 never [12] 59/24 66/9 66/23 74/24 98/10 110/11 118/12 120/13 120/14 121/3 121/13 121/13 next [19] 16/6 17/10 20/18 20/23 36/20 41/1 54/20 55/24 56/3 62/10 62/11 70/23 83/22 85/6 98/17 101/9 112/18 126/19 132/24 NGPF0000072 [1] 29/13 NGPF0000077 [1]	69/17 NHFT [2] 2/16 2/21 NHFT0000004 [1] 85/1 NHFT0000168 [7] 30/19 33/15 54/2 82/20 90/24 97/1 114/14 NHFT0004927 [1] 103/13 NHFT0015099 [1] 22/23 nicer [1] 122/22 night [3] 31/24 38/10 84/1 nighttime [1] 32/4 no [79] 7/13 13/11 14/9 17/16 17/16 20/25 24/25 29/11 29/11 29/12 29/18 31/20 32/15 34/16 37/12 38/18 42/1 42/8 47/5 48/17 49/14 50/13 51/8 51/11 51/23 52/10 52/18 52/22 53/25 54/17 55/14 55/18 56/2 57/1 57/11 59/13 60/8 60/14 60/23 61/4 61/23 63/3 63/4 65/15 67/1 69/10 70/22 74/8 74/9 76/10 81/24 88/7 90/9 90/23 91/10 91/21 91/21 92/2 92/4 93/13 93/14 93/18 96/22 98/15 100/2 100/7 102/16 106/20 107/2 107/3 117/24 118/12 118/15 118/16 119/22 120/3 120/22 129/25 130/1 nobody [2] 108/18 120/22 NOCC0000044 [3] 48/11 89/4 95/25 nod [2] 49/9 49/9 nodded [18] 15/4 25/25 36/22 48/3 49/8 64/11 66/16 68/21 77/24 78/3 83/13 102/5 114/8 118/7 118/25 126/21 130/20 133/1 non [2] 18/4 20/10 non-capacitous [1] 18/4 non-concordance [1] 20/10 none [1] 46/20 nonetheless [1] 96/17 nor [1] 64/12 normal [13] 28/20 37/16 52/15 57/15 79/2 89/23 94/1 117/8 117/9 117/11 122/18	127/25 128/2 normally [48] 3/23 9/5 20/16 25/17 28/21 28/24 29/3 31/4 31/6 34/9 34/11 36/14 36/15 37/17 44/10 44/11 44/13 54/25 55/1 57/15 57/20 59/25 65/5 79/2 79/7 79/17 82/8 83/17 83/20 87/6 87/12 87/20 87/22 87/22 88/1 89/25 94/24 96/20 114/22 116/4 117/21 117/24 119/6 119/11 122/17 125/16 128/3 128/13 not [141] note [14] 32/23 33/16 34/5 34/13 34/14 35/3 83/23 85/7 85/8 91/3 108/8 114/13 119/14 121/25 noted [2] 86/7 102/15 notes [33] 14/7 31/23 34/17 35/10 42/9 49/13 54/3 56/1 56/7 76/16 82/18 92/4 92/24 100/4 102/12 105/24 106/21 106/22 108/5 108/6 118/15 118/19 122/6 122/13 124/10 125/8 126/24 127/4 127/5 128/10 129/23 131/4 133/6 nothing [1] 108/5 noticed [3] 36/2 42/6 119/20 noting [1] 82/1 notion [1] 38/16 Nottingham [17] 1/24 2/6 33/10 36/13 37/5 37/6 90/22 92/15 92/19 94/11 99/7 99/16 119/23 120/2 120/5 123/8 123/11 Nottinghamshire [3] 3/5 4/13 86/15 November [1] 12/1 November 2012 [1] 12/1 now [23] 12/2 12/13 22/22 27/20 28/19 29/15 35/23 49/1 53/13 62/24 63/25 66/15 69/20 73/21 74/3 76/21 77/25 83/24 86/1 90/7 91/7 97/20 133/15 number [11] 29/17 35/7 42/10 42/13 48/21 59/8 59/9 59/10 84/11 91/12 91/15 numbers [2] 3/3 16/5 numerous [2] 41/4 99/18
---	--	--	---	--

N	29/3 29/8 30/11 31/9 69/22 69/24 70/2 72/13 86/24 87/18 87/21 88/5 91/14	opinion [1] 58/6 opportunity [1] 77/19 option [15] 12/14 13/1 14/2 42/22 42/24 43/2 57/19 101/7 101/21 101/24 102/6 102/25 109/14 113/23 113/25 options [4] 11/20 43/9 132/4 133/7 or [176] order [4] 24/14 31/13 73/19 83/8 organic [2] 31/14 83/8 organisations [1] 7/23 orientation [1] 24/12 other [32] 11/3 15/10 19/10 19/11 19/24 21/17 22/14 31/18 35/1 37/21 39/9 39/25 54/15 55/3 60/9 73/10 77/1 81/5 88/10 92/17 92/22 93/8 102/7 112/4 112/21 112/22 116/22 120/20 125/19 125/19 128/4 129/25 others [26] 19/8 19/17 19/18 20/11 21/12 22/23 23/15 27/3 27/3 27/10 27/12 31/7 36/7 47/12 51/15 52/6 73/6 73/19 96/7 111/16 112/17 113/2 113/7 119/19 130/8 132/5 otherwise [4] 15/16 15/21 32/16 46/5 our [12] 6/24 20/17 23/19 77/6 77/6 83/15 87/9 94/1 123/6 128/6 128/13 128/17 ourselves [1] 31/8 out [38] 1/15 6/4 8/19 9/2 9/3 9/4 9/13 9/14 12/14 13/8 16/11 18/13 23/2 24/18 30/22 31/14 36/17 37/25 38/8 38/8 42/1 51/12 53/20 55/19 59/12 71/6 83/8 90/15 91/3 93/13 93/17 105/6 110/20 114/20 114/21 117/12 121/25 132/11 outcome [9] 37/18 37/19 42/17 42/17 78/20 79/3 79/8 87/12 87/14 outpatient [2] 6/11 111/6 outside [4] 20/22 29/9 117/21 118/4 over [12] 13/18 23/7 23/20 36/1 48/19 59/1	63/16 83/22 85/6 99/23 102/20 120/18 over-representation [1] 13/18 overarching [1] 101/6 overspeaking [7] 5/21 55/15 92/23 100/24 108/15 110/2 110/13 own [14] 45/24 52/8 58/4 80/23 92/5 92/13 96/25 115/18 122/16 123/6 130/22 131/23 132/6 132/11	page 9 [1] 24/4 page 94 [1] 15/25 page 98 [3] 15/5 15/7 15/8 page 99 [3] 16/3 110/16 110/19 pages [2] 12/13 23/22 pages 23 [1] 12/13 pages 8 [1] 23/22 pain [10] 38/15 39/1 54/12 54/14 63/10 63/11 63/15 84/4 85/14 124/3 Palmer [5] 13/19 58/4 102/23 107/8 114/18 Palmer's [1] 97/5 paragraph [6] 1/10 27/25 41/1 48/24 86/15 126/19 paragraph 45 [2] 1/10 27/25 paragraph 74 [1] 86/15 paragraphs [2] 33/17 121/21 parameters [1] 64/10 paranoia [6] 39/18 49/7 85/23 86/8 125/13 126/5 paranoid [2] 34/3 84/21 park [1] 117/22 part [22] 4/23 26/9 34/20 50/9 50/11 52/14 62/24 65/1 71/23 96/4 96/20 97/8 97/14 97/15 97/23 111/8 113/11 127/2 127/2 129/18 129/18 129/19 partial [1] 78/17 particularly [1] 76/15 partners [1] 59/20 parts [3] 60/9 92/17 126/23 passed [1] 90/16 passive [1] 125/15 past [10] 20/4 36/5 42/4 50/14 63/17 63/19 64/5 107/13 108/2 119/18 patch [1] 4/19 patient [53] 3/9 12/18 12/20 13/5 13/6 17/21 18/1 18/4 18/18 19/16 22/15 23/15 23/20 25/22 26/23 26/24 28/22 30/4 30/6 30/6 30/7 37/17 43/9 49/23 59/21 59/22 60/22 60/22 65/10 65/17 87/1 93/10 96/10 101/11 101/13 101/18 106/11 108/25 109/1
nurse [2] 36/18 109/4				
O				
