

Wednesday, 13 May 2026

1

2 (1.45 pm)

3 **THE CHAIR:** Yes, Ms Haidar.

4 **Witness statements read into the record by MS HAIDAR**

5 **MS HAIDAR:** Thank you, Chair. Before we call the next
6 witness I will read into the record the URN references
7 identifying a number of witness statements the Inquiry
8 has received and summarise a number of them.

9 The statements are relevant to the care that VC
10 received in his third and fourth admissions, his period
11 under the Community Mental Health Teams, VC's current
12 and historic clinical record and includes one statement
13 by a clinical psychologist received by the Inquiry on
14 the issue of online communities and mind control.

15 The first statement is the statement of
16 Lilian Nleya, that's WITN0096001, the next is Sophia
17 Mutanono, WITN0253001, and then Olivia Musonza,
18 WITN0159001.

19 These are inpatient mental health nurses at Highbury
20 Hospital, and they provide relevant evidence in respect
21 of VC's time on seclusion.

22 The next is the statement of Dr Peter Finch,
23 WITN0345001. That's related to VC's time at Cygnet, and
24 specifically the decision to transfer VC from
25 a Section 2 to Section 3.

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1 Dr Charlotte John is a GP and partner at St Thomas's
2 surgery who confirms that during the time VC was
3 a patient in Wales, VC did not present to the GP with
4 any mental health issues.

5 The next statement is the second statement provided
6 to the Inquiry by VC's current forensic psychiatrist,
7 Dr Mirvis, at Ashworth Hospital High Secure Unit. This
8 is WITN0073003. This statement is dated 27 April 2026
9 and in it Dr Mirvis confirms that while at Ashworth
10 Hospital, VC has only been diagnosed with schizophrenia,
11 he has not been assessed for personality disorders and
12 the team in charge of his care have not observed
13 features suggestive of one.

14 The final statement is the statement of
15 Professor Vaughan Bell, WITN0272001. Professor Bell is
16 the Professor of Clinical Psychology and Cognitive
17 Neuropsychiatry who works in the NHS. He sets out an
18 account of the online people who share mind control
19 experiences and the relationship that this has to
20 psychosis.

21 Those are the statements, Chair.

22 **THE CHAIR:** Thank you very much.

23 Yes, I understand that Ms Langdale is going to call
24 the next witness. Thank you. I'll just wait a moment.
25 Thank you.

3

1 The next is Dr Eleanor Green, WITN0232001. Dr Green
2 is a clinical psychologist who reviewed VC at Cygnet.

3 The next is Dr Helena Aziri, WITN0229001. Also
4 a psychiatrist who was involved in VC's care at the
5 Priory.

6 The next statement is Fiona Parker, WITN0113001.
7 Fiona Parker is an AMHP who is involved in the decision
8 to detain VC on his fourth admission.

9 Then there are the statements of Nathalie McPherson,
10 WITN0384001, Agnes Matikiti, WITN0395001, Patrick
11 Crolla, WITN0149001, and Sue Middleton, WITN0283001.
12 These are mental health nurses involved in the Crisis
13 Team.

14 The next is Dr Ayodeji Akerele, WITN0204001. She is
15 a doctor who carried out VC's core assessment during his
16 fourth admission. The statement of Keith Kadzinga,
17 WITN0363001, and the statement of Dr Sasitha Sasidharan,
18 WITN0325001. Then there's the statement of Dr Benedict
19 Di-Mambro, WITN0247001. Dr Di-Mambro was also involved
20 in VC's community care.

21 The next will be two statements by community nurses,
22 the first is Adele Pinder, WITN0396001, and Frances
23 Bayer, WITN0385001.

24 There's a statement also that the Inquiry received
25 from Dr Charlotte John, that's WITN0449001.

2

1 Yes, do sit down.

2 **MS LANGDALE:** Has the witness been sworn?

3 **THE CHAIR:** No.

4 **MS LANGDALE:** May the next witness, Elias Calocane, be
5 sworn, please?

6 **ELIAS CALOCANE (sworn)**

7 **Questioned by MS LANGDALE**

8 **THE CHAIR:** Yes, Ms Langdale.

9 **MS LANGDALE:** You have prepared two statements for the
10 Inquiry, dated 12 November 2025 and 5 May 2026; is that
11 right?

12 **A.** That is correct, yes.

13 **Q.** Can you confirm that the contents are true and accurate,
14 as far as you're concerned?

15 **A.** I can confirm, yes.

16 **Q.** We are going to go first, please, to a document that was
17 furnished to Dr Seedat, and that was put together by
18 yourself, if we can.

19 What was the purpose of this document? While we get
20 it on the screen, please, NGPF0002527.

21 **A.** The purpose was to hopefully help Dr Seedat and the
22 Inpatient Team come up with some sort of diagnosis for
23 Valdo. Yeah. I guess around the time, around May time
24 when he is -- first sort of episode of psychosis
25 started, we were concerned. We didn't really know what

4

1 was going on at all. And yeah, went into hospital,
 2 explained to us a sort of psychotic breakdown. So yeah,
 3 put this together, largely in part to sort of try and
 4 help Dr Seedat come up with a diagnosis so that we can
 5 know what was happening.
 6 **Q.** You gave it to your mother, I think, who passed it on to
 7 him.
 8 **A.** Yes, yeah.
 9 **Q.** So can we go through this then, please, chronologically.
 10 If we go to page 20 first. And let's look at what's
 11 included here. So let's go to the bottom, please. You
 12 include something from 2017 and tell us you weren't
 13 "sure if [it was] ... related to his current situation
 14 but it seemed worth noting". What was that?
 15 **A.** Yeah, it's -- I had a vague recollection of this at the
 16 time, of me speaking to Valdo about -- yeah, the text
 17 message about him being hacked and, you know, having
 18 concerns about his account being accessed and stuff like
 19 that, and mentioning things about DNS issues. I thought
 20 it might be relevant, because he was talking about being
 21 monitored. Yeah, I wasn't sure. I wasn't sure it was
 22 relevant. I'm not sure it is relevant, looking back,
 23 but I just thought I would include it just in case it
 24 was, yeah.
 25 **Q.** So you were erring on the side of over-inclusion --

5

1 **Q.** 31 March:
 2 "[Your] Mum facetimes him without warning. [And] He
 3 flips out and tells him never to do that again."
 4 Is that something he had done before, flipped out or
 5 been rude, or -- in those kinds conversations?
 6 **A.** I guess not in this context, not in terms of, like, you
 7 know, doing that over a phone call. So yeah, I guess
 8 you could say that was, yeah, unusual, in a way.
 9 **Q.** To get angry over Facetime. Could he get angry when he
 10 was either living at home or subsequently in arguments
 11 within the family? Families do argue; was he able to
 12 argue? Did he argue?
 13 **A.** Do you mean when we were growing up or when --
 14 **Q.** Yes, when you were growing up or --
 15 **A.** I mean, yeah, did argue. He -- he would usually not
 16 like to argue that much, as in he would usually, I don't
 17 know, after a while just, like, prefer to sort of, like,
 18 withdraw a little bit. So not too much.
 19 So yeah, I guess, yeah, it was -- well, to be fair,
 20 this was significant in hindsight. So when I wrote this
 21 document, it was by the time he had gone into hospital.
 22 So yeah, then we were just sort of like thinking what
 23 are sort of the weird things that have been happening in
 24 the build-up to this that we could sort of include.
 25 **Q.** If we go to page 19, please, so that's the page before,

7

1 **A.** Yes.
 2 **Q.** -- if it was something you thought strange or odd or
 3 worth reporting.
 4 **A.** Yeah, I -- ideally, yeah.
 5 **Q.** 29 January 2020:
 6 "Messages out of the blue to say he loves me."
 7 Why was that one out of the blue, and secondly, was
 8 it unusual to have that message?
 9 **A.** Well, on its own, yes, like just sort of "I love you",
 10 and yeah, I think we were all quite concerned that it
 11 might -- I don't know, it might have felt almost like
 12 a some sort of goodbye message. I guess that's the sort
 13 of thing you think. But yeah, yeah, it was --
 14 **Q.** So concerning in tone to be telling your family that you
 15 love you (*sic*) when you've not been a conversation.
 16 **A.** Yeah, just out of the blue.
 17 **Q.** -- (*overspeaking*) --
 18 **A.** Just like, just on its own, and for all the family
 19 members to hear it. It just felt a little bit strange,
 20 I don't know.
 21 **Q.** So when you say "other immediate family members", how
 22 many people did he send that message to, around, then?
 23 **A.** I guess it was just -- yeah, just immediate family
 24 members, so I guess it would have been four people
 25 maybe. I can't remember exactly.

6

1 you refer to the phone call, unfortunately we have to go
 2 back to page 20 as well to see the end of it. So if we
 3 can have 19 and 20 together, please. You didn't write
 4 the call down at the time, but you know he expressed
 5 concerns about monitoring?
 6 **A.** Mm-hm.
 7 **Q.** So what concerns was he expressing then?
 8 **A.** Yeah, I think it was similar to what was in the messages
 9 before. But yeah, this idea of a technology being able
 10 to see the things that he was looking at. And yeah,
 11 I was trying to, I guess, come at it with what I felt
 12 was a logical perspective of trying to like convince him
 13 that these things, you know, were unlikely to even exist
 14 or, if they existed, that it would be quite advanced
 15 technology that, yeah, would be reserved for sort of
 16 national security agencies, and stuff like that.
 17 **Q.** So you begin rationally trying to tell him that can't be
 18 the case and that's not happening?
 19 **A.** Yeah, I guess it's kind of the way I sort of reason
 20 about life in general. So in the way I reasoned about
 21 it, about it then as well, so ...
 22 **Q.** You say -- are you an engineer as well?
 23 **A.** Yeah, a software engineer.
 24 **Q.** A software engineer. So you say in your statement that
 25 that accounts in some ways for how you deal with your

8

1 brother's concerns about monitoring. Are you very
 2 logical about technology, and what technology can and
 3 can't do?
 4 **A.** Yeah, that's the idea. And yeah, I guess by the sort of
 5 at this point it seemed like he was relatively receptive
 6 to it as well, but yeah, it's trying to, yeah, to come
 7 at it from a logical perspective, hopefully to get him
 8 to agree with me that, you know, given what we know
 9 about technology, given what we know about what we can
 10 and can't do, and also that it would just be unlikely
 11 that such a thing would be used on him by anyone, let
 12 alone somebody that he knows.
 13 **Q.** You say at the top, we see "He expressed concerns" I've
 14 lost that now, at the top of page 20, sorry:
 15 "... he expressed concerns ... He mentioned
 16 confronting them and denying it and acting innocently."
 17 **A.** Mm-hm.
 18 **Q.** So the confrontation, he mentioned confronting them?
 19 **A.** Mm-hm.
 20 **Q.** Did you ask him about that, confronting them?
 21 **A.** It's possible that I did. Yeah, I got the sense that it
 22 was just a, you know, going to this person and asking
 23 them if they were monitoring and them saying "No, that
 24 wasn't me that was doing -- I wasn't doing that, that
 25 wasn't me". That sort of thing.

9

1 April 2020. These are a number of messages, and at this
 2 point we see at the top he's asked you "to stop using
 3 his old one and to not reference the new number if
 4 I message the old one."
 5 Was that a new feature, that he had more than one
 6 phone and he had different numbers for you to contact
 7 him on?
 8 **A.** Oh yeah, this was new. And sorry, this was the same day
 9 as the phone call that we were just talking about,
 10 right?
 11 **Q.** Yeah, the same day, that's right.
 12 **A.** Yeah.
 13 **Q.** So you've had a call and there was also messages.
 14 **A.** Yeah, so he had a call -- yeah, the messages come before
 15 the call, yeah.
 16 **Q.** So that was new, was it?
 17 **A.** Yeah, it was new. Yeah. It showed, I guess, a sense of
 18 paranoia that wasn't there before, so that was new.
 19 **Q.** He messages you on WhatsApp, concerned "someone in his
 20 home network is monitoring him".
 21 So at this point he's telling you about monitoring,
 22 and again, you try and reassure, do you --
 23 **A.** Yeah.
 24 **Q.** -- about that?
 25 **A.** Yeah, I think we spoke about -- yeah, I was trying to

11

1 **Q.** Was that worrying, that he'd actually chosen to share
 2 that with a stranger in effect and asked them about that
 3 when you knew that that can't be happening, as it were?
 4 **A.** Worrying in what way?
 5 **Q.** Worrying that he'd approached somebody else or
 6 confronted them about whether they had done this to him,
 7 monitoring him?
 8 **A.** I guess I didn't think of it at that time. Yeah, I'm
 9 not sure I would describe it as worrying, per se. Yeah.
 10 **Q.** But it was his reaction to confront somebody about it?
 11 **A.** Yeah, well, he had to go to the person and ask them
 12 about it. I didn't get the sense that it was a -- yeah,
 13 that it was done in a sort of negative way, I guess, at
 14 the time. I didn't -- or in the way that he explained
 15 it. Yeah, I didn't --
 16 **Q.** So you thought asking them, "I was asking them and they
 17 said they hadn't done that"; is that --
 18 **A.** That's the sort of sense I felt at the time, I think, as
 19 far as -- (*overspeaking*) --
 20 **Q.** Although looking at the word "confronting", it does
 21 sound a bit more challenging that, doesn't it?
 22 **A.** Well, it depends how you see confrontation. I don't
 23 necessarily think that confronting is like a negative
 24 thing, or if -- does that make sense?
 25 **Q.** Mm-hm. If you go, please, to page 17, Easter, 12

10

1 get him to go into his router and sort of like look at
 2 the settings in it. I think I had in my head that in
 3 theory if you're within a home network you can have
 4 access to devices in that home network and in theory
 5 there might be things they might be able to do. But
 6 yeah, that, again that felt really unlikely in this
 7 current scenario.
 8 **Q.** You speak about faiths:
 9 "Switches to questions about my faith -- how do
 10 I reconcile faith and intelligence", and that references
 11 a number of times throughout the document.
 12 **A.** Mm.
 13 **Q.** What was the discussion, broadly speaking, about faith
 14 and how that interplayed in relation to what he was
 15 experiencing?
 16 **A.** So this specific conversation was about an experience
 17 that he had. He sort of explains why it is that he's
 18 sent those messages, what the I love you message is back
 19 in January. Was it January or maybe --
 20 **Q.** This is 12 April.
 21 **A.** Yeah, sorry.
 22 **Q.** Yes, messages back in January.
 23 **A.** Back in January, yeah. In general, we used to speak
 24 about faith a lot. I guess it's an interest of his,
 25 given our background growing up in a church family.

12

1 I guess he would have said he was a Christian growing up
2 and then eventually became non-Christian. But I carried
3 on as a Christian, even when I went to university, and
4 he always this idea, you know, that faith and
5 intelligence or faith and science were, yeah, not
6 reconcilable. And he was always interested about that
7 sort of stuff, which is why partly, I guess, it features
8 so much in the messages.

9 So that part of it, I guess, fairly regular that we
10 might have a conversation about that. I guess what
11 prompted it this time was that it is Easter Sunday and
12 like as he said, he was watching a sermon. So yeah, he
13 wanted to have a conversation about that.

14 **Q.** And as you say:

15 "He proceeds to explain events ... he text me saying
16 he loved me ..."

17 So it was the same as he did in January, texting
18 messages of love.

19 **A.** Yeah.

20 **Q.** Then we see the following messages that have been text:

21 "That previous night I felt immense anguish,
22 paranoia, anger, hatred

23 "Because of this spying/monitoring thing

24 "Couldn't sleep, had the darkest thoughts ... could
25 imagine.

13

1 **A.** Yes.

2 **Q.** So how was it you thought that was about hurting
3 himself?

4 **A.** I guess that the sentence, the full sentence, would be
5 "I wanted to hurt permanently". The whole subject --
6 sorry, if we take the messages around it, there's no
7 other subject other than Valdo, right, he's talking
8 about the situation, the spy monitoring thing, feeling
9 immense anguish, and yeah, talking about it being.

10 "... overwhelming, so at some point something in me
11 begged [to] 'take it away, nothing else, just take it
12 away'."

13 **Q.** What did you make of "'take it away, nothing else, just
14 Take it away'?"

15 **A.** I think that also drew me to thinking about him wanting
16 to commit suicide. And he also says, "I had the darkest
17 thoughts possible" -- "I had the darkest thoughts
18 of could imagine". I guess it's difficult for people to
19 read these now without the sort of context of what
20 happened on 13 June and I completely understand that.
21 But, you know, at this point Valdo had never been
22 violent at all to anyone. He, very calm and peaceful
23 person, as far as I can remember.

24 So yeah, I guess, in general, if someone that I
25 knew, and I knew well, came to me and said, "Oh, you

15

1 "Wanted to hurt ... permanently ..."