objectively [1] 126/11 obligation [2] 80/22 93/13 obligations [3] 25/22 25/23 80/24 observations [1] 86/5 observe [10] 18/18 33/13 44/15 45/18 57/24 97/13 97/16 97/19 97/25 131/12 observed [4] 35/10 40/5 57/18 125/25 observing [1] 133/9 obtain [1] 127/23 obtained [1] 88/25 obvious [6] 32/14 37/4 41/10 85/23 86/4 88/11 obviously [36] 8/8 9/3 10/12 13/3 17/17 21/4 26/8 28/16 38/3 41/18 46/8 51/4 52/10 56/21 63/22 67/14 77/7 84/23 86/25 94/17 100/25 108/24 112/4 114/21 115/21 116/19 123/4 123/12 123/13 124/9 124/24 125/4 126/4 126/5 126/12 131/5 occasion [5] 57/4 85/16 90/7 94/2 98/5 occasional [1] 25/16 occasionally [1] 100/17 occasions [3] 23/20 65/6 85/11 occupant [3] 72/21 72/25 73/25 occupants [2] 73/17 74/15 occupation [1] 35/14 occupied [1] 72/18 occurred [1] 105/1 off [8] 23/17 24/16 27/19 29/16 33/22 82/17 94/10 106/6 offence [4] 3/14 6/14 45/1 55/12 offences [3] 21/15 111/18 111/22 offending [4] 3/11 5/15 6/5 72/1 offer [4] 4/6 107/22 115/22 115/22 offered [3] 42/22 43/3 44/10 offering [1] 44/21 officer [14] 28/15	Officer/HCP [1] 70/2 officers [4] 86/24 87/18 88/13 132/14 often [10] 7/11 7/16 7/19 16/23 27/14 48/21 57/21 57/23 65/3 65/4 Oh [2] 55/16 120/8 okay [21] 1/21 17/17 40/4 41/5 44/10 64/22 66/4 67/16 70/10 84/11 86/11 89/8 90/20 91/22 93/20 100/3 103/13 110/25 111/25 123/17 124/13 olanzapine [19] 33/1 43/23 44/6 64/25 66/15 66/18 66/20 67/6 67/11 67/17 67/24 68/17 70/10 126/25 127/8 127/10 127/13 127/17 128/24 on [163] on-call [14] 9/5 9/6 33/14 34/20 34/21 37/14 65/8 65/14 81/10 89/19 90/4 110/9 115/3 116/8 once [14] 4/21 11/13 38/5 44/11 44/12 44/12 44/13 57/22 58/3 86/25 87/6 115/12 117/23 123/13 one [51] 3/10 3/23 10/14 16/9 16/17 18/13 21/19 23/17 24/6 26/1 26/14 27/24 27/24 29/18 30/24 31/3 31/6 34/11 34/20 35/1 35/15 35/17 38/3 38/3 39/14 45/10 51/1 51/23 59/10 64/14 69/2 69/12 71/13 72/15 73/12 73/15 74/15 80/5 83/24 86/14 88/7 94/13 104/25 105/1 105/15 110/10 116/19 116/20 119/1 126/24 129/4 one-week [1] 71/13 ones [1] 3/1 ongoing [3] 8/12 21/2 58/13 only [13] 5/2 22/6 22/7 32/2 33/22 35/1 45/10 71/13 79/13 93/18 102/12 113/25 130/4 open [6] 20/24 80/25 94/14 94/16 94/23 95/15 opened [1] 59/4	orientation [1] 24/12 other [32] 11/3 15/10 19/10 19/11 19/24 21/17 22/14 31/18 35/1 37/21 39/9 39/25 54/15 55/3 60/9 73/10 77/1 81/5 88/10 92/17 92/22 93/8 102/7 112/4 112/21 112/22 116/22 120/20 125/19 125/19 128/4 129/25 others [26] 19/8 19/17 19/18 20/11 21/12 22/23 23/15 27/3 27/3 27/10 27/12 31/7 36/7 47/12 51/15 52/6 73/6 73/19 96/7 111/16 112/17 113/2 113/7 119/19 130/8 132/5 otherwise [4] 15/16 15/21 32/16 46/5 our [12] 6/24 20/17 23/19 77/6 77/6 83/15 87/9 94/1 123/6 128/6 128/13 128/17 ourselves [1] 31/8 out [38] 1/15 6/4 8/19 9/2 9/3 9/4 9/13 9/14 12/14 13/8 16/11 18/13 23/2 24/18 30/22 31/14 36/17 37/25 38/8 38/8 42/1 51/12 53/20 55/19 59/12 71/6 83/8 90/15 91/3 93/13 93/17 105/6 110/20 114/20 114/21 117/12 121/25 132/11 outcome [9] 37/18 37/19 42/17 42/17 78/20 79/3 79/8 87/12 87/14 outpatient [2] 6/11 111/6 outside [4] 20/22 29/9 117/21 118/4 over [12] 13/18 23/7 23/20 36/1 48/19 59/1	PACE [2] 69/20 132/10 pads [2] 57/14 66/5 page [68] 12/12 12/15 15/5 15/7 15/8 15/25 16/3 19/7 19/8 21/19 21/21 23/1 23/24 24/4 24/15 24/16 24/16 29/13 30/20 33/15 48/12 48/19 48/19 48/23 50/13 51/11 52/23 54/2 56/1 56/7 58/18 58/23 59/14 63/16 69/17 82/20 83/2 83/22 83/23 83/25 85/2 85/6 85/7 85/10 86/16 89/4 89/4 89/10 90/24 90/25 96/1 96/2 96/2 97/1 97/2 100/12 101/5 103/13 103/14 109/13 109/20 110/16 110/19 112/15 112/18 114/14 123/22 134/2 page 1 [7] 29/13 30/20 48/12 58/18 82/20 89/4 96/1 page 10 [2] 24/15 24/16 page 11 [1] 24/16 page 115 [5] 19/7 19/8 21/21 112/15 112/18 page 116 [1] 21/19 page 18 [1] 86/16 page 2 [7] 33/15 48/19 58/23 83/23 90/24 103/13 103/14 page 23 [5] 12/12 12/15 100/12 109/13 109/20 page 3 [4] 48/23 54/2 89/10 97/1 page 4 [4] 50/13 56/1 59/14 96/2 page 5 [2] 51/11 56/7 page 7 [4] 23/1 52/23 69/17 85/2 page 8 [1] 23/24	

P	person's [1] 21/23 personally [1] 59/24 persons [1] 73/10 perspective [1] 53/22 persuade [7] 13/19 58/8 102/23 107/8 108/12 108/13 126/7 persuading [1] 108/9 pertaining [1] 28/2 pharmacy [2] 128/13 128/19 phenomena [1] 125/15 phone [2] 37/13 91/15 photo [3] 28/6 118/10 118/16 photograph [3] 29/14 72/4 72/16 photographs [1] 95/4 physical [6] 14/19 14/22 32/6 48/17 109/23 122/20 picked [4] 41/15 41/17 41/24 49/9 picture [2] 28/6 130/11 pieces [1] 30/14 pink [1] 93/3 pinpoint [1] 49/11 place [8] 44/23 53/8 57/25 71/1 113/19 115/8 117/24 121/11 placed [1] 100/11 places [1] 99/20 plan [24] 23/11 24/22 25/10 25/11 25/11 25/11 25/18 44/19 44/21 54/13 79/13 79/18 80/13 97/8 97/14 97/15 97/23 103/1 107/15 131/7 132/13 133/5 133/6 133/12 planning [3] 33/4 44/16 45/17 plans [6] 25/8 25/9 26/5 114/9 114/9 115/24 play [1] 18/25 please [59] 1/4 8/10 12/16 15/5 15/9 16/6 21/19 22/21 23/22 24/15 27/19 29/13 30/19 33/15 48/11 48/23 50/13 52/23 54/1 58/17 58/17 60/13 62/19 63/16 69/16 69/17 80/2 80/6 82/3 82/18 82/19 83/22 85/1 85/2 85/6 89/10 90/24 90/24 93/20 95/4 95/21 95/25 96/2 96/3 97/1 97/1 97/3 98/17 98/25	99/1 100/12 101/5 101/9 103/10 109/12 109/20 110/16 112/15 126/22 pm [2] 97/5 133/20 PNC [1] 5/1 point [17] 4/19 4/21 5/9 7/5 12/22 13/2 23/24 35/21 38/17 69/2 82/6 87/9 115/11 116/19 126/14 