2 **A.** Mm.

3 **Q.** So what did you think when you received those messages,
4 taking them each in turn?

5 **A.** Sorry, taking them each in turn?

6 **Q.** Yes.

7 **A.** How do you mean, sorry?

8 **Q.** Well, the first one in the order they appear so:

9 "... I felt immense anguish, paranoia, anger,
10 hatred".

11 What do you think he was referring to there?

12 **A.** I guess I'm not sure I took them separately. I guess

13 I took them together. Do you want me to -- I'm not sure
14 how I would answer them.

15 **Q.** Tell us how you thought about them when they came. We
16 can see they come in quick succession, so if you saw
17 them as a group, tell us what you made of them?

18 **A.** I thought he was talking about how he wanted to kill
19 himself the night before he sent me those -- the "I love
20 you" message.

21 **Q.** The "I love you", so because he'd sent that and those
22 messages?

23 **A.** Yes.

24 **Q.** "Wanted to hurt ... permanently ..." He didn't say hurt
25 himself, did he, he just said "hurt ... permanently"?

14

1 know, I was feeling immense anguish and I had the
2 darkest thoughts possible and wanted to hurt
3 permanently" my immediate reaction is that that's in
4 relation to suicide.

5 And yeah, I think also just the actual language
6 itself. There's no other subject here. We're talking
7 about how he feels, about his feelings, about how he --
8 yeah, how he feels overwhelmed, how he wants something
9 to take this away "Take it away". Yeah, it felt to me
10 at least fairly obvious that it was to do with suicide.

11 **Q.** Did you discuss that as a family at that point, your
12 worries about that?

13 **A.** No, I don't think I discussed this with -- yeah, with
14 anyone. I -- I -- well, besides Valdo and I think when
15 we called later on we did speak about this.

16 My -- because, you know, the conversation isn't just
17 about this, it's about how -- he's basically describing
18 an episode of feeling incredibly down, feeling like his
19 life was over, essentially, and, you know, in the phone
20 calls that I had with him, because of this spy
21 monitoring thing, he -- yeah, he basically couldn't go
22 on like -- it felt like it was too much. And he's
23 describing, sometimes he said -- yeah, I think he said
24 praying at some point, asking something, I think, yeah
25 in the messages he says, yeah. Yeah, he sort of

16

1 describes it in sort of like this religions context of
2 asking God or praying for it to be taken away and then
3 waking up and feeling, as he described it, the greatest
4 peace he's ever felt and having, like, a new
5 appreciation for life.

6 **Q.** So if we go to the document NGPF0002527 page 11. This
7 is 18 May and he messages you these images what he has
8 picked up.

9 "... I was roaming the streets at night shadowboxing
10 and all and look what I found".

11 First of all, shadow boxing at night, what did you
12 think that meant; what he was doing?

13 **A.** Yes, I guess I took roaming the streets, I think "shadow
14 boxing" I guess it might sound a bit flippant, but
15 I think he's joking there. I don't think he's --
16 I think he's trying to sort of, like, I don't know,
17 invoke images of, like, Rocky Balboa in Philadelphia or
18 something there. I think he was being a bit flippant
19 there. I think he just couldn't sleep, I think that's
20 what I took from that.

21 Sorry, can I just ask why we moved on to these
22 messages?

23 **Q.** Yes, the one overleaf we were referring to. If we start
24 at this page, we see "He's roaming the streets" and if
25 we go over to page 12, this is on 18 May:

17

1 Further down:

2 "Jokes that there's nothing gangster about the
3 crying".

4 What do you think that reference of gangster,
5 nothing tough, nothing manly? What does he mean by
6 that, "nothing gangster about the crying"?

7 **A.** Yeah, I'm not entirely sure -- sorry, what did you say.

8 **Q.** Why do you think he says "Jokes that there's nothing
9 gangster about the crying"?

10 **A.** Sorry, what did you say at the end? You said nothing
11 manly, nothing --

12 **Q.** Yes, what does he mean by going nothing manly, tough.
13 Why's he saying "gangster"; what's that word used for?

14 **A.** Yeah, I guess he just means -- yeah, nothing tough,
15 yeah, maybe that it's -- I guess it's like a vulnerable
16 thing.

17 **Q.** Like a?

18 **A.** A vulnerable thing.

19 **Q.** "... makes a ... slight allusion to being watched,
20 followed by quick dismissal and change of the subject
21 when I try to ask more."

22 Were you trying to ask more about it?

23 **A.** Yeah, I think, I think I was, as it says there, yeah.

24 **Q.** If we go to page 13 we see at the bottom he tells you:

25 "I know ... I'm being watched by the room next to

19

1 "By the way I love you with all my being.

2 "I think I figured it out. I don't believe in it
3 and I don't think I ever will."

4 This is the link you were describing earlier with
5 religion and what he thought about that?

6 **A.** Yes, part of the link, although what I was trying to say
7 with the previous messages is that that episode that he
8 describes of feeling immense anguish, feeling like he
9 couldn't go on anymore, and it was too much, that he
10 didn't want to live anymore, and then praying and then
11 finding a sense of peace.

12 And what he found as an incredibly profound thing
13 and he wanted to understand that experience and the way
14 that he was sort of trying to understand the experience
15 was through faith.

16 I guess this is an example of a similar thing, where
17 he describes, I guess, faith or I guess in a previous
18 example he described praying or crying out to God in
19 a way, and then here he describes reading the Bible and
20 it has the same effect on him.

21 **Q.** We see "Called me at 11.03", this is on 18 May:

22 "... barely made sense for the first 15 minutes of
23 [the] call - lots of crying+screaming with some laughter
24 I think.

25 "He asked me what [to] do."

18

1 me. But if it is that other people are also watching.

2 "I don't know what happened. Just that I've cried
3 like a mother who had lost a son and there was no
4 reason".

5 If we go over to the next page, page 14:

6 "It's not part of my personality or character."

7 Then he says:

8 "Would it not be better if it had happened in front
9 of family or friends or people I know? ... in front of
10 strangers ... mocked even more?

11 "Because I think ... they are watching I know I can
12 break their heads with my hands.

13 "Give me a reason to be mocked."

14 What do you think he was saying here?

15 **A.** Yeah, I think he was -- he thought he was being watched
16 and he thought he was being watched by strangers and he
17 didn't like, I guess, the fact that he was in such
18 a vulnerable position in front of people that he thought
19 were sort of out to get him. So the sense that I got
20 from this previous phone call was a sense of, like, I
21 guess, feeling unsafe, feeling under threat, if you
22 will. I think he told me in that phone call that he was
23 alone. I think he mentioned -- so I sort of tried to
24 ask about housemates, but I think he mentioned them,
25 I think at the time he said they might have moved

20

1 because I guess this is, like, peak Covid time.
 2 Although I later find out that the reason why he's alone
 3 is because he's actually moved to a different apartment.
 4 But yeah, he's -- he has this perception that there
 5 is someone watching him, or someone is watching him in
 6 the next room. He doesn't like that he, I guess, was in
 7 that vulnerable position, being watched by someone who
 8 is sort of out to get him, as he feels.
 9 **Q.** Were you concerned with the language "I know I can break
 10 their heads with my hands"?
 11 **A.** Yeah, I think I was concerned. I can't remember exactly
 12 how I took that at the time. I remember the general
 13 sense of him, of feeling like he felt that there was
 14 something out to get him. And of trying to sort of
 15 like, I guess, similarly to how I was dealing with the
 16 technology thing earlier on, had time to reason, in
 17 a way, you know, yeah, that these things aren't likely
 18 to be happening or ... yeah.
 19 **Q.** If we go back to page 12, this is the conversation you
 20 were referring to, the crying and screaming and
 21 laughter.
 22 **A.** Yeah.
 23 **Q.** You tell us he had been watching a video in your
 24 statement about capital punishment in the early hours of
 25 the morning and he told you a couple of days later about

21

1 thinking, writing, or, yeah, or -- you see that the
 2 video was about the sort of ethics or of capital
 3 punishment, about the fact that it still exists, is it
 4 right for our current society to still have something
 5 like that. And he mentioned I guess in terms of like
 6 the US with the death penalty and stuff like that.
 7 **Q.** Right.
 8 **A.** He was writing his thoughts about it, although I think
 9 we moved on fairly quickly from that to actually speak
 10 about the voices and the fact he felt they were laughing
 11 at him for writing.
 12 **Q.** You'll know from the medical notes now with
 13 Dr Ludvigsen, he mentioned again that he had been
 14 looking at that issue or thinking about that issue.
 15 Did he give you any reason for why he was thinking
 16 about that issue or how he'd ended up considering the
 17 ethics of that?
 18 **A.** I'm not sure he did. Because I don't think we spoke
 19 about it for that long. But yeah, what I do remember is
 20 it being about ethics.
 21 **Q.** 19 May, if we go backwards in the documents, page 9.
 22 This is, you tell us in your statement, the first time
 23 he tells anyone in the family "I hear voices".
 24 So we see that near the end. We can actually scroll
 25 through the different answers or text till we get there

23

1 that.
 2 **A.** Yes, can I see --
 3 **Q.** So it may be this call, is it, or around then. Were you
 4 aware at some point he had been watching a video about
 5 capital punishment?
 6 **A.** Sorry, is it here that he says that? I can't ...
 7 **Q.** It's not recorded here or it's noted, it's your
 8 statement that makes a reference to him having --
 9 **A.** Yeah, I think maybe I found out later on that that's
 10 what had happened.
 11 **Q.** Yes, yeah. So don't worry about where it appears in the
 12 notes.
 13 **A.** Okay.
 14 **Q.** Can you remember now about him viewing a capital
 15 punishment video?
 16 **A.** Yeah, sorry, although I would say it was a video about
 17 capital punishment.
 18 **Q.** Yes. So not actually watching the event itself --
 19 **A.** Yeah, yeah.
 20 **Q.** -- or somebody being killed, but a video about the
 21 subject?
 22 **A.** Yes, and I think, I think that phone call was more about
 23 the voices themselves, but --
 24 **Q.** Right.
 25 **A.** But yeah, he had said that he was sort of like I guess

22

1 so:
 2 "The things that are happening are beyond whatever
 3 you could think."
 4 You say: "What things are happening?"
 5 He says: "The impossible is happening."
 6 You say: "You'll have to explain more."
 7 He says: "I don't know if I can."
 8 You say: "Are you sure you can't say."
 9 "If you need help with anything, or if you change
 10 your mind, tell me."
 11 And he says: "either something extraordinary is
 12 happening or I'm losing my mind."
 13 When he said that, "something extraordinary is
 14 happening or I'm losing my mind", were you worried he
 15 was losing his mind from the conversations and text
 16 you'd had at this point?
 17 **A.** I'm not sure --
 18 **Q.** Can you see that, 13:26.
 19 **A.** Yeah. Again, I'm not sure I took that message on its --
 20 how I took that message on its own, except the fact that
 21 I wanted him to explain more. Obviously I'm worried --
 22 **Q.** Yes.
 23 **A.** -- like I'm trying to figure out what is happening. I'm
 24 not sure I, yeah, that point I could say I would, you
 25 know, I had this idea that he was losing his mind.

24

1 Q. "Okay the more you explain it the more I think you
2 should say ... I won't pressure you ... if you don't
3 want to".
4 Why were you worried about pressuring him?
5 A. I think only to, I guess, get him to be forthcoming,
6 or -- yeah, I guess in a sense when someone is going
7 through a hard time in general, I think that's probably
8 the approach I'd take of, you know, I'm here if you feel
9 like it would be helpful for me to talk to you, or for
10 you to talk to me about this. Please, like, talk to me,
11 and I definitely want to talk to you, but I'm not going
12 to force you to do it. I guess there's a sense of not
13 wanting him to feel uncomfortable in doing so, if that
14 makes sense.
15 Q. And you say "... I won't pressure you ,..." and he says,
16 "I hear voices."
17 A. Yeah.
18 Q. You say, "Can I call you? It might be easier that way".
19 "Do you want to tell me about the voices, [and] what
20 ... they say?"
21 A. Yeah.
22 Q. And if we go over the page:
23 "You won't believe me, I don't know what's
24 happening.
25 "I'm going to wait and see what happens."
25

1 "I was asleep, what's going on?"
2 He phones you in the morning.
3 "I hear voices in my head.
4 "... it's also not quite like that.
5 "It's gonna sound really strange.
6 "Sorry, it's not serious.
7 "I'm being silly."
8 Do you think he was embarrassed about that? Why was
9 he saying, "I'm being silly, it's not serious", do you
10 think?
11 A. Maybe I guess he's got, like, a -- he doesn't usually
12 like to worry people in general. I guess that's like
13 one of his personality traits. I guess you could say
14 that he -- yeah, I guess likes to not worry people.
15 I guess you can see, I guess, throughout the messages he
16 tries to be like "Oh no, it's okay, like I'm fine.
17 Don't worry about me."
18 So I think that might be it more than embarrassment,
19 but maybe there was some embarrassment, I don't know.
20 Q. Further down the page:
21 "... some of the people followed me.
22 "I'm in an apartment and they're in the one above or
23 next to me.
24 "I know that you're starting to think it's paranoia.
25 "But the paranoia doesn't start at this point.
27

1 "You can tell me anyway."
2 He says: "I love you always."
3 You say: "I love you too bro.
4 "Can I call you now?"
5 He says: "Another time".
6 You say: "Okay if you prefer, but call me if you
7 need anything.
8 You say: "... have you thought about staying with
9 mum and dad, until things calm down with Covid. Or if
10 you want, I can stay there with you or vice versa?"
11 And he says: "Thanks but it's fine".
12 What were you thinking about that, that it would be
13 better for him to be at home with other people? This
14 was Covid, you said you were concerned it might be to do
15 with that.
16 A. Yeah, it was to -- yeah, get him to be in an environment
17 that he might feel comfortable, and also because he had
18 expressed feeling, I guess, unsafe or feeling like he
19 was -- there was something out to get him, and I think
20 this is actually a follow-up from I guess the phone call
21 on the 18th where I think I did mention that as well.
22 And yeah, I guess, yeah, he doesn't want to but yeah,
23 it's out of a sense of worry and concern.
24 Q. 20 May, we have to go backwards to page 2, so
25 NGPF0002527, page 2. He phones you, you say:
26

1 "You're going to judge me."
2 Were you saying to him -- did you use the word
3 "paranoid", you know, "You're worrying about things that
4 aren't happening"?
5 A. Before this point?
6 Q. Yes.
7 A. Possibly, but I'm not sure. I think by this point there
8 was -- I guess I had a sense of wanting him to be open
9 with me, so I'm not sure I was -- I think I was trying
10 to not be completely dismissive, if that makes sense, or
11 trying to, like, reason with certain things in a more
12 round about way. But I might have used it but I'm not
13 too sure.
14 Q. Near the bottom of the page he says:
15 "I'm messing up, you're not supposed to worry.
16 "I didn't want that.
17 "and I'm not suffering or anything.
18 "You're telling mum I know it."
19 He didn't want you to tell his mum, did he?
20 A. Yeah, and I think, you know, the message three lines up
21 kind of explains that. Yeah, I think, like I said
22 earlier, he -- he's never really been the person that --
23 or he's always concerned that he's worrying people or
24 that what he might say might worry people or not wanting
25 to worry people, if that makes sense. So I think that
28

1 that's partly why he's saying that.

2 **Q.** The top of the next page, you say:

3 "Don't you want to talk more about it?"

4 "Are you safe at least?"

5 He says:

6 "I shouldn't because you'll take it the wrong way.

7 You'll worry.

8 "And yes, I'm safe.

9 "You shouldn't have told anyone, if you did."

10 And you say:

11 "I'm sorry, it wasn't with bad intentions, the other

12 day when you called me I asked mum to pray -- I didn't

13 know what to do in that moment and yes I was worried."

14 So he knows you said something to your mum --

15 **A.** Yes, possibly.

16 **Q.** -- and that's why he's saying don't tell her.

17 **A.** Possibly, although at this point he was also calling

18 other family members including Mum, so it's likely

19 that -- I think she was worried anyway, so I'm not sure

20 if --

21 **Q.** Of course, yeah.

22 **A.** -- if it was because I'd said it, that he became worried

23 that I had told Mum. I guess in that moment I assumed

24 that's what it was, but --

25 **Q.** But he may well have appreciated she knew anyway from

29

1 not knowing worries me more than knowing."

2 Did he understand what you were saying there?

3 **A.** Did Valdo understand what I was saying?

4 **Q.** Yes.

5 **A.** Maybe, that's possibly a difficult question to answer.

6 Because I think in this moment he would have been quite

7 psychotic, so I don't -- I'm not sure he would have had

8 the ability to understand it properly. Maybe he might

9 have understood it in a superficial level but I think

10 his psychotic experiences might have been driving his

11 behaviour more than, you know, a rational understanding

12 of what I was saying.

13 **Q.** If we go further down this page, he tells you about

14 a security guard thinking he "was shoplifting ...

15 offended me. So I started to shout at him and try to

16 shame him."

17 What did you make of that?

18 **A.** This is a dream, isn't it --

19 **Q.** Yes.

20 **A.** -- that he's recounting. I'm not sure I made too much

21 of the dream itself. I think I made more of the fact

22 that he thought someone was talking about their dream,

23 after he'd had it.

24 **Q.** He then continues:

25 "As far as I know, they rented the apartment to

31

1 her own conversations?

2 **A.** Yeah, yeah possibly, yeah.

3 **Q.** "You shouldn't have. The others aren't like you.

4 I don't mind you knowing some things as long as it

5 doesn't worry you.

6 "You don't have to worry, I'm not in danger.

7 "Maybe I'll tell you the full story one day, who

8 knows.

9 "But listen to this, yesterday I had a dream and

10 when I woke up someone in the other apartment was

11 telling my dream to other people."

12 "The two of them exist and they are distinct.

13 "[These] ... are people ... who are monitoring and

14 I've known this for weeks. But from Monday things got

15 weird.

16 "I found that Bible and then started crying for no

17 reason.

18 "That's when I called.

19 "What you don't know is I cried again that

20 afternoon ..."

21 You say:

22 "Okay but I don't agree that mum ..."

23 And if we can go over to page 4:

24 "... and dad are different in what matters -- they

25 just want the best for you. And I genuinely think that

30

1 keep an eye on me. How they figured out where I went,

2 I don't know.

3 "... I've been aware of them for weeks ... never

4 disturbed me much. They've been doing it for shits and

5 giggles. But I can't explain the crying."

6 What do you think he was saying there?

7 **A.** I thought he was describing again the same sort of

8 feelings of having someone out to get him. And I guess

9 it put some of the messages from -- or phone calls from

10 the previous days into context that he had some sort of

11 belief that -- yeah, that -- I guess it's similar to the

12 whole theme of being watched or someone out to get him.

13 And he is trying to sort of figure out why, why it is

14 that it's happening, why someone would do that to him.

15 And yeah, the explanation that he gives in that moment

16 is that they're just doing it for fun, but ...

17 **Q.** He's also, hasn't he, just in terms of dreams, can we go

18 page 18, NGPF0002527. On 12 April, going back to that,

19 he refers at 15:19:

20 "... why do I feel like this now? ... I didn't work

21 myself into this state of mind. I was thinking about

22 red rum not 120 minutes ago. Now not only do I not care

23 I feel appreciation."

24 We can look, if you like, at some of the messages

25 before that. If we go to page 17, you ask him about the

32

1 second episode he mentions. See what you say to him
 2 there.
 3 **A.** Yeah.
 4 **Q.** Then if we go over the page, we see what you say at the
 5 top. You set out about your faith and then VC says when
 6 you say, "I dunno if that makes sense"; he says, "It
 7 does."
 8 **A.** Mm-hm.
 9 **Q.** He said:
 10 "What you ... said is that very thing.
 11 "I thought why do I feel like this now? I know
 12 I didn't work myself into this state of mind I was
 13 thinking about red rum not 120 minutes ago. Now not
 14 only do I not care I feel appreciation."
 15 So when he was asleep earlier. What did you
 16 understand that to mean, a reference to "red rum"?
 17 **A.** I'm not sure I -- yeah, I'm not sure at that time what
 18 I thought exactly. I know it was -- yeah, well either
 19 at the time or when I was writing this. Well,
 20 I thought -- so the whole conversation is again related
 21 to the sort of incident we were speaking about earlier
 22 on where he's talking about suicide, the whole
 23 conversation is about that experience of praying or
 24 asking something to take that away, and coming into,
 25 like, a new sense of peace that he can't quite explain.

33

1 **Q.** That message. Just that message.
 2 **A.** Just that message? No, yeah, I don't think I associated
 3 it with murder. Especially because -- I mean it would
 4 have been pretty -- yeah, I don't know -- out of
 5 character.
 6 Again, as I sort of said before, like, this was --
 7 yeah, Valdo, who had never been violent to anything or
 8 anyone, so yeah, it would have been a pretty --
 9 **Q.** You say around this time in the document as well,
 10 between 12 April and the 18 May, we can have it on the
 11 screen, page 16:
 12 "... not much happens ... [maybe] a few ... relevant
 13 points ..."
 14 The rest is mostly random messages about music.
 15 What music does he like? What's he messaging about
 16 music during this period? Can you remember?
 17 **A.** Well, he likes all sorts of music. He likes rock music,
 18 rap music. He listens to a lot of classical music,
 19 especially then he was, you know, doing his piano
 20 grades, and stuff like that. So yeah, all sorts of
 21 music.
 22 **Q.** If we go to the front page of the document, please,
 23 page 1. You set out there:
 24 "Compiled from text messages and phone calls (to
 25 brother ... unless stated otherwise). Most recent

35

1 And obviously his understanding is initially through
 2 faith and this is part of it as well.
 3 And yeah, I thought he was sort of like saying, in
 4 the same vein, "Oh I was just thinking about something
 5 completely different and now I have this sort of new
 6 found appreciation for life."
 7 So yeah, I thought it was in the same context,
 8 although yeah, to be fair, the whole conversation is --
 9 so yeah, at least until the sort of second incident,
 10 because the second incident, he starts replying in, at
 11 15:24 "And you asked about yesterday", so that's why he
 12 goes on to the second incident.
 13 So this is still sort of the same episode of sort of
 14 the context of him wanting to take his own life, and
 15 praying and, like, coming into -- yeah, ending up with
 16 a completely different outlook on things.
 17 **Q.** Did you associate it with "murder" written backwards and
 18 that actually was thinking about harm to others rather
 19 than harm to himself, or did you not focus on that
 20 message?
 21 **A.** Well, I definitely didn't associate it with murder. I'm
 22 not sure I knew about that. Certainly at the time,
 23 I don't think I read it in that way.
 24 Sorry, are you saying just this message, or are you
 25 saying the whole conversation?

34

1 day[s] first."
 2 And on the front of this page, 23 May. What was the
 3 conversation that he had with you then?
 4 **A.** Yes, so he called me, had more questions about faith.
 5 Told me that he had an encounter with the Holy Spirit
 6 and was saved. And yeah, and, you know, I guess similar
 7 to what we've had conversation about on beyond the 12th
 8 April about, I guess, wanting to know more about the
 9 bible, read the bible, and then he also mentioned
 10 I think on 18th or 19th May, and yeah, he also mentions
 11 having been to hospital the night before. But he, yeah,
 12 didn't say what for. So yeah, then I told him to call
 13 Mum.
 14 **Q.** And between 21 May, he telling you "some messages":
 15 "... he's doing much better and thanks me for the
 16 support."
 17 **A.** Mm-hm.
 18 **Q.** But you say:
 19 "[He] Sounds very on edge ...
 20 "I think he's paranoid about my safety again."
 21 Why did you think he was paranoid about your safety?
 22 **A.** So, yeah, so this is the call later on that evening.
 23 **Q.** Mm-hm.
 24 **A.** So that -- yeah, I guess -- I'm trying to remember that
 25 specific call, but I guess maybe he was sort of hinting

36

1 at, like, how it is that I'm doing, like, "Are you
2 okay?" sort of thing. Maybe he was asking that
3 repeatedly. I think there was another phone call
4 earlier on where he had sort of -- well, more explicitly
5 asked if I was okay or if someone had come to get me,
6 and stuff like that.

7 **Q.** When this document was furnished to Dr Seedat, who was
8 treating him, did you consider it might help?

9 **A.** Come up with -- I was hoping it would. That was the
10 whole point of putting it together. So I think I would
11 have started writing it, I don't know, Valdo went into
12 hospital on the 25th -- or some of these notes I had
13 already been writing as they were happening, because
14 I didn't really know what else to do so I just started
15 taking notes.

16 **Q.** And you have put in there reference to "red rum", you've
17 put into the document:

18 "I know I can break their heads with my hands."
19 So were you putting in the graphic terms that he had
20 used?

21 **A.** Yeah. Yeah, I think I put most of it in there. Sorry,
22 my screen has just gone off. Yeah --

23 **Q.** We don't need it on the screen any more.

24 **A.** Yeah, I think I put most of it in there. I tried to put
25 as much information as possible.

37

1 whole point was --

2 **Q.** To share it?

3 **A.** To share it, yeah, to help. That was the idea. We
4 wanted to know what was going on, we wanted a diagnosis.

5 **Q.** Would you have been concerned or objected to VC knowing
6 you provided it?

7 **A.** No, not at all. I guess part of me would have expected
8 him to know, if the content was discussed with Valdo,
9 which I assumed it would be. But yeah, no concerns at
10 all about sharing it or it being discussed.

11 **Q.** If we can then go to your statement to pick up events in
12 May. It's paragraph 30 of your statement page 9. That
13 can go on the screen, but you may not need it to answer
14 the question.

15 What did you first learn about events? We know now
16 about the document you've provided to the hospital, but
17 what did you understand had happened around 24 May?

18 **A.** So yeah, Mum called me at some point saying that Valdo
19 had been arrested and that he was in police custody, and
20 that there were concerns, I guess, around his mental
21 health at some point. But yeah, that he was trying to
22 break in somewhere and then the police arrested him and
23 took him into custody. And yeah, Mum and my family were
24 driving to Nottingham to go and see him.

25 **Q.** We know that the night before, if we can have on the

39

1 **Q.** And did you have your phone next to you at the time when
2 you were doing it, to remind yourself, when you were
3 putting the document together?

4 **A.** Yeah, yeah, yeah, I mean it was all, I guess, based on
5 what I had on my phone. I think I, you know, when I was
6 speaking to Valdo sometimes during phone calls I might
7 take notes like really quickly rough notes and stuff
8 like that, and some of those would have been in the
9 document. I don't think I went back and changed them.

10 So yeah, the whole point was to try and help come up
11 with a diagnosis, and I think it was sent, yeah, on the
12 28th. I think it took me a while. I think the thing
13 that might have taken me the longest was translating
14 everything, making sure that --

15 **Q.** Because it was all in Portuguese?

16 **A.** Yeah, a lot of it was in Portuguese, yeah, yeah. Some
17 of it was in English because sometimes we switch back
18 and forth. Some conversations are easier in English for
19 us, but yeah, a lot of it was in Portuguese so having to
20 go through it and translate and pass it on.

21 **Q.** Did you have any concern about it being shared amongst
22 doctors?

23 **A.** No, none at all. And yeah, I think actually, reading
24 from the RiO notes, I think Mum discussed it in
25 a meeting with doctors, just publicly. So yeah, the

38

1 screen, please, EMAS0000002, on 23 May he had gone to
2 hospital and indeed you have 23 May in the notes that we
3 have just gone through where he is talking about having
4 an encounter with God and feeling at peace, et cetera.

5 He's admitted on 23 May or takes himself to hospital
6 for acute behavioural disturbance. Over the page at
7 page 2, "Status: Anxious".

8 If we go to the bottom:

9 "Medical/Surgical History: [patient] admits to
10 having mental health problems in [the] past but would
11 not say what. Not currently medicated for anything from
12 questioning."

13 As far as his past history of mental health
14 problems, were you aware of anything other than this or
15 did you have any concerns?

16 **A.** No, no. I think that that week, building up to the
17 first admission, is when sort of everything really
18 ramped up. Yeah, I remember the whole week just being
19 a bit of a blur and a bit of a daze of us trying to,
20 like, figure out what was going on, having no idea what
21 was going on. Not sure -- yeah, definitely didn't know
22 of any sort of mental health problems in the past,
23 certainly nothing to this level.

24 **Q.** When you say nothing to this level, can we just unpack
25 that? You've seen the statement from the witness in

40

1 Wales who was living with him 2014 to 2015 --

2 **A.** Yes.

3 **Q.** -- and was sufficiently concerned about mental health to

4 contact the police, and her statement refers to hearing

5 screams in the night, him being up in the night. You,

6 as a teenager, were sharing you room with him, weren't

7 you?

8 **A.** Yeah.

9 **Q.** What was your experience of his routine, particularly at

10 nighttime?

11 **A.** When I was sharing a room with him?

12 **Q.** Yes, I mean, he left home when he was, what, 18, 19?

13 **A.** Yeah, I think he was 19. Pretty uneventful. I think,

14 yeah, maybe a bit of a night owl, but nothing out of the

15 ordinary. I think --

16 **Q.** How much of a night owl? What does that mean?

17 **A.** I don't know, like, I don't know he might be -- we might

18 stay up a little bit late and watch a film or watch --

19 or like a comedy show, me and him, or something like

20 that.

21 **Q.** As in no different from you?

22 **A.** Oh yeah, no. Yeah.

23 **Q.** So did you have him wandering off or going out or coming

24 into the room at night or anything like that or hear any

25 screams? That kind of --

41

1 **A.** Sorry, yeah.

2 **Q.** Just unusual behaviour, strange behaviour, to stay

3 behind the door and pass a note out. Enough for her to

4 comment on it and be referring.

5 **A.** Yeah, she clearly found that strange behaviour. In

6 terms of -- I guess, in light of, you know, thinking

7 about previous mental health problems, I'm not sure

8 I would say that's indicative of a mental health

9 problem.

10 Yeah, I wonder how much of, I guess, the

11 interactions in that statement are sort of, I guess,

12 coloured a little bit by the fact that he went on to

13 develop schizophrenia. Yeah, and it could be that some

14 of those are signs of -- I forget the exact terminology

15 that's used for pre-...

16 **Q.** Pre-morbid?

17 **A.** Pre-morbid, yeah. I guess some of those might be. I'm

18 not sure him -- yeah, I guess, coming up, devising a way

19 of making sure people paid for their Internet is

20 necessarily a sign --

21 **Q.** Understood --

22 **A.** -- of illness.

23 **Q.** Look at page 3, please, under "Care plan".

24 "... [the] crew [thought he presented] like under

25 the influence of drugs or acute mental health but denies

43

1 **A.** Nothing at all. Nothing at all. Yeah, I'm trying to

2 see if I can remember anything out of the ordinary, but

3 I don't think there was, no.

4 **Q.** So when you say you weren't aware of anything earlier,

5 you're saying 2020 was a crisis, and 2019 you had --

6 well, we've seen in the notes that you had some concerns

7 with the benefit of hindsight there about paranoia a bit

8 earlier; is that right?

9 **A.** Yeah, yeah, I think that's it, and yeah, it is, as you

10 say, with the benefit of hindsight, that week ramps up

11 and then you're looking back to see what else might be

12 related.

13 **Q.** What else fits or might be part of it?

14 **A.** Yeah.

15 **Q.** So what did fit when you look back? And again we see in

16 that statement from the woman who wrote it, how he'd

17 stand at the door and hand out passwords behind the door

18 to the person when they'd been late with their -- very

19 guarded behaviour, isn't it, strange behaviour?

20 **A.** Strange behaviour. I guess it depends how you look at

21 it. I guess -- you said guarded and I guess I'm used to

22 guarded, having heard it so much in sort of, like,

23 a sense of, like, psychosis and masking symptoms.

24 I don't think I would use it like --

25 **Q.** Let's not use it for that.

42

1 drug use hearing voices mumbling, erratic behaviour ..."

2 **A.** Mm-hm.

3 **Q.** Were you ever aware of him taking drugs?

4 **A.** No, no. Not at all. And I would say in general seems

5 like it would be quite an unlike Valdo thing to do.

6 Yeah, obviously I know now that he speaks to

7 Professor Blackwood or Dr Mirvis about having done it in

8 one instance.

9 **Q.** Yes.

10 **A.** But yeah, no. Nothing at all. He was fairly

11 anti-substances, didn't do drugs, didn't really drink at

12 all.

13 **Q.** Did he ever tell you about the incident he told

14 Dr Mirvis about, which was a very extreme reaction on

15 the face of it, where he thought his arm was going to

16 drop off and he might die. A very graphic response.

17 Did he ever tell you about that?

18 **A.** No, no, he didn't tell me about that, I don't think.

19 **Q.** Are you surprised he didn't tell you about that?

20 **A.** I don't think so, not particularly. I wonder if, yeah,

21 I wonder if I'd asked if he'd ever done drugs, he

22 probably might -- he probably would have said. But

23 yeah, I guess in some ways I'm more surprised that he

24 did drugs than him not telling me about it, if I'm

25 honest.