129/22 132/2 points [2] 23/4 113/3 police [53] 20/2 28/15 29/1 30/23 36/10 36/11 54/23 54/23 57/12 65/22 65/24 66/1 66/2 66/7 66/11 69/14 70/11 70/21 70/24 72/12 72/13 72/21 73/1 73/15 73/22 77/20 78/10 83/12 86/15 86/24 88/9 93/21 94/4 94/11 94/23 99/19 115/6 116/24 117/5 117/6 117/7 117/10 118/21 120/9 120/11 120/13 122/14 123/17 130/2 132/2 132/3 132/10 132/14 policy [1] 80/23 pollinates [1] 116/20 Portugal [1] 35/13 pose [1] 121/11 posed [3] 47/14 103/18 105/14 posing [1] 27/9 possibility [1] 84/24 possible [10] 12/18 19/15 20/13 23/16 24/2 52/25 71/25 100/24 101/11 113/1 post [3] 1/23 29/18 99/15 potential [4] 19/13 105/9 112/24 130/24 potentially [3] 75/15 87/16 88/19 power [1] 112/1 powers [1] 17/7 practical [1] 12/9 practicality [1] 66/12 practice [47] 8/11 12/7 12/8 12/21 13/2 15/6 16/19 19/7 24/24 27/1 27/25 28/21 30/20 35/2 37/16 43/6 52/16 54/3 57/15 76/24 89/18 89/23 90/10 92/11 92/13 92/14 92/19 94/3 94/4 99/13 100/13 101/15 101/17 105/23 109/15 111/1 111/2 111/8 116/9 116/15 117/8	117/9 117/11 117/22 118/2 122/18 128/3 practise [1] 94/1 practitioner [8] 7/1 8/20 32/5 66/25 66/25 69/9 104/21 107/4 practitioners [3] 37/7 86/21 114/16 pre [2] 8/2 96/4 pre-Covid [1] 8/2 pre-printed [1] 96/4 precipitating [1] 87/19 predict [1] 71/3 predominant [1] 6/6 predominantly [1] 19/24 premise [1] 29/18 Preparation [1] 23/25 prepare [1] 132/16 prepared [3] 1/7 23/2 64/5 prescribe [5] 65/14 65/21 65/23 65/24 68/23 prescribed [1] 66/15 prescribing [3] 65/5 65/25 66/13 prescription [5] 57/14 64/25 65/1 66/4 128/24 prescriptions [1] 128/12 presence [2] 52/7 129/21 present [5] 18/23 52/11 68/7 95/6 97/22 presentation [14] 14/5 31/14 40/20 43/11 48/18 61/15 64/20 83/9 96/23 98/7 98/8 122/11 126/9 128/7 presented [2] 77/23 95/23 presenting [5] 32/21 51/5 63/9 68/25 70/20 pressure [3] 59/16 59/18 59/21 pressures [2] 5/6 59/1 presumably [2] 22/24 39/18 pretty [1] 70/16 prevent [2] 21/11 111/15 preventing [1] 72/22 previous [11] 20/1 20/2 20/2 20/5 48/17 104/22 115/19 122/9 122/25 130/7 130/7 previously [1] 6/25 primary [1] 92/7 principle [8] 11/6 12/22 43/7 43/12	100/19 101/22 102/1 102/7 principles [7] 14/16 23/23 25/1 61/6 100/11 101/6 109/21 printed [1] 96/4 prior [3] 31/12 83/4 89/24 priorities [1] 15/3 priority [3] 14/19 14/22 109/23 prison [5] 6/8 6/10 6/13 6/17 6/25 private [1] 9/10 probably [2] 1/22 125/22 probing [1] 87/15 problem [5] 4/15 64/12 113/14 121/4 121/6 problems [4] 63/18 63/24 64/4 64/8 proceed [1] 88/1 proceeded [1] 69/2 process [11] 21/1 21/2 71/24 88/9 88/10 111/11 113/12 116/3 116/4 116/20 128/2 processes [2] 7/4 127/25 produce [1] 103/23 professional [6] 1/15 62/16 80/24 88/14 115/4 115/9 professionals [5] 13/16 39/5 102/19 103/15 108/22 progress [1] 30/23 properly [2] 73/19 106/6 properties [1] 73/13 property [7] 39/2 39/3 72/17 73/15 73/25 74/11 76/6 proportion [2] 59/15 59/19 protection [7] 19/8 19/10 19/18 73/10 112/17 112/21 113/7 protective [4] 18/22 114/7 120/22 133/2 proven [2] 15/16 15/20 provide [18] 11/23 13/20 19/1 19/21 45/18 60/19 67/11 79/10 95/1 102/24 107/8 107/14 107/19 107/25 113/5 114/22 116/10 133/11 provided [7] 12/3 69/23 70/1 90/18 93/21 98/21 105/3 providing [1] 66/1 provision [4] 8/14 14/17 57/11 59/17
----------	---	---	--	---

P psychiatric [5] 20/4 22/17 48/14 88/18 99/7 psychiatrist [6] 2/16 2/21 3/5 4/12 5/24 110/8 psychiatrists [8] 7/20 7/23 22/22 23/1 27/4 27/14 58/21 58/25 psychiatry [8] 2/3 2/6 2/10 2/16 7/13 8/7 23/15 99/9 psychologists [1] 23/19 psychosis [6] 42/19 66/19 86/2 86/8 105/10 125/16 psychotic [20] 17/2 32/21 39/25 47/20 47/22 50/3 51/5 67/7 67/11 67/18 67/21 67/25 68/7 68/25 70/21 85/21 86/6 130/18 131/4 131/14 psychotics [1] 57/12 public [1] 25/23 pull [1] 30/11 pure [1] 61/14 purely [1] 76/23 purpose [3] 9/19 34/10 132/22 purposes [1] 22/2 pursue [1] 53/3 push [1] 72/12 put [13] 57/25 103/9 104/5 104/6 113/18 119/6 119/11 123/5 125/8 125/18 128/16 128/17 129/17 putting [2] 39/22 112/8	86/13 88/23 98/20 134/4 134/5 134/6 134/7 134/8 134/9 134/12 questioning [4] 38/13 63/20 123/24 125/22 questions [31] 24/18 24/24 34/5 34/6 35/6 39/17 41/2 54/18 54/19 56/17 61/18 62/2 71/18 78/5 80/2 80/11 81/14 88/25 98/15 103/8 103/20 103/22 104/7 104/12 104/13 105/13 105/22 119/12 119/12 133/13 133/15 quickly [2] 68/9 68/13 quite [13] 17/3 33/21 35/4 44/21 60/25 86/4 86/5 106/20 124/24 129/23 129/23 132/13 133/16	reasonable [3] 13/20 102/24 107/9 reasonably [3] 40/4 56/22 114/5 reassurance [1] 46/14 recall [21] 5/5 28/16 43/1 46/8 46/17 48/9 50/11 50/20 50/22 52/22 74/24 75/10 75/11 79/5 79/6 79/6 81/1 81/9 82/2 82/4 90/7 recalls [1] 13/19 receive [5] 6/8 20/8 21/3 52/8 58/7 received [4] 19/20 29/1 46/9 104/10 receives [1] 8/25 receiving [2] 12/1 70/24 recollection [3] 61/23 76/21 100/6 recommendation [11] 11/10 11/11 11/11 11/12 60/2 61/17 87/9 93/2 93/9 93/9 93/14 recommendations [2] 11/13 93/11 recommending [2] 93/6 93/17 record [16] 31/11 32/17 40/16 42/7 63/2 69/14 81/22 82/5 82/10 82/24 87/12 89/15 91/19 91/24 102/22 126/19 recorded [19] 13/16 28/4 30/14 32/9 40/18 41/6 41/25 51/11 76/22 78/1 78/5 78/19 80/8 90/20 90/23 91/8 97/11 108/9 108/21 recording [2] 31/11 129/1 records [21] 19/23 28/18 28/20 28/22 30/21 30/21 31/17 31/18 51/25 61/23 69/8 