44

1 Q. That can come down, please.
 2 During his first admission, and indeed all of the
 3 admissions, you didn't have any contact with the medical
 4 professionals, did you? Nobody came back to you asking
 5 information on the document or anything else directly?
 6 A. No, no. Sorry, about the documents that I'd sent to
 7 Dr Seedat?
 8 Q. Yes, yes, if anyone wanted more information or wanted to
 9 ask questions about it?
 10 A. No, I thought that document sort of got lost in the
 11 ether, you know, I spent all the time doing it and it
 12 just wasn't useful at all.
 13 Q. How long did it take to put together?
 14 A. I guess there would have been those three days, two and
 15 a half days, maybe. Yeah, a lot of time translating, a
 16 lot of, yeah, time going through the texts and copying
 17 them or whatever so yeah.
 18 Q. You didn't visit him, did you, when he was in hospital
 19 in May/June 2020. Covid restrictions applied.
 20 A. Yes.
 21 Q. Was that why you didn't, or would you not necessarily
 22 have done that anyway?
 23 A. No, I think if it wasn't for Covid, I probably would
 24 have gone up. I think even as my parents were there on
 25 24 May, and I think the day after, I was just on the

45

1 possible at the time."
 2 You understand it was also relayed to you:
 3 "... that the doctor had stressed they were not
 4 going to put a label on it until [VC] had reached the
 5 point of being unwell again."
 6 A. Mm-hm.
 7 Q. Was that your understanding?
 8 A. Yeah, that was my understanding of it and, yeah, I think
 9 what I took at that time was that 20 per cent figure of
 10 20 per cent of people who have such an episode recover
 11 and then have another. I guess I was hopeful that,
 12 yeah, I guess Valdo would be in that 20 per cent.
 13 I was a little bit confused as to the idea of
 14 waiting for it to happen again, although, I guess, that
 15 maybe this is a natural predisposition of, like, maybe
 16 a deference to professionals hoping that they know best
 17 of like: okay, this is what the doctor says, then, you
 18 know, he -- this person is trained, and they know what
 19 they're talking about, so ...
 20 Q. So they had shared with you as a family --
 21 A. Yeah.
 22 Q. -- that 20 per cent of people who have an episode
 23 recover and don't have another?
 24 A. Yes.
 25 Q. But if it happened again it could be a long-term

47

1 phone with him pretty much all the time trying to, like,
 2 get them accommodation trying to figure out a place
 3 where they could stay because, you know, the Covid
 4 restrictions were quite strong at that time.
 5 And even, you know, later on, you speak about going
 6 to see him, although he wasn't that keen on that. But
 7 yeah, it was because of Covid. I think if it wasn't for
 8 Covid, it would have been much easier to go and see him.
 9 Q. We'll come to that later. He wasn't keen on you
 10 visiting Nottingham, was he, or going to see him there?
 11 A. No, not in general and I think at first I just kind of,
 12 "yeah, this personality oh, you know, don't worry, you
 13 know, you don't need to do that." I think later on it
 14 developed more into a safety sort of thing as part of
 15 his, I guess, beliefs that, you know, he was under
 16 threat and then we were under threat as well.
 17 Q. From monitoring?
 18 A. Yes.
 19 Q. You were under threat from being monitored?
 20 A. Yeah.
 21 Q. When he was discharged from the hospital, you tell us in
 22 your statement at paragraph 34, we don't need it on
 23 screen:
 24 "... that the doctor had said [he] had had an acute
 25 psychotic episode but that a formal diagnosis was not

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1 condition?
 2 A. Yes, yeah, yeah.
 3 Q. When you say you weren't convinced about the "If it
 4 happens again" idea, can you just expand on that?
 5 A. Well, I just -- I was just hoping he would be able to
 6 diagnose him there and then, if that makes sense.
 7 I wasn't -- yeah, the reason why the document was made
 8 to begin with, if that makes sense. I guess I was just
 9 pretty keen to know what it was at that time, but also,
 10 yeah, wanting to trust that the professionals knew
 11 better than me, as I would expect that to be the case.
 12 Q. Can we have your witness statement page 12 on the
 13 screen, please. We see at the top paragraph, so it's
 14 WITN0087001, page 12:
 15 "... because [VC's] presentation had been described
 16 as an acute psychotic episode, I didn't understand it to
 17 be a long-standing condition that was always present but
 18 rather an episodic thing that was tied to specific
 19 events which then led to his admission to hospital."
 20 If we can just put paragraph 39 in full on the
 21 screen, please. You set out here:
 22 "[You] definitely did not understand [his] illness."
 23 So tell us, that's across the period that's 2020 to
 24 2023 that you didn't understand, refusal to take
 25 medication was part of psychosis, and that he believed

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1 being medicated was people trying to control him.

2 Can you just explain why you say this was the case.

3 **A.** Yeah, I think it's part of the understanding, or lack of
4 understanding, that I was going to say that we as
5 a society tend to have, but I definitely did have of
6 like what psychosis means or what a psychotic incident
7 or what a psychotic breakdown is, especially when it's
8 described as an episode. As the wording suggests, it
9 feels like an episodic thing, like this is what being
10 acutely psychotic looks like, and so everything in
11 between that doesn't necessarily lead to a hospital
12 admission isn't a psychotic breakdown, isn't sort of
13 like active psychosis, if that makes sense.

14 And, you know, because, yeah, the use of the word
15 "psychosis" I now understand is sort of like an umbrella
16 term, but it -- yeah, I guess my understanding of it at
17 the time was of this event thing, if that makes sense.
18 That there's something that would happen in the moment
19 and then, you know, might be described as crisis or, you
20 know, you call the Crisis Team and that's -- that might
21 lead to hospital admission.

22 But, yeah, it was hard to understand, especially
23 I guess the paranoia as part of the illness, because the
24 things that sort of led to Valdo being admitted into
25 hospital were these sort of like sharp psychotic --

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1 I think some of those, I would be surprised if he were
2 able to retain information because when acutely
3 psychotic he didn't remember things well.

4 But yeah, you know, you can read the RiO notes,
5 "paranoid schizophrenia" comes up a handful of times.
6 I'm a little bit sceptical as to how much his team knew
7 about the diagnosis, but yeah, I'm not sure he knew it
8 that well.

9 **Q.** Paragraphs 42 and 43, please, page 13, his second
10 admission:

11 "For a few weeks after ... discharged on 17 June ...
12 he seemed ok. ... [and texted] semi-regularly by text
13 message. ... on 11 July ... there were again red flags
14 ... He had begun calling ... sounding ... jittery,
15 jumping between topics ...

16 "His fixation [paragraph 43] on the family's safety
17 and particularly saying that we were all in danger and
18 we were not safe in this country tended to happen when
19 he was acutely unwell and in periods of intensity before
20 he was admitted to hospital such as in May and July
21 2020".

22 What was he meaning "You're not safe in this
23 country"; do you know?

24 **A.** So that, it's a little bit of hindsight sort of
25 recognition of sort of the pattern of behaviour back

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1 episodes of psychotic incidents, incidents as

2 I understood them at the time.

3 **Q.** When did you learn that he had been diagnosed as
4 paranoid schizophrenic?

5 **A.** That was 9 October 2023, because I think it was when
6 I think my mother got a call with some explanation about
7 the first forensic psychiatrist's report being done and
8 that being the diagnosis of paranoid schizophrenia. And
9 we thought at the time, you know, having been frustrated
10 not to learn about that all that time, I thought at the
11 time that the forensic psychiatrist came up with the
12 diagnosis, and there's, I guess, a sense of like almost
13 relief of finally knowing what it is that we've been
14 dealing with all this time. Yeah, so I think that's
15 exactly when I first learnt about it.

16 **Q.** We know it was not on his care plan, consciously or
17 otherwise, and he, therefore, never saw that diagnosis.
18 As far as you're aware, around this time and
19 subsequently, did he know he had that?

20 **A.** I don't think he did. I really don't think he did.

21 I think -- well, because the wording that was used the
22 most, more often than not, was "psychosis", "history of
23 psychosis", "episodes of psychosis". I think when you
24 read the notes, I think you see some conversations
25 around schizophrenia or schizophrenia-type illnesses.

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1 then. But yeah, he was just constantly feeling that he
2 was under threat, we were under threat. Eventually
3 thinking that us being with him would put us under
4 threat or, like, yeah, it was, I guess, a regular theme.

5 Although, yeah, from paragraph 42, yeah, I guess the
6 phone calls we were having more similar to the ones
7 prior to the first admission, which is why we, I guess,
8 knew or suspected him to be unwell at the time.

9 **Q.** Your contact with him in 2020 and 2021, if we go to
10 page 14 of your statement, paragraphs 48 and 49, you saw
11 him in October 2020 and to be clear I think between
12 January 2020 and June 2023 you saw him twice, didn't
13 you; October 2020 and November 2022?

14 **A.** Yes, yeah, yeah --

15 **Q.** So that's not very much, is it, over a period of
16 three years?

17 **A.** Yeah, not at all.

18 **Q.** Why was that, that you only saw him three times?

19 **A.** So I think part of it, at least for the first year and a
20 half, was Covid related. The various lockdowns. So
21 I guess this period in October 2020 would have been in
22 between a period of lockdowns, where we were sort of
23 more able to move more freely. And he came to see me.

24 And yeah, so partly because of that, and also
25 because after a while it became much harder for me, the

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1 whole situation became much harder for me, and
2 I struggled with, yeah, I struggled with it all and
3 I struggled with my relationship with Valdo, if you
4 will. But also because he, as he got more and more
5 unwell, started becoming much more and more -- I don't
6 know what the right word is, but instead of wanting us
7 to be around him less and less.

8 **Q.** We see at paragraph 49, he is talking about hearing
9 voices. You told him you knew that.

10 **A.** Yeah.

11 **Q.** And as you often did, you:

12 "... tried to ask him about the voices in an attempt
13 to understand what he was talking about and then to try
14 to show him that there was no rational basis for him to
15 think there were voices ..."

16 **A.** Yeah.

17 **Q.** So did you feel you were going round the same loop of
18 explanation?

19 **A.** Yes, this time -- so I guess, yeah, you can start to see
20 the loop forming. This specific was, I guess, almost
21 like an exact loop because he just didn't remember a lot
22 of the week prior to the first admission, it seemed.

23 So yeah, I remember being quite worried and I think
24 then when I spoke to him I think she might have even
25 emailed Dr Seedat about his memory issues. But yeah,

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1 saw it, towards your parents. Were they the features
2 that challenged your relationship with him?

3 **A.** That was definitely part of it, yeah. The impact
4 I guess, I saw it was having on my parents, and yeah,
5 you mentioned I guess, about me talking to him about,
6 you know, the monitoring or the paranoia and, like,
7 saying, "This is not the case," you know, "You're
8 just -- you're just unwell, you just need help, you just
9 have to listen to the professionals and do what they
10 say."

11 That was part of it. But also, I guess, in regards
12 to, yeah, I guess my parents. I think the issue was
13 that I was trying to sort of reason with delusions, and
14 at the time I didn't really understand what that meant.
15 But, you know, you can't reason with psychosis, you
16 can't reason with delusions. But I thought I could,
17 I guess. So I tried to do that. And yeah, it sort of
18 just ended up becoming a cycle of the same thing and
19 over and over again.

20 **Q.** And if we see the end of paragraph 52 on the next page,
21 please, of the statement, 16. You say that at this
22 time:

23 "... he didn't always speak about them in much
24 detail ... I think this was the time that he became
25 better at masking his illness with my family."

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1 this, I guess trying to sort of like reason with him,
2 encourage him to, I guess, do what the doctors were
3 telling him to do.

4 I think I asked him, yeah, to speak to his team as
5 well about the memory issues as well.

6 **Q.** Paragraph 50:

7 "I think when [he] came to see [you] in October 2020
8 [you say] I might have suggested I could go and see him
9 in Nottingham but he was reluctant to commit to this ...
10 at the time."

11 **A.** Yeah.

12 **Q.** "... I brushed this off ... became much more apparent
13 how much he didn't want any of us to visit him and
14 I remember times when my parents were trying to arrange
15 to see him and he was refusing. I would ... get
16 frustrated with this as I thought it was him being
17 thoughtless about my parents ... didn't understand at
18 the time it was his attempt to protect them from the
19 danger he perceived they were in."

20 **A.** Mm.

21 **Q.** You referred a moment ago to how you were struggling
22 with your relationship with him.

23 **A.** Mm.

24 **Q.** The combination of explaining to him, as you were, why
25 he couldn't be monitored, and also his attitude, as you

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1 That's what he was saying.

2 **A.** Mm-hm.

3 **Q.** Then he told you at paragraph 54 he hadn't taken
4 medication in May 2021. You were worried as a family
5 his mental health was deteriorating and he told you that
6 he hadn't taken medication for two to three weeks.

7 Your mother contacted the Crisis Team with that
8 information, and the information came back that he was
9 fine, in effect, and they didn't think immediate action
10 was needed. Did you know that that was the response to
11 the fact that he hadn't taken medication, and did you
12 think you needed to challenge that?

13 **A.** To challenge the professionals --

14 **Q.** Yes, the professionals who'd said in the knowledge that
15 he hadn't been taken the medication, as you'd reported
16 it, that the situation was fine? Were you worried about
17 that?

18 **A.** Um --

19 **Q.** Or did you accept it because they were professionals?

20 **A.** More of the latter. I was confused a little bit. And
21 so this was similar to 11th July 2020, in that we all
22 started again feeling like he might be unwell, and then
23 Mum called Crisis and, yeah, I guess in July 2020
24 required another incident for Crisis -- sorry, for the
25 services to sort of step in.

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1 This was somewhat similar -- although we have also
 2 incidents in October where sort of more information is
 3 shared, but the sort of the signalling that we're
 4 receiving all throughout is that, you know, the things
 5 that we're sort of worried about or that we're raising
 6 aren't really issues because they don't really lead to
 7 sort of any action, or they lead to just people telling
 8 us "He's fine", which goes back to the earlier point
 9 that we were making about the whole thing feeling quite
 10 episodic and feeling like there's what crisis looks like
 11 or what acute psychosis or active psychosis looks like,
 12 and then everything else in between is sort of fine
 13 regardless of, you know, whether Valdo is hearing voices
 14 and while taking medication or expressing strange,
 15 saying strange things.

16 But yeah, this was confusing and I think it really
 17 shaped the way that I saw things after this because,
 18 again, we were quite -- I felt I was quite confident
 19 that he was unwell, and I guess especially him saying
 20 that he hadn't taken medication and he was sounding,
 21 I guess, more like he had done prior to May 2020 or
 22 July 2020, but then, yeah, we were told that he is well.

23 And I remember thinking that, like, that the
 24 assessment that had been done was a proper assessment,
 25 if that makes sense. I thought every time we were

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1 Q. "After those visits [that's July 2021] ... [you] were
 2 ... angry with him. Due to my lack of understanding, I
 3 didn't see his behaviour in the context of an illness
 4 but ... as someone who was being inconsiderate."

5 And your contact with him reduced significantly,
 6 didn't it?

7 A. Yeah, yeah.

8 Q. Third admission, paragraph 57, were you aware of what
 9 happened, the attack on the police officers when they
 10 came to conduct the mental health assessment and to
 11 support it? What did you know about that at the time?

12 A. I think I knew -- yeah, I knew that there'd been some
 13 involvement with the police. I think it was -- I think
 14 I knew that he'd resisted arrest whilst being taken into
 15 custody. I think that's what I remember.

16 Q. When did you first see the body-worn video footage of
 17 that event?

18 A. Oh, in the Inquiry.

19 Q. Did it shock you, surprise you?

20 A. Yeah, I guess it is shocking, in a lot of ways. Yeah,
 21 I guess it's surprising in a way, the sort of, I guess,
 22 calmness and then how everything sort of kicks off and
 23 I guess, you know, now, I guess, I'm much more familiar
 24 with psychosis and what it can look like. It sort of
 25 explains how previously the sort of us thinking that,

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1 telling them these things, that it was leading to some
 2 proper assessment of his mental state and then being --
 3 then -- so when they said, "No, he is well," you sort of
 4 take: okay, I must have it wrong. These things
 5 clearly -- clearly things don't work in the way that
 6 I think they do; clearly these things that, you know,
 7 we're seeing as issues aren't issues, then they must be
 8 like whatever it is that leads to these episodes.
 9 I guess that's the issue. I don't know if that makes
 10 sense, but ...

11 Q. If you look at 55 you make reference to he "had driven
 12 to [your] parents' house ... in July and in August but
 13 ... refused to enter the house ..."

14 A. Mm-hm.

15 Q. Then you explain, if we go to 17:

16 "At [the] time, [you] thought he was being paranoid,
 17 somewhat like a conspiracy theory, as opposed to seeing
 18 it as a symptom of his illness and that he was actively
 19 psychotic."

20 And you remember, if we go further down:

21 "... getting really annoyed as I had this view that
 22 I should be able to reason through his symptoms and
 23 I saw it as him just not listening to me and just being
 24 selfish."

25 A. Mm.

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1 you know, when he's, you know, able to reason with us or
 2 able to talk to us, for example in July 2021 when he's,
 3 you know, sounding not as disordered as he previously
 4 did, that that doesn't necessarily mean that he's not
 5 psychotic.

6 So yeah, I guess it shows that psychosis can look
 7 like calmness but yeah --

8 Q. He's quite quietly spoken, isn't he, and speaks --

9 A. Uh-huh.

10 Q. -- can sound calm. Is that what you're saying? He
 11 sounds calm when he may not be?

12 A. Yeah, or the -- it just alerted me to the fact that,
 13 like, psychosis doesn't necessarily look a specific way
 14 or -- yeah, I guess it confirmed what I've since found
 15 out about psychosis and how it can present in people and
 16 how it might not always be obvious that someone is
 17 floridly psychotic, but they might be.

18 Q. Were you aware that Dr Seedat had said to him in 2020
 19 "You could end up killing someone"?

20 A. No, no. I think we only found that out when we got the
 21 medical notes.

22 Q. If we look at paragraph 60.

23 "... I felt more and more defeatist ... because of
 24 my lack of understanding about his illness, I also felt
 25 frustrated. I genuinely felt pretty hopeless and that

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1 it would all end by [VC] taking his own life."
 2 Why did you think that's how it would end?
 3 **A.** Yeah, by this point, and, you know, even in the sort of
 4 July 2021, yeah, I felt convinced that this couldn't end
 5 well. I had it in my -- yeah, because of what he said
 6 in 2020 that he, I guess, that he had contemplated
 7 suicide even though at that point he had -- it felt like
 8 he had got through that tough moment. Yeah, I guess
 9 I've always had that in the back of my mind. And I was
 10 convinced. I couldn't see this ending well at all.
 11 **Q.** In January 2022, you tell us in paragraph 66 that your
 12 mum told us that he had "an altercation with
 13 a flatmate". In fact, at 68:
 14 "...[VC] had told her that he had had a fight with
 15 ... [a] housemate ..."
 16 Did you have any detail about that? Were you
 17 informed about the detail of that?
 18 **A.** I don't think so and I think, yeah, I thought it was
 19 like an altercation with a flatmate. I wasn't sure
 20 whether it was related to a psychotic incident of sorts
 21 or whether it was something else.
 22 Yeah, I guess there was a general theme, by the time
 23 sort of Mum gets to find out something it's usually gone
 24 through a few people already, or -- so even the
 25 information she gets is -- can sometimes be a little bit
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1 period, I -- yeah, I thought -- I thought it was going
 2 to be -- um ... Um, yeah, I just found it really hard.
 3 There's a sense of hopelessness that comes with a
 4 lot of this. That, because you -- you sort of feel
 5 like, you know, you pass on information, or you don't
 6 know what's going on, or all the signalling that you're
 7 receiving from services is that essentially, unless
 8 something happens, nothing changes.
 9 So then it's either we wait for something to happen
 10 or I try to sort of convince Valdo to engage with
 11 services or to try to reason with him, and that's not
 12 possible so it leads to frustration and it leads to
 13 this, like, none of this can ever be fixed sort of
 14 feeling that we just have to wait, and then hope that
 15 whatever happens isn't bad. But I was convinced.
 16 I couldn't see another way out. And yeah, I just didn't
 17 know what to do about it. I felt powerless.
 18 **Q.** In September 2022 after he graduated, he told you he'd
 19 moved to Coventry and found an engineering job. Doesn't
 20 give you an address. By this point, have you just
 21 accepted you're not going to know where he's living?
 22 He's not even in that city, as it happened, so it
 23 doesn't appear to be the case, does it?
 24 So how much did you rely on anything he said to you
 25 at that point?
 63

1 lacking in detail, and also I think a lot of the time
 2 people just weren't allowed to tell her things.
 3 **Q.** Paragraph 71:
 4 "... [the] contact between September 2021 and ...
 5 [2022] November 2022, was limited. ... some contact by
 6 phone but [you] did not see each other."
 7 How much contact by phone roughly would you have had
 8 around then?
 9 **A.** So between September 2021 and 2022, I'm not sure. I
 10 guess previously we might have been speaking, I guess,
 11 more weekly. This was -- yeah, I'm not sure I could
 12 say. But yeah, as I say there, it was -- yeah, my lack
 13 of understanding of his illness, I thought -- I thought
 14 I could, you know, reason with what was happening to
 15 him, and obviously, like I said before, you can't reason
 16 with psychosis. You can't reason with delusional
 17 beliefs or paranoid delusions in this sense. But it
 18 wasn't something that I understood at the time.
 19 And also, I was saying this earlier, but I was
 20 convinced he was going to take his life, and part of
 21 this, I guess I can say more confidently, looking back,
 22 but part of this was a defence mechanism on my part of
 23 dealing with a loss ahead of time, if that makes sense.
 24 I thought that, you know, and I explained this to
 25 people, that every time Mum called me during that
 62

1 **A.** I guess in terms of relying on it, I guess you rely on
 2 it because it sort of makes sense that he would move for
 3 a job, in some ways. And we didn't know his address,
 4 not, you know, by lack of trying, with Mum. But yeah,
 5 in some ways you come to accept it. You know -- there
 6 was a sense of, like, this is just how things are now
 7 that, you know -- he's really paranoid, but that's just
 8 how things are now and, you know, he won't tell us
 9 exactly what he's doing for whatever reason. But yeah,
 10 it is what it is.
 11 **Q.** You saw him once in 2022, paragraph 78 of your
 12 statement, 5 November, when you were in Birmingham. Can
 13 you just tell us about that?
 14 **A.** Yeah, so we were going to a concert, and he -- yeah,
 15 because I guess of his paranoia with my sister and
 16 safety, he said, you know, she wouldn't be safe at the
 17 concert. Initially, he thought that she'd be going on
 18 her own, so yeah, he travelled, and because he had lived
 19 in Birmingham before whilst, you know, my sister and
 20 I went to the concert, he stayed with Mum and, yeah,
 21 he -- he was just sort of acting on his paranoia. And,
 22 you know, remember, you know, I guess we all tried to
 23 reason with him in the build-up to this, "It's okay,
 24 we're safe, you don't need to." But I guess in some
 25 ways it was good that we saw him, but yeah.
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1 **MS LANGDALE:** Chair, we've been going for an
 2 hour-and-a-half, probably time for the afternoon break.
 3 **THE CHAIR:** All right. Shall we start again at 3.30.
 4 **(3.15 pm)**
 5 **(A short break)**
 6 **(3.30 pm)**
 7 **THE CHAIR:** Yes.
 8 **MS LANGDALE:** Christmas 2022, when you were staying with
 9 your parents, you spoke to VC on the phone, you tell us
 10 this at paragraph 79, and he said he had some research
 11 to support his theories around Government interference.
 12 By then you had a typical back and forth about how
 13 his beliefs could not be real "but he said he wanted to
 14 send us research". You told him you wouldn't read it
 15 and he sent it to your parents.
 16 So can we have a look, please, at INQY0000003,
 17 page 5, two zip files were sent. If we have page 5 on
 18 the screen. This is the Inquiry legal team document
 19 setting out that they were sent to your parents, and
 20 then "ReadmeFirst" page 6, at the bottom:
 21 "From the beginning, it was clear that what was
 22 happening was some kind of communication that obviously
 23 required technology. There was a system communicating
 24 in my mind. Initially, I had no information about the
 25 nature of this technology ..."
 65

1 the attacks.
 2 Did he ever discuss the kind of content of this
 3 document? You've presumably seen this document as we've
 4 taken various witnesses to it.
 5 **A.** This particular document, no. Of course he had
 6 mentioned things around technology, I guess, since 2020,
 7 but not this particular document. But, sorry, I was
 8 just trying to figure out what -- so this is -- because,
 9 as I understand it, this is a letter that he found from
 10 someone else describing this event or ...?
 11 **Q.** This a three-page document headed that he sent in the
 12 zip files to your parents, yes?
 13 **A.** Yes.
 14 **Q.** So yes, he's setting out what somebody else has said
 15 there, but we know that he is looking at this kind of
 16 material, the shootings?
 17 **A.** I see, yes.
 18 **Q.** So did he discuss looking at shootings or this kind of
 19 extreme material with you at any time?
 20 **A.** No, no, he did not.
 21 **Q.** So when that came through in the zip files you, if we go
 22 to page 20 in this zip file, topics ranging from crop
 23 circles being potentially product of microwave weapons,
 24 this is the kind of stuff he's looking at.
 25 And looking at animals in the context of mutilated
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1 Page 7:
 2 "... who the operators were, or their intentions.
 3 I now have some information, and I want you to
 4 understand this because, although the type of experience
 5 I have had in recent years is not common, there are
 6 several other identical cases. Apart from that, the
 7 technology interacts with the entire population -- this
 8 is part of what I mean by 'greater experience' ..."
 9 If we go to page 16, please. Three-page document,
 10 bottom of page 16.
 11 Complaint to the FBI. If we go to page 17, you'll
 12 have seen this subsequently in the proceedings. If we
 13 can have the whole page as one, page 17, please. Just
 14 leave it like that. This will be familiar to you.
 15 Letter refers to equipment not a conspiracy theory,
 16 real-life situation, speaks about navy yard shootings,
 17 et cetera.
 18 We know, of course, as we've now seen through the
 19 Inquiry on his phone, New Zealand shooting, Buffalo
 20 New York, live stream shooting et cetera. Did he ever
 21 discuss that he was viewing material of that nature with
 22 you?
 23 **A.** No, he never discussed that. Sorry, this --
 24 **Q.** This is the document, the files that were sent to your
 25 parents and then subsequently to you on the morning of
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1 corpse in conjunction with crop circles. This type of
 2 stuff. Did he ever mention this type of material or
 3 similar stuff?
 4 **A.** I guess maybe the technology side of -- well, not this
 5 specific technology side of things, but no -- yeah, no,
 6 not in this exact context. Of course he had mentioned
 7 wanting to -- yeah, thinking there was some sort of
 8 artificial intelligence that could, I guess, do
 9 something that might be related to this more, I guess,
 10 in terms of maybe 55, paragraph 55, but not --
 11 **Q.** System X.
 12 **A.** -- not the specific things, no.
 13 **Q.** That can come down, please, and if we go to your
 14 statement, please, page 23, so paragraphs 82, 83 and 84,
 15 the events of 12 and 13 June. You hadn't had contact
 16 with him, we see at paragraph 83, since December 2022
 17 and then he called you at 11.50 am on 12 June, and you
 18 missed that call because you were at work at the time
 19 and when he phoned again at 7.09 pm you were able to
 20 answer the call and spoke for about 44 minutes; is that
 21 right?
 22 **A.** That's correct, yes.
 23 **Q.** So tell us about that call, and what you deduced about
 24 where he was, what he was doing, and what was happening?
 25 **A.** Yeah, I guess in order at some point there was an
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1 announcement, a train announcement saying, "This train
2 will be arriving at Blackfriars", so I guess I knew he
3 was in London at that time.

4 But yeah, the phone call was mostly about the zip
5 files you were just talking about. Yeah, I guess not --
6 well, before this point most of the conversations that
7 I had with Valdo were around this sort of circular
8 nature of him wanting to convince me, wanting to
9 convince our family, that the things that were happening
10 to him were to do with technology, and not anything
11 else. So in many ways it was a conversation that we'd
12 had many times before. But yeah, he was trying to
13 basically convince me throughout the entire conversation
14 to read the zip files, that he wanted to send them to
15 me, and yeah, that I should read it.

16 **Q.** If we scroll down the screen, please, paragraph 84:

17 "[He] said something like 'this will be the last
18 time I will talk to you. After this, I will leave you
19 alone'."

20 **A.** Mm-hm.

21 **Q.** What did you understand that to be saying?

22 **A.** Yeah, I thought that it was just like, you know, after
23 this, you know, "I won't bother you anymore, just listen
24 to me now, then, you know, you don't have to deal with
25 this."

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1 **A.** Yeah, I think that's fair. There's, I guess, a lot of
2 content on this call that didn't make it on to the
3 statement.

4 **Q.** If we go to the next page, page 2, you say:

5 "I said maybe he needed help and medication.
6 I discussed with him that I thought he might be ill as
7 I have thought this since 2020."

8 **A.** Mm.

9 **Q.** Did you say that to him: he might need some help and
10 medication?

11 **A.** Yeah, a lot of this conversation was this sort of back
12 and forth, "This is real", and me saying, "No, you just
13 need help", and him saying "No, it's the technology",
14 and me saying, "No, no, you know, you just have to
15 listen to the professionals, do what they say, take the
16 medication." And him saying, "No, no, this is real,
17 this is technology, they're after me."

18 That sort of -- the same circular sort of
19 conversations that we'd been having for the previous
20 years.

21 So yeah, I remember explaining this to the
22 detectives who came to take my statement, and it took
23 a while to get started, because I was saying all of
24 these things and they were looking at me like I was
25 crazy. And they were just like, "Well, what do you mean

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1 Yeah, it was more of a -- or I felt it was partly
2 because we hadn't been speaking for a while that he was
3 saying, you know, "Just listen" and, you know, "and then
4 I won't bother you again."

5 At least, yeah, especially the tone in which he said
6 it made it sound like this.

7 **Q.** What was the tone?

8 **A.** It was a very, like, almost like an offhanded comment.

9 It was more, you know, "I want you to focus on these so,
10 you know, if you're worried about, you know, not wanting
11 to listen to this, just like this will be the last time
12 I will tell you about this stuff and then you can --
13 I will leave you alone."

14 **Q.** In the police statement you gave at the time, if we can
15 have it on the screen, if you like, NGPF0002773, page 1.
16 Bottom paragraph. He tells you:

17 "I will send you the files that I sent to mum and
18 dad at Christmas. I know what is happening ... is
19 real.' I agreed ... he could send me the documents. I
20 think he believes MI6 are listening to him. He sounded
21 calm and fine. He has had psychotic incidents ... and
22 sounded different then but yesterday he was calm. But
23 the stuff he was saying wasn't fine. I felt he just
24 wanted to say what he wanted to get out and I didn't
25 interrupt him. I just let him talk."

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1 you were saying this," and I was trying to explain to
2 them: he's unwell, he's ill, he's been ill since 2020,
3 you know, he's saying these weird things.

4 And they were like, "None of that makes any sense,
5 that's so weird."

6 I'm like: yes, I know, but it's because he's ill
7 and, you know, I guess at the moment, at the time I was
8 trying to sort of convince them that this isn't, you
9 know, a terrorist incident, that he's just unwell and
10 I guess they needed to listen to me.

11 **Q.** If we look at -- he rang at 04.52 hours further down
12 this statement.

13 He rang you again, didn't he, and said:

14 "did you get the documents".

15 "this will be the last time I speak to you, take the
16 family out of the country".

17 Is that right? That's what you have in the
18 statement there.

19 **A.** Yes, yeah, yeah, that's correct.

20 **Q.** What did you say when he said that?

21 **A.** Yeah, I asked him -- well actually, so yeah, he asked me
22 whether I'd read the documents, because yeah, he sent me
23 the documents after I'd gone to sleep and then he woke
24 me up at 4.52 -- yeah, sorry, it's on the screen now --
25 and asked me "Did I get the documents?" And I said,

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1 "Sorry, like, what do you mean?" I was just woken up,
2 I was a little bit confused as to what he was talking
3 about, and he said, "I sent you the documents, you have
4 to read them," and he carried on speaking, you know,
5 "Last time I'll speak to you".

6 And I asked, you know, "Are you going to do
7 something stupid," thinking in terms of suicide, and he
8 said, "It's already done", and then hung up just like
9 that.

10 **Q.** What did you make by "It's already done", and you will
11 appreciate that the prosecution relied on that in the
12 case --

13 **A.** Yes, yeah.

14 **Q.** -- to convey that he understood he'd done something
15 wrong when he said "It's already done."

16 **A.** Yeah, yeah. I thought -- I was -- well, I initially
17 thought that especially, I guess, that phone call, him,
18 you know, saying, I think he said -- in between these
19 things he said "I love you. This will be the last time
20 I speak to you." Like It felt much more like a good bye
21 and the tone was very different -- well, I say very
22 different -- was very different to the phone call the
23 night before.

24 So yeah, I guess in the moment with my fears of him
25 wanting to commit suicide, with what he said the

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1 **A.** Mm-hm.

2 **Q.** "If you do something stupid". Him having said he's
3 already done something, wasn't it more relevant to say,
4 "What have you done?"

5 **A.** Yeah, but it shows you how, I guess, I'm still thinking
6 in terms of him doing something, or doing something to
7 himself.

8 **Q.** Did you ask him where he was, given he was saying these
9 things?