69/12 69/16 70/7 76/23 77/25 82/7 88/17 116/24 122/8 122/9 recover [2] 68/9 68/13 recovery [1] 133/11 red [1] 44/11 reduce [3] 24/22 25/12 131/14 reduced [1] 25/4 refer [3] 23/6 31/17 49/13 reference [8] 14/16 15/6 15/10 43/6 69/25 107/7 109/21 119/22	referral [12] 3/25 4/25 6/9 6/11 8/25 21/3 29/1 31/12 57/22 83/4 116/2 116/22 referrals [1] 3/6 referred [13] 3/21 12/13 21/24 22/10 27/1 49/21 76/17 76/17 82/21 101/6 111/20 116/25 126/14 referring [6] 31/21 39/13 43/2 43/23 58/12 127/20 refers [2] 23/24 63/5 reflect [4] 103/11 106/9 106/19 108/5 reflected [1] 106/21 reflecting [2] 105/22 117/9 reflective [1] 107/4 reflects [1] 106/7 refresh [1] 62/6 refreshed [1] 35/23 refusing [2] 18/5 18/6 reg [1] 34/25 regarding [3] 16/13 19/25 66/21 regards [1] 52/25 registered [1] 8/19 registrar [8] 2/2 2/9 2/12 9/5 9/6 9/8 65/9 114/25 registration [1] 99/13 regularly [3] 8/3 100/15 100/17 regulatory [1] 62/16 relapse [1] 113/17 related [2] 6/5 32/6 relates [1] 71/20 relation [11] 13/14 58/20 62/3 62/23 89/6 92/3 92/25 97/21 102/12 104/21 105/12 relationship [3] 17/20 17/22 34/2 relatively [1] 66/17 release [3] 66/3 69/23 76/2 released [7] 36/19 53/14 55/4 63/22 73/3 79/12 131/2 releasing [2] 55/17 87/24 relevance [3] 17/15 109/15 120/4 relevant [20] 2/19 12/25 14/2 21/15 24/18 30/15 30/18 34/22 36/23 64/15 64/18 73/5 73/7 73/8 76/7 79/19 86/24 95/8 95/17 111/22 reliable [3] 19/2 21/9 24/1 reliant [1] 92/7	reluctance [2] 7/16 7/19 rely [1] 111/25 relying [2] 76/23 100/4 remain [6] 2/17 60/15 60/16 60/18 60/18 119/25 remember [27] 13/15 13/22 13/25 22/6 35/23 40/15 42/25 43/4 46/17 50/22 51/2 51/9 52/20 54/25 55/2 65/6 81/22 82/9 94/2 97/8 103/2 104/2 104/17 119/3 120/8 120/25 124/7 repeat [3] 8/10 82/3 93/15 repeated [2] 35/6 109/10 repeating [3] 78/4 80/10 109/8 rephrase [1] 67/3 reply [2] 52/17 56/15 report [15] 14/9 38/8 48/12 52/6 55/6 55/10 76/18 78/19 80/19 88/4 89/5 96/1 106/15 122/11 126/19 reported [4] 54/10 59/17 59/19 124/6 reporting [4] 54/6 55/9 80/19 130/11 reports [1] 122/10 represent [2] 81/21 96/12 representation [3] 13/18 13/23 102/20 request [4] 3/18 33/2 33/2 58/2 requesting [2] 32/25 115/10 requests [1] 115/5 required [5] 29/22 29/23 47/12 78/4 118/14 requirement [3] 55/5 62/14 62/16 requires [1] 80/24 requiring [1] 73/16 research [3] 13/17 102/20 106/13 resident [1] 114/23 resides [1] 30/24 resource [1] 121/5 resource-wise [1] 121/5 resources [4] 15/1 110/6 110/6 110/11 respect [7] 13/22 16/24 74/14 74/19 99/21 100/4 112/16 respond [2] 48/22 115/1 respondents [2]
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R respondents... [2] 59/15 59/17 responding [2] 32/12 32/15 response [10] 17/7 32/13 32/14 47/21 51/7 59/5 69/6 85/12 85/21 104/10 responses [1] 32/10 responsibility [1] 25/3 responsible [1] 28/5 rest [1] 63/11 restart [1] 69/21 restrain [1] 95/12 restrained [3] 30/12 30/13 30/17 restraining [1] 72/14 restraint [1] 73/16 restriction [2] 33/22 65/15 restrictions [1] 13/3 restrictive [18] 10/14 11/6 12/14 12/25 13/4 13/8 14/2 27/1 42/22 42/23 43/2 43/7 43/12 101/7 101/15 101/16 101/24 109/13 result [2] 19/13 112/24 resulting [1] 72/13 retain [2] 16/14 78/2 retaining [2] 129/14 129/18 retired [1] 35/15 return [1] 76/6 returned [2] 69/20 69/21 revealed [2] 38/13 123/25 review [2] 14/7 42/21 reviewed [2] 69/21 70/2 RG [1] 103/15 right [67] 1/14 2/3 2/7 2/8 2/13 2/23 6/18 7/4 8/5 17/11 26/12 26/22 27/23 31/1 36/21 39/6 40/14 40/25 47/10 49/10 49/25 50/2 53/18 56/5 58/11 61/21 61/25 62/5 63/1 64/7 66/8 67/2 67/10 69/5 70/19 71/9 72/3 74/12 76/20 80/7 82/23 83/1 83/7 84/20 85/5 85/19 86/10 86/11 89/3 89/7 89/9 92/9 92/12 94/7 94/9 94/12 97/7 97/10 98/1 98/11 98/12 99/16 99/23 102/8 102/9 103/21 109/19 ring [2] 90/4 117/21	RiO [6] 30/21 35/10 52/1 54/3 76/18 82/18 risk [88] 8/7 8/7 19/11 19/16 19/16 19/25 20/1 20/11 21/1 21/2 22/23 23/5 23/6 23/11 23/14 23/15 23/15 23/23 24/15 24/18 24/19 24/20 24/21 24/23 25/2 25/4 25/18 26/5 26/9 27/3 27/9 27/10 27/11 27/11 27/15 36/6 46/2 47/12 47/14 47/16 48/7 50/4 50/7 50/17 50/19 51/3 51/13 51/15 52/16 52/21 52/21 73/6 73/6 73/19 74/19 95/22 96/6 96/6 96/7 96/17 96/19 96/21 96/23 108/1 112/3 112/8 112/11 112/22 113/1 113/2 113/6 119/19 121/9 121/11 121/13 121/15 122/4 122/15 129/20 129/21 130/8 130/8 130/16 130/22 130/24 131/23 132/4 132/4 risk factor [1] 130/24 risk factors [1] 50/7 risks [18] 3/17 5/11 19/4 23/9 23/10 25/12 27/3 45/22 47/23 50/10 50/20 51/11 61/15 96/21 101/20 113/15 113/24 128/8 RLIT0000031 [1] 58/18 robust [1] 44/21 role [13] 2/17 8/19 8/20 10/11 10/21 18/25 34/10 36/17 56/3 100/25 114/16 114/19 116/8 room [14] 21/1 29/8 29/9 29/10 33/18 77/14 77/18 119/4 119/8 121/22 122/2 122/4 122/22 123/4 rota [2] 9/15 110/9 Roughly [1] 2/24 round [2] 34/24 97/18 rounds [1] 111/6 routinely [1] 110/22 Royal [5] 1/25 22/21 58/21 58/24 99/6 rule [2] 31/14 83/8 runs [1] 132/11 S Sadraei [1] 56/7 safe [17] 13/20 20/19 29/6 44/18 60/12 77/4 77/10 77/15 94/19	94/20 102/24 107/8 107/14 113/19 114/10 122/3 122/21 safeguard [5] 112/2 112/5 112/6 112/8 112/11 safely [16] 9/25 10/5 10/16 11/7 11/20 11/22 12/18 13/6 13/11 25/13 45/20 61/16 65/19 101/11 101/23 102/3 safer [1] 120/24 safety [9] 25/11 29/4 74/19 76/5 84/22 99/20 114/9 115/8 123/6 said [40] 5/22 