10 **A.** At this point, I -- well I was trying to call him,
11 I called him a few times and I was trying to get his
12 attention. So I guess because the previous night he
13 called me about the documents, I tried to open them and
14 I couldn't open them because they were -- the file was
15 corrupted, it was incomplete, if you will. So yeah,
16 I was trying to, yeah, to reach him, if that makes
17 sense.

18 **Q.** We see there where you were trying to contact him, the
19 times you were trying to contact him. You also, going
20 back to your Inquiry statement, called your mum after
21 speaking to him at 4.52, as you were worried that she
22 was at work.

23 **A.** Yes, yes.

24 **Q.** What were you worried about in this period?

25 **A.** Him, I -- well yeah, again I have this longstanding

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1 previous night of, you know, "If I end up in hospital,
2 don't come and see me."

3 Which at the time I thought, you know, was just
4 a strange comments, like the strange comments that he'd
5 made in the past. I thought, when he's saying these
6 things he was going to commit suicide, which is why
7 I asked "Are you going to do something stupid?"

8 And when he said, "It's already done", I still have
9 that in my head, and I think I messaged him a few times
10 saying, you know, "You have to think about, you know,
11 Dad and Mum if you do something like how they will
12 feel," and then trying to get his attention.

13 So yeah, I thought it was relating to suicide.
14 I remember speaking to the detectives that I was
15 a little bit confused after a while, in terms of, you
16 know, him saying, you know, "It's already done", and me
17 thinking maybe he took something, maybe, maybe it's
18 something else, and not really knowing how to square
19 that. But yeah, I was just worried in general and
20 trying to figure out what happened.

21 **Q.** We see at 4.58 as it is on the screen, you send the
22 message:

23 "[You're going to] ... have to think about what will
24 happen to [our parents] ... if you do something stupid
25 ..."

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1 belief that he would kill himself and I was worried that
2 this was it, and -- yeah.

3 **Q.** Given the earlier events of violence that you knew about
4 in the hospital -- sorry, leading to him going into
5 hospital, also with the police officer at the very
6 least, and no doubt you've learnt about other incidents
7 here, have you, in the Inquiry?

8 **A.** Yes.

9 **Q.** Did you know about the Arvato events, for example?

10 **A.** No.

11 **Q.** But given about the ones that you did know, that he had
12 been originally sectioned arising from barging into
13 a neighbour's flat, someone jumping out of a window, and
14 the resisting arrest, as you described that, weren't you
15 worried at this point that there was violence towards
16 others involved, not simply himself?

17 **A.** Uh-huh. I guess I associated all those incidents with
18 Valdo in crisis. And yeah, I guess it's very apparent
19 that it became much harder for us to tell when he was in
20 crisis.

21 The point I was making earlier about, you know, him
22 being very calm prior to the 3rd September incident, is
23 me sort of appreciating now that, you know, something
24 I didn't appreciate then: that calmness does not
25 necessarily mean not psychotic or not in crisis. But

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1 yeah, I think largely in part because when I had spoken
 2 to him the night before, as far as I was aware, there
 3 had been none of the, I guess, hallmarks that I'd
 4 associated with a crisis of 2020, and July, or even,
 5 I guess, you know, when I had thought he was in crisis
 6 in May 2021. But apparently he, according to the
 7 professionals, he wasn't.

8 **Q.** If we go to page 3, please. This statement. At
 9 approximately 8.30, we see at the top, top paragraph:
 10 "... I checked twitter for the news, I guess because
 11 I thought something ..."

12 This is your police statement:
 13 "... had happened. I went to work 09.40 hours ...
 14 rechecked twitter and saw an update from Nottinghamshire
 15 Police about Ilkeston Road ..."

16 When you write "I guess because I had thought
 17 something had happened" and you're checking Twitter,
 18 what would you be checking Twitter for?

19 **A.** So yeah, this is unfortunately condensing a lot of
 20 information -- well, and missing a lot of information.
 21 But yeah, before that, I thought he was -- well,
 22 I thought he had been in London before, but he had gone
 23 back home to Coventry. So I was trying to figure out
 24 how, yeah, if I could contact -- well, considering
 25 contacting Coventry Police and maybe filing a missing

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1 And yeah, I remember looking at Coventry, couldn't
 2 see anything, and then eventually, when I was at work
 3 I saw "Nottingham" trending and literally in big bold
 4 letters, and I started looking at it at first out of
 5 curiosity, obviously I associated Nottingham with Valdo
 6 and I looked at it out of curiosity, you know, lots of
 7 chat about police involved, city cordoned off.

8 And yeah, I guess you started to sort of -- at first
 9 I thought there's no way this is related but, you know,
 10 I carried on looking at it partly out of curiosity, but
 11 yeah, maybe initially out of worry as well,
 12 subconsciously. I don't know.

13 And then, eventually I came across, I think they
 14 updated -- the Nottinghamshire Police released an
 15 update, and they mentioned an incident occurring at
 16 Ilkeston Road, and I remembered that Valdo had lived on
 17 Ilkeston Road, I think in his second year of university.
 18 So again, that's another association that I made
 19 with it. And I think I realised the timings,
 20 eventually, and I thought it matched up, the timings
 21 with my phone call with him, and then they eventually,
 22 yeah, I think they gave a description of Valdo -- sorry,
 23 they gave a description, you know, of the person at that
 24 point, I guess, they didn't know it was Valdo. I think
 25 they said he had dreadlocks or something like that. And

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1 persons report. I remember going onto the website, and
 2 it, it was -- I think the wording suggested that
 3 waiting -- or "Use this form if you haven't heard or
 4 seen someone in 24 hours".

5 **Q.** Shall we have on screen, instead of this document,
 6 WITN0087001, page 25, which sets out paragraph 90:
 7 "... didn't contact anyone else at that time. ...
 8 Googled Coventry Police station online for information
 9 about what to do ..."

10 Over the page, page 26, please:
 11 "... if you were concerned about someone."
 12 Sorry. Continue, you were explaining that.

13 **A.** Yeah, I think I was looking through the form and I
 14 didn't really know how to fill it out, you know,
 15 I didn't know what exactly where -- yeah, where he was
 16 or -- well, what he was wearing.
 17 I didn't feel like I had enough information to fill
 18 that properly and also the 24 hours thing confused me a
 19 little bit.

20 So yeah, given that I couldn't get hold of him,
 21 I remember checking Coventry local news, but it was very
 22 early at the time, so there was nothing there anyways
 23 and then I started checking Twitter to see if anything
 24 had come up, if he had turned up somewhere, because
 25 Twitter moves quicker than the news.

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1 I remember, I'm at work, worried and I was even thinking
 2 do I message Mum and ask her, like, how long was Valdo's
 3 hair when we last saw him, you know, just in case it
 4 fits the description.

5 **Q.** That can come down now. Thank you. So different
 6 question: when he was in Birmingham studying, did you go
 7 and visit him there ever?

8 **A.** I --

9 **Q.** When he was doing the access course?

10 **A.** No, I don't think I did. I think I would have been in
 11 uni myself.

12 **Q.** Did you know where he lived in Birmingham?

13 **A.** I don't think I did, no.

14 **Q.** Did you know ever where he was living in Nottingham?

15 **A.** Yeah, because -- well, I sent him some -- part of the
 16 reason why I remembered him living in Ilkeston Road was
 17 because I'd send him like a book that I'd buy him or
 18 something like that, or send him something.

19 **Q.** When he first left home and was living and working at
 20 the college, did you see him then very much?

21 **A.** All the time, yeah, yeah. I mean, he basically lived at
 22 our house and went to sleep somewhere else. So yeah,
 23 all the time. So he still worked with Mum every night
 24 in the college, and yeah, he would come home a lot of
 25 the time on weekdays --

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1 Q. So when did you --
 2 A. -- the weekend.
 3 Q. -- effectively start to see him less; when he moved off
 4 and started studying in Birmingham?
 5 A. Yeah, because obviously he was away, yeah.
 6 Q. When he was in Nottingham, likewise at university, 2018,
 7 2017, so you went your separate ways when he left home,
 8 as it were, physically went separate ways?
 9 A. Yeah, yeah, physically, but yeah always keeping in
 10 touch, regularly saw each other at Christmas --
 11 Q. Over text and phone, but not in person?
 12 A. Yeah, not as much, yeah. Then we'd see each other over
 13 holidays usually when he'd come home.
 14 Q. The NICE guidance relating to psychosis refers to the
 15 fact that first-episode psychosis, it's suggested to
 16 assess for PTSD and reactions to trauma, because people
 17 with psychosis or schizophrenia are likely to have
 18 experienced previous adverse events or trauma associated
 19 with the development of the psychosis, or as a result of
 20 the psychosis itself.
 21 Just looking at VC's background, are you aware of
 22 any trauma that he endured in his background?
 23 A. I don't think so. I was under the impression that his
 24 psychosis, at least in the first episode, was more
 25 triggered by stresses, stresses with uni work and,

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1 stigmatising. I think maybe I guess he had more social
 2 difficulties, one of them being having to learn a new
 3 language, adapt to a new way of life, a new place
 4 completely. Different, I guess -- I'm not sure how to
 5 describe it -- social -- yeah.
 6 Q. Sounds like he didn't have much of a social life with
 7 friends, doesn't it, through his time at Nottingham
 8 earlier? Did you ever see evidence of good friends or
 9 people that he socialised with?
 10 A. He did, maybe not as much as he did when he was in
 11 Portugal, but he did. Yeah, I think you are right in
 12 a way, because -- I mean, I guess it's a pretty
 13 difficult situation in general moving to a new country,
 14 but also having to learn a new language. I guess moving
 15 back to in school -- he wasn't that bothered about being
 16 moved back into school, I think he was still fine with
 17 that, and I guess it kind of knocks his confidence a
 18 little bit because, you know, he's not as good in
 19 general, academically because he's got to get to grips
 20 with the language.

21 But yeah, one of the things that I definitely
 22 remember was that because he was really good at
 23 football, there was, like, a sense of, like, popularity
 24 in school. I would get young kids being like "Oh you're
 25 Valdo's brother" coming to me in school, because, yeah,

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1 I guess, Covid in general. That, I guess, was a really
 2 stressful period, and isolation and sleep deprivation.
 3 I don't think he wasn't sleeping quite a lot prior to
 4 that.
 5 Q. When you moved to Wales and you both went to school, he
 6 moved a couple of years down, didn't he --
 7 A. Yes.
 8 Q. -- because of the language difficulties, and we know
 9 from the documents that at age 28 his life wasn't where
 10 he'd have liked it to have been. We've seen those in
 11 the Inquiry. That period of time when he was learning
 12 English for the first time at school, with children
 13 younger than him, that can be quite stigmatising or feel
 14 it, can't it?
 15 A. Quite stigmatising?
 16 Q. Quite stigmatising, being older than other people in
 17 your class. Do you think he found that difficult,
 18 learning in that context?
 19 A. I think it -- the only thing I remember is that I think
 20 it might have knocked his confidence a little bit, and
 21 he ... yeah, I think at that stage, because he was,
 22 I guess, what, 16 or 17? He might have felt, I guess,
 23 that there's, I guess, a little bit of a difference in
 24 maturity, even though there's only a two-year age gap
 25 there. I'm not sure he would have said it was

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1 I guess during lunch times he would just go to the
 2 Astroturf and play football with people and do tricks
 3 and stuff like that. I guess young boys that age are
 4 easily impressed in that regard.
 5 Q. You say in your statement at paragraph 9 -- we don't
 6 need it on the screen --
 7 "... he struggled with boundaries [when he was
 8 younger] ... wanted more independence."
 9 Did that struggle manifest itself in any anger or
 10 arguments within the home, either with his mum, his dad,
 11 with you?
 12 A. I'm not sure much anger. I do remember some arguments,
 13 especially around, you know, going to church, not
 14 wanting to go to church and stuff like that, although
 15 even that I'm not sure went on for that long.
 16 But yeah, I think especially at the age that he was
 17 when this sort of thing was happening. It's the sort of
 18 age because he got moved back two years in school and
 19 honestly like formative years, you're coming of age,
 20 you're a teenager, you want more independence anyways,
 21 and so by the time he moved home, he was 19. That's the
 22 sort of age you would go to university anyways, so
 23 you -- a lot of people tend to move out at that age and,
 24 yeah, you start moving on your own feet if that makes
 25 sense.

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1 So yeah, it -- I think it was just a sense of
 2 wanting to be independent that could sometimes lead to
 3 friction although I ... yeah.

4 **Q.** You called the police out to the family home once
 5 yourself, didn't you, when you were 13?

6 **A.** Yes, yeah.

7 **Q.** What was that about?

8 **A.** So yes, this is an incident -- I mean, I had kind of
 9 forgotten about it until we were told that it was going
 10 to be brought up in the Inquiry. So yeah, I had to
 11 remind myself, I guess, a little bit from what was said,
 12 but yeah, had an argument with my dad about doing the
 13 dishes, I think I was, to be honest, being a little bit
 14 of a --

15 **Q.** You were 13 --

16 **A.** -- a spoiled brat, yeah. And I wanted -- I thought
 17 I was playing on the -- I wanted to play video games and
 18 I had to do my chores essentially. I think it was
 19 a weekday. And, yeah, ended up eventually I think --
 20 well, I remember mouthing off to my dad and swearing at
 21 him and not wanting to do the dishes and not wanting to
 22 help, and then I think I might have even pushed him, and
 23 there was some sort of struggle, and I think he might
 24 have like scratched me or something like that, and then
 25 I was very, very -- I wanted to get back at him and then

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1 that in itself is going to be, I guess, quote-unquote
 2 investigated in the Inquiry, if that makes sense,
 3 because I thought that incident would be, I guess,
 4 completely irrelevant to Valdo, if that makes sense.

5 If, you know, we're trying to figure out what happened
 6 on 13 June 2023, I guess. Part of me is confused as to
 7 why it is that it's being quote-unquote investigated, if
 8 that makes sense.

9 **Q.** What was the significance of the name Adam Mendes, as
 10 far as you're concerned? Do you know why he wanted to
 11 be known as Adam Mendes?

12 **A.** I think he was experiencing, I guess, quite dissociative
 13 symptoms from what he told us after, in terms of the
 14 voices telling him he -- Valdo had died, that he was
 15 sort of there, that the technology had sort of taken
 16 over and he was a new person and he wasn't Valdo
 17 anymore.

18 So I think quite, yeah, I think it was him
 19 experiencing quite dissociative symptoms and feeling
 20 almost like he wasn't the same person and needed to have
 21 a new name to recognise that.

22 **Q.** In terms of when he stayed in London, did you know the
 23 friend that he was staying at in London? Did you know
 24 the name of that person, Bill Monteiro; did you know?

25 **A.** I didn't know he had stayed with a friend in London at

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1 I ended up calling the police as a-- yeah, a way to get
 2 back at him.

3 **Q.** We have the note that both of you gave the same version
 4 of events, an argument over doing the washing up. Your
 5 father had taken hold of you to calm you down, struggle
 6 ensued, father's fingernail had scraped your face
 7 causing a slight scratch.

8 **A.** Yeah, I think it was -- the thing I remember the most
 9 about that actually is just feeling embarrassed after
 10 and feeling ashamed that I'd done it because it was
 11 pretty like wild overreaction. Yeah, I was, like, why
 12 did I do that?

13 Yeah, I guess I was angry in the moment and wanting
 14 to get back at my dad, but, um --

15 **Q.** As far as your brother was concerned, any episodes like
 16 that or events like that?

17 **A.** No, and for that one I think Valdo wasn't even at home.
 18 I think he was at work.

19 **Q.** No, no, I'm not suggesting he was. I meant other times
 20 when he was at home and living at home, was there
 21 anything like that?

22 **A.** Anything between --

23 **Q.** Between your brother and your father?

24 **A.** No, no, nothing like that. Yeah, I think actually the
 25 thing that I most worried about is the fact that, like,

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1 the time. I didn't know what he was doing in London.

2 **Q.** So you weren't seeing him and you weren't really aware
 3 of who he was -- who his friends were, really, in the
 4 end? It's not to say you were visiting him and seeing
 5 him with his friends?

6 **A.** No, no.

7 **Q.** Just briefly, we know, following the police visiting and
 8 speaking to your parents on 14 June, you complained
 9 about how information had been provided and whether it
 10 had been leaked to the press by the police, didn't you?

11 **A.** Yes, yeah.

12 **Q.** The police investigated that and found no misconduct or
 13 said it wasn't as a consequence of the police; is that
 14 right?

15 **A.** Yeah, that was their finding.

16 **Q.** The IOPC, I think, didn't engage with it?

17 **A.** Any further, yeah. Yeah, it was one of our concerns
 18 very early on. I think I mentioned it to the detectives
 19 on the 15th, so the day after they saw us, because
 20 people had been turning up at some addresses that we'd
 21 provided to them.

22 **Q.** Yes, to relatives generally?

23 **A.** Yeah, and then on the 16th, there was an article in The
 24 Telegraph that had a lot of the information -- or had
 25 information that we felt was the information that we'd

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1 provided him on the 14th, so yeah, there was a worry in
2 that regard.
3 **Q.** Can I ask you briefly about the CQC report as well,
4 please. CQCM0013534, page 3. You were interviewed for
5 the purposes of the report, and can we just look,
6 page 3 -- you highlighted various points the family had
7 concerns with. The first one:

8 "Lack of formal diagnosis, beyond the first episode
9 of psychosis. ... family did not think VC was ever told
10 of his psychosis. VC once mentioned someone at
11 Darlington who suggested he had Paranoid Schizophrenia.
12 The family now know there has always been a formal
13 diagnosis that existed ..."

14 So is that right in fact, that VC mentioned someone
15 at Darlington. That's Cygnet --

16 **A.** Yes.

17 **Q.** -- and we've heard from Dr Shoilekova.

18 **A.** Yes, yeah.

19 **Q.** Can you remember now? Does that trigger your memory
20 whether VC mentioned anyone?

21 **A.** Sorry, so I'm saying that after the events, after,
22 I guess, this would have been after he was at Ashworth.

23 **Q.** Don't worry, I don't need to ask you about that.

24 **A.** Yes, that's what I mean.

25 **Q.** Understood. If we go, please, to the third bullet

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1 will be a few more.

2 **THE CHAIR:** Yes, Mr Moloney.

3 **Questioned by MR MOLONEY**

4 **MR MOLONEY:** Mr Calocane, did you, during the period
5 January 2020 to June 2023, would you speak to your
6 mother regularly on the phone?

7 **A.** Yes, yeah, probably, yeah.

8 **Q.** Did you see her quite regularly?

9 **A.** Well, during that period it was difficult because a lot
10 of that was Covid anyway.

11 **Q.** Okay. But in terms of phone contact, once a week?
12 More?

13 **A.** It might have depended. I think, again, during some of
14 the Covid periods there might have been more contact.

15 **Q.** Yeah.

16 **A.** Maybe her being more worried, or us in general being
17 more worried. I think I remember around Covid times
18 people in general were, I guess, more appreciative of
19 -- (*overspeaking*) --

20 **Q.** As you came out of Covid, did you see her regularly
21 then?

22 **A.** Say that again, sorry?

23 **Q.** As we came out of Covid, because this is January '20 to
24 June '23, would you see her more regularly then, would
25 you see family?

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1 point:

2 "... constant theme where VC was able to mask this
3 symptoms enough that he was not taken seriously."

4 Can you see there?

5 "He was always able to convince medical staff he was
6 ok even when he wasn't [...] constant theme ... VC was
7 able to mask his symptoms enough that he was not taken
8 seriously."

9 **Q.** Then you say:

10 "The next point was his ability to appeal his
11 hospital stay".

12 **A.** Yeah.

13 **Q.** What were you saying about the appeals? What was your
14 concern about his ability to do that?

15 **A.** So by this point we -- so during the third admission,
16 because he had been discharged without Mum being told
17 and her having to call the hospital and finding out on
18 the day that he'd been discharged randomly, I guess we
19 thought that the reason why he had been discharged
20 without Mum being told is because he'd appealed it. So
21 that was just us acting on our -- on information that,
22 you know, I think got a bit muddled up, but we thought
23 that it was the fact that he'd appealed to leave
24 hospital that meant that he got discharged.

25 **MS LANGDALE:** Thank you. Those are my questions. There

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1 **A.** Mostly at holidays, Easter, at Christmas. One of the
2 issues was living quite far away. The train journey
3 from where I lived to where my parents lived could be
4 quite long, and it was a bit difficult, and also quite
5 an expensive train ticket as well, so it added some
6 difficulties in that regard.

7 **Q.** We've heard you were concerned about your brother taking
8 his own life.

9 **A.** Mm.

10 **Q.** Were your mother and father similarly concerned about
11 your brother taking his own life during that period of
12 2020 to 2023?

13 **A.** Sorry, are you asking me if they were concerned?

14 **Q.** Yeah, did you get that impression?

15 **A.** Did I get that impression at the time? About them being
16 concerned -- specifically concerned about him taking his
17 own life?

18 **Q.** Yes.

19 **A.** I'm not sure I got that impression specifically. I knew
20 that they were concerned about him.

21 **Q.** Can I ask that we put up TCLT0000115, please. If we
22 could go to page 73, please. This is your mother being
23 asked questions. And the second question down:

24 "So what was your fear in terms of him not getting
25 adequate treatment? What was it you imagined was going

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1 to be the outcome?
 2 "The outcome, the police will knock my door and say
 3 'We found [VC] dead somewhere.' That was the outcome,
 4 this is more beyond anything I could ever imagine, what
 5 [VC] does to somebody else.
 6 "That he would harm himself, that's what you were
 7 worried about?
 8 "Yes."
 9 Were you not aware about that during the course of
 10 January 2020 to June 2023 at any time that your mother
 11 was worried about that?
 12 **A.** I think I might have suspected it. I remember --
 13 **Q.** Right, can I ask you about your father --
 14 **A.** Could I just answer, if that's possible?
 15 **Q.** Certainly. You say you might have suspected it.
 16 **A.** Yes.
 17 **Q.** You said that you didn't have any thoughts about it
 18 before I showed you that passage, you might have
 19 suspected it. In what way did you suspect it?
 20 **A.** Well, because my mum is a worrier, she worries about
 21 these sort of things in general.
 22 **Q.** She worries about her son committing suicide in general?
 23 **A.** She worries about her children in general, which might
 24 include when her son is acutely psychotic and very
 25 unwell, and when she is passing on information to

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1 about it, who was, I guess, throughout Covid having to
 2 deal with the manichness of it all and seeing death all
 3 the time, and being worried in general and being really
 4 worried about us. I just didn't know how to do it.
 5 And I've -- and we've spoken about this since, we
 6 all individually had this fear, but we all had both the
 7 fear that Valdo would take his own life and also the
 8 fear of talking about it, of bringing that up.
 9 **Q.** Right. You've told the Chair this afternoon that every
 10 time you rang up you were fearing that you were going to
 11 be told that VC had taken his life, every time you spoke
 12 to your parents.
 13 **A.** Yeah, genuinely, every time the phone rang, I thought
 14 this was going to be it, and, yeah, it's a pretty
 15 horrible feeling in that regard, but that's correct.
 16 **Q.** So we heard that you first understood that your brother
 17 was contemplating suicide in April 2020.
 18 **A.** That's correct, yes.
 19 **Q.** And when did you first tell your mother that your
 20 brother was contemplating suicide?
 21 **A.** I didn't tell. That's kind of what I was saying
 22 earlier, that I struggled with the idea, I struggled
 23 with speaking to her about it, I struggled with
 24 vocalising it in general.
 25 **Q.** So you never told your mother that your brother was

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1 services and nothing is being done -- (*overspeaking*) --
 2 **Q.** Can we go to page --
 3 **A.** -- the worst outcome might happen.
 4 **Q.** Can we go to page 74, please, to see what your father
 5 says about this?
 6 **A.** Go for it.
 7 **Q.** Down to the bottom, please:
 8 "Do you agree? Was that your worst fear?"
 9 Talking about suicide again.
 10 "Yes."
 11 And your father says:
 12 "Just four years, they all knew we should expect.
 13 Four years, it's four years."
 14 So were you aware that your father was expecting to
 15 hear of your brother's suicide during the course of that
 16 time?
 17 **A.** I think part of the issue is that we all individually
 18 had this fear, but it's very difficult. I found it very
 19 difficult to vocalise this and to talk about it in
 20 general. Part of the issue is that with things like
 21 this, I don't know, there's a fear of if you speak it,
 22 it becomes real and then you have to speak with that
 23 eventuality.
 24 And also, like, I was, I was so convinced of it that
 25 I didn't know how to tell Mum who was already so worried

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1 contemplating suicide. When did you first tell your
 2 father that your brother was contemplating suicide?
 3 **A.** Similar answer.
 4 **Q.** And that was because of fear for them?
 5 **A.** I guess a mixture of fear for them, fear for myself,
 6 fear of -- fear of it, if that makes sense. I have to
 7 be honest in general that it's a little bit difficult,
 8 me answering some of your questions in good faith,
 9 because there's a lot of context to this interaction
 10 that I think a lot of people won't realise, but that you
 11 and I realise, in terms of your instructions towards me,
 12 but which does make it a little bit difficult but, you
 13 know, I will try --
 14 **Q.** Shall I just ask questions and you answer the questions.
 15 You --
 16 **A.** I am answering.
 17 **Q.** Your concern about his suicide was when that's why you
 18 thought he was contemplating suicide on 12 June 2023,
 19 isn't it, and 13 June 2023?
 20 **A.** On 13th June specifically, yes.
 21 **Q.** And that's why you didn't ring the police.
 22 **A.** Well, if --
 23 **Q.** If you'd thought he was going to hurt somebody else,
 24 you'd have called the police --
 25 **THE CHAIR:** Just let him answer the question, Mr Moloney.

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1 **THE WITNESS:** Thank you very much. Sorry, I missed the
 2 question now because you moved on so quickly.
 3 **MR MOLONEY:** If you thought he was going to hurt somebody
 4 else you would have called the police in the early hours
 5 of June 2023, wouldn't you?
 6 **A.** Of course, yes, yeah.
 7 **Q.** You say that the source of your concern was an exchange
 8 between you on 12 April 2020. He never said anything on
 9 any other occasion to you about self-harm, did he?
 10 **A.** Yeah, that conversation and speaking on the phone in
 11 that regard about that event, yeah.
 12 **Q.** So it's the text messages and speaking to him on the
 13 phone?
 14 **A.** Yes, that's right.
 15 **Q.** So far as those text messages are concerned, you say in
 16 your first statement, you describe at page 5 of your
 17 statement, about how that happened, and then if we could
 18 go to the document, please, the NGPF0002527 document
 19 you've been taken to today, NGPF0002527, and to page 17.
 20 This is 12 April 2020:
 21 "That previous night I felt immense anguish,
 22 paranoia, anger, hatred."
 23 When at 2.06 this afternoon you were asked about
 24 that, all you referred to was "anguish". Why not
 25 mention anger and hatred as the things that had been

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1 messages could be read differently I think was when
 2 Ms Langdale was talking to Professor Blackwood, and he
 3 said, you know, thoughts of wanting to hurt other people
 4 permanently and I immediately thought "oh, you know,
 5 it's just a mistake, he's clearly talking about himself
 6 there".
 7 **Q.** You say in your second statement, just eight days ago at
 8 page 5, paragraph 24, you say:
 9 "I spoke to VC afterwards about this and he told me
 10 that he'd been contemplating suicide so the messages
 11 further made sense in that context".
 12 This is the conversation summarised at pages 19-20
 13 of the document. So we hear that now in the statement
 14 of 5 May. So if we could go to that conversation that
 15 is on page 19 and 20 of this document, we read there:
 16 "We then spoke on the phone, and I can't remember
 17 a lot of it as I didn't write it down at the time. But
 18 he expressed concerns about the monitoring - seemed as
 19 though a specific person in his apartment was involved.
 20 He mentioned confronting them and them denying it and
 21 acting innocently.
 22 "I explain again that the technology ..."
 23 And so on, we'd been through it.
 24 So you choose to mention there the concern about the
 25 monitoring, a specific person in his apartment was

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1 spoken to you about in that text message?
 2 **A.** I guess because that's what I remembered the most,
 3 especially when I spoke to him about it, but yeah,
 4 I think that's probably it.
 5 **Q.** The words "prayer" and "praying" are nowhere to be seen
 6 in that passage, are they? In that passage from him?
 7 **A.** Maybe not, although this is a conversation in the
 8 context of religion and understanding this in terms of
 9 religion.
 10 **Q.** Well, you're talking about religion, but he doesn't say
 11 that he's crying out to God at any point in that
 12 document either, does he?
 13 **A.** Possibly not. I guess with him asking me about faith
 14 and reconciling faith and intelligence and wanting to
 15 understand these events with regards to faith, I guess
 16 I thought it was implied. It may be he didn't
 17 message -- sorry, he didn't talk about it here, but
 18 yeah.
 19 **Q.** At paragraph 19 of your statement, first statement,
 20 page 5, you said that he'd experienced dark thoughts and
 21 wanting to hurt himself permanently.
 22 **A.** Mm-hm.
 23 **Q.** It doesn't mention in there hurting himself, does it?
 24 **A.** Yeah, I guess I thought it was implied. I -- yeah, I
 25 think it was the first time I understood that these

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1 involved, he went to confront them, they denied it and
 2 acted innocently, and then technology would be extremely
 3 advanced, you made a joke about NSA or GCHQ and then you
 4 got a text saying, "Don't tell anybody else". Included
 5 all of that but the mention of self-harm is not there,
 6 and why not?
 7 **A.** I think partly because it was already in the text
 8 messages as far as I saw it. I guess maybe the start of
 9 that should say we spoke about the previous
 10 conversation, and this here. Also because I think this
 11 is new information that wasn't in the text messages. So
 12 yeah, I thought that the text messages were pretty
 13 self-explanatory. I only read them in the context of
 14 suicide. So I assumed everyone else would read them in
 15 the same way.
 16 **Q.** You said in your statement, eight days ago, that:
 17 "The information was given openly for the benefit of
 18 Dr Seedat and his team to aid them in understanding
 19 [VC's] condition so he could receive the best
 20 treatment."
 21 But you make no mention of him contemplating taking
 22 his own life when this was about ensuring that VC could
 23 receive the best treatment; why is that?
 24 **A.** That's kind of the point I was trying to make. If
 25 I read those messages as Valdo saying, "I want to kill

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1 myself" or "I wanted to kill myself", then my assumption
 2 is that everyone else will read it in that regard and so
 3 if -- I think actually it would be a little bit more sus
 4 if I did it the other way round. Can you imagine if
 5 I read those messages as saying, "I want to commit
 6 suicide" and then I said, "Oh, by the way, Dr Seedat,
 7 the messages where I think Valdo is saying 'I want to
 8 commit suicide', mean that I want to commit suicide."
 9 Because he told me. Do you see what I mean, it's a
 10 little bit --

11 **Q.** In that summary of the conversation there, why didn't
 12 you say, "He again repeated that he wanted to commit
 13 suicide"?

14 **A.** I'm not sure. I just thought in general, and --
 15 I guess, maybe, this is how I also approached my first
 16 witness statement, is that I thought the text messages
 17 could only be read in that way. So in my head I am
 18 passing that concern on because in my head Valdo is
 19 saying quite clearly in those messages "I want to commit
 20 suicide". So I thought that would be enough.

21 **Q.** Just quickly with red rum. Why didn't you ask him what
 22 he meant when he said red rum?

23 **A.** I didn't think I -- well, I didn't think it meant
 24 anything that I needed to ask about. I think, as I was
 25 trying to say to Ms Langdale earlier on, I thought that

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1 might have been speaking about, you know, something that
 2 I guess was dark and that -- well, I thought the point
 3 was that he was thinking about something else and now he
 4 out of nowhere he's got this sort of new-found
 5 appreciation.

6 **Q.** You're clear that it should be clear to anybody in that
 7 passage that he's talking about suicide?

8 **A.** Sorry, the whole conversation is about suicide. I don't
 9 know how red rum fits into that, I understand that
 10 that's confusing. I'm not going to tell you that red
 11 rum specifically means about suicide, but the
 12 conversation is about suicide. That's all I can tell
 13 you so ...

14 **Q.** When he rang you on 13 June 2013 at 5.00 in the morning
 15 and you thought he was going to kill himself, did you
 16 say, "Stay there, VC, I'm coming to get you"?

17 **A.** I tried, I'm not sure if he heard what I was saying.
 18 But he says, "It's already done" and he hangs up. Like
 19 there's no opportunity to reply. Sorry, stay there,
 20 yes, I guess I didn't know where "there" was, but yeah,
 21 I just didn't have an opportunity to ask him anyways and
 22 then I tried to call him a bunch of times.

23 **Q.** When you first saw the police, did you say to the police
 24 that at that time, looking at it then, it was obviously
 25 something different, and that he wasn't talking about

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1 the whole conversation was in terms of him saying that
 2 he'd -- yeah, had a really difficult moment, a really
 3 dark moment, and was coming out of the other side of it,
 4 and trying to understand that moment in terms of faith
 5 and giving, I guess, another example of, like, "oh,
 6 I was just having thoughts about this other thing about
 7 having a drink or something like that, and now I have
 8 this sort of new-found appreciate for life".

9 **Q.** Paragraph 28 of your second statement, you didn't
 10 mention this to Ms Langdale:

11 "I have some recollection in thinking it might have
 12 been him referring to him saying he'd been thinking
 13 about having a drink." *(As read)*

14 Is that right?

15 **A.** Yes, I have some recollection of that, but what I don't
 16 know is whether I thought that as I read the messages
 17 initially or after I'd gone through them again and I was
 18 writing the document for Dr Seedat.