28/8 32/15 35/15 37/4 42/1 44/14 46/5 46/10 48/25 49/19 58/3 58/5 69/6 72/5 72/6 72/11 73/12 75/3 76/24 81/1 82/5 82/13 91/25 92/1 92/10 93/23 95/15 96/8 103/5 104/7 105/17 107/19 119/11 125/10 127/16 129/14 129/25 130/1 131/19 same [21] 15/7 16/16 17/24 24/17 33/5 44/16 44/23 45/8 45/18 52/11 70/17 70/25 71/2 94/6 94/8 94/10 97/17 119/4 119/8 131/9 131/18 satisfied [1] 11/14 saw [4] 2/22 54/20 57/4 62/24 say [59] 7/18 7/25 13/15 14/1 15/15 27/7 27/10 30/3 30/20 31/2 32/18 37/13 37/25 41/17 48/13 50/9 52/15 55/20 59/10 63/19 64/13 65/23 68/11 71/25 74/20 85/10 86/17 86/19 87/8 90/10 91/19 91/21 91/23 93/17 94/25 95/3 102/1 103/24 105/15 106/5 106/7 107/14 107/21 108/6 108/10 109/7 115/9 115/13 115/22 122/15 124/6 124/13 125/23 126/3 126/8 127/20 128/15 128/22 133/4 saying [21] 27/9 30/9 36/20 39/12 43/24 51/8 54/7 61/9 79/6 96/21 103/2 107/4 108/4 112/10 123/17 126/11 126/17 129/5 129/6 130/10 130/11	says [7] 35/3 51/18 51/19 63/9 83/3 83/25 89/11 scaffolding [1] 46/18 scared [1] 123/6 scenario [6] 47/24 47/25 48/4 48/7 130/21 130/24 Scotland [1] 60/9 scream [1] 39/4 screaming [13] 38/12 38/13 38/14 38/25 39/1 84/2 84/3 84/8 85/14 85/18 123/25 124/2 124/11 screen [13] 12/12 14/15 16/1 23/22 24/16 27/19 82/19 85/1 100/11 101/6 103/9 109/12 110/19 scroll [1] 97/3 search [1] 125/7 seclussions [1] 20/11 second [30] 3/9 3/25 5/15 9/7 9/7 18/9 27/24 28/1 48/24 50/25 53/21 65/5 66/5 74/4 76/14 84/25 85/16 85/16 86/19 89/20 90/4 90/25 92/25 93/7 93/20 97/21 104/25 105/1 116/14 127/2 seconds [1] 48/22 section [22] 9/9 9/9 12/1 26/17 61/3 61/7 62/3 62/4 62/6 73/9 89/19 89/20 92/8 93/6 96/13 99/10 112/7 114/22 115/18 116/9 116/11 116/14 section 12 [13] 9/9 12/1 26/17 62/3 62/4 62/6 89/19 89/20 92/8 96/13 99/10 116/11 116/14 Section 2 [2] 73/9 93/6 sectioned [3] 60/23 61/2 61/9 sectioning [2] 104/22 105/2 sector [1] 9/10 see [89] 4/3 4/4 4/4 6/10 12/17 13/1 15/6 16/1 16/6 16/7 16/12 19/8 20/19 20/21 20/23 20/25 21/21 23/1 23/13 25/1 26/11 26/14 28/6 29/6 29/10 29/15 29/16 29/22 29/22 31/11 33/4 33/16 34/4 36/24 41/25 43/16 44/6 44/10 44/11 44/12 44/13 44/14 45/17	47/6 48/14 48/16 50/13 54/15 56/2 57/23 58/23 63/4 63/12 63/16 65/9 69/15 69/19 70/6 71/6 77/11 82/21 83/2 83/22 85/3 86/5 88/19 89/4 89/10 91/1 91/2 91/7 94/20 95/5 97/4 97/11 97/18 103/16 110/19 112/18 112/19 118/11 119/14 119/15 121/17 122/21 123/22 128/22 131/12 132/16 seeing [10] 7/14 13/10 23/20 29/7 44/1 90/2 91/13 122/24 127/3 127/7 seem [2] 27/7 103/11 seemed [2] 44/21 48/20 seen [20] 28/23 31/12 32/1 32/4 32/7 33/18 42/12 56/21 63/2 64/3 64/22 69/8 69/13 70/3 72/5 83/4 108/20 120/14 121/22 128/9 self [8] 27/11 27/11 36/7 51/13 52/6 96/6 119/19 130/8 send [5] 60/9 96/22 121/16 128/19 133/8 senior [2] 26/19 70/3 sense [1] 33/21 sent [5] 31/13 31/25 32/5 58/24 83/5 sentence [1] 125/24 separate [2] 38/2 122/16 sergeant [17] 31/2 42/13 76/16 77/2 78/20 78/23 79/16 87/7 93/24 95/3 95/12 117/7 117/12 117/25 118/22 122/17 122/19 sergeant's [1] 117/18 series [1] 24/24 serious [7] 3/14 24/19 53/21 53/23 55/4 55/7 74/1 seriousness [1] 64/12 service [5] 7/10 9/13 30/22 59/22 63/5 services [14] 3/6 8/3 14/16 14/18 14/20 14/21 14/22 42/11 56/6 106/14 109/22 109/24 110/9 110/14 set [14] 1/15 8/19 12/14 16/11 36/17 38/8 38/8 42/1 51/12 90/15 91/3 104/7 104/12 121/25 sets [2] 24/18 110/20
---	---	---	---	---

S	signed [1] 106/6 significance [3] 37/8 39/10 101/15 significant [1] 46/18 significantly [1] 56/18 signs [4] 24/21 49/7 85/23 86/1 similar [5] 3/15 3/21 55/12 85/17 130/11 Similarly [2] 84/15 86/7 simple [1] 100/24 simply [4] 75/10 76/9 76/20 80/23 since [3] 2/15 77/10 99/14 single [4] 4/19 4/21 5/9 7/4 sister [1] 35/16 sit [4] 116/4 117/24 122/23 132/23 site [2] 128/12 128/15 sitting [3] 9/24 105/22 108/22 situation [6] 8/1 46/19 114/19 115/14 120/20 132/9 situations [1] 107/18 six [5] 2/24 28/17 48/10 81/9 82/24 six hours [1] 82/24 six years [3] 28/17 48/10 81/9 skeleton [1] 105/25 sleep [6] 42/19 68/5 68/9 71/11 130/19 131/13 sleeping [5] 46/24 126/18 127/1 130/10 130/13 slept [2] 40/9 40/23 slow [2] 67/1 67/1 slower [2] 1/22 15/17 small [3] 59/8 59/9 67/14 smash [1] 54/7 so [348] social [9] 14/19 14/22 26/18 49/11 49/14 75/1 81/11 109/23 116/23 solve [1] 113/15 some [30] 21/8 22/21 46/22 46/23 47/2 47/4 47/5 55/6 55/7 56/16 66/25 68/8 68/9 68/12 68/16 75/14 76/8 78/14 78/17 85/22 88/14 88/18 88/24 92/17 92/24 100/10 106/12 118/5 125/19 125/19 somebody [65] 6/8 6/9 6/24 8/16 11/9	11/18 15/22 17/14 18/2 18/5 18/14 18/17 20/15 20/20 20/24 22/3 27/9 30/17 33/6 33/12 33/25 34/3 39/21 46/19 48/1 53/20 55/10 57/20 57/23 58/6 58/12 58/15 59/25 61/2 61/16 65/14 66/9 67/6 67/17 67/21 71/4 75/20 75/22 76/1 77/9 77/22 81/8 87/23 87/24 90/2 93/8 93/18 94/17 96/21 96/22 107/22 115/5 120/5 120/10 121/1 121/7 121/15 121/15 122/24 124/17 somebody's [8] 5/15 17/18 19/3 24/8 24/11 33/24 61/15 71/3 someone [15] 7/5 8/3 8/12 10/21 17/8 18/16 18/23 21/11 38/12 58/9 111/15 111/18 120/18 132/7 132/7 someone's [1] 53/19 something [14] 3/20 9/11 22/5 25/12 43/5 46/4 48/7 55/3 65/2 66/7 78/8 78/10 79/15 127/6 sometimes [25] 5/12 23/16 23/18 23/18 27/17 30/7 32/10 34/1 39/21 60/3 60/4 60/7 66/24 68/8 71/10 94/20 106/12 107/13 107/15 107/24 111/3 111/10 111/11 125/17 127/24 somewhere [4] 22/14 47/2 105/15 120/24 soon [2] 14/8 17/16 sorry [25] 7/18 8/10 15/17 15/18 15/18 16/2 18/9 18/20 49/9 49/10 60/25 67/5 67/15 75/5 77/16 78/13 80/1 82/9 82/15 93/15 109/8 110/3 111/19 125/24 132/20 sort [5] 3/12 17/24 75/24 91/3 94/22 sought [1] 4/13 source [1] 19/2 sourced [1] 33/11 sources [3] 21/9 24/1 116/22 south [1] 34/19 speak [7] 1/20 6/18 29/3 31/4 64/5 77/2 117/6 speaker [1] 119/11 speakerphone [1]	119/6 speaking [2] 88/8 92/16 specialist [6] 2/9 2/12 99/11 99/16 114/25 116/17 specialties [1] 99/9 Specialty [2] 2/2 2/5 specific [7] 24/6 24/20 24/21 43/18 43/18 48/6 79/9 specifically [4] 36/3 36/4 73/9 104/8 speculate [1] 91/19 speech [2] 24/11 41/4 spine [1] 74/2 splintered [1] 29/22 spoke [2] 28/14 91/9 spoken [1] 64/4 SPR [2] 81/10 114/24 staff [3] 112/2 112/7 112/11 stage [6] 16/19 16/20 47/25 88/9 98/10 133/17 stage 1 [1] 16/19 stage 2 [1] 16/20 stand [1] 117/24 standard [1] 35/2 start [9] 19/20 20/12 24/8 67/1 77/5 94/16 95/3 122/12 125/25 started [8] 2/2 40/5 46/23 65/12 67/14 91/11 122/4 123/7 starting [2] 82/17 131/14 starts [1] 122/15 state [6] 21/7 24/4 24/5 56/11 91/6 120/6 stated [9] 13/16 38/22 70/4 71/23 76/21 84/16 102/15 102/18 126/17 statement [8] 1/7 1/16 8/20 51/18 58/5 86/16 98/22 115/16 states [2] 101/9 103/15 station [18] 36/11 55/1 65/22 65/24 66/1 66/2 69/14 70/11 70/21 70/25 115/6 117/10 120/9 120/11 120/13 122/14 132/2 132/3 stations [1] 99/19 status [1] 62/18 stay [7] 22/8 22/18 29/9 29/9 75/24 132/18 132/21 still [3] 3/21 56/20 95/6 stimuli [1] 32/13 stop [3] 5/4 47/17	116/3 stopped [1] 5/3 straight [7] 55/5 117/25 122/12 123/16 131/1 131/15 131/16 straightforward [3] 6/19 100/21 121/14 Straw [3] 81/19 81/20 134/7 street [1] 55/22 stress [2] 49/16 71/10 stressed [4] 40/12 46/24 68/5 130/13 stressors [3] 42/20 49/12 49/14 strong [1] 108/12 structured [2] 24/10 91/3 struggle [3] 33/24 48/20 110/6 struggled [4] 35/5 41/3 78/4 80/15 struggling [2] 78/25 80/10 studies [2] 1/24 49/13 style [1] 125/22 Subject [1] 1/10 subsequently [1] 48/13 substance [1] 20/3 substances [6] 31/16 31/22 83/10 83/16 83/17 83/19 substantial [2] 59/15 59/19 successfully [1] 71/7 such [6] 27/5 57/11 59/2 73/15 99/19 132/5 suffering [2] 63/24 113/16 suggest [3] 42/23 88/8 123/5 suggested [2] 91/25 95/21 suggests [1] 47/15 suitable [1] 80/11 suite [2] 53/16 76/25 suites [2] 99/20 115/7 summary [2] 105/1 119/22 supervised [2] 13/21 102/25 support [7] 17/24 110/12 113/5 113/9 115/23 132/22 133/11 suppose [2] 6/7 90/7 sure [25] 15/1 29/4 33/3 33/6 44/2 59/11 69/6 69/7 77/8 79/17 84/23 100/18 101/1 101/2 101/22 112/12 116/21 116/22 122/9
----------	---	---	---	--

S sure... [6] 128/2 128/4 128/17 131/23 132/14 133/17 Surgery [1] 1/19 surgical [1] 115/7 surprisingly [1] 59/10 survey [4] 58/22 58/24 59/4 98/2 survivors [1] 71/19 SUSHIL [2] 98/19 134/11 suspect [3] 79/21 95/13 127/8 suspicious [1] 86/7 sustained [1] 74/1 sworn [3] 1/5 98/18 134/3 symptoms [21] 32/22 39/25 47/20 47/22 51/5 66/18 67/7 67/12 67/19 67/21 67/25 68/7 68/25 70/21 85/23 131/5 131/8 131/10 131/14 131/19 131/20 system [7] 7/6 55/9 80/20 87/13 91/12 122/6 132/11	126/5 130/13 talking [19] 17/12 17/15 23/12 34/4 39/8 39/12 40/5 43/8 43/19 43/20 46/12 46/22 46/23 47/1 49/16 75/5 106/22 123/7 125/25 team [68] 4/10 6/24 9/12 9/17 9/17 9/22 11/21 13/16 18/18 22/6 23/19 25/15 26/20 31/8 33/4 33/9 37/20 42/21 44/1 44/3 44/7 45/17 47/6 55/23 57/21 58/13 60/18 70/12 70/17 71/5 71/5 74/16 75/12 76/13 77/1 78/8 78/22 79/14 81/4 86/22 87/4 87/11 89/8 89/22 97/2 97/6 97/9 97/15 97/24 102/19 103/15 107/13 107/18 107/18 107/22 108/3 109/5 115/21 116/1 127/2 127/3 127/7 128/19 128/20 131/8 131/11 132/13 133/9 team's [1] 76/11 teams [3] 59/18 104/14 104/15 tearful [2] 40/23 126/14 techniques [1] 112/13 telephone [4] 32/24 56/1 89/12 118/23 telephoned [1] 35/17 tell [37] 1/16 2/24 6/12 8/22 11/25 18/11 27/24 28/20 32/16 34/5 34/7 38/24 46/1 50/25 51/1 54/21 56/10 57/2 60/13 79/2 79/7 79/17 88/10 91/9 94/15 95/15 95/18 99/1 100/3 101/14 104/19 109/5 114/16 114/19 116/11 118/19 121/20 telling [4] 38/14 84/3 119/9 124/2 tells [3] 30/6 89/15 108/16 ten [3] 79/24 79/25 117/19 tend [4] 18/15 89/23 111/9 119/11 tends [1] 90/10 terms [26] 10/20 17/10 26/22 47/11 47/11 64/10 67/21 70/20 100/21 104/10 105/23 106/7 113/16 118/20 125/2 128/7 128/8 128/8 129/12	129/13 129/17 129/20 130/6 130/9 131/5 131/11 test [5] 16/20 16/20 62/2 129/12 129/16 text [1] 46/9 texted [2] 38/23 84/17 than [16] 22/12 27/14 31/18 36/9 44/12 54/15 56/23 58/3 66/12 79/25 96/15 100/22 106/23 114/2 119/9 122/24 thank [21] 61/18 61/19 62/1 62/19 71/15 81/12 81/12 83/22 86/11 86/12 88/21 91/1 97/3 97/4 98/13 98/14 98/15 98/16 109/10 133/13 133/19 Thanks [1] 124/23 that [656] that's [139] theft [1] 38/19 their [37] 4/6 6/5 6/11 9/18 10/11 10/17 11/4 18/15 19/5 20/9 21/7 21/13 21/14 24/11 39/22 52/8 57/21 57/22 58/1 58/3 58/25 59/2 60/17 87/12 88/17 107/21 111/4 111/17 113/13 113/17 120/19 123/15 125/17 125/18 125/18 132/6 132/11 them [53] 4/3 4/3 4/4 4/4 5/19 5/22 6/2 6/21 11/1 12/19 13/1 15/24 17/9 20/17 20/25 21/11 22/9 25/13 29/5 37/17 40/1 44/12 44/12 48/25 49/20 53/1 57/22 58/8 60/11 60/12 64/5 73/2 77/13 79/3 79/7 79/17 87/7 87/11 87/14 88/2 90/6 92/25 93/25 94/20 101/3 