19 **Q.** Did you ask him why alcohol featured in his thoughts at
 20 the time of this turmoil given that he wasn't a drinker?

21 **A.** Again, if I thought about it as I was writing the
 22 document, he was in hospital so I guess I wouldn't have
 23 been able to do that. Although, I mean, he wasn't
 24 a drinker, but he also wasn't a person who had, I guess,
 25 suicidal thoughts. So in that regard, yeah, I guess he

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1 suicide when you first saw the police?

2 **A.** So part of that -- I mean, you can see from the messages
 3 that I sent him that I clearly think he's going to harm
 4 himself, or I think it's clear, but maybe other people
 5 might say it's not clear. So yeah, I think by the time
 6 I spoke to the police, what I was saying is that --
 7 because I remember speaking to them about, you know, the
 8 possibility of him having taken something and, you know,
 9 as time went on I was thinking "oh, you know, but ..."
 10 Because I even say in the message "you have to think
 11 about what will happen if you do something stupid". So
 12 there's a sense of me still sort of like being confused
 13 about my, I guess, assumption of what was going to
 14 happen and him saying -- and then, yeah, I guess as time
 15 has gone on of me thinking: "okay, maybe there's
 16 something else, maybe it's not suicide if he's saying
 17 he's already done it," and a sense of confusion in that
 18 regard.

19 **Q.** Finally, you saw him twice between January 2020 and
 20 June 2023. On each occasion he came to see you, rather
 21 than you going to visit him. And that was the case even
 22 though you were constantly concerned he was going to
 23 kill himself?

24 **A.** Yes, although I think as I tried to explain to
 25 Ms Langdale that it was partly difficult. Yeah, again

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1 a lot of that time was Covid. Eventually, you know, I
2 started to ask him whether he wanted to visit me or
3 whether I could visit him.

4 As time went on and as he got more and more unwell
5 he became much, much less keen on any sort of physical
6 contact. I think part of the reason why he came to
7 see -- he didn't sort of come to see me. He came to see
8 my sister because he was concerned for her safety. He
9 was driven more by the paranoia --

10 **Q.** That's 5 November 2022?

11 **A.** Yes, yes.

12 **Q.** And then, as you said, I mean did you effectively give
13 up trying once he decided that he didn't really want to
14 see you?

15 **A.** To go and see him? Well, I knew that my parents had
16 tried, and there were difficulties. I think, like
17 I said earlier on, I found it very difficult, and I --
18 the way I dealt with it was withdrawing, but yeah, and
19 I also must say again, this -- I understand that you
20 have instructions to essentially bully me and my family,
21 but I do find that -- I find this interaction a little
22 bit strange.

23 **MR MOLONEY:** Thank you very much, Mr Calocane.

24 **THE CHAIR:** Ms Cartwright.

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1 wanting to live by my Dad's rules. I thought something
2 would happen involving him due to his reluctance to seek
3 help for this mental health but just felt that something
4 yesterday it was different, although he never said what
5 he had done or what he was going to do. I guess when he
6 said 'Its already done' told me that something had
7 happened and not suicide."

8 So would you agree that was the account that you
9 gave to the police, that when he said, "It's already
10 done" that related to something that had happened,
11 rather than the account you're seeking to give today,
12 that you thought it related to suicide or self-harm?

13 **A.** I understand that that's how it's written, but I don't
14 know, I think it might be a little bit misleading, I
15 only noted down. And again, I think, even if you look
16 at the messages I sent to Valdo after that, I think they
17 do show my confusion as to thinking that something had
18 happened, and -- sorry, that something -- that he was
19 talking about suicide, and potentially even having taken
20 something. And I remember speaking to the detectives
21 about this. I guess it just didn't make it into the
22 statement. But yeah, sorry, is your -- sorry. Carry
23 on.

24 **Q.** I think you've answered the question. I'm not going to
25 go over the issues between VC and your father. But can

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Questioned by MS CARTWRIGHT

1 **MS CARTWRIGHT:** Good afternoon, Mr Calocane.

2 Mr Calocane, when Ms Langdale asked you questions
3 about the police callout when you were younger, you
4 plainly understand that it does have relevance to the
5 Inquiry because each of the psychiatric reports that had
6 been prepared after the attacks, would you agree,
7 childhood experiences are a feature of what the
8 psychiatrists need to look at. So it plainly has
9 relevance to the matters that this Inquiry is
10 investigating.

11 **A.** Sorry, in that regard, but my issue is that that
12 incident has nothing to do with Valdo.

13 **Q.** Can we then, please, go to the police statement you
14 provided NGPF0002773. You have already been taken to
15 aspects but I want to look at page 4 with you, please.
16 And this is the statement you provided to the police on
17 the day of the attacks.

18 **A.** Mm-hm.

19 **Q.** Thank you. So you told the police this: your brother
20 was:

21 "... raised as a Christian and moved out from age of
22 19 years ... a year later [on] ... he moved to
23 Birmingham. He rejected religion and said he was
24 anti-God. He had issues with my Dad, arguing and not
25

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1 we move on --

2 **A.** Can I -- maybe it is perhaps --

3 **Q.** Well, I've got very little -- sorry. I've got very
4 little time so can I please just ask my questions.

5 I want to deal with the messages that had passed
6 between you and VC and your family, because what I'm
7 going to suggest to you is that there was a gathering
8 storm over the 12th and the 13th in the messages that
9 had been received. But would you agree, I appreciate
10 that the family's position is there were some hospital
11 admissions that you weren't aware of, but every time VC
12 had been admitted to hospital, what had immediately
13 preceded it was an incident and an act of violence or
14 aggression, where the police had been involved; would
15 you agree?

16 **A.** Yeah.

17 **Q.** So you would have known that factor. So when VC is
18 referencing in the messages the day before that "Don't
19 come and visit me in hospital", would you agree that the
20 context of every other hospital admission had been
21 violence and aggression, and police involvement?

22 **A.** Yes, yes, I think that's fair, although -- yeah, I'm not
23 sure I understood the messages, and yeah, I think
24 I understood that pattern as well as I understand it
25 now. But yeah, I think you are right, yeah.

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1 Q. I'm not going to go over the messages that you shared
2 with Dr Seedat, or the family did in 2020, because what
3 I'm going to suggest is you were fully aware that many
4 of those messages referenced violence and aggression.
5 A. Mm-hm.
6 Q. And that you're plainly defensive about those aspects
7 that deal with violence and aggression, and you're
8 seeking to downplay those, but the reality is you and
9 the family were in possession of messages that showed
10 that VC had thoughts of violence and aggression when he
11 was delusional, and actually that had been what you had
12 on 18 May 2020 and VC went on to attack a neighbour.
13 A. Uh-huh.
14 Q. So can we just look at this together. So we know on
15 12 June he called you at 11.50. You didn't take that
16 call because you were in work, but at 7.09 pm you had
17 a 44-minute call.
18 A. Mm-hm.
19 Q. What I want to -- now essentially in that call you're
20 saying, "This is the last time we will speak."
21 A. Mm-hm.
22 Q. And essentially "Disassociate yourself from me, don't
23 come and visit me in hospital."
24 A. Mm-hm.
25 Q. That's 44 minutes, and I want to ask you, because we

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1 that we had known previously, if that makes sense.
2 Basically it became much harder to detect crisis.
3 Q. So it's a very lengthy conversation.
4 A. Yes, yes.
5 Q. Is there anything else you can recall, bearing in mind
6 essentially described, essentially, you know, you've not
7 been in contact with one another.
8 A. Yes, yeah.
9 Q. Is there anything else of relevance to this Inquiry,
10 bearing in mind you're on oath, that was discussed in
11 that telephone call that you've not addressed in your
12 evidence?
13 A. Sorry, say that again.
14 Q. It's a lengthy conversation in the context
15 of essentially you and VC have not been in contact.
16 A. Uh-huh.
17 Q. Is there anything else, relevant to this Inquiry, that
18 was discussed in that 40-minute call that you've not
19 already spoken about?
20 A. No, I think it was more about the paranoia. I think
21 this might be included in the statement where at some
22 point I lost connection when I was walking through the
23 house and he took that as confirmation of, like, sort of
24 interference, outside interference in the phone call.
25 So it was stuff like that, and it was, you know, me

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1 know at this time VC had been in London, been to the
2 barbecue with Bill Monteiro and something has happened
3 with a neighbour where VC has subsequently has said
4 there was an incident involving a zombie knife. Now
5 that's a 44-minute call.
6 A. Yeah.
7 Q. Did your brother tell you anything about what he
8 subsequently has said happened, and there has plainly
9 been an incident with the neighbour because
10 Bill Monteiro has texted VC about that.
11 A. Yes.
12 Q. Was there anything said about what happened in London?
13 A. No, no, nothing was said, no.
14 Q. So you've had that call at 7.09 pm referencing hospital,
15 and you must have thought plainly that VC was unwell
16 again?
17 A. No, no, and I guess this is part of the confusion that
18 is generated by, I guess, not knowing the diagnosis, not
19 understanding the illness properly, and then we sort of
20 identify features that we think are indicative of
21 crisis, passing that information on in a way that
22 doesn't -- I don't know how to explain it -- that
23 doesn't lead to action or the information that you get
24 back is that he's still well.
25 Basically, yeah, he didn't sound unwell in the ways

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1 saying, "I think you're just unwell." I think at some
2 point he -- yeah, he was saying, "No, that's not the
3 case", and I was saying, "You just need to go and seek
4 help, speak to the services," and him saying, "No,
5 that's not the case."
6 Just stuff in that regard.
7 Q. At 10.52 pm your brother and father have a conversation
8 again where he says to your dad: "Don't come and visit
9 me in hospital and tell Mum not to contact me."
10 A. Mm-hm.
11 Q. You as a family now, particularly with the evidence
12 you've given about the passages, must be getting really
13 concerned at this point?
14 A. Yeah it's -- there is concern and there is also this
15 idea that we've been here before, if that makes sense,
16 of Valdo saying things to that effect. He quite
17 literally had said in October 2020 "Don't contact me",
18 and then we'd passed that on to the services and then
19 sort of the messages we received back is that "That's
20 not necessarily" -- like "He's okay." Does that make
21 sense?
22 Q. Not really. What I really want to suggest is that again
23 he's talking about hospital, and you as a family know
24 what happens before hospital is police arresting him for
25 violence.

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1 A. Okay.

2 Q. And why at this point now again VC referencing hospital,
3 why the family weren't thinking: "Actually, this
4 gathering storm, something is going on. Wherever he is,
5 we now need to urgently contact police, even 999."

6 A. Yeah, we would usually contact Crisis, which is what we
7 did, and you have, I guess, the entries of us doing that
8 in July 2020 --

9 Q. Yes, I appreciate that but this is something new.

10 A. Yes, yes.

11 Q. New presenting issue. So you thought about Crisis but
12 didn't call Crisis?

13 A. No, I'm saying we would usually call Crisis if we were
14 able to detect a crisis. What I'm saying is that it was
15 quite difficult without the knowledge of what his
16 illness is. Part of the issue was that we didn't
17 understand the paranoia as being a part of an illness,
18 if that makes sense. I thought his paranoia was, in
19 some ways, or fog, in some ways separate to the illness,
20 if that makes sense.

21 Well, I didn't -- well, I didn't, and I'm pretty
22 sure my family didn't either, this idea of -- yeah, an
23 escalation in paranoia, yeah. It was difficult.

24 Q. You know that VC's travelling, because I think you hear
25 that he's at a train station?

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1 over 40 minutes, 45 minutes or so. I didn't know where
2 he was. I thought he was in Coventry. My only,
3 I guess, thought later on was to contact Coventry
4 Police. So I understand your suggestion. I'm -- yeah,
5 I understand your suggestion. I'm not sure with the
6 information that I knew was enough to determinantly say
7 that I needed -- or to call 999, and say, "I think my
8 brother's done something stupid". Yeah, I'm not sure
9 I follow about that.

10 Q. That's all right.

11 Then just finally, please, because you deal with it
12 in your statement and time is not going to allow me to
13 display it, about your brother driving to the family
14 home in the July and the August of 2021. It's
15 a 4-hour 30-minute drive, or thereabouts, from
16 Nottingham to where he lived.

17 A. Mm.

18 Q. You'd identified, I think, in the paragraph before that
19 the family knew at this point he wasn't taking his
20 medication. It's clear from how he presented when he
21 arrived at the family home in Wales he's acutely unwell,
22 not coming in the house, staying in the car.

23 Bearing in mind risk to the public, he's driven all
24 that way, he is acutely unwell and psychotic -- and
25 you'll understand why I'm asking these questions -- why

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1 A. Yes. Yeah, yeah.

2 Q. But then we get the 4.52 message, which I'm going to
3 suggest, in accordance with the message to the police,
4 you knew absolutely well that he had done something
5 already.

6 A. Okay.

7 Q. So this is now, "I've done something" and telling you to
8 take the family out of the country.

9 A. Uh-huh.

10 Q. I'm going to suggest that that 4.52 am really was, even
11 up until this point, was the moment, Mr Calocane, when
12 you absolutely should have been calling 999. At this
13 point, Grace and Barney had been killed, and there was
14 an opportunity. And so I'm going to suggest that at
15 4.52, when VC is telling you to take the family out of
16 the country and "It's already done", that that's exactly
17 what you should have done at that point: is ring the
18 police.

19 A. I completely understand what you're saying. Again, it's
20 hard to, I guess, say this over and over again, that
21 I had this wrong view of him wanting to commit suicide
22 and me thinking that that would happen. But I think
23 it's also worth, I guess, me putting in context in the
24 timeline when that phone call happens. As far as I'm
25 aware, the police were already looking for Valdo for

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1 on earth did the family not say, "Actually, this is
2 really serious now, VC on these driving could seriously
3 injure individuals?" And why didn't the family make an
4 intervention, particularly with your mother being
5 a nurse and knowing about DVLA obligations, to report
6 that fact: that VC is driving at a time when he's
7 acutely unwell?

8 A. Well, I'll say, I guess from the outset, that I think
9 you might be assuming a little bit too much of what my
10 mum might or might not have understood. But I don't
11 know. I guess I'll let her deal with that tomorrow.
12 But, Ms Cartwright, part of the issue is that we did not
13 understand his condition. So in the Covid -- I spoke to
14 him. I remember speaking to him for hours and trying to
15 reason with him about, you know, the impact that this
16 was having on my parents. But part of the issue is that
17 he sounded calm, he sounded coherent. We had associated
18 crisis with -- I think Professor Blackwood has described
19 it as the more disordered aspects of his illness: the
20 not making sense, not being able to keep track of what
21 he was saying, not being able to follow threads. And
22 that wasn't here.

23 And also, we'd quite literally contacted services on
24 29 May and been told that he was okay. And I guess
25 that, added with, I guess, our idea that if he drove,

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1 then, you know, he must be well. It was just a lack of
2 understanding of the condition, and -- yeah, I think
3 that was it.

4 MS CARTWRIGHT: Thank you.

5 THE CHAIR: Yes, Mr Straw? You've got no questions.

6 **Questioned by THE CHAIR**

7 THE CHAIR: I was just going to ask you just one question.

8 When he said to you "Just dissociate yourself from me,
9 if anything happens, don't come and see me in hospital",
10 you have said that you thought that that meant that he
11 was going to kill himself. Would he then be in
12 hospital?

13 A. No, no. What I was saying is that that, in conjunction
14 with the five -- sorry, the 4.52 call, when I got that
15 call at 4.52 -- that, in conjunction with him saying
16 yesterday "If anything happens, don't come and see me in
17 hospital" that maybe he was going to try and do
18 something to himself and he might end up in hospital,
19 which further made me think that he might be
20 contemplating suicide. I'm not sure if that makes
21 sense, but ...

22 THE CHAIR: Just going back, paragraph 84 of your statement,
23 page 23, just so I am clear. If we can just have that.
24 Yes, thank you.

25 You have said there that you assumed that he was

1 saying, "After this I'll leave you alone", because you
2 hadn't spoken in several months.

3 A. Mm-hm.

4 THE CHAIR: That phrase didn't, according to your statement,
5 make you think that he was going to kill himself "This
6 will be the last time I will talk to you"?

7 A. I think it was tone. I think -- because the whole
8 conversation was mostly about the documents and the
9 delusional beliefs, and this was just a very, like,
10 in-passing comment, if that makes sense. So yeah.

11 THE CHAIR: Yes. All right. Thank you.

12 Well, we'll finish there today and start again
13 tomorrow morning at 10.00. Thank you.

14 (4.40 pm)

15 (The hearing adjourned until 10.00 am the following day)

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