101/12 103/20 107/16 111/15 112/8 114/10 114/11 116/2 themselves [3] 16/2 110/21 121/11 themselves' [1] 16/9 then [96] 4/1 4/6 4/24 5/2 5/18 6/17 10/9 11/14 11/15 11/23 13/11 15/23 17/5 18/5 18/18 19/22 20/14 20/17 20/23 20/25 21/3 22/19 24/4 24/10 24/13 30/8 31/7 31/8 34/11 38/5 38/11 39/8 40/2 40/7 42/12 42/16	44/8 55/4 56/22 57/21 57/22 60/2 60/14 61/12 62/10 63/12 63/16 64/22 65/20 66/1 67/17 67/24 68/16 74/21 75/14 79/9 80/5 84/9 88/18 90/3 91/15 93/8 94/16 95/3 95/9 96/23 97/16 99/5 99/5 99/5 100/9 101/3 101/5 104/19 108/21 112/4 113/25 115/17 117/25 121/15 122/14 123/13 123/14 123/16 124/15 124/24 125/4 126/1 126/4 126/5 126/6 128/5 128/6 128/18 128/21 129/5 therapeutic [5] 17/20 17/20 17/22 17/23 34/2 there [154] there's [20] 7/13 8/16 14/9 14/16 19/4 31/2 51/7 60/14 80/24 85/7 96/22 108/5 112/16 117/23 118/16 118/23 119/22 120/19 129/9 132/7 therefore [1] 97/21 these [22] 16/17 16/17 22/5 25/12 25/17 27/5 36/14 38/24 39/19 51/6 52/13 56/1 61/24 68/6 70/9 75/1 76/22 86/5 105/13 106/2 108/4 108/6 they [173] they different [1] 17/22 they'll [3] 4/1 10/15 18/11 they're [33] 7/11 8/17 16/9 18/6 18/7 18/9 18/11 18/12 19/5 23/12 25/16 44/1 44/14 46/19 50/1 60/12 60/16 60/17 86/6 107/13 107/24 112/12 113/16 113/17 120/15 124/21 128/18 129/20 130/16 132/8 132/14 132/23 133/10 they've [4] 19/3 113/20 121/12 130/4 thing [18] 3/9 3/25 4/2 4/7 5/16 17/11 17/24 20/23 66/5 70/17 71/2 71/9 94/22 109/1 109/2 115/24 117/17 125/1 things [14] 5/13 13/1 19/24 21/18 43/20 44/2 44/5 57/25 68/6	91/24 106/1 106/14 106/16 108/6 think [121] 3/11 4/25 5/5 5/9 5/14 5/16 6/3 6/3 6/4 6/24 7/10 7/16 7/22 8/14 8/16 11/25 14/2 14/4 14/10 14/11 14/21 14/24 14/25 15/15 16/12 17/11 18/14 19/20 21/11 22/15 23/7 23/13 24/8 26/6 26/13 27/3 27/9 27/13 27/16 28/8 29/6 29/25 30/4 31/21 31/23 33/21 33/24 34/9 36/1 36/3 36/9 37/3 37/20 38/2 39/24 40/2 40/2 40/3 42/8 42/8 42/11 42/14 43/6 43/8 43/17 44/18 45/9 46/3 46/22 47/1 47/7 49/15 51/4 51/25 53/10 53/22 55/20 56/17 58/12 59/9 62/21 64/17 64/19 67/3 69/8 71/1 75/9 76/13 79/2 79/3 80/19 81/13 86/25 88/3 88/3 89/8 89/15 90/5 91/10 91/10 92/10 94/2 95/8 96/14 101/16 102/11 104/6 107/5 108/11 111/15 113/11 120/15 121/6 121/14 125/17 127/19 128/10 129/23 131/3 133/4 133/16 thinking [2] 106/10 131/11 thinks [1] 51/18 third [10] 3/10 4/2 4/7 23/23 39/9 39/10 39/12 73/25 80/18 95/21 thirdly [1] 4/4 this [165] those [35] 1/17 10/25 11/13 22/2 29/20 30/14 39/17 41/22 41/23 50/12 51/7 51/12 61/18 67/25 75/24 84/6 86/1 88/1 92/7 103/19 104/13 105/15 105/21 106/16 113/4 113/5 113/15 113/24 119/1 119/2 128/21 131/8 131/10 131/20 133/13 though [7] 41/2 43/4 51/10 51/23 61/11 131/16 132/18 thought [7] 39/15 84/5 84/8 106/2 125/12 128/7 133/5 thoughts [10] 24/12 39/22 39/22 39/23 39/23 52/5 125/17
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(53) thoughts... - violent

V	watching [1] 49/5 way [20] 14/12 24/10 26/1 41/21 55/6 55/7 64/9 67/22 72/13 88/10 91/4 96/22 98/6 106/12 119/15 128/9 129/10 129/13 129/18 131/22 we [359] we'd [2] 4/22 12/17 we'll [17] 11/19 14/8 20/25 21/4 21/7 21/7 24/9 29/8 31/9 48/14 61/17 87/11 93/8 94/1 94/16 95/10 133/8 we're [15] 10/12 10/13 11/5 29/7 75/21 81/13 87/10 90/2 95/25 99/22 100/18 102/17 118/20 133/4 133/17 we've [5] 30/21 87/8 87/10 114/18 133/16 wedded [1] 102/6 week [12] 2/24 4/21 36/2 40/9 40/24 45/10 45/10 60/6 70/22 71/13 119/20 130/12 weekend [1] 65/10 weeks [2] 60/4 60/5 weighed [1] 27/4 weighing [1] 16/24 well [28] 7/14 10/14 11/3 19/24 30/2 38/20 40/5 43/9 45/9 45/15 46/25 47/20 55/20 56/20 56/22 57/8 65/9 70/22 71/7 72/9 84/24 84/24 92/22 106/21 126/14 126/18 130/14 131/16 went [13] 37/13 38/12 42/9 42/13 45/7 46/20 52/2 55/11 57/10 88/4 97/12 126/4 131/17 were [95] 2/19 4/23 7/12 8/1 9/18 12/3 20/7 20/8 27/20 29/20 33/4 33/22 36/8 36/10 37/2 37/3 38/14 38/25 38/25 39/17 39/18 39/24 39/24 41/2 44/20 45/5 45/17 45/25 47/12 47/13 49/19 50/5 50/10 50/20 55/21 56/15 56/23 60/23 63/7 63/25 64/23 67/24 68/3 68/11 69/6 72/24 72/25 73/4 73/16 73/24 74/4 74/10 75/1 76/13 80/14 80/15 81/22 82/7 82/10 82/17 82/21 83/23 84/3 84/6 84/23 85/17	85/22 86/1 88/6 88/24 90/17 93/6 93/20 95/2 102/10 102/15 104/7 104/11 104/16 105/12 105/13 105/14 106/25 107/4 109/13 114/17 118/8 120/1 123/2 123/5 124/2 125/13 127/20 131/8 131/11 weren't [9] 27/21 37/3 37/10 37/11 47/15 72/11 72/18 72/22 76/9 what [196] what's [15] 6/1 16/11 20/5 22/9 22/12 24/7 26/7 27/17 36/24 39/10 41/20 47/17 76/21 91/8 95/16 whatever [6] 25/11 75/23 106/22 114/9 119/10 119/12 when [95] 2/21 3/5 10/12 11/4 12/9 13/13 14/4 15/24 16/1 18/23 19/18 19/20 20/15 25/16 25/17 26/4 26/9 27/15 29/2 29/7 30/3 31/2 31/6 32/13 32/17 33/13 33/22 35/13 37/16 37/18 38/10 39/7 41/17 41/18 41/18 41/22 42/9 42/14 43/20 44/9 44/11 46/2 46/20 48/24 49/11 50/10 54/20 55/1 55/3 55/19 57/4 57/20 58/14 60/12 60/22 61/2 61/3 65/7 65/23 67/9 69/13 72/21 76/1 76/25 77/7 79/14 80/15 80/15 81/4 84/1 84/10 86/3 86/6 87/22 91/11 91/16 93/14 93/18 94/25 97/18 101/24 102/15 103/4 106/11 107/13 110/20 113/7 124/6 125/5 126/2 127/20 131/2 131/17 132/15 132/24 whenever [1] 111/7 where [52] 3/19 4/8 4/13 4/20 4/22 5/10 6/16 7/14 8/2 11/21 12/18 16/1 20/14 20/19 21/25 29/6 33/8 34/19 36/21 42/1 44/24 45/3 45/15 60/8 77/3 77/10 77/15 84/15 90/1 94/19 101/11 104/16 106/15 107/18 108/3 109/2 111/17 115/11 120/19 120/21 120/25 121/12 121/14 121/17 121/20	123/1 123/11 130/25 131/11 132/4 132/12 132/12 whether [33] 5/18 10/12 13/23 19/9 36/10 48/6 49/3 49/4 58/6 58/9 59/2 64/15 76/11 87/2 87/15 87/15 95/6 96/6 96/10 101/18 101/23 105/5 106/17 108/2 112/20 113/7 114/1 115/22 115/24 119/10 119/25 123/20 125/9 which [31] 1/10 1/18 11/20 24/21 24/22 28/14 31/15 48/12 60/16 62/20 63/2 66/7 75/5 82/5 83/10 86/16 90/16 95/5 101/9 104/7 105/13 105/24 106/20 108/6 114/14 115/7 118/8 122/22 122/25 124/24 129/11 while [4] 50/1 58/6 87/25 100/11 whilst [2] 65/24 99/8 who [40] 4/20 6/25 7/5 8/23 9/9 17/1 26/17 26/18 28/10 28/14 31/3 34/3 34/4 38/24 38/25 39/1 46/1 55/10 87/18 89/15 89/25 90/7 91/9 91/20 107/22 111/3 112/6 113/4 113/5 114/17 114/23 114/25 115/17 116/14 116/20 120/5 123/12 127/23 128/20 130/5 who's [1] 115/19 whoever [5] 31/8 36/4 115/13 116/24 128/16 whole [6] 21/17 101/24 108/21 116/20 123/7 124/7 whom [1] 54/19 whose [3] 54/9 100/25 124/15 why [28] 5/4 5/8 5/23 6/13 7/13 14/25 20/18 27/7 29/5 30/16 34/17 37/1 41/9 45/7 59/9 77/9 85/24 104/7 104/18 107/19 107/22 110/2 117/12 124/18 125/5 125/23 127/10 127/14 wider [1] 25/23 will [70] 3/3 4/2 4/6 4/8 4/9 6/11 8/15 8/18 9/3 9/5 9/6 10/11 11/15 11/23 13/8 13/11 15/23 18/3 18/18 19/13 19/20	19/21 19/22 19/23 19/24 19/25 20/3 20/4 20/12 20/12 20/21 21/5 21/5 21/9 22/18 23/19 28/23 29/1 34/18 44/2 44/3 44/13 52/20 58/4 60/1 60/15 60/18 60/19 61/14 65/20 66/25 67/13 69/23 69/24 70/1 75/17 79/2 79/10 87/7 88/9 89/24 90/3 95/9 112/2 112/24 115/11 115/12 118/2 128/19 128/19 Williams [4] 51/10 52/11 76/19 89/5 Williams's [2] 96/1 96/11 willing [3] 47/6 47/6 127/7 willingness [1] 113/4 window [3] 53/20 54/11 74/1 wisdom [1] 23/14 wise [1] 121/5 wished [1] 90/21 withdrawal [3] 39/15 125/13 126/2 withdrawn [1] 125/19 within [16] 23/14 23/19 55/6 55/8 55/16 68/1 77/25 92/15 92/19 99/9 106/14 110/9 110/10 112/15 113/9 119/24 without [8] 12/19 77/5 77/17 101/12 102/7 131/1 131/18 131/20 WITN0355001 [1] 86/16 witness [22] 1/16 15/4 25/25 36/22 48/3 49/8 64/11 66/16 68/21 72/20 77/24 78/3 83/13 98/17 98/21 102/5 114/8 118/7 118/25 126/21 130/20 133/1 witnessed [1] 67/22 won't [1] 132/10 wood [1] 29/22 word [3] 108/11 108/12 122/16 words [3] 55/3 88/10 120/20 work [13] 5/6 6/5 6/6 18/13 27/17 62/17 106/14 110/7 110/8 110/9 111/2 113/12 128/1 worked [7] 2/15 6/25 7/3 92/23 99/4 99/8 99/15
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W worker [2] 26/18 81/11 workers [1] 75/1 working [15] 2/2 2/12 2/20 4/8 6/1 9/10 9/10 90/17 92/15 92/19 94/10 107/13 107/17 108/23 109/4 works [4] 11/2 32/3 76/3 130/14 worried [3] 3/17 5/11 123/6 worry [1] 103/25 would [115] 2/25 4/3 4/3 4/4 8/6 8/11 14/3 17/25 21/6 21/15 22/19 24/5 28/1 29/21 29/24 29/25 30/1 30/13 30/20 32/4 32/5 33/8 33/10 33/11 37/1 37/15 37/18 38/6 41/13 41/15 41/23 42/16 45/19 45/22 47/21 47/22 48/21 49/20 49/21 50/10 52/4 52/14 53/8 54/4 54/25 56/4 61/6 61/12 62/10 63/19 64/6 64/14 64/15 64/17 64/19 64/23 65/13 66/22 72/7 72/9 74/15 74/18 75/14 75/17 75/19 75/20 77/1 77/12 78/11 78/25 79/15 79/17 80/1 80/16 83/15 83/20 86/3 89/18 89/18 89/19 89/20 89/21 90/6 91/10 95/2 95/11 95/19 96/23 97/24 97/24 103/5 103/6 111/20 111/25 112/5 113/22 115/8 115/14 115/23 117/14 118/3 119/4 120/4 120/6 120/8 121/20 122/11 122/12 128/8 128/11 128/12 129/21 131/12 131/13 131/13 wouldn't [15] 6/12 20/21 37/23 45/8 48/13 53/9 65/5 65/12 69/15 77/17 79/3 121/16 122/3 127/16 133/5 wounding [1] 3/12 write [2] 88/17 128/15 written [2] 123/10 125/21 wrong [4] 67/2 108/11 127/6 127/12	Y yeah [169] year [3] 59/1 62/11 103/4 years [13] 2/11 2/21 3/23 5/2 23/8 28/17 48/10 62/8 62/9 62/18 66/9 81/9 107/1 yes [50] 1/3 1/9 5/21 21/17 22/12 22/12 22/25 25/7 25/11 27/6 27/7 35/11 35/19 61/19 65/21 67/17 70/18 70/19 71/15 71/16 72/11 81/19 84/7 85/3 86/12 88/22 89/13 93/3 93/16 93/25 95/15 98/15 98/25 102/9 103/10 104/15 105/8 105/11 105/15 105/20 107/1 109/19 113/22 114/4 114/6 114/12 114/20 124/5 124/23 126/23 yet [1] 132/8 you [799] you'd [9] 52/10 53/5 61/11 61/11 72/6 92/24 99/22 118/5 133/14 you'll [2] 51/11 97/11 you're [36] 1/12 3/17 6/23 7/14 22/13 26/4 26/9 27/9 28/18 34/1 40/15 41/18 41/18 41/19 41/22 82/15 87/24 88/14 92/7 94/10 98/24 100/3 108/8 108/14 108/14 110/4 111/17 112/10 113/12 121/4 121/9 124/13 124/15 129/5 129/5 132/2 you've [36] 3/21 4/14 7/15 12/13 15/22 26/17 26/18 26/19 27/1 30/8 34/24 34/25 48/12 58/3 61/2 62/21 67/22 69/6 71/23 72/4 72/11 76/16 76/17 76/24 77/25 79/12 79/24 84/15 85/22 92/4 99/15 102/11 108/20 109/14 123/18 132/2 young [3] 13/18 13/23 102/21 younger [2] 35/15 35/16 your [73] 1/15 1/16 2/14 7/10 8/13 8/20 12/21 14/23 15/21 17/7 17/7 17/19 25/20 26/1 26/12 27/25 28/7 29/20 30/20 35/9	35/23 37/23 44/8 46/14 49/2 54/2 57/18 61/11 61/21 61/22 62/2 62/3 62/6 70/14 72/6 72/19 75/8 76/24 80/23 82/15 83/11 84/5 84/21 85/3 85/7 85/15 86/16 90/17 92/4 92/13 92/19 98/3 98/4 99/1 99/2 99/2 99/2 99/14 99/25 101/14 109/15 109/15 109/17 109/18 109/25 110/7 113/13 114/13 119/22 122/1 123/18 124/14 124/14 yourself [7] 12/8 27/5 76/16 77/3 109/10 114/17 117/6 Z zopiclone [2] 32/25 127/1		
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